

Brandeis

BRANDEIS NATIONAL
COMMITTEE
Phoenix Chapter

2022 * 2023 STUDY GUIDE

Phoenix, Scottsdale,
Sun Lakes, Southeast Valley
and West Valley



About Brandeis University

Characterized by academic excellence since its founding in 1948, Brandeis is one of the youngest private research universities in the United States, as well as the only nonsectarian Jewish-sponsored college or university. It is regarded as one of the pre-eminent liberal arts and research universities in the country. Brandeis counts among its faculty and alumni a Nobel Laureate, MacArthur Foundation "genius grant" recipients, Pulitzer Prize winners and a number of Emmy Award-winning actors, broadcasters and producers. The university stresses an interdisciplinary approach to knowledge and the solution to real life problems. The campus community remains devoted to the concept of social justice, a legacy inherited from the namesake of the university, U.S. Supreme Court Justice Louis D. Brandeis.

BNC Mission Statement

Brandeis National Committee (BNC) is dedicated to providing philanthropic support to Brandeis University, a distinguished liberal arts and research university founded by the American Jewish community. Its membership is connected to the university through fundraising and through activities that reflect the values on which the university was founded: academic excellence, social justice, non-sectarianism and service to the community.

BNC Phoenix Chapter Presidents' Message

On behalf of the Brandeis National Committee's (BNC) Phoenix chapter, we are excited to welcome you to the 2022- 2023 Study Group year.

Study Groups are the driving source of membership in our Chapter. They help satisfy our members' passion for lifelong learning and accommodate our members varying interests by offering groups across a wide range of topics.

As paid-up members, you have almost unlimited access to opportunities that engage you in spiritual, physical, intellectual and social activities. They keep our members physically and mentally active, are a great place to socialize and meet new friends, and most importantly, they expose our members to new knowledge and experiences.

Groups are both virtual and in person so chapter members have access to programming wherever they may be.

Two facts continue to amaze us:

1. The vast number of talented and accomplished people who live in our community. Our study groups are facilitated by these skilled members who offer us their time and expertise. The quality of our groups is unparalleled. Our Phoenix Chapter's study groups complement the University's commitment to excellence. We want to express our admiration and gratitude to our facilitators for their time commitment to our chapter and its mission.
2. If you are new resident of Arizona, or even newly retired, you will meet more friends in a study group than you will in almost any other situation. We serve the critical role of connecting people to each other.

Our Study Group Vice Presidents, Stephanie Klopper, Joyce Steinberg and Barbara Stern spend unlimited hours making these experiences possible. We offer our immense gratitude for their efforts.

We are pleased to be able to offer you these life-enhancing experiences and are excited for the adventures you have ahead of you through your participation.

Wishing you all good health in the year ahead!

Ellen Widoff and Leith Baletin
Co-Presidents, BNC Phoenix Chapter



Dear Members,

We are very excited to share with you the Study Groups in this year's Study Guide. There are lots of new groups for you to try out and we are especially excited to see many of our favorite groups returning from last year. As you will see, some of our volunteer facilitators are choosing to have their groups meet online using Zoom, while others are moving to in-person meetings, following strict COVID protocols. You can review those [guidelines for in-person meetings](#) on page 7 of the guide.

Since study groups are available only to current members of the Brandeis National Committee (BNC), now is the time to join or renew, which you can do online. See page 5 for detailed instructions for joining or renewing your [membership](#).

The study groups schedule was created to contain as few conflicts as possible. With that said, we are fortunate to have so many groups, which means you will have to make some choices. Please keep in mind that many of our groups fill up quickly, so plan to register as soon as possible. Make sure your email is current with the chapter and watch for the eblast that tells you when you can register. **The registration link will not be active on the Study Group page of the [BNC Phoenix website](#) until General Registration is opened for everyone at the same time.**

We suggest you review the instructions for [How to Register](#) on page 6 of the guide in advance, and then make a list of your choices BEFORE going into the BNC online registration application. This will make for a more positive experience.

We encourage you to share this Study Guide with any of your friends who are not yet members of BNC and talk to them about joining. Remember, your study group fees are used to offset the administrative expenses of our local BNC Phoenix Chapter, with any surplus going to the Brandeis University library.

We hope you will take advantage of all that our BNC Phoenix Chapter has to offer for the 2022-2023 season.

Your Study Group VPs,

**Stephanie Klopper, Joyce Steinberg,
and Barbara Stern**

If you have any questions, we can be reached at
phxstudygroups@gmail.com or at **480-256-9515**.

Membership Information

To join our Brandeis National Committee Phoenix Chapter, please follow the instructions below

The membership year is July 1st through June 30th. For individuals, dues are \$60; for couples it is \$100 and covers our fiscal year through June 30, 2023. Here are step-by-step instructions for completing your membership online:

1. [CLICK HERE to go to the BNC membership page](#)
2. Choose your membership level: “**Regular**” or “**Couples**.”
3. Under **Designations** you will see “**BNC Annual Membership**” with either \$60 or \$100 pre-selected, depending on what you chose in Step 2.
4. For **BNC Chapter**, scroll the drop-down until you see “**Phoenix**” and select it.
5. Click “**Next**.” [Please skip the **Scheduled Payments box**.]
6. Fill in the **Personal Information** fields.
 - a. **Couples:** If a couple has the same last name, enter it in the Last Name(s) field. Enter both first names in the First Name(s) field (e.g., Joe & Ann). If the couple has **different last names**, enter one full name (first and last) in the First Name(s) field and enter the other’s full name in the Last Name(s) field.
 - b. Enter Email address and confirm.
 - c. For **Preferred Class Year**, scroll the drop-down arrow until you see “N/A” and select it (unless you actually attended Brandeis University).
 - d. For **Relationship to Brandeis**, scroll the drop-down arrow until you see “**BNC Member**” and select it.
 - e. Enter at least one Phone Number
 - f. Complete the Home Address fields.
 - g. Click “Save and Continue.” Or “Back” to edit the previous entries.
7. Fill in the **Billing Information** to **PAY WITH YOUR CREDIT CARD**.
8. Click “**Next**.”
9. Once you see the “**THANK YOU**” page, print the page. You will also receive a confirmation email. **Please keep your confirmation email.**

If you need assistance with membership issues contact us at phxbncmembership@gmail.com

How to Register for Study Groups

BEFORE YOU BEGIN, PLEASE READ ALL INSTRUCTIONS

Please be sure your BNC Phoenix chapter membership is current and your contact information is up to date. Make certain your email is unique to you — partners/spouses may not share an email.

WATCH FOR THE EBLAST ALERTING YOU TO WHEN REGISTRATION IS OPEN AND THE LINK IS ACTIVE.

- ⇒ If you are registering for the first time, click on the **REGISTRATION LINK** on the [BNC Phoenix Study Group webpage](#)
- ⇒ Fill out your personal data, scroll down and hit “**save and continue**.” You will be asked if you are a BNC member or not. Go to the [BNC Membership](#) page to do so.
- ⇒ The next pages list all study groups. You can scroll through the list to find your preferred group using the Study Guide as a reference.
- ⇒ Open the drop-down box to add the registration fee.

