

Have Pain? See an Anesthesiologist Pain Specialist

If chronic pain restrains your normal lifestyle by affecting your physical and emotional well being, new advances in pain therapy may be able to improve the quality of your life.

You may have found that persistent pain cannot be reduced by surgical treatment or physical therapy. If this is the case, you will be pleased to know that significant advances in the treatment of chronic pain have been realized the past decade.

Why a pain specialist?

In the not too distant past, any 'shade tree mechanic' could fix a car. However today's cars are very complex, with smog devices, computers, and hundreds of electronic controls. When something goes wrong, as it inevitably does, you want the job done by someone with the expertise to diagnose the problem, and who can fix the problem quickly and inexpensively. In other words, someone who is a 'specialist'. Well, the body is the ultimate in complex machinery, and pain the most common problem the body has. Yet many people don't realize that there are physicians who specialize exclusively in pain.

In the last ten years, there has been a quiet revolution in medicine, causing the growth of a new specialty known as pain management. Brought upon by the complexity and pervasiveness of pain problems such as cancer pain, chronic back pain, severe headaches, athletic pain, and pain caused by nerve injury, pain management has become a unique new field. Although any physician can specialize in pain management, typically pain specialists are anesthesiologists who have spent one to two years of additional training in managing pain beyond their usual requirements. If it sounds strange that an anesthesiologist, the Doctor who puts you to sleep for operations, takes care of pain problems, think again. Anesthesiologists are physicians extremely skilled in taking away the temporary severe forms of pain during and after surgery. Thus taking

care of severe full-time pain was a natural evolution. An anesthesiologist pain specialist is trained in administering powerful pain medications, giving injections for pain, and most importantly, helping guide you through the maze of pain treatment options.

H. Rand Scott, M.D., directs the staff at Newport Pain Management. Dr. Scott has a proven record of success in treating severe pain including persistent headaches, sleeplessness due to pain, pain after surgery, neuropathy, back pain and cancer pain.

To diagnose your pain, Dr. Scott will personally perform a complete head to toe physical examination. A detailed, individualized treatment program will then be initiated according to your needs.

Possible treatments include pain medications, and injection of pain blocking medicines. In addition to pain medications, diverse treatments such as biofeedback, clinical psychology and home or outpatient physical therapy may also be used.

Call Newport Pain Management Dr. H Rand Scott for an initial consultation. You may arrange an appointment by calling 949.759.8400.

For more information, go to <http://www.newportpain.com>