



NEWS & VIEWS

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APWU Auxiliary Celebrating 100 Years

By: Kathy Danek, President

A century of hard work and dedication – that is the Auxiliary to the American Postal Workers Union. It's hundreds of thousands of members over the years – from 1917 to 2017 and you are one of those wonderful contributors to our success. No, I didn't get it wrong, 100 years is actually a year away. But we only have a national convention every two years. That means we will kick off that yearlong celebration August 22 – 25, 2016 in Orlando Florida at the Swan Hotel Convention Center.

That celebration would not be complete without our delegation at the convention. We hope you will plan to send delegates from your local and state organizations. We also hope our members at large will be able to join us. There are a lot of exciting things happening. We will have a celebration on Wednesday afternoon honoring our state and local officers, our Awards of Achievement honorees, scholarship winners, 100% Auxiliaries, and more. We also want to celebrate each of your locals and states.

In 2006, we had a great slide show of activity. We would like to build on that presentation and add photographs from your locals and states. Please take a few

minutes and go through your photos and send me either a photo or a disk with jpgs, or email copies of your photos (Kathy Danek, 4261 Knox, Lincoln, NE 68504-1955 or kmdanek@aol.com). Also, our legislative aide-editor would like a copy (Bonnie Sevre, 2836 Highway 88, St. Anthony, MN 55418-3243 or bsaux@aol.com). It really is about



each and every one of you. If you have scrapbooks that you would like to share, feel free to bring them. Please look back at your history and write up a few of your favorite moments of years gone by. We need to preserve these memories and share them with the generations of today and tomorrow.

There will be some changes at this convention. At the 2014 convention, the APWU voted to shorten the convention to four days. That means we will convene beginning Monday and end the convention on Thursday afternoon. The Constitution was changed to keep nominations on Wednesday morning following the Memorial Service and the election will now be on Thursday morning. This will be the process and timeline for 2016. Resolutions were adopted to make this change at the previous convention. We need you to review the National Constitution and look for areas that may need to be updated, changed, streamlined or eliminated. Locals, states and members can draft resolutions to make changes to the Constitution and Bylaws. After locals and/or states adopt resolutions, they should be forwarded to the national Auxiliary for consideration at the 2016 Convention. Please send them to the general officers – President Kathy Danek, Secretary Pat Lewis, Treasurer Trisa Mannion, and Legislative Aide Editor Bonnie Sevre. All resolutions can be emailed to the general officers, you must send a copy of the resolution signed by the President and Secretary of your local or state. If you have questions, please do not hesitate to give us a call or drop us a note.

Make plans today to attend. Request your credentials

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2016 Nilan Scholarship is Now Available!

By: Debra Stewart

If you are thinking of going back to school to continue your education or further your career now is the time to apply for our scholarship. Our essay topic for 2016 is "Why is it important to purchase U.S.A. made products?" You can access our scholarship application on our website. www.apwuauxiliary.org or contact any National Auxiliary Officer. The deadline date is July 1, 2016 so don't let the time run out.

Hurry, hurry the time is running. Let our scholarship be an inspiration to you and your future career!

Scholarship Official Application Form

Applicant's name: _____

Mailing Address: _____

City _____ State _____ Zip _____

Telephone # _____ SS # _____

Last school attended _____ Date(s) _____

College or vocational school you plan to attend and

Course of study or degree(s) completed _____

School name: _____

Address: _____

City _____ State _____ Zip _____

Sponsoring APWU Member's name _____ Tel.# _____

Name of Local & State _____

Signature of Applicant _____

PERSONAL INFORMATION

(optional - to be used for information for a press release if your entry is selected as our winner)

Spouses Name (if applicable) _____

Children's Names & Ages _____

DOB _____ Sex: M ___ F ___ Current Occupation _____

Hobbies, special interests: _____

Community Involvement:

Additional Comments and Future Goals: _____

INSTRUCTIONS FOR THE 2016 ESSAY -

All essays must be:

- Typed,
- Double spaced,
- On white paper,

Between 175 and 250 words

Essay must be accompanied

by the official application form.

Completed applications and essay must be sent via Certified Mail,

Return Receipt

Requested To:

Debra A. Stewart, Chairperson

6400 Guilford Street

Fort Worth, Texas 76119-7111

E-mail: tycozz@aol.com

And must be postmarked

On or before July 1, 2016

Nilan Scholarship Essay Topic

Why is it important to purchase U.S.A. made products?