You must click on that box.
- ⇒ Select all groups you wish to register for and hit “**next**.”
- ⇒ If the group(s) are no longer open, you will see a message saying there is no longer availability. At the bottom of the form, you may add your name to any waitlists for groups that are not available.
- ⇒ The screen that opens will summarize your personal information, list the total price for your group (s) and ask for your credit card information. Enter the requested information and click on “**next**.”
- ⇒ The last screen lists the group(s) for which you registered and paid.

Verify all information. Then click on “**submit**.”
- ⇒ A final screen will open with the completed registration form. It will include any groups for which you are waitlisted. You are not charged for any waitlisted groups.
- ⇒ You will receive an email from BNC with your registration information, which can also serve as a receipt. **SAVE THIS EMAIL!**
- ⇒ This confirmation email contains a link that you may use to add to your registration at a later time. Click on the link that says “**Edit my registration**” and continue to add study groups. **Do not create a new record under a different email address!**

Any questions, please contact phxstudygroups@gmail.com or call 480.256.9515

COVID PROTOCOLS FOR IN-PERSON GROUPS

- All members must be fully vaccinated and must provide proof of vaccination prior to attending any in-person chapter study groups or events.
- Wear a mask and/or maintain physical distance, if requested to do so by the facilitator.

By registering for events or study groups, participants agree to comply with BNC Phoenix safety guidelines and understand that only participants in compliance with chapter policy will be permitted to participate.

BNC does not assume responsibility for the health of any participant.

Since the situation is evolving, we will continue adhering to guidance from Brandeis University and the Brandeis National Committee (BNC), while keeping current local health conditions in mind.

If you have questions, contact:

vaxproof.bncphx@gmail.com,
or call 480-359-7262



ALPHABETICAL LISTING

Click on the group name to go to the page with the description.

[A Bissell Yiddish and a Nosh](#)

[Aging is Not for Sissies](#)

[Arizona Authors Speakers Series](#)

[Artist in Residence](#)

[B-Puzzled: Mystery and Suspense](#)

[Beginners Fused Glass Class *NEW*](#)

[Beginning Cake/Treat Decorating *NEW*](#)

[Beginning Tai Chi](#)

[Book Brothers](#)

[Books for the Armchair Traveler *](#)

[Boomers](#)

[Camelview, Shea 14 - Movie & Review](#)

[Canasta for Beginners *NEW*](#)

[Canasta for Couples *NEW*](#)

[Canasta Kings](#)

[Canasta Mavens](#)

[Canasta Pairs Group *NEW*](#)

[Contemporary American Poets *NEW*](#)

[Contemporary Fiction Book Group *](#)

[Contemporary Issues Discussion Group *](#)

[Contemporary Reads Book Group *](#)

[Continuing Tai Chi](#)
[*NEW*](#)

* DENOTES A GROUP WITH
LIMITED ENROLLMENT

ALPHABETICAL LISTING

Click on the group name to go to the page with the description.

Current Events

Delicious Dramas and Dinners *NEW*

Elections of 2022 *NEW*

Explore the World of Interior Design

Far North Book Group *NEW*

First Friday Book Group *NEW*

Foreign Film Zoomies

Gals Who Do Brunch

Hands on Art...Fused Glass: Intermediate *NEW*

Hooked on Books

Intermediate Hatha Yoga

Intermediate Hiking Club

Intermediate Loom Knitting

Intermediate Mah Jongg

International Wine Connoisseurs *NEW*

Jewish Book Group

Jewish Books and Memoirs *NEW*

Jewish Films Watch Party

Just Desserts

Knit A Mitzvah

Ladies on the Town *NEW*

Leisure Hiking

Let's Explore Travel

ALPHABETICAL LISTING

Click on the group name to go to the page with the description.

Meditation: Pathways to Peace

Memories as Stories *NEW*

Men of Brandeis (MOB)

Men's Canasta Lessons

Minutes to Meals

Mitzvah Mavens

Monday Mystery Ladies *

Mosaic Art

Movers and Shakers

Movies of the Heart

Neighborhood Haunts

Neighborhood Walks - One

Neighborhood Walks -Two *NEW*

New Yorker Short Stories Discussion Group

Nonfiction Book Group *

Not My First Rodeo: Intermediate Fused Glass *NEW*

Pizza Pizza *NEW*

Restless Minds Discussion Group *

Restless Minds Discussion and Lunch for Men

Rock 'n Roll is Here to Stay

Second Friday Films & Feasts

*** DENOTES A GROUP WITH
LIMITED ENROLLMENT**

ALPHABETICAL LISTING

Click on the [group name](#) to go to the page with the description.

[Second Wednesday AM Book Group *](#)

[Simply Scrabble](#)

[Singles Supper Club *NEW*](#)

[Sizzling Sunday: Evening Movie Discussion & Dinner](#)

[Stitchery](#)

[Study with the Best: Potpourri of Classic Movies](#)

[Theater Lovers Happy Hour](#)

[Third Thursday AM Book Group *](#)

[Touring the Valley's Treasures *NEW*](#)

[Two-Crak, Flower, Nine-Dot, Red: Mah Jongg for Beginners *NEW*](#)

[Unlock Your Tech Savviness *NEW*](#)

[Weekends are for Brunch](#)

[Women Behind the Presidents-Year 2](#)

*** DENOTES A GROUP WITH LIMITED ENROLLMENT**

GROUPS BY DAYS OF THE WEEK

Click on the [day of the week](#) to go to the page where the groups meeting on that day begin

Monday

Arizona Authors Speaker Series

B-Puzzled: Mystery and Suspense

Canasta Kings

Canasta Pairs Group [NEW]

Elections of 2022 [NEW]

Hooked on Books

Intermediate Loom Knitting

Memories as Stories [NEW]

Monday Mystery Ladies *

Mosaic Art

Tuesday

Beginning Cake/Treat Decorating [NEW]

Beginning Tai Chi

Camelview, Shea 14 - Movie & Review

Canasta for Couples [NEW]

Canasta Mavens

Current Events

Hands on Art: ...Fused Glass Intermediate [NEW]

Tuesday (continued)

Intermediate Mah Jongg

Let's Explore Travel

Meditation: Pathways to Peace

Pizza Pizza [NEW]

Rock 'n Roll is Here to Stay

Theater Lovers Happy Hour

Intermediate Hatha Yoga

Wednesday

Contemporary Fiction *

Delicious Dramas & Dinners [NEW]

Far North Book Group [NEW]

Foreign Film Zoomies

Jewish Books & Memoirs [NEW]

Just Desserts

Knit a Mitzvah

Men of Brandeis (MOB)

Men's Learn to Play Canasta

Movies of the Heart

Neighborhood Walks - One

Nonfiction Book Group *

*** DENOTES A GROUP WITH LIMITED ENROLLMENT**

GROUPS BY DAYS OF THE WEEK

Click on the [day of the week](#) to go to the page where the groups meeting on that day begin

Wednesday continued

Second Wednesday Book Group *

Stitchery

Unlock Your Tech Savviness
[NEW]

Women Behind the Presidents –
Year Two

Thursday

A Bissell Yiddish & a Nosh

Beginners Fused Glass [NEW]

