

*Community Resources  
For Cumberland County  
Crossville, Pinewood & HAFH  
Head Start Centers  
2018-2019*



To locate additional information on Community  
Resources access,  
[www.tennhelp.com](http://www.tennhelp.com) or Call 211

*Developed and Distributed by L.B.J. & C. Head Start*

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## **Adult Education:**

### **Tennessee College of Applied Technology**

910 Miller Ave Bldg 1  
Crossville, TN 38555  
931-337-5809

### **Cumberland County Adult Education Programs**

60 Ridley St Suite 108  
Crossville, TN. 38555  
(931) 484-5446

### **Families First Program**

Sponsored by: Department of Human Services  
32 Daniels Drive  
Crossville, TN. 38555  
931-484-2573 or 1-866-311-4287

### **Crossville Housing.org**

67 Erwin St  
Crossville, TN. 38555  
(931) 484-4546

### **Fortis Institute**

1025 Tn Hwy 111  
Cookeville, TN. 38501  
(931) 526-3660

### **Roane State Community College**

2567 Cook Road  
Crossville, TN 38571  
931-456-9880

### **Tennessee Technology Center**

910 Miller Ave.  
Crossville, TN. 38555  
(931) 484-7502

### **UC Reconnect.com**

931-526-2211

### **Youth CAN**

580 S Jefferson Ave, Suite  
Cookeville, TN 38501  
931520-9538

## **Adult Job Training Services:**

### **Families First Program**

Sponsored by: Department of Human Services  
32 Daniels Drive  
Crossville, TN. 38555  
931-484-2573

### **Career Center**

60 Ridley Drive Suite 103  
Crossville, TN. 38555  
(931) 484-4651

### **Cumberland Co Christian Women's Job Corps**

931-210-7006

**[www.christianwomen'sjobcorp.org](http://www.christianwomen'sjobcorp.org)**

### **Cumberland Good Samaritans**

281 10<sup>th</sup> Street  
Crossville, TN. 38555  
(931) 484-3225

### **Tennessee Technology Center**

910 Miller Ave.  
Crossville, TN. 38555  
(931) 484-7502

### **TN Career Center of Cumberland County**

60 Ridley St  
Crossville, TN. 38555  
(931) 484-7456

### **Upper Cumberland Human Resource Agency - UCART**

73 Methodist Campground Loop  
Crossville, TN 38555  
931-456-0691

## **Resources for Bereavement:**

### **Compassionate Friends**

Meets at the Art Circle Library  
3 East St.  
Crossville, TN. 38555  
(931) 484-6790

### **Hospice Grief Recovery Group**

Sponsored by: Lazarus House Hospice  
851 South Willow Ave Ste 102  
Cookeville, TN.  
931-520-1705  
931-528-5133

### **Heart of the Cumberland**

377 Short St  
Cookeville, TN 38503  
Phone: 931-525-2600  
[heartofthecumberland@gmail.com](mailto:heartofthecumberland@gmail.com)

## *Childcare:*

**BRIGHT FUTURES EARLY LEARNING CENTER**  
60 LAWSON DRIVE CROSSVILLE, TN 38555-0000  
(931) 456-4395

**CROSSVILLE CHRISTIAN SCHOOL (-E-)**  
28 ROCK QUARRY ROAD CROSSVILLE, TN 38555  
(931) 484-0026

**CROSSVILLE HEAD START**  
1831 EAST FIRST STREET CROSSVILLE, TN 38555  
(931) 484-4114 (*Free Service*)

**CUMBERLAND CNTY QUALITY CARE PROGRAM (-E-)**  
7657 HWY 127 N CROSSVILLE, TN 38571  
(931) 335-2285

**EDNA'S TOTS TO TODDLERS**  
933 PRENTICE STREET CROSSVILLE, TN 38555  
(931) 484-1130

**Home Away From Home & Pinewood Head Start**  
CROSSVILLE, TN 38555  
HAFH Center = (931) 484-3238 Pinewood Center = 931-787-1012

