

Dominican Retreat & Conference Center

1945 Union Street, Niskayuna, New York 12309
(518) 393-4169 www.dslny.org

Solitude on a Busy Highway

The Good News

June 2022



*To you, Creator of nature and humanity, of truth and beauty, I pray:
Hear my voice, for it is the voice of the victim of all wars and violence among
individuals and nations.*

*Hear my voice, for it is the voice of all children who suffer and will
suffer when people put their faith in weapons and war.*

*Hear my voice when I beg you to instill into the hearts of all human beings the
wisdom of peace, the strength of justice, and the joy of fellowship.*

O God, hear my voice, and grant unto the world your everlasting peace.

Pope John Paul II

Virtual Centering Prayer

For those who simply want to pray with the group. It will include a brief reading from one of the writings of Thomas Keating and a 20 minute sit.

7-7:30 PM Wednesday nights: June 15, July 20, Aug. 17, Sept. 28

Sung Vespers in the Spirit of Taizé

7-8 PM Thursdays: June 23, July 14, Aug. 11, Sept. 22

Presented by Sr. Sue Zemgulis, OP ~ In House and on Facebook Live

PAUSE FOR PEACE

...a brief monthly pause to pray for peace in our world, in our communities
and in our hearts.

Tuesdays, 7-7:15 PM ~ July 5, Aug. 2, Sept. 13



From the Desk of the Administrator:

"Peace be with you!" Jesus reminds us over and over again. After the Dominican Sisters of Peace came into being in 2009, one of our mottos that quickly took root was to "Be Peace, Build Peace, Preach Peace". And isn't that what our world is so in need of right now? We pray for peace in the Ukraine and other war-torn parts of the world. We see the need for peace in our own country, communities, homes and hearts. But peace starts with us. We must first be at peace with ourselves – through prayer, meditation, good self-care, awareness, acceptance and openness to see things differently. Being a peaceful person takes great courage! And as we become a more peaceful person, that peace will flow out to others. How will you be at peace with yourself and Be Peace in our world today ?



“ By dedicating ourselves to peace, understanding, kindness and compassion,
we do our part to heal the world”

Laurence Overmire



***Join us for dinner and conversation as we get to know the saints!
Each week, members of the DRCC ministry team will introduce you to four of
the saints featured in Woodeen Koenig-Bricker's charming book,
Dinner Party with the Saints***

“Welcome to a Dinner Party with the Saints!

**Pull up a chair and join a select group of
the Heavenly Host**

As we celebrate their lives...

And some special foods”

-Woodeen Koenig-Bricker



When: June 14, 21

Where: In-House at the DRCC

***Time: Doors open at 3:30 pm
Program is 4-7 pm including dinner***

Cost: \$25 per person per evening

**Week 3~ June 14 ~ A Dinner Party with St. Josephine Margaret Bakhita, St. Francis Borgia,
St. Francis of Assisi, and St. Andrew Kim Taegon**

Week 4~ June 21 ~ A Dinner Party with St. Lydia of Thyatira, St. Gertrude of Nivelles,

Ignatian Spirituality and the 12 Steps

June 25

10 AM-4 PM

In house and Zoom

**Presenter *Diane Cameron*, author, writing coach and spiritual director, invites you listen, learn,
laugh and enjoy lunch in this workshop that will explore the ideas common to “ the 12 Step approach”
and the Spiritual Exercises of St. Ignatius. She will also touch on Carl Jung who explains the “vital spir-
itual experience” shared by these two life changing wisdom schools.**

Members of all recovery programs are welcome.

Cost: In house \$35 (lunch included)/Virtual \$25.



WEEKLONG RETREATS



Hybrid Preached Retreat for Women Religious

June 27—July 3

Using the book *The Grace in Aging*,
by Kathleen Dowling Singh,
this retreat will focus on the tasks and great joys that the
aging process promises in our spiritual growth.
Directed by Rev. Christopher DeGiovine

**Retreat offering: In house \$450/Virtual \$240
(\$50 deposit requested at time of reservation).**

SILENT PREACHED RETREAT FOR WOMEN

JUST TO BE IS A BLESSING; JUST TO LIVE IS HOLY

NURTURING SPIRITUAL RESILIENCE IN CHALLENGING TIMES

JULY 25-31

Directed by Mary (Reddy) Reichley, OPA, D. Min.
whose lifelong focus has been in the area of Spirituality,
and Larry Reichley, MA whose ministry is spiritual
direction/spiritual/counseling and being. Both are
Associates of the Dominican Sisters of Peace.