Book Brothers

Books for the Armchair Traveler *

Canasta for Beginners [NEW]

Contemporary American Poets
[NEW]

Contemporary Issues *

Contemporary Reads *

Continuing Tai Chi [NEW]

Intermediate Hiking Group

Jewish Book Group

Leisure Hiking

Minutes to Meals

Neighborhood Haunts

New Yorker Short Stories
Discussion Group

Not My First Rodeo: Intermediate
Fused Glass [NEW]

Simply Scrabble

Study With the Best: Potpourri of
Classic Movies

Third Thursday AM Book Group *

Two-Crak, Flower, Nine-Dot, Red:
Mah Jongg for Beginners
[NEW]

Friday

Aging is Not for Sissies

Artist in Residence

Explore the World of Interior
Design

First Friday Book Group [NEW]

Neighborhood Walks -Two [NEW]

Restless Minds for Men Lunch &
Discussion

Second Friday Films and Feasts

Touring the Valley's Treasures
[NEW]

* DENOTES A GROUP WITH LIMITED
ENROLLMENT

GROUPS BY DAYS OF THE WEEK

Click on the [day of the week](#) to go to the page where the groups meeting on that day begin

Saturday

International Wine Connoisseurs
[NEW]

Jewish Films Watch Party



Sunday

Gals Who Do Brunch

Restless Minds Discussion Group*

Sizzling Sundays: Movie
Discussion & Dinner

Weekends are for Brunch



Various Days

Boomers

Ladies on the Town [NEW]

Mitzvah Mavens

Movers and Shakers

Singles Supper Club [NEW]



* DENOTES A GROUP WITH LIMITED ENROLLMENT

2022-23 Study Group Descriptions

Mondays

1. MONDAY MYSTERY LADIES *

This book group will analyze mysteries written from 2000 to the present. We will meet initially on Zoom and when safe to do so, in person for lunch. **First meeting Monday, November 7.** Maximum 16.

First Mondays, 12:00 pm (November - May)

Facilitator: **Fee:** \$20
Irene Mieszcanski miesirene@aol.com



2. ARIZONA AUTHORS SPEAKERS SERIES



Our state of Arizona contributes much to the literary world, with authors and also with story settings. This group will focus on both. Three times we will be treated to an appearance by an author who is either from Arizona, resides in Arizona now or uses Arizona as a locale for a book. The author will speak to us about his/her life and writing. There will be a question and answer period followed by book signings. You do not need to read the author's book in advance but you are, of course, welcome to do so. Books will be available for purchase that day. The authors do not charge us for their appearance, but selling books is how they make their living, so it is always nice for our group to support them. You must RSVP to Merrill each month to assure a seat. Meetings will be at the JCC in Scottsdale. **The first meeting will be January 16.** Maximum 150.

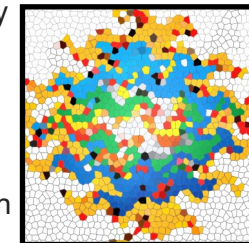
Third Mondays, 12:30 - 2:00 pm (Jan – March)

Facilitator: **Fee:** \$25 (includes \$5 facility fee)
Merrill Kalman mskbflo@aol.com 480-296-3355

Mondays

3. MOSAIC ART

Join us as we learn the art of mosaic tiling. This group will be three sessions so you will learn how to use a variety of materials to create your own mosaic piece of art. Each participant will receive a 12 x 12 tile as their “canvas” to create a picture or abstract work. A \$15 materials fee will be collected at the first meeting and all materials will be provided. We will be working outside, in a safe environment. Maximum 10.

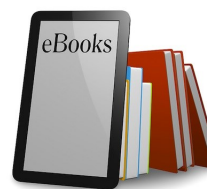


Mondays, 10:30 am - 12:00 pm (January 30 , February 6 and February 13)

Facilitator: **Fee:** \$20 + materials fee
Debbie Gordon mrsg395@gmail.com 602-478-1555

4. HOOKED ON BOOKS

If you like to read fiction, this group is for you. We will be reading books that are meaningful and enlighten us about life and the human spirit. Our selection for our October meeting is *The Snow Child* by Eowyn Ivey. We plan to meet in-person, following safety protocols. All participants must be vaccinated. Location will be emailed after registration. If necessary, we will move to meetings on Zoom. **The first meeting will be**



October 3. Minimum 10, maximum 20.

First Mondays, 1:00 - 3:00 pm (October - May)

Facilitators: **Fee:** \$20
Ruth Lerner ruth.bncphx@gmail.com 480-223-8831
Linda Ullman linda@lindaullman.com 520-405-7972
Hannah Meyerson hannahm1016@gmail.com 520-403-1034
Becky Morris beckym23@att.net 847-867-2286

Mondays

5. CANASTA KINGS: MEN'S CANASTA PLAYING GROUP

Join our weekly Monday afternoon men's Canasta group for experienced players. Enjoy a fun afternoon of cards and making new friends. We will meet at Congregation Beth Israel in Scottsdale. Please send a check for \$50 made payable to Marvin Mondlick prior to the first session to cover the one-time facility fee. Water in a closed container is allowed, but no food. Game rules will be sent out prior to the first game. There may be times you will need to play 5 in a game rotating in/out per hand. An email for attendance will be sent out each week. Please bring cards/card holders, as we do not provide them. When appropriate, Brandeis Covid19 protocols will be observed. **The first game will be October 3.** Minimum 24, maximum 36.



Mondays, 12:30pm - 3:30pm (October - April)

Facilitators: **Fee: \$20 + facility fee**
 Jeff Lerner jrlerner2@cox.net 480-710-6187
 Marvin Mondlick marvin@mondlick.com 315-289-7489
 Bruce Lefco bruce.lefco@gmail.com 414-234-0969

6. INTERMEDIATE LOOM KNITTING



Easy on the hands, loom knitting is the craft technique of using a loom instead of needles to create beautiful knitted items. This group is for those with more than beginning skills in loom knitting, including the ability to follow stitch patterns. We will explore double knitting and using knitting boards, along with the basic round looms. Join us each month as we get together and knit and kibitz. **The**

first meeting will be October 10. Location information will be provided before the first session. Minimum 6, maximum 10.

Second Mondays, 10:00 am (October - April)

Facilitator: **Fee: \$20**
 Joyce Steinberg joyces12003@gmail.com 602-538-2561

Mondays

7. MEMORIES AS STORIES *NEW*

Are your stories ready to tell? Create vignettes for your children or grandchildren to capture your memories forever. Using simple questions to jog your memory, you will write your stories in plain language to offer a wonderful glimpse into your life. We'll meet via Zoom. **The first meeting will be October 3.** Minimum 6, maximum 10.

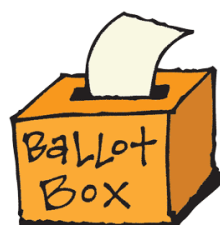


First Mondays, 10:00 - 12:00 pm, (October - April)

Facilitator: **Fee: \$20**
 Geri Gould gerijim@hotmail.com 480-305-0123

8. THE ELECTIONS OF 2022 *NEW*

This Study Group will examine the 2022 national and state U.S. elections. The facilitator will provide introductory material on the elections and create sub-groups to "specialize" in reviewing what



is occurring in various states and across the nation with regards to the elections. We will discuss what we find both prior to and after the 2022 elections. Perhaps we will agree to get together on election eve to discuss the election results as they are reported. We will meet at a location to be determined. **The first meeting is October 3.** Maximum 15.

