

TERMS AND CONSENT TO CARE

(Please read and sign)

When a patient seeks massage and/or chiropractic health care and we accept a patient for such care, it is essential for both to be working towards the same objective as this prevents any confusion or disappointment.

The objective of chiropractic health care in this office is to **improve and optimize the health and function of the spine and nerve system through the correction of Vertebral Subluxations¹**. A **Chiropractic Adjustment²** is the method used for the correction of Vertebral Subluxations.

The objective of massage therapy in this office is to increase **flexibility, blood circulation, and mobility** through the use of hands on care by the Licensed Massage Therapist.

We do not diagnose or treat disease. We analyze the spine for Vertebral Subluxations. If during the course of a chiropractic spinal evaluation, we encounter non-chiropractic or unusual findings, we will advise you. If you desire advice, diagnosis or treatment for those findings, we will recommend that you seek the services of a health care provider who specializes in that area.

Our commitment to your health is to (1) **evaluate and monitor** your spine and nerve system **on each visit** to determine the adjustment and adjusting procedures that will get the best outcome for you and (2) to provide you with supportive **education and information** so you can make the best health choices.

It is Towers Family Chiropractic's policy that a provider may dismiss a patient from our practice based on the following reasons to help in providing the best care:

1. Repeat no-show for scheduled appointments
2. Inappropriate behavior and/or language that makes other patients, or staff feel uncomfortable giving/receiving care within our practice

I, _____ have read the terms outlined above and choose to receive care on this basis.

(Signature)

(Date)

¹ **Vertebral Subluxation:** A misalignment of one or more of the 24 vertebra in the spinal column which causes alteration of nerve function, which lessens the body's innate (inborn) ability to express its maximum health potential. A Vertebral Subluxation involves all of the following: (1) vertebra, (spinal bones), (2) muscles, (3) discs, (4) ligaments, (5) nerves and (6) the body parts supplied by the nerves.

² **Chiropractic Adjustment:** An adjustment is the specific and gentle application of force made by hand or with an adjusting instrument to correct a Vertebral Subluxation.