

The Girl's School Austin

August 2024

LUNCH MENU

GF – Gluten Free		DF – Dairy Free	V – Vegetarian	EF– Egg free
*Sandwich of the day *Salad of the day *Vegetarian			1	2
5	6	7	8	9
12	13	14	15	16
		Spaghetti & Meatballs DF Green Beans GF DF V EF Fruit *Veggie Balls Turkey & Cheese Bento Italian Misto Garden Salad	Beef & Broccoli Stir Fry GF DF EF Rice GF DF V EF Fruit *Veggie Stir Fry Sunbutter Bento Asian Salad with mandarins	Pulled Pork Sliders EF Tater Tots GF DF V EF Fruit *Jackfruit Cobb Salad
19	20	21	22	23
Broccoli, Rice, & Cheese V Casserole GF V Whole Wheat Roll DF V EF Fruit Ham & Cheese Bento Green Garden Salad	Soft Chicken Tacos DF EF Corn & Bean Salad GF DF V EF Fruit *Bean Taco Tomato, Basil, Mozz Bento Taco Salad	Turkey Corndogs Veggie Straws GF DF V EF Fruit *Veggie Dog Turkey & Cheese Bento Spinach Salad with Strawberries	Meatball Sub Coleslaw GF DF V EF Fruit *Veggie Ball Italian Misto Salad	Cheese Pizza Day!!! Fresh Veggie Salad GF DF V EF Fruit Sunbutter Bento Caesar Salad
26	27	28	29	30
Chicken Pot Pie Veggie Salad GF DF V EF Fruit *Veggie Pot Pie Ham & Cheese Bento Green Garden Salad	Soft Beef Tacos DF EF Cilantro Rice GF DF V EF Pinto Beans GF DF V EF Fruit *Bean Taco Chicken Sandwich Taco Salad	Fettucine Alfredo V Roasted Broccoli GF DF V EF Fruit Turkey & Cheese Bento Mixed Power Greens Salad	Hot Turkey Sandwich EF Veggie Sticks with Ranch GF V Fruit *Hot Tofurkey Sandwich Greek Salad	Pork Fried Rice GF DF EF Stir Fry Veggies GF DF V EF Egg Rolls DF V Fruit *Veggie Fried Rice Sunbutter Bento Sesame Asian Salad