Mondays, 7:00 - 8:30 pm (October 3, 17, 31, November 7 and 21)

Facilitator: **Fee: \$20**
 Mark Stern mstern@shepherd.edu 540-664-0480

Mondays

9. B-PUZZLED: MYSTERY & SUSPENSE

This book group will focus on mystery and suspense. Books are chosen by participants and range from classic "whodunits" (Agatha Christie) to current mysteries (Louise Penny), spy novels (Daniel Silva) and psychological thrillers (A. J. Flynn). **The first meeting will be via Zoom on October 24** and the book will be *When No One is Watching* by Allyssa Cole. Subsequent meetings will be in person when safe to do so. Minimum 10, maximum 15.



Fourth Mondays, 12:00 pm (October - April)

Facilitators: **Fee: \$20**
Arlene Gluck agluck1128@gmail.com 760-559-7558
Andi Freed-Krehbiel readerpainter@gmail.com 480-951-6572

10. CANASTA PAIRS STUDY GROUP



ADVANCED couples' canasta play in a small group setting. We will have 3 tables and need all participants to commit to each date, barring an emergency or illness. Each person in the couple must register separately. Each couple will be asked to bring an appetizer large enough to share with the group. The meetings will be at the facilitators' homes. The hosts will provide water and dessert.

The first meeting will be November 4. Maximum 12.

Second Mondays, 6:30-9:30pm (Nov- Feb)

Facilitators: **Fee: \$20**
Jan Lebovitz: janice.lebovitz@gmail.com 847-772-2922
Linda Ullman: linda@lindaullman.com 520-405-7972

Tuesdays

11. INTERMEDIATE HATHA YOGA

In this class, we will practice and experience the many benefits of yoga, including better flexibility, more energy, and more resilience to meet our challenges in a healthy way. Each session will end with a calming savasana - a complete relaxation - and handouts will be provided so participants can practice at home. Since this is an intermediate class, participants should have a basic practice of the standard postures (asanas). If you have a pre-existing condition or specific questions, please contact the facilitator before registering.

Dr. Nancy Siefer, a registered and certified yoga instructor with over 20 years of teaching experience, will lead the classes via Zoom. Have a mat, water and any prop (block, belt, etc.) you like to use. **Our classes will meet on eight consecutive Tuesday mornings, beginning January 10.** Maximum 24.



Eight Tuesdays, 8:30 - 9:30 am (January 10 - February 28)

Facilitator: **Fee: \$20**
Nancy Siefer n.siefer@gmail.com 480-577-1439

12. CANASTA FOR COUPLES *NEW*



This is a group for those who have experience playing Canasta. The initial location will be at the *Terravita Community Center* in North Scottsdale. There is a \$3.00 facility fee for each session. We will move to a more central location at a later date. **The first game will be Oct 11.** Maximum 16.

Second and Fourth Tuesdays, 6:30 - 9:00 pm (October—May)

Facilitator: **Fee: \$20 + facility fee**
Mickie Applebaum mapplebaum@aol.com 847-309-7081

Tuesdays

13. CURRENT EVENTS



Join our lively conversation as we explore current events that shape the future of the world in which we live. Topics will be chosen by the members. Active participation and some research is the key to great discussions. **The first meeting will be via Zoom on Tuesday, October 4.** When safe to do so, members will be asked to hold meetings in their homes and/or provide refreshments, and an optional lunch will follow the discussion. Maximum 30.

First Tuesdays, 10:00 am (October - April)

Facilitators: **Fee: \$20**
 Stephanie Klopper rednoz@aol.com 480-251-0815
 Nancy Sacks nhshobo@aol.com 480-299-1792
 Bonnie Furst jisgrandma32@gmail.com 561-704-3276

14. BEGINNING CAKE/TREAT DECORATING *NEW*

Looking to have your cakes resemble the ones you see on TV? In this in-person study group, you will learn the basics of how to use piping tips, fondant and different icings to make your treats look beautiful. \$5 materials fee. Location will be provided after registration.

The first meeting will be January 3. Maximum 8.

First Tuesdays, 1:30-3:30 PM, (January - April)

Facilitators: **Fee: \$20 + materials Fee**
 Marilyn Reinfeld mkr1227@cox.net 480-620-5601
 Joyce Steinberg joyces12003@gmail.com 602-538-2561



Tuesdays

15. MEDITATION: PATHWAYS to PEACE



This Study Group will focus on how to become a peaceful person amid personal and societal crises and challenges. We will discuss traits that enable peacefulness and use meditation experiences to achieve this goal. This study group is suitable for beginners as well as those who have an established practice. To enhance this experience, we will invite a variety of meditation practitioners to guide us. For those who attended previously, it is an opportunity to reinforce and habituate what we learned last year. Join us each week for eight evening sessions via Zoom. **The first meeting will be October 11.**

Tuesday Evenings, 7:00 – 8:00 pm (October– November)

Facilitators: **Fee: \$20**
 Nancy Siefer n.siefer@gmail.com 480- 577-1439
 Ellen Widoff ebwidoff@gmail.com 602-513-3138

16. THEATER LOVERS HAPPY HOUR

For the third season, we will continue our lively discussions of filmed plays and musicals from the American and British stage. Members will view at their leisure one 1 ½ -3-hour production per month. These may include contemporary plays, repertory classics, recent productions from National Theatre and Lincoln Center, musicals, Shakespeare, and live televised plays from TV's golden age, to be discussed at our meetings. While some offerings may be available on YouTube.com for free, members should anticipate a nominal viewing charge or inexpensive cancellable monthly subscription. The group will meet via Zoom for discussion of the monthly viewing selection and theater talk. There will be 1-2 live happy hour meetings. **The first meeting on Zoom will be November 1.**



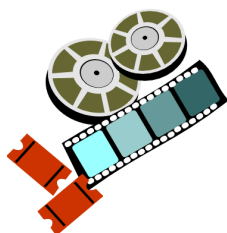
Various Tuesdays, 4:00 pm (November 1, December 13, January 10; additional 2023 dates pending)

Facilitators: **Fee: \$20**
 Andrew Tievsky atievsky@yahoo.com 214-477-5762
 Sue Rollins serollins52@gmail.com 480-563-0411

Tuesdays

17. CAMELVIEW, SHEA 14 - MOVIE & REVIEW

Enjoy a thought-provoking movie each month at your convenience. Movies will be chosen from Netflix, Amazon Prime, HBO, or potentially what is playing at the local movie theater and discussed online. Occasionally a streaming movie may be chosen that will incur a small charge. Meeting notices will be emailed to participants, with the name of the movie and where to view it. **Our first discussion will be via Zoom on October 18.**



Third Tuesdays, 10:00 am (October - April)

Facilitators: Fee: \$20
 Sheila Landau buildor2@cox.net 602-809-5100
 Harriet Schwartz harriet0715@gmail.com 602-738-0801

NOTE: There are several movie groups offered this year, so they may occasionally select the same movie.