**Retreat offering: In house \$450/Virtual \$240
(\$50 deposit required at time of reservation)**



Silent Directed Retreat for Women

An opportunity to focus on your personal relationship with God.

June 27-July 3 or July 25-31

Directed by Sister Christine Connolly, OP

Retreat offering: \$450 (\$50 deposit)





Spiritual Summer Camp for Adults

Come away for a weekend to remember! July 8-10

Revisit times that will fill the body, mind and soul
with holiness, discovery, and heavenly mirth!

Join a community of other campers around a campfire with S'mores and engage in Holy Ghost stories. Enjoy Heavenly Gazing, Sainly skits, a Laudato Si Scavenger Hunt, a Pilgrimage and, of course, Mass and prayer services filled with sacred music. You will have free time for reflection and meditation and other camp-like activities.

The weekend begins at 7:45 pm on Friday and closes after lunch with Mass on Sunday.

Cost: \$205

Retreat to the Movies: "Finding our Father in the Field of Dreams"

6:30 pm—8:30 pm July 12 and July 19

The movie "Field of Dreams" is about baseball...and much, much more. It is a story about how a man, his family and the community are called to follow "something" mysterious and miraculous.

Join educator and prolific author Jim Dillon in viewing the movie and discussing its religious and spiritual elements and how they relate to our faith and our lives.

Free will offering. Reservations required



ART JOURNALING SERIES via Zoom

Art Journals are visual diaries that provide a place to tap into your unique well of creative energy—to explore ideas, capture memories and release emotions.

Presented by Susan Barber Skinner, PhD

Thursdays ~ 7-8:30 PM

July 21 ~ Shining Light Tells the Good Story: "All My Relatives"

August 18 ~ "You visit the world and water it..." Psalm 65:10, 12, 14

September 15 ~ "For I know the plans I have for you..." Jeremiah 29:11

Cost: \$15 per session/ \$40 for three



"Peace comes from being able to contribute the best that we have, and all that we are, toward creating a world that supports everyone. But it is also securing the space for others to contribute the best that they have and all that they are"

Hafsat Abiola



MICHAEL MINER Coffee House

Michael Miner is a Singer Songwriter and recording artist from the New York Capitol Region who has been writing and playing music for thirty years

*Music is one of the greatest forms of communication, and songs tell stories in ways that are unique and powerful.
In his music, Michael shares his stories of Faith, Family and Love .*

Join us for what promises to be an enjoyable evening of fun and music .

Friday, July 22 ~ 7-9 PM ~ Cost \$20

Impelled by Love

by Carol Davis OP

April 23, 2022, culminated in a life-changing event for me when I heard my name announced. I had been elected to serve as Councilor on the Leadership Team in my congregation of Dominican Sisters of Peace. Years ago, the Divine Call of Love brought me to the Albany Diocese and invited me to share deeply in our journey together through retreats, spiritual direction, dreaming, counseling. You have been and are, a reflection of God's grace. I treasure all that has been, I treasure you. Now, impelled by love, for the sake of the Gospel and in a spirit of Dominican itinerancy, I must leave to serve in response to a new Divine Call of Love that came through my Sisters. With our Leadership Team, all our Sisters and Associates, we will continue our mission to be peace, build peace and preach peace.

I leave you with the following prayer from our April meeting.

*God of all journeys,
Provider for all our needs,
we come to you as a pilgrim people.*

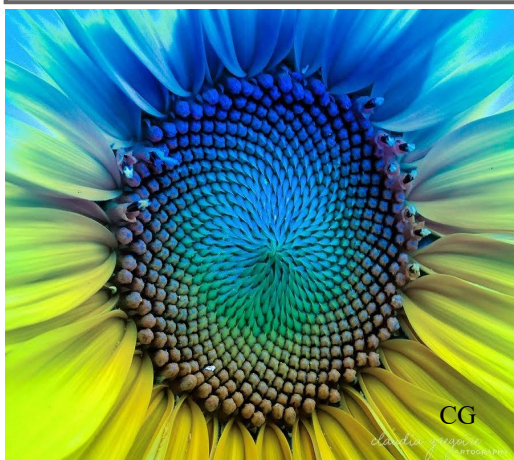
*Inspired by Ruth and Naomi,
we walk toward a future
we cannot see clearly,
and which we enter as deep mystery.*

*We pray for the guidance of your Spirit,
for the grace that opens us to the truth
and the challenges that await us.*

*With faith in your Word
and hope in your promises,
may we dwell in gratitude
for all that has been
and all yet to come.*

Impelled by love, we give ourselves to the journey.

