

1) Is there any emergency back-up plan?

In an emergency situation, we recommend a local Emergency Room or call Orange County Crisis Call Center at 1-800-882-1200.

2) How often will there be visits?

Usually weekly but there could be more if in crisis. The length of therapy is based on your needs.

3) Are sessions confidential?

Yes. By law, a written and signed release of information is required in order for us to speak with anyone about your treatment.

4) Are all of the clinicians licensed?

Yes, all clinical staff are LMSW, LCSW, LCSW-R, LMFT or LMHC. We also host residencies completing their final year of clinical internships/rotations. They are closely supervised.

5) What is your youngest age requirement?

School age, 6 years of age and up.

6) Do you have “walk-in” services?

No, we are sorry. We are unable to take walk-in emergencies. Appointments are necessary.