### The WindowPain

The newsletter of the American Society for Pain Management Nursing - Long Island Chapter

Pain Management Nursing

ASPMN Long Island Chapter

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## A Message from the President

I want to make sure we are all aware of the new NYS legislation for prescribing and caring for people with chronic pain and substance use disorder. So here is my message for this issue of the newsletter.

Mandatory Prescriber
Education: Important
Information for Advanced
Practice Nurses with
Prescribing Privileges

As a group, ASPMN members are nurses who are all too familiar with the dual

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Newsletter Committee Editor:

Donna Sipos Cox, FNP

Contributors: Sandra Kuefner, ANP public health concerns of chronic pain and substance use disorder. But are you familiar with the recent New York State Prescriber law? Prescribers licensed in New York to treat humans and who have a DEA registration number to prescribe controlled substances, must complete at least three (3) hours of course work or training in pain management, palliative care and addiction by July 1, 2017 and once every three years thereafter, pursuant of Public Health Law (PHL) §3309-a(3). The training may be taken on-line or in person.

The course work or training must include the following eight (8) topics:

- New York State and federal requirements for prescribing controlled substances
- Pain management
- Appropriate prescribing
- Managing acute pain
- Palliative medicine
- Prevention, screening and signs of addiction
- Responses to abuse and addiction
- End of life care

The Medical Society of the State of New York presented a series of webinars that met these criteria in March 2017 (archived and may be taken at www.mssny.org) for a reduced fee of \$50.00. Visit www.thenpa.org for instructions on how to receive this discount. There are other online courses that are being offered for free. Two of these are offered at the

University of Buffalo School of Pharmacy and Pharmaceutical Science and the New York Chapter American Colleges of Physicians. More information and guidance on how to register for these courses can be found on the Nurse Practitioner Association New York State website (www.thenpa.org).

Prescribers must complete course work or training in all eight topics. The topics may be covered in a single, comprehensive presentation or by multiple individual presentations for a total of at least three hours. Depending on the presentation, it may take longer than three hours to complete all eight required topic areas. Prescribers must attest to their own completion of the course work or training. The initial attestation deadline of July 1, 2017. For each and every subsequent attestation period, course work or training must be completed during the applicable attestation period. A prescriber with a Health Commerce System (HCS) account will attest online using the Narcotic Education Attestation Tracker (NEAT) application. Prescribers without a HCS account may obtain one by visiting https://www.health.ny.gov/professionals/na rcotic/prescription\_monitoring/docs/hcs a pplications instructions.pdf. Prescribers who do not have access to a computer can request a paper attestation form by calling the Bureau of Narcotic Enforcement (BNE) toll-free at 1-866-811-7957. After completion of the form return it by mail to the address provided.

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Documentation of the completion of the course work or training must be maintained by the prescriber for a minimum of six (6) years from the date of the applicable attestation deadline for audit purposes.

Documentation must include the course work or training provider name, course work or training name, location where occurred, date it occurred and number of hours completed for each.

While this may seem like another "hoop to jump through", the intent of this legislation is to be able to provide informed care to those suffering with chronic pain and/or substance use disorder. Failure to comply with this law will have implications for license renewal, renewal of DEA registration and your ability to provide best practice care for your patients. So, if you haven't done so already, get your training done and continue to provide the excellent care that ASPMN nurses are known for.

Pat Bruckenthal, PhD, ANP-BC, FAAN
President, ASPMN LI

# How to Access the Attestation - Online

This section will take you step by step on the Health Commerce System website to the attestation.

If you do not have an account with the Health Commerce System, I strongly urge you to. This is were access to the Prescription Medication Program (Istop) is. Currently there are 12 states and the District of Columbia which can be accessed.

An account may be obtained at

https://commerce.health.state.ny.us

At the bottom of the website on the left states

Or sign up for an account Lic. Med Prof. (Click these words)

Then a new window will open up and if you have a NYS driver's license you can obtain the User ID and Password very quickly.

Once in the site, click My Content down arrow, scroll to All Applications and click on.

At the Browse by (displaying the alphabet from left to right), click on the letter N

The top Application Name is Narcotic Education Attestation Tracking (NEAT).

On this page if you click the green + (plus sign), this will place NEAT on your Welcome Page with subsequent logins

After clicking on NEAT, you will be prompted to answer the following prompts to state completed the three hour mandated course.

Submitted by Donna Sipos Cox, MSN, FNP-C

### Long Island Chapter's Annual Conference

On Friday, June 2, 2017 the Long Island Chapter is presenting their 16th Annual Conference at the DeMatteis Center in Greenvale. This year's title is "Managing Pain: Light at the End of the Opioid Tunnel".

The topics for this year's conference include a physical therapist speaking about one program to conquer pain, how to motivate your patient to participate in his/her health plan and the science behind medical cannabis. Another topic is complex regional pain syndrome which will include a patient with CRPS.

The brochure for this conference is located on the Long Island Chapter's website www.aspmn-li.org. The brochure is listed under the Annual Conference tab