

DILL-ICIOUS YOGURT SOUP

(From member Ann Froman)

- 1 bunch dill, finely chopped
- 3 scallions, minced
- 4 cups nonfat yogurt (large container)
- 1 cup skim milk
- 1 cup walnuts, chopped
- 1 cup raisins

Place raisins in bowl and add cold water to cover. Allow to soak ½ hour, then drain. Mix together with all of the ingredients and chill.

Serves 4 to 6.