RULES & GUIDELINES - FOR 2016 SCHOLARSHIP

1. **NO** 2015-2016 high school graduates will be considered for the 2016 scholarship. Applicant **MUST** have had a break from High School of one year or more.
2. Applicant must be a member in good standing with APWU National Auxiliary. The applicant must have been an Auxiliary member in good standing, for at least one (1) year prior to application deadline.
3. Application must be on official application form from the APWU National Auxiliary Continuing Education Scholarship Program.
4. Applicant must write an essay on the designated subject of no less than 175 and no greater than 250 words.
5. *Applicant recipient must attend an accredited school (college, university, vocational or technical school, etc.).*
6. *Completed application form with essay must be mailed to: Chairperson Debra Stewart (the address on back) post-marked no later than July 1, 2016, by certified mail with return receipt requested.*
7. *Applicant must be registered, enrolled or attending an accredited college (college, university, vocational or technical school, etc.) at the time the scholarship is given.*
8. The APWU National Auxiliary will award one (1) yearly scholarship of \$750.00.
9. Upon verification that the recipient has enrolled with the school of his/her choice, the award will be sent to the business office of the school to be applied to the cost of tuition. Scholarship must be used within 18 months of award date.
10. The scholarship recipient is eligible to receive one (1) yearly scholarship for a maximum of two (2) years upon reapplication & selection process in accordance with the rules and guidelines of the scholarship.
11. No member of the APWU Auxiliary National Executive Board or their family will be eligible for this scholarship.
12. **NO EXCEPTIONS WILL BE MADE TO THESE RULES.**

President's Article continued

from Pat Lewis, and get those lists of elected delegates sent to President Danek and Secretary Lewis so we can get committee assignments. Please note your preference for committee assignments – and put in a couple of choices. The work of our Organization only moves forward if our delegates come together to present their committee work to the body for adoption.

Keep watching News and Views for more information on this exciting National Convention. Thanks so much for all you do each and every day as members of our Auxiliary. We hope you will plan to join us in the grand celebration of 100 years of service as members of the Auxiliary to the American Postal Workers Union AFL-CIO .

Don't forget the auxiliary education classes on Sunday, August 21st and the parade of states and ice breaker will be held together on Sunday evening, August 20th.

SAVE THE DATE!

**National Auxiliary
Convention**

August 22-25, 2016

**Orlando,
Florida**



TO ALL LOCAL AND STATE AUXILIARIES AND MEMBERS-AT-LARGE
LOCALS WITHOUT LEADERS
AUXILIARY CONVENTION CALL

Official notice is hereby given that the National Convention of the Auxiliary to the American Postal Workers Union will convene in Orlando, Florida August 22-25, 2016 and will continue in daily session until the business of the convention is completed. Official convention headquarters for the Auxiliary will be at the Swan Hotel.

The Legislative objectives of the American Postal Workers Union, extending knowledge of the political operations of the government and support of the Human Relations programs of the APWU are the primary purposes and the programs of the Auxiliary. Our parent organization needs and expects our support and activities in the legislative, political and Human Relations fields as well as in other areas. Future Auxiliary support and activities will be formulated at this convention, plus review of the constitution and by-laws of the Auxiliary to the American Postal Workers Union.

Therefore: State and Local Auxiliaries are urged to send their full quota of delegates. Delegates should be elected early. The delegates should be well informed on the purpose, activities of the Auxiliary, and actions desired by their State and Local Auxiliaries. Members-at-Large and members of Locals Without Leaders (LWOL) are also urged to attend and avail themselves of progress of our Auxiliary. Visitors are encouraged to register as guests and attend all meetings and functions of the convention.