**FIRST UNITED METHODIST CHURCH AFTER SCH**  
100 BRAUN STREET CROSSVILLE, TN 38555  
(931) 484-3537

**KIDZ CONNECTION**  
362 **OLD** LANTANA ROAD CROSSVILLE, TN 38555  
(931) 484-7352

**LIL' PUNKIN CHILD CARE**  
405 CENTRAL AVE. CROSSVILLE, TN 38555  
(931) 456-9447

**SHEPHERD'S LITTLE FLOCK CHRISTIAN DC**  
1461 SPARTA HIGHWAY CROSSVILLE, TN 38572  
(931) 707-0508

## **Resources to Help in Child Abuse Situations**

### **Avalon Center**

196 10<sup>th</sup> St.  
Crossville, TN. 38555  
1-800-641-3434 24-hour crisis line  
(931) 484-4642 24-hour crisis line  
(931) 456-0747 Center office

### **CASA**

931-520-9540  
[www.uhracasa4children.org](http://www.uhracasa4children.org)

### **Child Abuse Hotline**

900 2nd Avenue North  
Nashville, TN 37201  
877-237-0004

### **Crossville Police Department**

99 Municipal Ave.  
Crossville, TN 38555  
Contact: (931) 484-7231  
911 Emergencies

### **Crossroads Counseling**

261 Yvonne Ave  
Crossville, TN 38555  
931-707-8921  
Contact: Tom Netherton, LPC, LPE

### **Cumberland County Sheriff's Dept.**

90 Justice Center Dr.  
Crossville, TN 38555  
Contact: Jodi Roberts  
(931) 484-6176  
911 Emergencies

### **Department Of Children's Services**

1300 Salem Road  
Cookeville, TN 38506  
(931) 646-3002

### **District Attorney General**

1519-East Spring Street  
Cookeville, TN. 38501  
(931) 528-8598

**House of Hope**

931-707-2273

[www.houseofhopetn.org](http://www.houseofhopetn.org)

