

Tinicum Conservancy offers birding event

One of the earliest spring migrants, the American woodcock, is a migratory shore bird that doesn't actually live at the shore. Its call and mating display typically occur at dusk in open fields, surrounded by woods.

For a birding evening, offered by Tinicum Conservancy, meet on just such a (conserved) property in Pipersville at 7 p.m. Saturday, March 14. There, wildlife biologist and conservancy trustee Jeff Keller will explain the unique twilight goings-on in the woodcock world. Contact Bill Cahill at



THE AMERICAN WOODCOCK

cahill@ptd.net or 610-294-9732 for registration and directions for the free event.

Historical talk focuses on one-room schoolhouses

The Springfield Township Historical Society is hosting its spring program 2 p.m. March 15. The event will be held at the Church School, 2165 Route 212, Pleasant Valley. The event is free to the public.

Lenny Szy will share a piece of educational history with attendees as he tells his stories of attending three different one-room schoolhouses.

For information, contact Szy at 610-838-9419.

Hiker to discuss Appalachian Trail

What's it like to spend half a year living in the woods and hiking the Appalachian Trail?

In 2014, Tinicum Conservancy staffer Kelly Germann found out. Her free presentation, "From Dreams to Reality: Six Months Hiking the Appalachian Trail," at 7 p.m. Friday, March 13, at Tinicum Elementary Library, 162 E. Dark Hollow Road, Pipersville, will reveal the challenges, rewards and unexpected lessons she learned hiking from Georgia to Maine.

Topics covered will include the people she met, wildlife observed, and how she handled the logistics of gear, food and water. A question and answer session will follow.

Contact Bill Cahill at cahill@ptd.net or 610-294-9732 for registration or information.

Tinicum Conservancy staffer Kelly Germann in New Hampshire's White Mountains, along the Appalachian Trail.



Traveling educational series features live reptiles

Students in Delaware Valley College's Animals in the Public Eye class will present a series of free, hands-on programs that allow children and adults to explore the world of reptiles close to home.

The first of three programs takes place 6:30 to 8 p.m. March 18 at Lake Nockamixon

Educational Center, 1542 Mountain View Drive, Quakertown.

The second, from 6 to 8 p.m. March 23, will be held at Doylestown Library, 150 S. Pine St., Doylestown.

The third program, hosted by the Bucks County Audubon Society at Honey Hollow, takes

place 6:30 to 8 p.m. March 25, at 2877 Creamery Road, New Hope.

During the interactive sessions, individuals will be able to meet live reptiles and learn fun, educational facts about such animals as the spiny-tailed lizard, California king snake and the map turtle.

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Possibility Coaches bring "Blueprint for Living" to Doylestown

Delaware Valley College welcomes The Possibility Coaches and their signature Blueprint for Living Program this spring.

As part of the School for Continuing and Professional Studies, The Blueprint for Living is a course that offers students and the local community the opportunity to create a step-by-step individual blueprint for their life.

The Blueprint for Living Program is open to everyone. Sessions begin on March 18 and runs through April 8.

The four-session class will be taught by its creators, Jon Satin and Chris Pattay, The Possibility Coaches. Satin and Pattay will assist students to develop their own personal roadmap for experiencing more success, happiness and balance within all areas of life: career, health, finances and relationships. Satin and Pattay will share various techniques, group exercises and lessons so each student has a clearer under-



Jon Satin and Chris Pattay, The Possibility Coaches, offer the program, Blueprint for Living, beginning March 18 at Delaware Valley College.

standing of what happiness and success means to them. The course includes "The Blueprint for Living Guidebook" and a

Certificate of Completion at the end of the course.

As The Possibility Coaches, Satin and Pattay have assisted

thousands of people for over 12 years. They have been teaching The Blueprint for Living Program regularly in a live setting for the last eight years.

For information on the program, visit BlueprintForLiving.info. Delaware Valley College is at 700 E Butler Ave. Doylestown.

New Hope, Solebury communities take on pediatric cancer at St. Baldrick's event

The river town of New Hope, which has seen too many cases of pediatric cancer in recent years, is fighting back.

On March 21, New Hope and neighboring Solebury residents of all ages and walks of life will come together for an event to raise awareness and money – and have a great time together.

They're going to do it by shaving their heads. And a whole lot more. St. Baldrick's (stbaldricks.org) is a charity that raises money for pediatric cancer research through head-shaving events across the country.

St. Baldrick's shaves raise money from friends, family and

coworkers – and then they sit down before a volunteer stylist and have their heads shaved. New Hope and Solebury are teaming up with St. Baldrick's again this year because it's personal: Over the past few years, four of their kids have been diagnosed with various forms of cancer, and two of them have tragically succumbed to their disease (Ethan in 2011 and Robert in 2013).

To celebrate their memories – and to fight to save kids' lives – New Hope and Solebury are making this year's head-shaving event into a true community gathering. In addition to the "shave station" there will be music, food, shopping vendors, educational tables and

other activities throughout the day. The event runs 9 a.m. to 3 p.m. at New Hope-Solebury Upper Elementary School, 180 W. Bridge St. New Hope.

All four New Hope-Solebury schools are hosting their own fundraising events as well, allowing all students a voice and a role.

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Cosmetology program offered to women undergoing cancer treatment

The program, "Look Good, Feel Better," will be offered 7 to 9 p.m. Tuesday, March 17, at The Cancer Institute of Doylestown Hospital, Suite 307 in the Pavilion, 599 W. State St., Doylestown.

It is an American Cancer Society program for women undergoing radiation or chemotherapy treatment. The program includes a step-by-step

makeover learning session led by a cosmetology professional using products donated by the cosmetic industry, including a 12-step skin care and make-up lesson, nail care techniques, and professional advice on how to deal with hair loss using wigs, scarves, hats, hairpieces and other accessories.

This is a free program. To register, call 800-227-2345.

The Birches hosts caregiver support group

The Birches at Newtown Personal Care and Memory Care hosts a free monthly caregiver support group meeting 6:30 p.m. Monday, March 16.

The Birches at Newtown offers a support group to caregivers on a monthly basis to provide participants an opportunity to discuss issues related to seniors experiencing natural cog-

itive and/or physical decline due to aging.

The support group is open to anyone in the community, including families who have residents living at The Birches. Refreshments will be served.

This event is free and open to the public; however, seating is limited. RSVP by March 13 by calling 215-497-7400.

Program explores chronic pain management

The program, "Mindful Management of Chronic Pain," takes place 10 a.m. to noon Friday, March 13, at the Health Connections in the Cowhey Family ShopRite in Warminster. Meet with psychologist Dan Leichter from MossRehab at Doylestown Hospital, to learn

ways to cope with chronic pain through mindfulness.

The program is free. For information or to register, call 215-672-1870.

The Cowhey Family ShopRite of Warminster is located in the Warminster Town Center shopping center, 942 W. Street Road.

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