



New Patient Form

Demographic Data:

Today's Date: _____

Patient Name: _____ Preferred Name: _____ Preferred pronoun: _____
First Last

Date of Birth: _____ Cell Phone: _____ Email address: _____

Sex: ☐ M ☐ F ☐ Other

Gender Assigned at Birth: ☐ M ☐ F

Race: ☐ White ☐ African-American ☐ Hispanic ☐ Asian ☐ Other _____ Language Spoken at Home: _____

Is patient under age of 18? ☐ No ☐ Yes, Please complete box below:

Name(s) of Parent(s) or Legal Guardian (paperwork must be presented):

First Last
Email address: _____ Cell phone: _____

Home phone: _____ Work Phone: _____ Ext _____

Preferred Contact: ☐ Home Ph ☐ Cell ☐ Work ph ☐ Email ☐ US Mail

Address _____ Apt _____ City _____ Zip _____

Primary MD: _____ Name of office: _____

Referring MD: _____ Name of office: _____

Reason for visit: *If Diabetes, please STOP and complete New Diabetes Patient Intake Form

Past Medical History:

Major events, hospitalizations, surgeries: _____

Women: Pregnancies(#): _____ Live births(#): _____ Miscarriages (#): _____ Are you pregnant? ☐ No ☐ Yes, Due Date _____

Men: Have you fathered children? ☐ No ☐ Yes

Allergy/Reaction: (example: Penicillin/Rash) _____

Ongoing medical problems: _____



Patient Name: _____
First Last

Family History:

Relation	State of Health	Age at Death	Health Problems
Father			
Mother			
Brothers			
Sisters			
Children			

Do any Blood Relatives have:

☐ Type I Diabetes ☐ Type II Diabetes ☐ Thyroid condition ☐ Cancer ☐ Osteoporosis ☐ PCOS ☐ Pituitary problem
☐ Heart Disease or Stroke ☐ High Cholesterol ☐ Other Endocrine problems _____

Preventive care:

Exercise: ☐ No ☐ Yes → How many minutes/day? _____ How many days/week? _____ Hours of sleep/ night? _____

Contraceptive used _____ Last menstrual period: _____ Last PAP smear: _____

Last mammogram: _____ Last colonoscopy: _____ Are your immunizations up to date? ☐ Yes ☐ No

Social history:

Marital Status: _____ Occupation: _____ Last completed or Current Grade in school: _____

Recreational Substance Use:

	Ever Used?	Current use?	Quit date?	How much?	How often?
Tobacco					
Alcohol					
Street Drugs					
Other					

Preferred Pharmacy Name _____ Street _____ City _____ Zip _____,
and/or phone: _____

Current Medications and Dosing (please include vitamins and supplements)



GENERAL

- Fever or chills
- Night Sweats
- Change in appetite
- Fatigue
- Fainting
- Poor sleep
- Unexplained weight loss
- Weight gain
- Recent trauma
- Lumps or bumps
- Unexplained falls

MUSCULOSKELETAL

- Joint pain
- Joint stiffness
- Joint swelling
- Noisy joints
- Arthritis
- Joint deformities

GENITOURINARY

- Frequent urination
- Blood in urine
- Painful urination
- Lack of bladder control
- Urinating at night
- Urinating more volume than expected

NEUROLOGICAL

- Headaches
- Seizures
- Confusion
- Difficulty with balance
- Difficulty with speech
- Numbness
- Tingling
- Dizziness

EYE

- Visual changes
- Eye pain
- Blurred vision
- Double vision
- Blind spots
- "floaters"

GASTROINTESTINAL

- Abdominal Pain
- Cramping
- Food avoidance
- Bloating
- Indigestion
- Heartburn
- Nausea
- Vomiting
- Constipation
- Diarrhea
- Vomiting blood
- Red blood in stool
- Black stools

SKIN/BREAST

- Itching
- Hives
- Rash
- Sore that won't heal
- Stretch marks
- Dark, thick skin at back of neck
- Eczema
- Change in moles
- Acne
- Dry Skin
- Breast pain
- Breast lumps
- Breast discharge

RESPIRATORY

- Cough
- Wheezing
- Coughing up blood/mucus
- Shortness of breath

CARDIOVASCULAR

- Chest pain
- Hard to exercise
- Waking up gasping for air
- Can't sleep flat
- Palpitations
- Rapid heart beat
- Pain in legs with walking
- Swollen ankles

EAR, NOSE, MOUTH, THROAT

- Runny nose
- Ringing in ears
- Toothache
- Sore throat
- Ear ache
- Hearing loss
- Sinus problems
- Nosebleeds
- Bleeding gums
- Difficulty swallowing
- Hoarseness
- Painful swallowing

ENDOCRINE

- Cold Intolerance
- Heat Intolerance
- Excess hunger
- Excess thirst
- Excessive hair growth
- Hair loss
- Unexplained tanning

ALLERGIC/IMMUNOLOGIC

- Anaphylaxis
- Lymph node swelling
- Allergic reactions

PSYCHIATRIC

- Depression
- Anxiety
- Crying Spells
- Decreased work or school performance
- Personality change
- Mood swings

HEMATOLOGIC

- Anemia
- Bruising
- Unexpected bleeding
- History of blood transfusion
- Refused for blood donation

MEN ONLY

- Erection difficulties
- Poor sex drive
- Lump in testicles
- Penis discharge

WOMEN ONLY

- Abnormal PAP
- Painful periods
- Spotting
- Irregular periods
- Vaginal Discharge
- Hot flashes
- Painful intercourse
- Poor sex drive