**LifeCare Family Services**

665 South Jefferson Ave.

Cookeville, TN. 38501

(931) 528-0051

(615) 781-0688

**Plateau Pregnancy Services**

99 Walker St.

Crossville, TN 38555

Contact: Sheri Nichols

(931) 456-6944

**The Exchange Club/Stephens Center for the Prevention of Child Abuse**

Crossville, TN

**931-823-6432 & 800-635-5199**

**Tennessee Commission on Children/Youth**

1000 Neal Street

Cookeville, TN 38501

(931) 646-4041



**Dental Providers who take TennCare:**

**Algood Family Dental Clinic**

172 West Main Street Algood, TN 38506  
(931) 537-9948

**Cookeville Regional Dental Clinic**

327 North Cedar Ave Cookeville, TN 38501  
(931) 528-5105

**Cloudland Dental Clinic**

510 Livingston Rd. Crossville, TN 38555  
(931) 484-3007

**Dr. Charles Burdeshaw**

107 Bonnaprook Dr. Hermitage, TN  
1-800-373-3330 or 615-889-1654

**Dr. David Snodgrass**

4761 Andrew Jackson Parkway Hermitage, TN 37076  
(615) 885-3525

**Dr. Eric Wood**

206 Rivergate Parkway, Suite A Goodlettsville, TN 37072  
(615) 859-9994

**Dr. Richard Prichard**

10480 Walden Street Soddy Daisy, TN 37379  
(423) 332-5544

**Dr. William Bell/Dr. Townsend**

2931 Essary Rd. Knoxville, TN  
(865) 687-4450

**Northside Family Dentistry**

143 Matherly St Crossville, TN 38555  
931-787-1717

**Plateau Family Dentistry**

**1357 Interstate Dr**  
Crossville, TN 38555  
931-787-1277

**Putnam County Health**

Cookeville, TN. 38501  
(931) 528-2531

**Dental Providers, who may not take TennCare, but offer services  
to low-income families:**

**Bread of Life Homeless Shelter and Clinic**

281 W. 4th Street  
Crossville, TN 38555  
931-707-0503

**Cookeville Rescue Mission**

1331 S Jefferson Ave  
Cookeville, TN 38506  
931-528-5819

## **Resources for persons with Disabilities:**

### **ARC - Cumberland County**

269 Hayes Avenue Suite 101  
Crossville, TN 38557  
931-456-0206

### **Cumberland County Special Education Services**

368 4<sup>th</sup> Street Crossville, TN 38555  
(931) 484-3301

### **Cumberland Veterans Affair**

2 N Main St Suite 101  
Crossville, TN 38555  
(931) 456-0090

### **Disabled American Veterans**

Crossville TN 38555  
(931) 456-5475

### **Hill Toppers**

151 Sweeney Dr.  
Crossville, TN 38555  
(931) 484-2535

### **Preps Center**

47 Willow St. Crossville, TN 38555  
(931) 456-4727

### **Social Security Administration - SSI Program**

Cookeville, TN 38501  
931-528-9765 & **Hotline:** 800-347-4501

### **TN Early Intervention System (TEIS)**

Education/training  
(931) 528-1623

### **Tennessee Department of Human Services - Cumberland County**

32 Daniel Drive  
Crossville, TN 38555  
931-484-2573

### **Upper Cumberland Development District**

1225 South Willow Avenue  
Cookeville, TN 38501  
931-432-4111

## **Resources to help in Domestic Violence Situations:**

### **Avalon Center**

196 10<sup>th</sup> St

Crossville, TN. 38555

1-877-296-0119

(931) 484-4642 24-hour crisis line (931) 456-0747 Center office

### **Crossville Police Dept.**

99 Municipal Ave. Crossville, TN 38555

(931) 484-7231 911 Emergencies

### **Cumberland County Sheriff's Dept.**

90 Justice Center Dr. Crossville, TN 38555

(931) 484-6176 911 Emergencies

### **Cumberland County Court System**

90 Justice Center Dr. Crossville, TN 38555

931-484-6176

### **District Attorney General**

1519-East Spring Street Cookeville, TN. 38501

(931) 528-5015

### **Genesis House**

Street location is confidential

Cookeville, TN N/A

(931) 526-4730

**Hotline:** 800-707-5197

### **House of Hope**

Cumberland Children's Center

165 Bob Tollett Loop Crossville, TN 38555

(931) 707-2273

### **LifeCare Family Services**

665 S. Jefferson Ave

Cookeville, TN. 38501

(931) 528-0051

(615) 781-0688

### **The Exchange Club/Stephens Center for the Prevention of Child Abuse**

Livingston, TN 38570

Contact: Carolyn Isbell, Executive Director

931-823-6432 & 800-635-5199

## **Alcohol and Drug Abuse**

### *All Local Churches in Area*

#### **Alcoholics Anonymous**

4<sup>th</sup> Dimention Clubhouse  
2229 Hwy 70 N  
Crossville, TN 38555  
(931) 484-6467

#### **Anti-Drug Coalition**

**[www.cumberlandcountyrising.org](http://www.cumberlandcountyrising.org)**

#### **Bradford Health Services**

1330 Neal Street  
Cookeville, TN 38501  
931-528-6803

#### **Crossroads Counseling**

261 Yvonne Ave  
Crossville, TN 38555  
931-707-8921 Contact: Tom Netherton, LPC, LPE

#### **Crossville Police Department**

99 Municipal Ave.  
Crossville, TN 38555  
(931) 484-7231

#### **Cumberland Heights Drug Treatment Center**

1-800-646-9998

#### **Cumberland County Medical Center**

421 South Main St.  
Crossville TN 38555  
(931) 484-9511

#### **Cumberland Mtn. Mental Health Center**

4325 Hwy 127 North  
Crossville, TN 38555  
(931) 484-8020

#### **Cumberland County Sheriff's Department**

90 Justice Center Dr.  
Crossville, TN 38555  
(931) 484-6176

**Department Of Children's Services**

1300 Salem Road  
Cookeville, TN 38506  
(931) 646-3002

**Drug Tip Hotline**

Sponsored by: Cumberland County Sheriffs Department  
(931) 484-4444

**Drug Abuse Hotline**

1-800-888-9383

**House of Hope**

Cumberland Children's Center  
165 Bob Tollett Loop  
Crossville, TN 38555  
(931) 707-2273

