

Hello,

I am writing to you to express my great appreciation for PAMF offering such a wonderful program as Exercise for Energy (E4E). I started this program while going through chemo and radiation for breast cancer and I continue going to the class each Saturday morning that it is offered. I also go to the gym regularly, but I do not get the specialized care, help or instruction that I get from the people running the E4E class. This class definitely embodies the PAMF Cares message by providing us the emotional and physical support each cancer patient needs.

E4E has the perfect combination of professional facilitators for women affected by cancer: an Oncology Nurse Practitioner with Joanna Losito, a Certified Movement Therapist/Educator with Deanna Anderson and a skilled Arts Educator, Multi-Instrumentalist and Composer with Peter Giordano. This combination of instruction and caring is not available anywhere else and I applaud PAMF for providing a wonderful patient experience.

This letter is my request for PAMF to continue to offer Exercise for Energy to its patients. It is truly needed and everyone that comes to this class knows PAMF is providing us with wonderful health care support.

Thank you for taking the time to read my letter. Please feel free to contact me if you have any questions or concerns.

Best regards,  
Djuna Archer