Excerpts from the Constitution and by-laws ARTICLE V – REPRESENTATION

- Sec. 1 a) Per capita tax representation shall be based on the amount of per capita tax received twenty (20) days prior to the opening of the National Auxiliary Convention.
- b) In order to be seated as a delegate and able to vote on any issue during the National Convention, the per capita tax must be received by the National Treasurer at least twenty (20) days prior to the opening of the National Auxiliary Convention.
- c) The minimum age to be seated as a delegate on the National Convention floor shall be twelve (12).
- Sec. 2 a) Every Area Local and Local Auxiliary shall be entitled to a minimum of five (5) votes plus one (1) additional vote for each ten (10) members or major fraction thereof
- b) LWOL chapters shall be entitled to four (4) votes. National Convention credentials for LWOL delegates must be verified by the Credential Committee and signed by the credential chairperson, and/or the National Auxiliary President and the National Secretary.
- c) Each member-at-large attending the convention shall have one (1) vote.
- d) Each National Officer shall be entitled to one (1) vote.
- e) Any past National President of the Auxiliary to the American Postal Workers Union shall be seated as a delegate on the convention floor with one (1) vote.
- Sec. 3 One or more delegates may cast the full number of votes to which their Auxiliary is entitled provided no vote is divided smaller than one (1) vote per delegate. No proxy votes shall be allowed.
- Sec. 4 a) Credentials of delegates shall be sent so as to reach the National Secretary not later than thirty (30) days before the convening of the National Convention. These credentials shall be tabulated by states in alphabetical order and shall be furnished to the National President not later than fifteen (15) days preceding the National Convention. State Delegates credentials shall be accepted later, in the event State Conventions are held less than thirty (30) days prior to the National Convention. The credentials chairperson at the National Convention shall not accept any credentials, which have not been properly authorized by the officers of the respective Auxiliaries.
- b) Alternate delegates may be seated in the permanent absence of regular delegates upon presentation of the proper credentials.
- Sec.5 State Auxiliaries are entitled to representation at the National Convention. Such delegates shall have a total of ten (10) votes. One or more delegates shall cast the full number of votes to which their state is entitled, provided that no vote is divided smaller than one (1) vote per delegate. A state delegate cannot act as a delegate for his or her respective local auxiliary.

ONLINE DELEGATE REGISTRATION FOR LOCAL, STATE, MAL OR LWOL – is available at www.apwuauxiliary.org for all delegates. Please remember in order to be seated at the National Convention delegates must bring a completed credential, signed by the President and Secretary of the Auxiliary they are elected to represent and present it to the Auxiliary registration desk at the Convention Center.

MAL and LWOL delegate credentials are signed by National President & Secretary.

LOCAL CREDENTIALS, MEMBERS AT LARGE/LOCALS WITHOUT LEADERS (LWOL)

Credentials shall be automatically issued to the Local Auxiliaries in good standing as of January 1, 2016 provided they participated in the 2014 National Convention. FOR LOCALS WHO DID NOT PARTICIPATE IN THE 2014 NATIONAL CONVENTION: Credentials must be requested by the local president via letter, e-mail or fax from the National Secretary—Patricia Lewis, 1500 30th Street, Richmond, Virginia 23223 or online at www.apwuauxiliary.org. Credentials will be promptly mailed from the Secretary's office to the Local President when the above information is received.. As soon as delegates have been elected, the delegate's name, address and respective local Auxiliary should be sent *by the Local President* to the National Secretary.

NOTE: Only the local President should make credentials requests. This is to eliminate receiving duplicate requests for credentials in the Secretary's office.

MEMBERS AT LARGE AND LWOL'S must request credentials via letter, e-mail, online or fax from the National Secretary—Patricia Lewis, 1500 30th Street, Richmond, Virginia 23223.

STATE CREDENTIALS:

Credentials will be mailed to the State President. Return the completed original copy, signed by State President and State Secretary, to the National Secretary not later than July 22, 2016, thirty days prior to the convening of the convention.

Duplicate credentials should be filled in and retained by the delegate or the member-at-large to be presented at the registration desk at the convention.

Alternate credentials should be filled in and retained by the alternate delegate to be presented at the registration desk at the convention in the event the elected delegate is unable to attend.

Credentials should be filled out as directed and signed by properly authorized officers. APWU credentials will not be accepted as Auxiliary delegate credentials. If delegates are selected too late to request credentials, the delegate must bring to the convention a letter, signed by the President and/or Secretary certifying that they are representing their Auxiliary. This letter should be presented at the Auxiliary Headquarters Office at the convention and credentials will be issued. When credentials have not been issued, delegates will be required to have a letter or a telegram for verification showing they are authorized delegates. Personal verifications cannot be accepted.

RESOLUTIONS:

Resolutions must be prepared in duplicate and signed by respective officers or delegate(s). Only one resolution may appear on a page and each resolution should have an appropriate title. To be printed in the Resolution Booklet, resolutions must be received on or before July 1, 2016. All resolutions must be accompanied by a financial impact statement. Statements will be forwarded by the National Secretary to the National Treasurer for verification of the accuracy of the impact statement.

Prior to the convening of the National Convention, resolutions shall be sent to the National Secretary. The National Auxiliary requires resolutions submitted via fax or email to also have an original signed copy of the resolution sent via the US Postal Service to the National Secretary. The original copy should be sent to the National Secretary, Patricia Lewis 1500 N. 30th Street, Richmond, Virginia 23223. The duplicate copy should be sent to the National President, Kathy Danek, 4261 Knox St, Lincoln, NE 68504.

