

ICU Rehabilitation: Sandwell and West Birmingham

SWB has two 16 bedded Critical Care units. Staff work cross-site, but our new hospital is in sight. Therapists are not allocated to ICU alone, but we aim to overcome this and work as one expanding team



National rehab day was a fortnight of education and promotion of all things rehab for and by the whole team



We undertook a gap analysis and complete reevaluation of our service and rehab pathway



SWB Critical Care Services

Identifying at risk patients

- Short and Comprehensive Clinical Assessment – MDT input encouraged

All about me...

- Preferred name
- People important to them
- Daily routine
- Hobbies
- Occupation
- Pets
- Likes / dislikes
- Coping strategies



Personalised care and rehab plans

- Rehab boards – for patient, visitors and staff
- Rehab trolley – resources for communication, sensory, pamper, entertainment, physical activity and including adaptive equipment
- MDT rehab rounds weekly – individualised goal setting, PADIS focus and PICUPs, stepdown planning
- Patient diaries from day 5
- Rehab booklet
- Outdoor visits - Music therapy - Pet therapy - Religious / Spiritual support



Follow Up Support Service

- Clinical input On Critical Care – review all patients > 3 days stay; input with all patients > 7days stay
- Ward Follow Up Visits - aim for review 3/7 post ICU discharge, fill in gaps, explanation, normalisation, holistic support to patient and families
- Weekly Outpatient Clinics - automatic appointment at 6/52 post discharge for long term patients. Others invited by letter
- Home Visits / Telephone Support
- Quarterly Patient & Family Forums
- Focus on Patient Experience

Ongoing development of the pathway and vision for the future!

Excellent Intensive Care