

# Sermon Notes

**Text:**

**Title:**

<p><b>Main Idea</b> What is the main push of the message?</p>	
<p><b>Receive</b> What insights do I draw from this sermon? List any ideas that stick out to you. List any points that the pastor gives specifically.</p>	
<p><b>Reflect</b> How do my insights impact me? How does the information make me feel? What thoughts come to mind as I listen?</p>	
<p><b>Respond</b> What action should come from my reflection? What should I do now? How do I use the information in my daily life?</p>	