# 50. I am Alive: Prayer



Pray in the Spirit always with all kinds of prayers and requests. Ephesians 6:18

## I am Alive: Prayer

For a Christian, praying is like air. It is our breath. It is our life with God. He is our best friend and king!

In order to keep a friendship alive, you need to talk to your friend, right? It is the same with God. He longs to hear from you. You are his sweet child. He is waiting.

Let's make sure our prayers are not just about us. Prayers can often sound like this: "Dear God, Give me this. Give me that. Amen." Ouch! God is not our servant. We are his servants. Learn to follow this prayer pattern. It will help you grow into a mighty, praying Christian.

## I P-R-A-Y

"I am sorry." Start by telling God the sins you've been doing. Our honesty opens his ears.

**P**raise him! Tell him how amazing he is. Sing him a praise song. That makes him happy.

**R**ejoice! Thank him for prayers he answers. Give thanks for your food, water, family, and good life.

Ask him for help and for what you would like. He is your Father. He wants to bless and help you.

Yes. Listen for his voice. "Yes, God, I want to obey."

Each and every day, God hears you when you pray.

#### Questions

1. What is prayer?

2. Why is prayer important for you and God?

- 3. What praise songs do you know?
- 4. Why is the I P-R-A-Y pattern good to learn?

### Pray this prayer:

Dear Lord Jesus, I am sorry for my sins, like not obeying. Praise to you for being so kind and forgiving. Rejoice! Thank you for teaching me. Ask. I am asking you to help me grow in prayer. Yes. I will obey you. I will pray to you. Amen

Write in the hand the five ways to pray. It will spell I PRAY.

I am sorry
P raise God
R ejoice! Give thanks
A sk what you like
Y es, I will obey