18. PIZZA PIZZA *NEW*



Join us as we enjoy a variety of noteworthy pizza (Neapolitan, Sicilian, Deep Dish, etc.) around town. Most restaurants will offer food other than pizza for those who prefer. **Our first lunch will be Tuesday, January 24.** Please note: some restaurants may require cash. Maximum 30

Fourth Tuesdays, 11:30 am (January- March)

Facilitators: Fee: \$20
 Ellen Kirschenbaum ellenk102@gmail.com 602-214-5212
 Michelle Fischler michelleyules@gmail.com 602-380-1559
 Beth Messer bethmae721@gmail.com 516-857-2551

Tuesdays

19. INTERMEDIATE MAH JONGG

This weekly group is intended for intermediate/experienced players with a thorough knowledge of the National Mah Jongg League rules and a steady pace of play. We will be playing at *Sanctuary at Desert Ridge* clubhouse, 22995 East 46th St., Phoenix, Arizona 85050 The gate code will be provided after people register. **Our first meeting will be Tuesday, October 18.** Minimum 4, maximum 20. Only fully vaccinated people may register.



Every Tuesday, 12:30 - 3:00 pm (October - May)

Facilitators: Fee \$20
 Sharon Agopian agopsh@agopian.us 216-849-5771
 Eileen Nelson enelson3@aol.com

20. LET'S EXPLORE TRAVEL



Join our travel group as we explore and discuss the world with a different theme or topic each month. Members will be notified of the topic in advance (to be determined by the group), in time to prepare and participate. **The first meeting will be via Zoom on November 29, due to**

Thanksgiving, and further in-person meetings will be determined by the consensus of the group. We are very excited as our universe is continuously evolving! Minimum 7, maximum 20.

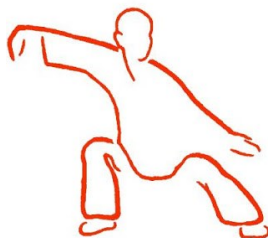
Fourth Tuesdays, 10:30 am-12:30 pm (November 29; January – April)

Facilitators: Fee: \$20
 Helen Abrams hsbbcd@aol.com 312-593-4456
 Kathleen Witkin witkinbnc@gmail.com 480-473-4825

Tuesdays

21. BEGINNING TAI CHI

Tai Chi is an ancient Chinese art combining body & mind. Tai Chi's slow and relaxed movements are sometimes referred to as "meditation in motion." There are many benefits, including, but not limited to: stress reduction, improving balance, endurance and agility. This group will meet on Tuesdays for six weeks at a Scottsdale location; participants will be emailed the location after registration. **The first meeting will be October 18.** Minimum 3, maximum 8.



Tuesdays, 10:30-11:30 am (October - November)

Facilitator: **Fee: \$20**
David Burns bogieb4@aol.com 520-444-1255

22. CANASTA MAVENS

Canasta Mavens is for "seasoned" canasta players only, who have a solid understanding of rules, splashes, and nuances and are looking for a congenial, fun game. The location is centrally located off Shea Blvd., near Tatum (NOT a restaurant). **There is a one-time \$40 room rental fee per player collected at the first session.** Location information and other details will be emailed to participants, along with our canasta game rules, prior to our start date. **The first game will be Tuesday, October 11.** In accordance with BNC chapter policy, everyone must be fully Covid-19 vaccinated. Maximum 40 players.



Tuesdays, 10:30 am - 12:30 pm (October - April)

Facilitators: **Fee: \$20 + facility fee**
Anne Mondlick anne@mondlick.com 315-289-7499
Carol Kadet carolkadet@gmail.com 415-828-1299
Becky Morris beckym23@att.net 847-830-2286
Judy Rosen judy.rosen915@gmail.com 314-973-1948

Tuesdays

23. ROCK 'N ROLL IS HERE TO STAY

This in-person group is for men who love rock 'n roll and rock 'n roll trivia. We will have many trivia questions about rock and roll from the fifties through the eighties, but some stuff from later decades, as well. Questions will range from easy to difficult. There will also be activities, class discussions, and perhaps some singing and dancing. The group will share information and tell stories about how music affected their lives. **The first meeting will be January 10.** Location details will be emailed to participants. Maximum 10.



Second and Fourth Tuesdays, 3:00 pm (January - April)

Facilitator: **Fee: \$20**
Jeffrey Glassman jeffg47@sbcglobal.net 847-212-1699

24. HANDS ON ART: INTERMEDIATE FUSED GLASS *NEW*



Explore your inner creativity. There will be three classes in the art of fused glass. **THIS IS AN INTERMEDIATE CLASS. SOME PRIOR EXPERIENCE WITH FUSED GLASS IS NECESSARY.** Each class will be 2 1/2 hours. You may choose to do a large project over the course of 2-3 classes or a smaller project per class. The cost of each class is \$45 plus the cost of materials, which is dependent on size and color. We will meet at the *Taco Guild* for lunch before class. **The first meeting will be November 15.** Maximum 6.

Tuesdays 1:00 pm - 3:30 pm (November 15, December 6 and January 10)

Fee: **\$20 + materials and studio session time charge**

Facilitators:
Joellyn Pollock joellyn_pollock@gmail.com 602-257-4327
Sharon Polan duchyof2@gmail.com 203-253-7276

Wednesdays

25. MEN OF BRANDEIS (MOB)

Men of Brandeis (MOB) is now in its 11th year. Our programming begins in October, with a guest speaker every other month, with the exception of March. Many of us come at noon and have a nosh at the J's in-house eating establishment. Our guest speakers begin their talks at 1:00 pm.

In November, January and April we will visit a local place of interest in the Valley, followed by lunch. A schedule of speakers and tours will be sent out upon availability. **Our first meeting will be on October 12** at the JCC on Scottsdale Road.



Second Wednesdays, 1:00 pm (October - March)

Facilitator: **Fee: \$25 (includes a \$5 facility fee)**
Leith Baletin lbaletin@gmail.com 480-874-9434

26. KNIT A MITZVAH



If you knit or crochet and want to be a part of a wonderful group that makes scarves (donated to *Soujourner Center*), newborn baby caps and lap blankets (donated to *HonorHealth Medical Center*) and chemo caps (donated to *Virginia G. Piper Cancer Center*), then this is the group for you! We will meet at *Coffee Plantation* (7366 E. Shea Rd, Scottsdale) one afternoon a month for knitting or crocheting, kibitzing and sharing ideas. It will be a stitch! **The first meeting will be on October 12.** Maximum 20.

Second Wednesdays, 1:00 - 3:00 pm (October - May)

Facilitators: **Fee: \$20**
Ronee Siegel ronees@aol.com 917-273-0393
Joan Davis davis6j@gmail.com 602-499-8357

Wednesdays

27. SECOND WEDNESDAY AM BOOK GROUP *



Stimulating reading and discussion of both fiction and nonfiction books. Participants will be asked to lead book discussions. **The first meeting will be via Zoom on Wednesday, October 12.** Maximum 20.