*My address after July: Dominican Sisters of Peace,
2320 Airport Dr., Columbus, OH 43219.
Email: caroldavisop@gmail.com*



When we here at the Retreat House stop to reflect on our blessings, we are continually reminded of the love, dedication and generosity of our "family" of retreatants, supporters, associates and volunteers. With that in mind, we would like to recognize and thank Claudia Gregoire, OPA, who we think of as our resident artist/photographer, for her prolific body of work over the years and for granting us permission to use her art as we see fit. Please take time to notice her pieces which are in our various publications signed CG. Some of Claudia's work is available in the book shop on assorted cards and mural replicas.

Poetry in the Bible - a summer scripture study series

August 2, 9, 16, 23

9:30 am- 12:30 pm followed by lunch

*Join Joy Galarneau and Janice Lindermann
to discover the nature of poetry in the bible.*

Week one- Poetry of Love and Praise

Week Two- Poetry of Grief and Mourning

Week Three- Poetry of Judgement and Hope

Week Four- Poetry of Wisdom and Joy

In House Only Cost: \$25 per session / \$95 for all four

CG

Self-care for Those Who Care

August 11 ~ 10 AM—3 PM

With a focus on practical skill-building, this workshop will guide you through the process of creating a “tool box” of resources and a plan for self-care.

Presented by Susan Barber Skinner, PhD in health psychology and Masters Degree in mental health counseling.

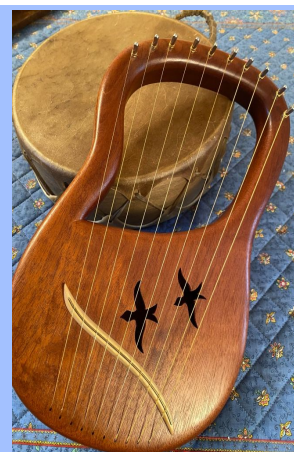
**Cost: In house \$30 (includes lunch at noon)
Virtual \$20 via Zoom (link open at 9:45 AM)**

Song of Your Life— A Weekend Retreat with the Psalms In House August 12-14

Come away for the weekend to discover your song through the Psalms. Prayer, scripture study, personal reflection, art, journaling, and song will guide our way. Don't miss this opportunity to enjoy yourself and the melody of your life.

Presenters: Sr. Sue Zemgulis, OP & Dr. Joy Galarneau

**7:45 PM Friday—11:30 Sunday
Cost: \$205**



*“ For a beautiful peaceful world, one must abandon all notions of otherness
and instead embrace togetherness”*

Suzy Kassem

JOIN US FOR A DAY OF REFLECTION WITH THE ST. JOHN'S BIBLE



The illuminations of the Saint John's Bible bring the text to life by giving them a visual form. They aren't simply pictures or illustrations of the stories in the Bible, but are paintings that come out of a long process of reflective living with the text. The illuminations are really spiritual meditations on the word of God."

-Kasey M. Devine

In 1998, Saint John's Abbey and University commissioned renowned calligrapher Donald Jackson to produce a hand-written, hand-illuminated Bible. The Heritage Edition is a fine art edition of the original Saint John's Bible. These limited editions are being shared in communities around the world. The DRCC is thrilled to partner with Siena College to bring volumes of the Saint John's Bible Heritage Edition to our retreat house. Join us for a day of reflection with the Saint John's Bible as we explore this work of art that unites an ancient Benedictine tradition with the technology and vision of today, illuminating the Word of God for a new millennium. Together, we will:

- Explore the history of hand-written and hand-illuminated Bibles, and the incredible journey that led to the creation of the St. John's Bible.
- Encounter and pray with the sacred images that illuminate this incredible biblical treasure.
- Experience Visio Divina, an ancient Christian prayer practice that invites encounter with God through encounter with sacred art.

SATURDAY, AUGUST 20 ~ 10am-3pm (Includes Lunch) Doors open at 9:30am

Guided by the staff of DRCC and Siena College

Cost: In house \$30 per person



"And is not peace, in the last analysis, basically a matter of human rights ...the right to live out our lives without fear of devastation – the right to breathe air as nature provided it -- the right of future generations to a healthy existence?"

John F. Kennedy

The Jesus of John's Gospel
Scripture Study Series Guided by Victoria Battell

The Gospel of John is perhaps the most complex and theological of the four gospels, yet its fundamental message is simple: "Love one another as I have loved you".

Sept. 13 ~ Intro to John's Gospel and themes.