**LifeCare Family Services**

665 S. Jefferson Ave.  
Cookeville, TN. 38501  
(931) 528-0051  
(615) 781-0688

**Meth Hotline/Statewide**

1-877-866-6384

**Narcotics Anonymous**

Sponsored by: Fourth Dimension  
2229 West Ave  
Crossville, TN 38555  
931-484-6384

**Teens Against Drugs**

931-456-2859  
[www.tadcenter.org](http://www.tadcenter.org)

**Teen & Adult Challenge**

200 Freedom LN  
Livingston, TN 38570  
1-888-688-0470

**Thirteenth Judicial Task Force**

Cookeville, TN. 38501  
(931) 528-5400

**Assistance in the event of an Emergency Situation:**

**Air Evac Life Team**

106 Emergency Services Dive  
Albany, KY 42602  
(606) 387-9099 Emergency = 911

**American Red Cross**

Cumberland County Chapter  
106 East 2<sup>nd</sup> Street  
Crossville, TN 38557  
931-484-6348

**Crossville Fire Dept.**

99 Municipal Ave.  
Crossville, TN 38555  
(931) 484-7571

**Cumberland County Medical Center**

421 South Main St.  
Crossville TN 38555  
(931) 484-9511

**Crossville Police Dept.**

99 Municipal Ave.  
Crossville, TN 38555  
(931) 484-7231

**Cumberland County Rescue Squad**

409 West 10<sup>th</sup> St.  
Crossville, TN 38555  
(931) 484-9143

**Cumberland County Sheriff's Dept**

90 Justice Center Dr.  
Crossville, TN 38555  
(931) 484-6176

**Emergency Management Agency**

42 Southbend Dr  
Crossville, TN 38555  
(931) 484-7016

**Poison Control**

1-800-222-1222

**Shriners of Tennessee**

1354 Brick Church Pike

Nashville, TN. 37207

1-800-505-7766

615-226-7903

(615) 226-7676

**Thirteenth Judicial Task Force**

Cookeville, TN. 38501

(931) 528-5400



## **Assistance with Food/Clothing/Utilities Needs:**

### ***Bread of Life Homeless Shelter and Clinic***

281 4th Street  
Crossville, TN 38555  
931-707-0569 (707-0503) (707-0031)

### ***Legal Aid Society of Middle Tennessee and the Cumberland***

9 South Jefferson Avenue  
Cookeville, Tennessee 38501  
Phone: 931.528.7436  
Toll Free: 800.262.6817

### **Crab Orchard Church of Christ**

Crab Orchard, TN 37723

### **Crab Orchard Care Center**

931-707-5616

### **Cumberland Co. Good Samaritans**

281 10<sup>th</sup> St.  
Crossville, TN 38555  
(931) 484-3225

### **Department of Human Services**

32 Daniel Drive  
Crossville, TN. 38555  
(931) 484-2573

### **First United Methodist Church**

100 Braun Street  
Crossville, TN. 38555  
(931) 484-3537  
*(Assist with food, utilities & clothing needs)*

### **Linary Church of Christ**

1244 Old Hwy 28  
Crossville, TN 38555  
(931) 484-5961

### **Mountain View Baptist Church**

Rt. 1 Cookeville Hwy.  
Crossville, TN. 38557  
(931) 456-5186

**Neighbors Together**

1005 W. Main Street  
Pleasant Hill, TN 38578  
(931) 277-5088

**Never Fail Community Church**

2080 Red Road  
Sparta, TN. 38583  
(931) 277-5032

**New Beginnings Fellowship Church**

1433 Livingston Road  
Fair Park Senior Center  
Crossville, TN. 38555  
(931) 484-7729/Dewey Peterson  
(931) 277-3703/Bill Rector

