



Life Skills Academy – Winter 2022

Dear Parent or Caregiver,

Thank You for your interest in allowing your child to attend the Caleb's Kids Life Skills Academy – Winter 2022 Edition.

Caleb's Kids is a Detroit Area nonprofit that creates a transformative educational experience for youth grades 6 – 12, and families focused on mental wellness. Caleb's Kids provide tools, resources, educational materials, workshops, on call trauma support, individual therapy, group therapy, and other support for mental wellness. Caleb's Kids overall programming focuses on four pillars: mental health awareness, suicide prevention, resiliency, and coping skills.

The Caleb's Kids Life Skills Academy offers youth grades 6 - 12 an opportunity to learn valuable hands-on life skills that aid in character development, self-esteem, positive identity/self-worth, confidence, mental health, and resilience. In addition to hands on components weekly, participants will also receive a wellness package that contains a shirt, resources, trinkets, and other support for mental wellness.

Please understand that you are the most important part of your child's success. Parents must be committed to the Life Skills Academy as much as their child. Throughout the program, we will engage your feedback and satisfaction. The only investment we ask of you is a little bit of your time and positive influence.

Details and Registration for the Winter 2022 Life Skills Academy will be posted soon

Questions? Please do not hesitate to contact us at info@calebskids.org or 313.437.1609.