Second Wednesdays, 10:00 am (October - May)

Facilitator: **Fee: \$20**
Geri Gould gerijim@hotmail.com 480-305-0123

28. JEWISH BOOKS and MEMOIRS *NEW*



We will explore and discuss Jewish themes in fiction books and memoirs. A list of books will be given in advance, two months at a time. **The first meeting will be October 26.** Our first book for discussion will be *The Color of Love* by Marra B. Gad. Meetings will be held in available participant homes. All participants must be vaccinated.

Minimum 6, maximum 16.

Fourth Wednesdays, 2:00 pm (October - March)

Facilitators: **Fee: \$20**
Sue Karp suekarp1@me.com 480-451-9511
Susan Block sblock2324@aol.com 480-419-1591
Corinne Baskin corinneb210@comcast.net 847-997-3300

Wednesdays

29. FAR NORTH BOOK GROUP *NEW*

Do I complain of being exhausted after staying up reading too late? Of course. Will I put down my book to go to sleep? Don't be ridiculous!" If you're a lover of fiction of all types, and a lover of discussing fiction, and a lover of hanging out in your neighborhood, then this group is for you! We will be meeting on the third Wednesday of the month in person at each others' homes. We hope you will join us for an optional lunch afterward. **The first meeting will be October 19.** Minimum 4, maximum 16.



Third Wednesdays, 10:00 am - 12:00 pm (October - April)

Facilitator: Fee \$20
Mickie Applebaum mapplebaum@aol.com 847-309-7081

30. MOVIES OF THE HEART



Join us as we view and explore four films rife with TLC! Together, we will explore their positive messages of hope and resilience. The films will be offered on either Netflix or Amazon Prime. Everyone will watch the movies at their own convenience, prior to each discussion, which will be conducted on Zoom. **The first meeting will be November 2.** No minimum or maximum.

First Wednesdays, 1:30 pm (November 2, December 1, January 4 and March 1)

Facilitators: Fee \$20
Gale Gradus ggradus13@gmail.com 480-939-2917
Nyles Gradus negradus@gmail.com

NOTE: There are several movie groups offered this year, so they may occasionally select the same movie.

Wednesdays

31. FOREIGN FILM ZOOMIES



Join us as we explore the world of foreign films. To begin the year, the films chosen will be available on Netflix and the discussions will be online. When safe to do so, you can either come to the designated showing or you can see the film on your own and join us for lunch to discuss. Please note, the films may be subtitled. We will provide the name of each film in advance so you can plan ahead. **Our first discussion will be via Zoom on Wednesday, November 9.** Minimum 5, maximum 30.

Second Wednesdays, 3:00 pm (November, January, February, March and May)

Facilitators: Fee: \$20
Ileen Herberg ihherberg@aol.com 602-460-0047
Joyce Steinberg joyces12003@gmail.com 602-538-2561

NOTE: There are several movie groups offered this year, so they may occasionally select the same movie.

32. NONFICTION BOOK GROUP *

Join us to explore nonfiction over a wide range of topics: history, current affairs, biography and more! The October meeting will be via Zoom. Based on the virus situation we will consider moving to in-person meetings. Books will be selected by the group and each discussion will be led by a member or members. **The first meeting will be October 26.** The book for the first meeting will be *Unwell Women: Misdiagnosis and Myth in a Man-Made World* by Elinor Cleghorn. Maximum 20.



Fourth Wednesdays, 1:00 - 2:30 pm (October - April)

Facilitators: Fee: \$20
Georgia Heller georgiaheller@gmail.com 203-524-0053
Janis Lipman janislipman@gmail.com 203-216-0177

Wednesdays

33. CONTEMPORARY FICTION BOOK GROUP *

This is an ongoing group, reading fiction only. Participants will be asked to lead book discussions. The first book title will be emailed to participants. **The first discussion will be via Zoom on November 9.** Subsequent sessions are planned to be in person. There will be a facility fee.



Second Wednesdays, 10:00 am (November - April)

Facilitators: **Fee: \$20 + facility fee**
 Susan Rollins serollins52@gmail.com 480-563-0411
 Cheri Rolnick artncheri@aol.com 612-210-6668

34. STITCHERY



This group is open to members who would like to gather in person to do any type of stitching. Examples include, Needlepoint, Canvas work and Embroidery. We can also discuss stitching methods and problems that arise. If anyone wants to know how to design a canvas, I will instruct in that, as well. Location to be emailed after registration. **The**

first meeting will be November 16. Minimum 4, maximum 12.

Third Wednesdays, 2:00 pm (November, January, February and April)

Facilitator: **Fee: \$20**
 Helen Greenberg hln.greenberg@gmail.com 602-432-2016

Wednesdays

35. JUST DESSERTS

Are you in the mood for something yummy and decadent? Join this group and discover new places to satisfy your sweet tooth! **Our first sugar high will be on Wednesday, November 2.** All participants must be fully vaccinated. Maximum 20.



First Wednesdays, 2:00 pm (November, January, March and May)

Facilitators: **Fee: \$20**
 Iris Wigal wiggley@cox.net 602-980-5436
 Wendy Cohen wencohen@cox.net 602-316-2993
 Gail Tenn gdtenn@hotmail.com 818-216-1129
 Sara Leopold sara1225@gmail.com 480-359-5599

36. UNLOCK YOUR TECH SAVVINESS *NEW*



Technology is all around us, so let's embrace it. This study group is four self-contained sessions to up your technology game. Each interactive session on Zoom will be on a different topic: manipulate spreadsheets, create slides, write cohesive documents, and manage email. The sessions are interactive and we will address basic functionality and usage, answer your questions, and provide some tips and tricks. You'll need to be familiar with the basic application and have a device (computer, laptop or tablet/iPad). **The first meeting will be December 14.** Minimum 10, maximum 20.

Second Wednesdays, 10:00-11:30 am (December - March)

Facilitator: **Fee: \$20**
 Carol Kadet carolkadet@gmail.com 415-828-1299

Wednesdays

37. WOMEN BEHIND THE PRESIDENTS - YEAR TWO

In this group, participants will delve into the lives and influence of the women behind the presidents: First Ladies, cabinet members, advisors, etc. These women are not only advocates for the presidents, but for their own causes as well. As a result, they have had an impact on political and social history. Join us on Zoom to discuss the lives and legacies of these powerful women. **The first meeting will be November 2 via Zoom.**



First Wednesdays, 1:00-2:00 pm (November - April)

Facilitators: Fee: \$20
 Ileen Herberg iherberg@aol.com 602-460-0047
 Patti Grossman psgrossman717@gmail.com 602-885-0158

38. NEIGHBORHOOD WALKS - ONE

Join with other Brandeis members for a moderately paced walk in and around one of the Valley's many unique neighborhoods. In some cases, a resident of the selected neighborhood may be able to lead us and some months may include historical information. **Our first walk will be on Wednesday, October 19.** You will be notified of each location by email a week prior, as well as whether or not there will be a pre-walk lunch. Minimum 6, maximum 20.