Resolutions submitted after July 1, 2016 and prior to 12:00 noon August 22, 2016 (the first day of the National Convention) will be presented to the Convention for consideration and action, but may not appear in the Resolutions Book. Resolutions presented after 12:00 noon August 22th will be considered in accordance with the approved rules of the 2016 National Convention. Resolutions may be e-mailed to the Secretary at Netta15@aol.com. A signed copy of the resolution must still be mailed to the President and the Secretary.

NOTE: No delegates may switch status after registration at all, except in the case of an alternate delegate who may switch only once. No further registration of delegates after 5:00 PM of the day preceding nominations at the National Convention. All delegates who wish to be withdrawn from delegate status must request it in writing or report it to the National President.

Fraternally Yours,

Kathy Danek, National President

Patricia Lewis, National Secretary



Zika virus is spread to people through mosquito bites. The most common symptoms of Zika virus disease are fever, rash, joint pain, and conjunctivitis (red eyes). The illness is usually mild with symptoms lasting from several days to a week; hospitalization is uncommon.

Outbreaks of Zika have occurred in areas of Africa, Southeast Asia, the Pacific Islands, and the Americas. Because the *Aedes* species mosquitoes that spread Zika virus are found throughout the world, it is likely that outbreaks will spread to new countries. In December 2015, Commonwealth of Puerto Rico reported its first confirmed Zika virus case. Local vector-borne transmission of Zika has not been reported elsewhere in the United States, but cases of Zika have been reported in returning travelers.

Zika virus and pregnancy

Zika virus can be spread from a pregnant woman to her unborn baby. There have been reports of birth defects and other poor pregnancy outcomes in babies of mothers who were infected with Zika virus while pregnant. Until more is known, CDC recommends special precautions for the following groups:

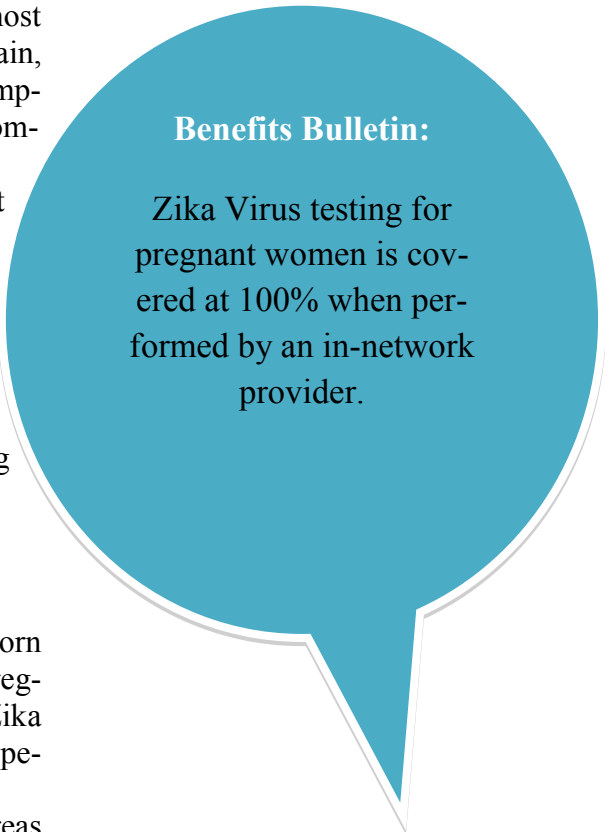
Pregnant women should consider postponing travel to the areas where Zika virus transmission is ongoing. Pregnant women who must travel to one of these areas should talk to their doctor or other healthcare professional first and strictly follow steps to avoid mosquito bites during the trip. Until we know more, if your male sexual partner has traveled to or lives in an area with active Zika virus transmission, you should abstain from sex or use condoms the right way every time you have vaginal, anal, and oral sex for the duration of the pregnancy.

Women trying to become pregnant should consult with their healthcare professional before traveling to these areas.

Scientists at CDC and the Pan American Health Organization are working with public health experts in Brazil and other affected countries to investigate the possible link between Zika virus infection and microcephaly.

SOURCE:

Centers for Disease Control and Prevention (CDC), February 10, 2016, <http://www.cdc.gov/media/dpk/2016/dpk-zika-virus.html>



Benefits Bulletin:

Zika Virus testing for pregnant women is covered at 100% when performed by an in-network provider.

