



CAMC
CENTRAL ALBERTA MOUNTAIN CLUB

August 2008 Newsletter
www.camchiking.ca

Next Meeting

Wednesday September 10, 2008

GENERAL MEETING 7:30 pm at Kerrywood Nature Centre – 6300-45 Avenue

My apologies for missing pictures submitted last month for Waterton and some submissions didn't make it through to the newsletter address, not sure why. Kevin is currently looking into the web address for me. Growing pains--Isabel

Treasurer's Report

Carmelle O'Shea

Our bank balance as at August 1, 2008 stands at \$3234.34.

We had 2 new members join the CAMC making our membership total is 69.

Turkey Trek – October 25-26, 2008

I know that some of you have already booked yourself into the Shunda Creek Hostel for the Turkey Trek weekend. The number for Shunda Creek Hostel to book your bed is 1-888-748-6321.

The fee to stay at the hostel per night is \$24.00 plus tax for non hostelling members. There are 47 beds in total at the hostel. I recommend calling to check what their policy is on cancellation of individual bookings as these rules may differ from group bookings.

No sleeping bags are permitted at the Hostel. They provide sheets, pillows and blankets. Check in time is 4 pm – 11 pm. Check out time is 10 – 11 am.

At the September meeting for the CAMC – Sept. 10, 2008 we will be discussing further details of the Turkey Trek as well as have sign up sheets for who will be bringing what item to the dinner.

I want to let you all know that I will not be at the October 8th General Meeting, as I will be away on holidays. I will be going to the Shunda Creek Hostel for the Turkey Trek weekend, and will be looking after getting the turkey, ham, and main parts of the meal.

Even though my name is on the trip schedule for the Turkey Trek, I will not be organizing the hikes that go out that day. In fact, I have not even been on any hikes this season and therefore, have not had time to look up any hikes in the Nordegg area. There will likely be a brain storming session on the Friday night at the Hostel to plan where the hikes will be taking place on the Saturday. Please don't be relying on me to plan out any hikes.

Info regarding August 16 HIKE

Anyone interest in the Crowsnest scramble for the weekend of August 16, please note that I will be out of the province until August 7. If you are interested in taking in this scramble, please contact me after my return. I plan to stay at the Allison Creek Campground and scramble Mt. Crowsnest on Saturday. Ideas for Sunday include climbing Turtle Mountain or perhaps Window Mountain or if not the mountain at least in to Window Lake. For descriptions of these locations check in Hiking the Historic Crowsnest Pass, where that authors Jane Ross and Willian Tracy state that you need plenty of time - 5 hours one way to do Crowsnest but that "one-armed people and pet dogs have made it to the top". This being said though, do read the description thoroughly as this is a scramble.

Thank you
Sylvia Baran, Trip Leader August 16

Trip Report - By Greg - Participant

Preliminary meeting July 16, Wednesday. We met with our instructors, Mr. Jack Burns, and Mr. Steve Irwin downtown. After great coffee and introductions to some of my fellow candidates, Karen, Jay and Janella, and Marilyn, we went through some Administration by Steve Irwin, and Map reading by Jack Burns. After getting our homework assignments we went home to study.

We had some fun with our respective presentations and meeting Vance. Names and Knees. Saturday we hiked up to Burstall Pass, Sunday to the Opal Range. Not a drop of rain, and not too much wind. Good weather throughout. We found out about group dynamics. How to entertain; how to bring in rescue, how to deal with problem people and how to generally run a successful hike. I recommend this course to all members of the CAMC regardless of whether you would want to lead or follow.

,



Regards Greg

TRIP REPORTS-

Mount Lady MacDonald – Submitted by Peggy

Well I guess I waited too long to do this report as I'm already forgetting most of it. Ha!Ha! Anyway from what I can recollect the weather was pretty good, we had a group of 8 which worked out well, it was just a nice size for this type of hike. We did have 3 other women signed up but they must have thought it would be too difficult as they didn't show up at the designated parking area. (Please, when you decide to change your mind on a trip that you are scheduled to go on let the trip coordinator know & that way if someone is on a waiting list they might be able to fill the spot). We started out with a pretty good pace & kind of just split up from the start into smaller groups, no one wanting to keep pace with Ron & Bill (I'm sure these two are part mountain goat). Myself & Jabbar following a bit behind & Michael, Roy & Frank. We all met up here there along the way, this hike doesn't waste any time getting going with a steady climb to the tea house where we all stopped for lunch to reenergize & get some group pics. A few of us decided to head for the summit & some stayed back at the tea house & headed down after a bit so we could catch up with them later. Yours truly found this last little part of the climb to be a bit of a challenge but with a little of encouragement from the boys to just get one step ahead (after all you've come this far, don't want to go back so close to the top), we finally made it to the false summit (I guess that's what it was called) & sat down to catch our breath & watch the show. Bill & Ron decided to go for the true summit & left their back packs with us while they skirted their way around to the other side. What a way to go, there is no way I was risking my limbs to follow but we sure got some great pics of their progress. Jabbar & myself relaxed & got some good pics while we waited for Mark & Michael to join us at the top, Michael decided it wouldn't be a good thing to follow Bill & Ron over to the other summit as he is a newlywed after all.....After a bit we

decided to make our way back down, we kind of all went our own way down just whatever worked for us. I tell you I was glad to be back at the tea house, easy street after that I tell you. We waited for the rest to come down off the summit & then headed back to our cars. Some of the group that had just gone to the teahouse had started down ahead of us & we ran into them along the way, Frank was busy working his charm on some women he met along the way, need I say more. We all met back at our vehicles & had a relaxing ride home. Another great hike with a great group of friends. Till the next time folks get out there & enjoy our mountains.....

Peggy



Michael, Mark, Jabbar

A few more pics of Mount Lady MacDonald hike



Bill



Going up

President	Peggy	president@camchiking.ca
Vice President	Doug	vp@camchiking.ca
Trips Chair	Steve	trips@camchiking.ca
Treasurer/Membership	Carmelle	treasurer@camchiking.ca
Courses Chair	Jack	courses@camchiking.ca
Programs Chair	Maureen	programs@camchiking.ca
Newsletter Editor	Isabel	newsletter@camchiking.ca
Web Editor	Kevin	webeditor@camchiking.ca