Third Wednesdays, 1:30 - 3:30 pm (October - April)

Facilitator: Fee: \$20
 Marcy Strauss mss29@comcast.net 612-710-6291

Wednesdays

39. MEN'S CANASTA LESSONS

This group is offered as a series of four consecutive canasta lessons per study group session. You will learn how to play and some of the strategies involved. **It is important to attend all four lessons** as each will cover a different fundamental element of the game. Location details will be emailed to participants. **The first session will be November 16.** Minimum 8, maximum 15 men.



Wednesdays, 3:30 - 5:30 pm (November–December)

Facilitators: Fee: \$20
 Robert Ullman ubert888@gmail.com 520-977-0595
 Bruce Lefco bruce.lefco@gmail.com 414-234-0969

40. DELICIOUS DRAMAS AND DINNERS *NEW*



A commonality across cultures is a love for good food, enjoyed with friends and family. In this group we will view, individually, dramatic films that deal with cooking from different cultures – and meet for a discussion of the film at a restaurant that reflects the ethnic food of the film. Films will be available from Netflix, Amazon, YouTube or the public library system applications. Some films may have a minimal charge. Participants will receive an email in advance with the movie title, restaurant and RSVP deadline. *Please note that the restaurants hosting us require a \$10 minimum purchase plus tax and gratuity for every participant.* Should Covid conditions change, we will adapt and meet on Zoom. **The first meeting will be October 19.** Minimum 12, maximum 20.

Third Wednesdays, 6:30-8:30 pm (October, November, January, February and April)

Facilitators: Fee: \$20
 Laurie & Bruce Herman laurielherman@gmail.com 414-559-7009
 Karen & Alan Stein krstein628@gmail.com 678-4299722

Thursdays

41. LEISURE HIKING



If you like the natural beauty of the desert, exercise and camaraderie, these bi-monthly hikes in Phoenix, Scottsdale and beyond will take you to beautiful trails at a comfortable pace. This group is not meant for those who want to go "all out" or on very steep trails, but some hiking experience is necessary. We recommend that participants wear proper hiking shoes. The group has been going strong for six years, and is open to men and women. Plan on a 3.5-5 mile round trip, around 2-2.5 hours of hiking. The outdoor

temperature and time of year will determine the designated start time, but generally it will not be earlier than 8:00 am or later than 8:30 am. (We start on time as a courtesy to other members.) **Our first official hike will be Thursday, November 3, but we will likely schedule an October warm-up hike.** Members will be notified by email prior to each hike as to the destination, expected duration and difficulty of the hike. After the hike, the group may meet for breakfast at a nearby restaurant. No maximum.

First and Third Thursday mornings (November - April)

Facilitators: **Fee: \$20**

Ellen Kirschenbaum ellenk102@gmail.com 602-214-5212

Bob Kirschenbaum bobkirschenbaum@gmail.com 602-614-5212

Dave Cohen dave95070@gmail.com 408-391-6562

Simon Burrow simonburrow@mac.com 626-221-7808

42. JEWISH BOOK GROUP

The first meeting will be November 3 via Zoom. All meetings this year will be via Zoom. If you would like the complete list of books, call Ellen. Participants must RSVP to Ellen by the Tuesday prior to each meeting. **The first meeting will be November 3.** Maximum 15.



First Thursdays, 10:00 am (November - May)

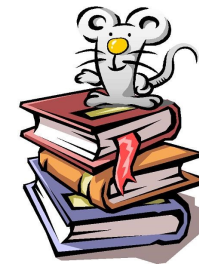
Facilitator: **Fee: \$20**

Ellen Tuckman 602-953-9307

Colleen Espinoza colleenE1122@aol.com 480-483-8622

Thursdays

43. BOOK BROTHERS



Men read too! This book group will focus on history, biography and historical fiction. Books will include, but not exclusively focus on Jewish themes, individuals and events. As we are approaching the 75th anniversary of the State of Israel and Brandeis University, several of the selections address topics related to both events. The first book will be *Louis D. Brandeis, American Prophet* by Jeffrey Rosen. The reading list will be distributed prior to the first meeting which will be held at *Congregation Or Tzion* in Scottsdale. There will be a one-time donation of \$20 to the synagogue. Lunch will follow those interested. **The first meeting will be October 13.**

Second Thursdays, 10:00 am - 12:00 pm (October - May)

Facilitators: **Fee: \$20**

Joe Widoff jwidoff@gmail.com 703-946-8869

Frank Lange franklange@cox.net 602-768-3631

44. STUDY WITH THE BEST: POTPOURRI OF CLASSIC MOVIES



Using Brandeis-authored and other materials, Potpourri of Classic Movies explores four Hollywood films that will engage us in lively discussions. The films will be available on Netflix or Amazon Prime and participants will view them prior to the discussions. **The first meeting will be via Zoom on October 6.** The film selection details will be emailed to participants. Maximum 35.

First Thursdays, 12:30 pm (October, December, January and February)

Facilitators: **Fee: \$20**

Carol Kern cak8219@gmail.com 602-315-1595

Stephanie Klopfer rednoz@aol.com 480-251-0815

NOTE: There are several movie groups offered this year, so they may occasionally select the same movie.

Thursdays

45. NOT MY FIRST RODEO:INTERMEDIATE FUSED GLASS *NEW*

For students who have experience with the techniques of glass fusion. Participants will have an opportunity to create one or more projects of their own choosing. There are unlimited options available to you. Come with an idea in mind or choose from the many examples of projects at the studio.



Enrollment in the class is for all three sessions. Participants are expected to attend all 3 sessions!! Cost of each session will be \$45 for studio time, plus the cost of the materials. Costs vary by the size of your project and the color of the glass you choose: colored glass will be more expensive than clear glass. The location is *Art for Fun* in Phoenix. **The first meeting will be January 19.** Maximum 6.

Thursdays, 1:00 – 3:30, (January 19, February 9, and March 2)

Fee:..... \$20 + materials and studio session time charge

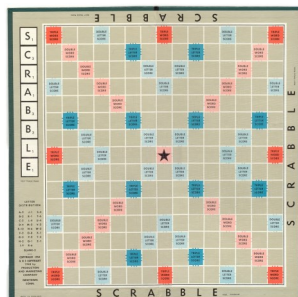
Facilitators:

Hannah Meyerson hannahm1016@gmail.com 520-403-1034

Linda Ullman linda@lindaullman.com 520-405-7972

46. SIMPLY SCRABBLE

Playing Scrabble changes the way you use your brain. This is an opportunity to enhance your skills, challenge your brain and have fun. All levels are welcome. We will meet in the Starbuck's, located inside the Safeway store at 4747 E. Greenway in Scottsdale. Members may be asked to bring a Scrabble set. **Our first game will be Thursday, October 27.** Minimum 8, maximum 18.



Fourth Thursdays, 10:00 - 11:45 am (October- May, except Thanksgiving)

Facilitator: Fee: \$20

Marcia Langer marciala@msn.com 914-943-7804

Thursdays

47. A BISSEL YIDDISH AND A NOSH

Make new friends schmoozing over a light lunch at *Luci's at the Grove* in Scottsdale. We'll share poetry, songs and fond memories of growing up in Yiddish-speaking homes. Speaking Yiddish is not required. **Our first nosh will be December 15.** Minimum 6, maximum 12.