**Place of Refuge Church**

164 Oak Rd Crossville, TN 38555  
931-707-8114

**Second Harvest**

965-521-0000

**Saint Alphonsus Community Services**

51 Saint Alphonsus Way  
Crossville, TN 38555  
(931) 484-8074

**Tennessee Department of Human Services - Cumberland County**

32 Daniel Drive  
Crossville, TN 38555  
931-484-2573

**United Fund of Crossville**

348 Taylor Street, Suite 101  
Crossville, TN 38555  
(931) 484- 4082

**Upper Cumberland Human Resource Agency - UCART**

73 Methodist Campground Loop  
Crossville, TN 38555  
931-456-0691

## **Resources to assist with Housing/Homeless Needs:**

### ***Bread of Life Homeless Shelter and Clinic***

281 4th Street  
Crossville, TN 38555  
931-707-0569

### **Cookeville Rescue Mission**

1331 S Jefferson Ave  
Cookeville, TN 38506  
931-528-5819

### **Creative Compassion, Inc.**

**931-456-6654**

**[www.ccihomes.org](http://www.ccihomes.org)**

### **Crossville Housing Authority**

67 Irwin Avenue  
Crossville, TN. 38555-4746  
Phone: (931) 484-2990 & **931-210-7246**

### **Habitat for Humanity**

329 McLarty Lane  
Crossville, TN 38555  
931-484-4565

### **Self-Help Housing Program**

**67 Irwin Ave**  
Crossville, TN. 38555  
931-484-2990

### **United States Department of Agriculture**

Rural Development  
390 South Lowe Avenue Suite K  
Cookeville, TN 38501  
(931) 528-6539

### **Upper Cumberland Homeless Shelter**

15 Division Street  
Crossville, TN. 38555

### **Upper Cumberland Human Resource Agency - UCART**

73 Methodist Campground Loop  
Crossville, TN 38555  
931-456-0691

## **Assistance with Insurance Needs:**

### **Blue Cross Blue Shield**

(865) 588-4612 Group Insurance  
1-800-845-2738

### **CoverKids**

**Associated with/Tennessee Department of Human Services - Cumberland County**  
32 Daniel Drive  
Crossville, TN 38555  
931-484-2573

### **Tennessee Justice Center**

Nashville, TN  
615-255-0331

### **Health Insurance Market Place**

**TN Health Connection**  
1-855-259-0701

## **Legal/Governmental Assistance:**

### ***Child Support Services of Tennessee - Cookeville***

1525 East Spring Street  
Suite G  
Cookeville, TN 38506  
931-528-8598

### **Crossville Housing Authority**

67 Irwin Avenue  
Crossville, TN. 38555-4746  
Phone: (931) 484-2990

### **Legal Aid Society of Middle Tennessee and the Cumberland**

9 South Jefferson Avenue  
Cookeville, Tennessee 38501  
Phone: 931.528.7436  
Toll Free: 800.262.6817

### **Rape and Sexual Assault Response Center**

1519 East Spring, Suite F  
Cookeville, TN 38506  
Hours of operation = 24 hrs/day, 7 days a week  
Phone: = 931-526-5197  
Hotline: 800-707-5197  
Translation services offered: Yes

