



Harpswell Aging at Home

*Making Harpswell
Home for a Lifetime*

Calendar of Events

LUNCH WITH FRIENDS FALL DATES

Meals are open to all Harpswell residents and begin at noon

Nazarene Church on Great Island
11/7, 12/5

Merriconeag Grange
Harpswell Neck
11/14, 12/12

Cundy's Harbor Community Hall
11/21, 12/19

THANKSGIVING MEAL

**Orr's Island Schoolhouse
Tuesday, November 26 at Noon
for Harpswell residents.**

If you want to attend,
but need a ride,
call the Volunteer Transportation
Network at People Plus at
729-0757.

Following LWF, the food
committee will be delivering a full
course Thanksgiving dinner to
seniors who are alone or unable
to prepare a Thanksgiving meal.

If you would like a dinner
delivered, call Julie Moulton at
330-5416 or email
juliemoulton28@gmail.com



Members of the hardworking HAH Home Repairs team caught in a rare moment of relaxation.

HAH Receives Second Block Grant For Home Repairs

Good news! Harpswell Aging at Home's (HAH) Home Repairs Program recently received its second Cumberland County Community Development Block Grant. This grant of \$33,536 will be used to purchase supplies and materials for this successful HAH program. The funds will enable the Home Repairs team to continue the important work of repairing and maintaining homes for Harpswell's low-income seniors.

The goal of the Home Repairs team is to keep seniors safer, warmer, and drier as they age in their homes. Examples of the kinds of free home repairs work offered for eligible seniors include building ramps; replacing rotted wood in stairs, floors, and decks; installing grab bars and handrails; replacing defective lighting fixtures and faucets; installing smoke and carbon monoxide detectors; installing ground-fault interrupting receptacles; and many others. A complete listing of the work offered can be found on the programs page of the HAH website at www.hah.community.

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Volunteer Spotlight

Communications Committee

The spotlight this issue shines on the dedicated group that gets the word out about HAH programs and events. Duties are many and varied and responsibilities are shared among committee members. As HAH grows in the services it provides, the committee needs more volunteers to help increase awareness of HAH within the community. This is done through media outlets that provide information on HAH programs and services. Committee members manage the HAH website, post information on the HAH Facebook page, publish the quarterly newsletter, and write articles and press releases. They develop advertising and promotional materials and are responsible for promoting fundraising events such as art shows and dinners. The group is looking for new members who are organized, computer proficient, good writers and editors, photographers or graphic designers. Come join this creative, fun, and committed group of volunteers.

Since its beginning three years ago, over 78 homeowners have benefited from the work of the team. The Home Repairs Team is made up of talented and caring volunteers who consider it a privilege to do this work. Their reward is seeing the happiness on the faces of those who have been helped and knowing they have made a difference in a senior's life.

The grant is federal money that comes to HAH through Cumberland County to the Town of Harpswell and Habitat for Humanity 7 Rivers. The grant continues through December 31, 2020. If you live in Harpswell and are 60 years of age or older, you may be entitled to these repairs. You can determine eligibility by calling the Harpswell Town Office at 207-833-5771.

Volunteer Opportunities Abound

Harpswell has the oldest population in Maine, and Maine has the oldest population in the country. Anticipating the needs of an aging community, Harpswell Aging at Home (HAH) was formed three years ago. HAH is an all volunteer organization with the goal to help older residents stay in their homes as long as possible. Nine committees help to meet the needs of seniors for home maintenance, food, community engagement, locating services, and transportation.

The Communications Committee is responsible for coordinating all external HAH communication. At present this group is looking for volunteers and is in need of a chairperson. This committee promotes and publicizes information on programs and services available to elders in the community. It also maintains a data base of volunteers and interested residents, sends email blasts and much more. Each team member works with another HAH committee to assess and meet their communications and publicity needs.

Other HAH committees are Food; Health & Wellness; Home Repairs; Home Helpers; Resources; Finance; and Transportation. All need more helping hands! Whether you like to cook, pound nails, drive, chat on the phone, write or organize and motivate people, HAH has a place for you. Contact HAH at volunteer@hah.community

For more information about HAH
Visit our Website at www.hah.community
Email hah@hah.community or like us on Facebook