

February 2025
LUNCH & SNACK MENU



GF – Gluten Free DF – Dairy Free V – Vegetarian EF– Egg free

<p>All Veggies in PM snacks Infants – 2's will be steamed</p>				
<p>3 Rice Chex & Fruit V EF Corn Chowder GF V EF WW Roll DF V EF Veggies GF DF V EF Fruit Graham Crackers & Fruit</p>	<p>4 Cottage Cheese /Fruit GF V EF Bean Burrito Bowl DF EF Veggies GF DF V EF Fruit Nut Free Snack Balls GF DF V EF</p>	<p>5 Quiche Lorraine V Turkey Tetrazzini Mixed Veggies DF EF Fruit *Veggie Chicken Salad & Crackers</p>	<p>6 Crescent Roll with Pear Butter Baked Chicken GF DF V EF Sweet Potatoes GF V EF Green Beans GF DF V EF Fruit *Baked Tofu Hummus & Pita GF DF V EF</p>	<p>7 Carrot Muffin V Cheese Pizza Day!!! Fresh Veggie Salad GF DF V EF Fruit Ranch dip with veggie straws GF DF V EF</p>
<p>10 Overnight oats GF DF V EF Stuffed Bell Peppers Rice GF DF V EF Fruit *Veggie Pretzels & Spinach Dip V</p>	<p>11 Yogurt & Fruit GF V EF Chicken Quesadillas EF Rice & Beans GF DF V EF Fruit *Cheese White Bean Dip with Veggie straws GF DF V EF</p>	<p>12 Veggie Frittata V Roast Pork GF DF EF Peas & Carrots GF DF V EF Scalloped Potatoes GF V EF Fruit *Roast Tofu Spinach & Turkey Pinwheel DFEF</p>	<p>13 Chia Fruit Pudding GF DF V EF Turkey Pot Pie EF Veggies GF DF V EF Fruit *Veggie Pie Apple Sauce & Cheese GF V EF</p>	<p>14 Blueberry Muffin V Grilled Cheese V EF Minestrone Soup GF DF V EF Fruit Fruit & Trailmix DF V EF</p>
<p>17 President's DAY!!! No Haute Lunch</p>	<p>18 Cottage Cheese /Fruit GF V EF Beef Tortas DF EF Black Beans GF DF V EF Fruit Hummus & Veggies GF DF V EF</p>	<p>19 Breakfast Taco V Baked Chicken GF DF EF Buttered Noodles V EF Zucchini&Squash GF DF V EF Fruit *Baked Mushroom Fruit & Cheese GF V EF</p>	<p>20 Berry Smoothie Bowl GF V EF Teriyaki Pork Rice Bowl GF DF EF Stir Fry Veggies GF DF V EF Fruit *Teriyaki Tofu Pesto Toasts V EF</p>	<p>21 Orange Cranberry Muffin V Cheese Pizza Day!!! Fresh Veggie Salad GF DF V EF Fruit Apples & Sunbutter GF DF V EF</p>
<p>24 Overnight Oats GF DF V EF Shepherd's Pie GF EF WW Rolls EF V Fruit *Tofu Pie Egg Salad Sandwich DF V</p>	<p>25 Cinnamon toast & fruit GF DF V EF Bean & Cheese Taco V EF Rice GF DF V EF Corn Salad GF DF V EF Fruit Rice Cakes & Sunbutter GF DF V EF</p>	<p>26 Veggie Frittata GF V Turkey Chili GF DF EF Cornbread V Veggies GF DF V EF Fruit *Veggie Chili Graham Crackers & Fruit DF V EF</p>	<p>27 Chia Fruit Pudding GF DF V EF Baked Potato Soup GF Grilled Cheese DF V EF Fruit *Veggie pie Apple Sauce & Cheese GF V EF</p>	<p>28 Mixed Berry Muffin V Pulled Pork Sandwich Tater Tots DF GF V EF Fruit *Veggie BBQ Cheese, Crackers, & fruit V EF</p>