### **Tennessee 211**

1-800-318-9335

### **Upper Cumberland-Community Services Agency**

417 East Broad Street  
Suite A.200  
Cookeville, TN 38501  
(931) 520-0200

## **Resources to Strengthen Marriages:**

### **Assessment/Counseling/training Services (ACTS)**

Cookeville, TN. 38501  
(931) 528-9399

### **Christian Counseling Center**

931-707-8200

### **Crossroads Counseling**

Crossville, TN 38555  
931-707-8921  
Contact: Tom Netherton, LPC, LPE

### **Cumberland Mtn. Mental Health Center**

4325 Hwy 127 North  
Crossville, TN 38555  
(931) 484-8020

### **LifeCare Family Services**

665 S. Jefferson Ave.  
Cookeville, TN. 38501  
(931) 528-0051  
(615) 781-0688

### **Upper Cumberland Development District**

1225 South Willow Avenue  
Cookeville, TN 38501  
(931) 432-4111

## **Pre- Marriage Counselors:**

### **Assessment/Counseling/training Services (ACTS)**

Cookeville, TN. 38501  
(931) 528-9399

### **Bethlehem Baptist Church**

626 Potato Farm Rd.  
Crossville, TN 38555  
Church: (931) 456-0239

### **Christian Counseling Center**

931-707-8200

### **Crossroads Counseling**

261 Yvonne Ave  
Crossville, TN 38555  
931-707-8921  
Contact: Tom Netherton, LPC, LPE

### **Never Fail Community Church**

2080 Red Road  
Sparta, TN. 38583  
(931) 277-5663  
(931) 277-5063

### **Saint Alphonsus Community Services**

51 Saint Alphonsus Way  
Crossville, TN 38555  
(931) 484-2358

### **Tollet's Chapel**

95 Tabor Loop  
Crossville, TN 38555  
Office: 931-707-5626

## **Medical Providers who take TennCare:**

### **Children's Special Services**

1503 S. Main St.  
Crossville, TN  
931-484-6196

### **Cookeville Pediatrics Associates**

345 West Broad Street  
Cookeville, TN. 38501  
(931) 528-1485

### **Crossville Medical Group Dr. Carpenter**

100 Lantana Rd Suite 202  
Crossville, TN 38555  
931-484-5141

### **Cumberland County Health Department**

1503 S. Main Street  
Crossville, TN 38555  
(931) 484-6196

### **Cumberland County Medical Center**

421 South Main St.  
Crossville TN 38555  
(931) 484-9511

### **Dr. Berman**

3234 Miller Ave.  
Crossville TN 38555  
(931) 707-8700

### **Hassler, RNP**

3234 Miller Ave  
Crossville TN 38555  
(931) 707-8700

### **Infinity Health Care Dr. Carlton**

229 Interstate Dr  
Crossville, TN 38555  
931-250-5230

### **Johnson Family Medicine**

West Ave Crossville, TN 38555  
931-484-2220



**Dr. Vish**

15 Walker Hill Circle  
Crossville TN 38555  
(931) 484-1100

**Exac Care**

229 Interstate Dr Suite 103  
Crossville, TN 38555  
931-210-5577

**Kid's Kare Dr. Climico**

758 South Willow Ave.  
Cookeville, TN. 38501  
(931) 526-6173

**Family Walk-in Clinic**

42 Dooley Street  
Crossville, TN. 38555  
(931) 707-7117

**Fast Pace**

Crossville, TN 38555  
931-

**Dr. Kouchecki**

40 Elmo Dr  
Crossville, TN 38555  
931-484-5525

**Medical Providers, who may not take TennCare, but offer  
services to low-income families:**

**Bread of Life Homeless Shelter and Clinic**

281 W 4th Street Crossville, TN 38555  
931-707-0569

**Children's Special Services**

1503 S. Main St. Crossville, TN  
931-484-6196

**Crab Orchard Care Center**

931-707-5616

**Cumberland Co Cardiac Pulmonary Rehab Alumni, Inc**

931-510-0662

**Cumberland County Health Department**

1503 S. Main St.  
Crossville, TN 38555  
(931) 484-6196

**Cumberland County Medical Center**

421 South Main St.  
Crossville TN 38555  
(931) 484-9511

**Monterey Lion's Club**

New Ave.  
Monterey, TN. 38574  
(931) 839-2898

**Partnership for Prescription Assistance**

Phone: 1-888-477-2669

[www.pparx.org](http://www.pparx.org)