(800) 222-2798



www.apwuhp.com

Warning Signs of Chronic Childhood Hunger

Joyce Tanguay – Sec/Treasurer-Portland, Maine Area Local 458 Auxiliary

The Portland, Maine Auxiliary wanted to donate locally to the **Feeding America Backpack Program** and in doing some research as to where to give in the Portland Area I came across the following information about **Warning Signs of Chronic Childhood Hunger**. (Source: "Junior League of Portland Maine")

- Pocketing or hoarding food on Fridays to bring home for the weekend.
- Lingering around cafeteria or other locations with food and frequently asking for seconds.
- Appearing anxious for meals to be served
- Rushing to cafeteria or showing up early for breakfast on Mondays
- Consistently complaining of headaches, stomachaches, or falling asleep in class on Monday mornings.
- In addition to these warning signs you may also see an impact on the child's ability to function at school.
- A chronically hungry child may exhibit excessive absences, difficulty forming friendships, irritable behavior, and excessive sickness



Also, in this article I came across testimonials which I would like to share

Testimonials

- "I love the Backpack Program. It really does help us get through the month because we don't get enough in food stamps to last us. Thank you and God bless!"
- "Many of the children who participate are the ones who try to save some of their lunch food or school provided snacks to take home. I'm sure the extra food is used up every weekend. Thank you!"
- "It is amazing to see my students excited faces when they receive their Backpacks - they know they will have food to eat for the weekend!"
- "The Backpack Program is a true blessing! We are two parents who are experiencing an array of illness and loss of work. It helped us so very much to get this help that allows us to worry a little less about an essential part of our lives - meals."
- "Children are eager to get their food on Fridays. They are proud to be taking food home for their families."
- "When I was passing out the bags of food to students for the first time, a 1st grade boy stayed behind to talk to me. He said, 'You are giving me food?!?! My Mimi doesn't have any food and now I can give her food and we can eat dinner tonight!' He hasn't missed a day of school since."
- "Several staff have commented that it's satisfying to be able to do something so concrete and immediate to support families. About two months ago, I started sending bags home with two siblings who a teacher referred. The family was new to this country, seemed to have few resources and the teacher sensed they were struggling. They were so grateful!"

I hope that after reading this you will realize why the Auxiliary feels that the **Feeding America Backpack Project** is such an important one.



Don't Forget to Write Those Resolutions!

By: Colette Phillippe

Winter is almost over and state conventions are going into full swing. Next thing you know, National convention will be here!

State convention is the time to start working on resolutions, whether it is a constitutional or a miscellaneous resolution, that you want to be submitted to the National convention for consideration by the members in attendance.

National convention is the week of August 22-25, 2016 in Orlando, Florida.

Resolutions that you wish to be considered at the national convention, must be signed and submitted to the Auxiliary National President, Secretary, Editor and the Treasurer by July 1, 2016.

We also ask that copies be sent to all National Officers of the Auxiliary.

This process insures that your resolutions make it onto the auxiliary webpage and into the Consolidated Report.

The members of the National Executive Board are looking forward to seeing all of our members at the upcoming National Convention and hope that your State conventions are rewarding in growth and activity.



MARCH 2016

Remember to File Your 990N

The *e-Postcard* is due every year by the 15th day of the 5th month after the close of your tax year. For example, if your tax year ended on December 31, the *e-Postcard* is due May 15 of the following year. If the due date falls on a Saturday, Sunday, or legal holiday, the due date is the next business day. **You cannot file the *e-Postcard* until after your tax year ends.**

Color editions of News and Views may be viewed on the Auxiliary Website: www.apwuauxiliary.org

Wounded Warrior Amputee Softball Team By: Joyce Tanguay, Human Relations Chair

It has been brought to our attention that some individuals believed that the Wounded Warrior Amputee Softball Team (WWAST) and the Wounded Warrior Project (WWP) were one and the same and they are not.

The Wounded Warrior Amputee Softball Team(WWAST) is not affiliated with the Wounded Warrior Project (WWP) which has recently received negative publicity. The WWAST was checked out by the Auxiliary before being chosen as our Human Relations Project for 2012-2014.

All of the money raised by the Auxiliary to the APWU for our Human Relations Projects goes directly to the organization promoted.

Don't forget our Backpack Project which is the Auxiliary Human Relations project for 2014-2016. Details can be found on the Auxiliary website or in past issues of News and Views!

Care to Donate?

Please make checks payable to:

National Auxiliary APWU

and mail to:

Trisa Mannion

3038 Cloverdale Ct

Grand Junction. CO 81506



Auxiliary News and Views

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