











## **BENEFITS**

- Rich in important vitamins and minerals
- Uniquely formulated to maximize absorption
- Fortified with highly concentrated herbs

# Product Fact Sheet Metabalance 44®

## YOUR DAILY HERBAL MULTIVITAMIN

Balance your nutrition by taking Metabalance 44® every day. The soft-gel capsules are specially formulated with a synergistic blend of herbal ingredients, vitamins, and minerals for easy absorption and to enhance their nutritional benefits. Each capsule contains 80% of the recommended daily values for vitamin C,35% of the recommended daily values for vitamin A and iron, and 8% of the recommended daily values for calcium. It also contains vitamin D, the full range of B vitamins, magnesium, zinc, selenium, copper, manganese, and chromium.

## PHILOSOPHY OF REGENERATION®

The formula for Metabalance 44® is based on the Philosophy of Regeneration®—the belief that we should nourish and cleanse the body with the best nutrition to reach balance, and thus optimal health. Metabalance 44® is made with foods, not chemicals, so that your body will recognize the ingredients as nourishment, and absorb the highly beneficial ingredients.

#### INGREDIENT HIGHLIGHTS

#### **ALFALFA**

Not only is this digestive aid rich in calcium, potassium, phosphorous, and iron, alfalfa contains vitamins A, C, E, and K4, and helps your body absorb all nutrients.

#### BEE POLLEN

Considered one of nature's most completely nourishing foods, bee pollen contains vitamins, minerals, carbohydrates, lipids, and protein. The range of nutrients makes it a great natural energizer.

#### **PARSLEY**

This Mediterranean herb is high in vitamins C, B12, K, and A. It addresses the immune and nervous systems, promotes bone strength and diuresis, soothes indigestion, and contains folic acid, which can help support healthy blood pressure.\*

#### **RICE BRAN**

Rice bran offers various health benefits due to its content of antioxidants, vitamin E, B vitamins, and essential fatty acids. Rice bran also serves as a natural source of phytosterols, which support blood-sugar control, prostate health, and cholesterol metabolism.\*

#### **ROSE HIPS**

Because of their high vitamin C content, rose hips are an excellent immune system support.  $\!\!\!^\star$ 

# **FAOS**

- Q: Why should I take a multivitamin?
- **A:** Even if you usually eat healthy food, a multivitamin can help supplement your diet and fill the nutritional gaps.

#### RECOMMENDATION

Two soft-gel capsules at mealtime.

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<sup>\*</sup> These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.