## **Mental Health Providers who take TennCare:**

### **ACTS**

312 E. First St.  
Cookeville, TN 38503  
(931) 528-9399

### **Crossroads Counseling**

261 Yvonne Ave  
Crossville, TN 38555  
931-707-8921  
Contact: Tom Netherton, LPC, LPE

### **Cumberland Plateau Recovery**

550 North Church Street  
Livingston, TN. 38570  
(931) 403-3577  
(931) 265-5382

### **Cumberland Mountain Mental Health Center**

4325 Hwy 127 North  
Crossville, TN 38571  
(931) 484-8020

### **Dale Hollow Mental Health Center**

501 Spruce Street  
Livingston, TN. 38570  
(931) 823-5678

### **Plateau Mental Health Center**

Susbstance Abuse Services  
1200 South Willow Avenue  
Cookeville TN 38502  
Phone: (931) 432-4123  
Hotline: (877) 567-6051

### **Rape and Sexual Assault Response Center**

1519 East Spring, Suite F  
Cookeville, TN 38506  
Hours of operation = 24 hrs/day, 7 days a week  
Phone: = 931-526-5197  
**Hotline:** 800-707-5197

**Team Evaluation Center**

600 North Holtzclaw Avenue  
Chattanooga, TN 37404-1220  
(423)-622-0500

**Volunteer Behavioral Health Care System - Plateau Mental Health Center**

1200 South Willow  
PO Box 3165  
Cookeville, TN 38502  
**Hotline:** 1-800-281-4943

***Mental Health Providers, who may not take  
TennCare, but offer services to low-income  
families:***

**Assessment/Counseling/training Services (ACTS)**

Cookeville, TN. 38501  
(931) 528-9399

**Crossroads Counseling**

261 Yvonne Ave  
Crossville, TN 38555  
931-707-8921  
Contact: Tom Netherton, LPC, LPE

**LifeCare Family Services**

665 S. Jefferson Ave  
Cookeville, TN. 38501  
(931) 528-0051  
(615) 781-0688

**Plateau Mental Health Center**

Susbstance Abuse Services  
1200 South Willow Avenue  
Cookeville TN 38502  
Phone: (931) 432-4123  
Hotline: (877) 567-6051

**Pacesetters Inc.**

2511 HWY 111 North  
Algood, TN. 38506  
(931) 537-9100

## **Quit Tobacco Resources**

**Tennessee Tobacco Quitline:** 1-800-784-8669

**Cumberland County Health Department**

Smoking Cessation

Ruth Lucas

1503 S. main Street

Crossville, TN 931-484-6196

**White County Hospital**

Quit 4 Life Smoking Cessation

Greg Williams

931-738-9211

**Cookeville Regional Medical Center- Algood Room**

Quit 4 Life Smoking Cessation

Tandy Todd

142 W. 5<sup>th</sup> St.

Cookeville, TN 38501

931-646-2685

**March of Dimes and Tennessee Department of Health, WIC Program**

S.M.A.R.T. – Smart Mothers are Resisting Tobacco

1-800-884-9301

**Nicotine Anonymous**

[www.nicotineanonymos.org](http://www.nicotineanonymos.org)

**American Lung Association**

Freedom From Smoking

[www.lungusa.org](http://www.lungusa.org)

**American Lung Association of Tennessee**

1-800-432-5864

[www.lungusa.org](http://www.lungusa.org)

**Former Smokers**

The No Smoke Café

<http://clever.net/chrisco/nosmoke/stop.html>

**Resources to assist persons raising children possibly other  
than their own:**

**Agricultural (UT) Extension Service - Cumberland County**  
1398 Livingston Rd Crossville, TN 38571  
931-484-6743

**Department Of Children's Services**  
1300 Salem Road Cookeville, TN 38506  
(931) 646-3002

***Help Us Grow Up Successful (HUGS)***  
Upper Cumberland Regional Office  
200 West 10th Street  
Cookeville, TN 38501  
931-528-7531

**Kids on the Rise**  
931-459-2388

**LifeCare Family Services**  
665 S. Jefferson Ave  
Cookeville, TN. 38501  
(931) 528-0051 & (615) 781-0688

**The Exchange Club/Stephens Center for the Prevention of Child Abuse**  
Livingston, TN 38570  
Contact: Carolyn Isbell, Executive Director  
931-823-6432 & 800-635-5199