Sept. 20 ~ Women

Sept. 27 ~ Discipleship, Unity, Service

Oct. 4 ~ Facing Hypocrisy

Oct. 11 ~ Union and Love

Oct. 18 ~ The Passion and Death of Jesus

Oct. 25 ~ Transforming Love, Community Relationships, Lessons from the Resurrection



7– 8:30 PM—In house and via Zoom \$15 per session/\$90 for all 7



Making Final Preparations:
Praying through those things that no one wants to think about

Sept. 14, 21, 28 ~ 10 AM-1 PM (lunch at noon)

Sept. 14—Honoring our bodies: advanced directives, MOLST forms, organ donation, burial practices

Sept. 21— Honoring our lives: writing our own obituary

Set. 28— Honoring our spirits: planning our final services and celebrations

Guided by Sr. Sue Zemgulis, OP and invited guest speakers

Cost: \$25

Spiritual Sanctuary Offers Peace

You may recall that we began a *Spiritual Sanctuary in 2020 to strengthen our outreach and service to meet the spiritual needs of several special populations including Seniors, Persons with Disabilities, 12-Step Program Members, Veterans and Health Care Providers.*

Over the past 2 years this program funded by the Mother Cabrini Health Foundation has helped many individuals find calmness and healing as they participate in various events intended to strengthen the body, mind, and spirit. During these programs people often remark that the Dominican Retreat and Conference Center setting, the time for reflection, renewal and prayer, and the welcoming community brings them great peace.

Are you feeling particularly disturbed by the everyday news and truly feel at a loss of how to respond? The beat of the "breaking news" can be a drain on one's energy, spirit and ability to cope. Perhaps we feel particularly pressured or angered by those who fail to offer respect, who are unwilling to deeply listen, or those who are uncaring about the poor, the children, the homeless or the refugee. The chaos of the world is wearisome and, if we are not careful, the current events can erode our faith, hope and charity.

Once when my peace was quite disturbed, my spiritual director cautioned me to always remain "in the eye of the storm where it is calm, and where God can be found." The stormy turbulence of the media and political discussions may still occur, but by focusing on the self-care of body, mind and soul, and by remaining available to others who are troubled and hurting, we will be able to continue to serve others in a way that feels most natural and fitting and still be true to self and healthy to the soul.

Peace be with you,

Mary Anne

Registration Form for ANY Program: _____ in-house

Please fill out what applies to you & the program you are attending and mail with your payment to:

_____ virtual

**Dominican Retreat & Conference Center
1945 Union St., Niskayuna, NY 12309**

Mrs. Ms.
Name Other _____

Address _____

City/ST/Zip _____

Phone(h) _____

(w) _____ (c) _____

Email _____

(Email is necessary for virtual retreat)

Retreat Date/s _____

Promoter _____

Diet Needs _____

Special/Room Requests _____

Deposit: _____ coupon

Amount \$ _____ Check # _____

N.B. There is a \$20.00 fee for returned checks!

Credit Card: M/C _____ Visa _____ Discover _____

Expiration Date _____

Please **print** name as it appears on card
for authorization.

Credit Card Reservations can be made via **website**
(www.dslny.org), **fax** (518-393-4525) or
phone (518-393-4169) to save time and postage.

(Office Use Only)

BK _____ DB _____ CONF. _____ List _____

**Womens' Theme Retreat
In house and Zoom**

Sept. 16-18 Directed by Marilyn Vasallo, CSJ

Sept. 23-25 Directed by Anita Davidson, OPA

do justice. love mercy. walk humbly.

Retreat offering: In house \$205 (65+\$190)

Virtual \$75

\$50 deposit due at time of registration

Reservations Required

**"We must see that peace represents a
sweeter music, a cosmic melody, that is far
superior to the discords of war"**

MLK



*****NEW! PLEASE ANSWER BELOW!**

Are you vaccinated for COVID?
(response is for seating) **YES NO**

For Grant purposes:

Age: Under 65 65/+

Veteran? YES NO

What county do you live in (if in NY) ?

Program _____

Date _____

Name _____

Or Current Resident

Place label here

SUNDAES ON SUNDAY, August 21 ~ 12 noon—4 o'clock



Join us for our ice cream social and enjoy FREE ice cream and music!

Tour the Center, enjoy the grounds, learn more about us.

- ♦ Enter our drawing for a Free Weekend Retreat.
- ♦ Enjoy our choir concerts at 1 PM and 2:30 PM

\$5.00 Coupon

Present this coupon to receive \$5.00 off
 a day or evening program at:
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\$10.00 Coupon

Present this coupon to receive \$10.00
 off a weekend program at:
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