**Parent Resource Center**  
616 B. North Church St  
Livingston, TN.  
1-800-635-5199

**Relatives as Caregivers**  
1225 South Willow Ave.  
Cookeville, TN. 38501  
(931) 432-4111

**Youth Villages**  
1420 Neal Street  
Cookeville, TN. 38501  
(931) 525-6905

## **Resources to assist with Transportation Needs:**

### **Billy Ayers**

4332 Hwy 127 North  
Crossville, TN 38571  
931-787-1804 or 931-210-2087

### **Cumberland County Cab Service**

1775 Pomona Rd  
Crossville, TN 38571  
931-459-2173

### **Upper Cumberland Human Resource Agency - UCART**

73 Methodist Campground Loop  
Crossville, TN 38555  
931-456-0691

### ***Meals And More***

Cumberland Fellowship Church  
*Gas cards for medical appointments only*  
931-707-1883



## **Promoting Youth Involvement:**

### **4-H**

931-484-6743

### **Agricultural (UT) Extension Service - Cumberland County**

1398 Livingston Rd  
Crossville, TN 38571  
931-484-6743

### **ASSE**

International Student Exchange Programs  
404-754-1667  
1-800-473-0696

### **Art Circle Public Library**

3 East Street  
Crossville, TN. 38555  
(931) 484-6790

### **Boy Scouts**

1-800-588-6514

### **Cumberland Worship Center**

145 Interstate Drive  
Crossville, TN. 38555  
(931) 707-9855

### **Cumberland Fellowship Baptist Church**

1640 West Ave  
Crossville, TN. 38555  
(931) 707-1883

### **Girl Scouts**

1-800-474-1912

### **Pine Eden Baptist Church**

976 Genesis Road  
Crossville, TN. 38555  
(931) 456-0142

### **Saint Alphonsus Community Services**

51 Saint Alphonsus Way  
Crossville, TN 38555  
(931) 484-8074

**Wags & Whiskers**

Community Spay/Neuter  
Assistance program  
931-788-2201

**WCTE American Graduate& Ready To Learn**

IWray@wcte.org  
CPutnam@wcte.org  
931-528-2222

**Youth Achievement Foundation**

931-456-6799

## ***Language Assistance (All Counties)***

### **Brent Simpson**

931-212-8097

### **County Health Depts - Primary Health Care Services**

*County operated outpatient health care facilities that provide a broad range of diagnostic and treatment services including primary adult and pediatric care, prenatal care, dental care and specialty medicine as well as laboratory and radiological services and allied support services like nutrition and health education. Some public clinics may also offer public health services such as immunizations and communicable disease screening and treatment. Services are available on an ability-to-pay basis and target low-income and indigent residents of the community. (Spanish Language Services)*

### **Department of Human Services, Counties**

*A state government agency that provides the following financial assistance and health insurance programs to those who qualify: Families First - temporary cash assistance program; Food Stamp Program/Electronic Benefit Transfer (EBT) - nutritional assistance program, EBT Helpline (1-888-997-9444); Medicaid/TennCare - processes applications for health insurance coverage; Child Care Resource & Referral; & Adult Protective Services - investigates reports of abuse, neglect, or financial exploitation of adults (1-888-277-8366). Interpreter Services available upon request*

### **Hispanic Family Resource Center**

(615) 227-7500

(800) 280-8682

### **Hispanic Association**

732 Lafayette Rd Red Boiling Spgs, TN 37150

(615) 699-6279

### **LifeCare Family Services - Cookeville - Counseling and Therapeutic Services**

665 South Jefferson Avenue

Cookeville, TN 38501

(931) 528-0051

*Provides a variety of counseling services such as academic and behavioral school issues, juvenile delinquency, marriage and family, separation and divorce, depression, alcohol and drug dependency & twelve step recovery, grief and loss, job and life transitions, parenting, and conflict resolution/communication training. (Spanish Language Services)*