Second Thursdays (with the exception of the December meeting), 11:30 am - 1:00 pm (December - March)

Facilitators: Fee \$20

Sharon Messing sharmess@optonline.net 718-930-4164

Marlene Harris mrh1212@yahoo.com 847-433-0240



48. MINUTES TO MEALS

No time to cook? From prep to serving, in a Flash! Reduce prep piddling, revitalize and recreate recipes with shortcuts to savor healthy meals. **Our first meeting via Zoom will be on December 15.** Recipes will be sent out in advance of the session. Maximum 20.

Third Thursdays, 1:00- 3:00 pm (December, January and March)

Facilitators: Fee: \$20

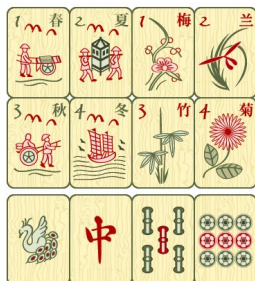
Lori Roth lori.rothaz@gmail.com 480-440-4429

Joan Davis davis6j@gmail.com 602-499-8357

Thursdays

49. TWO-CRAK, FLOWER, NINE-DOT, RED: MAH JONGG FOR BEGINNERS

Learn Mah Jongg, the game our moms played many years ago! People are playing, buzzing, laughing and having fun! Sign up to learn and join the fun! Please plan on attending all 5 classes. We want you to be comfortable with the game when classes are over. You will need a current Mah Jongg card for 2022. They can be purchased through the National Mah Jongg League. The lessons will be held at a facilitator's home in North Scottsdale, Pima/Legacy area. **The first lesson will be October 20.** Maximum 10.

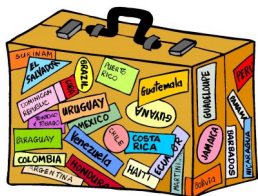


Thursdays, 9:00 - 11:30 am (October 20, 27, November 3, 10 and 17)

Facilitators: **Fee: \$20**
 Hannah Meyerson hannahm1016@gmail.com 520-403-1034
 Joyce Lefco joyce.lefco@gmail.com 602-312-9476

50. BOOKS FOR THE ARMCHAIR TRAVELER *

This group reads books that take place in foreign locales. We will initially meet online, then resume meeting in each others' homes based on group consensus and when safe to do so. As responsibilities are shared, members are asked to lead/co-lead discussions and/or host when we will meet in person again. **Our first meeting will be October 20.** We will discuss *Beneath a Scarlet Sky* by Mark Sullivan. Maximum 33.



Third Thursdays, 10:00 am (October - May)

Facilitators: **Fee: \$20**
 Linda Burech lburech@mac.com 480-794-1988
 Bruce Galin bruce.phxbnc@gmail.com 480-661-0842
 Nancy Sacks nhshobo@aol.com 480-299-1792

Thursdays

51. CONTEMPORARY READS *

In this group we read both contemporary fiction and nonfiction. **Our first meeting will be on October 13** at the Bureau of Jewish Education at the JCC in Scottsdale. There is a small facility fee that will be collected at the first meeting. Maximum 26.



Second Thursdays, 12:45 - 3:00 pm (October - May)

Facilitators: **Fee: \$20 + facility fee**
 Joyce Grant jhgrant35@gmail.com 847-877-5793
 Hillary Kaminsky hillary.kaminsky@gmail.com 602-953-3213

52. CONTEMPORARY AMERICAN POETS *NEW*

This group will continue our study of American Poets Laureate and use the same anthology for our readings. The focus of this study group will be poets laureate - those artists who have been awarded the highest honor in the land by the Library of Congress, including champions of poetry preceding the official title conferred in 1985. We will discuss reading strategies to enable a deep understanding of the sound and sense of the poems.

The goal is to penetrate the surface of the poem as well as the heart of the poet. The facilitator, Freyda Libman, is Professor Emerita, a published poet in love with poetry. The required text is *Poets Laureate, An Anthology*, published by the Library of Congress and edited by Elizabeth Schmitt, obtainable on Amazon. Please bring your book to the first session. Meetings will be held at participants' homes. Location details will be emailed to participants. **The first meeting will be October 27.** Minimum 8, maximum 20.



Fourth Thursdays, 1:30 - 3:00 pm (October - April except Thanksgiving)

Facilitator: **Fee: \$20**
 Freyda Libman poetprof329@gmail.com 630-926-3193

Thursdays

53. INTERMEDIATE HIKING CLUB

Join us if you enjoy the fresh air, the natural beauty of the desert, exercise and camaraderie. These bi-monthly hikes in Phoenix, Scottsdale and beyond will take you on some challenging trails and elevations. This group is for intermediate hikers who will average 4-6 miles per hike. Hikes are usually three hours or less, plus destination time. Our start time will be determined by the outdoor temperature, but it will be approximately 7:00 am - 9:00 am. Although we have hike facilitators, individual hikers will choose and lead their favorite hikes, thus allowing a greater variety of hikes and participation of hikers. Members will be notified prior to each hike of the place and time. We hope you can join us for brunch after the hike, to give us time to socialize. **The first hike will be December 15.** Maximum 30.



First & Third Thursday mornings (December - April)

Facilitator: **Fee: \$20**
Andrea Greenspan andreagreenspan@comcast.net 847-668-0409

54. THIRD THURSDAY AM BOOK GROUP *

This is an ongoing group where the books are chosen by committee. Please contact one of the facilitators below for the books to be read before signing up. **We will meet on Zoom on November 17** and then transition to in-person meetings. Attendees must be vaccinated and wear masks. Maximum 15.



Third Thursdays, 10:00 am (November - May)

Facilitators: **Fee: \$20**
Ellen Tuckman 602-953-9307
Colleen Espinoza colleenE1122@aol.com 480-773-4568

Thursdays

55. CONTEMPORARY ISSUES DISCUSSION GROUP *

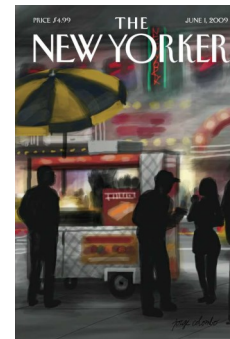
Join our lively conversation as we explore current events that shape the future of the world in which we live. Topics will be chosen by the members. Active participation by everyone is the key to great discussions. **The first meeting will be via Zoom on Thursday, October 20.** When safe to do so, members will be asked to hold meetings in their homes and/or provide refreshments. Maximum 22.



Third Thursdays, 9:30 - 11:30 am (October - May)

Facilitators: **Fee: \$20**
Janis Lipman janislipman@gmail.com 203-216-0177
Joyce Goldstein joyce@goldstein.us 973-715-6475

56. NEW YORKER SHORT STORY DISCUSSION GROUP



Short stories in *The New Yorker* can be literary gold mines or incomprehensible, and either case warrants discussion! This groups will meet on Zoom initially. The facilitator will send a monthly email with the links to the three stories to be discussed. If we transition to meeting in member's homes the location of the meeting and the person to whom you must RSVP will be included. It is not necessary to subscribe to *The New Yorker*. **Our first meeting will be November 3.** Story selections for the first meeting will be listed in our welcome email in

September. Minimum 10, maximum 18.

First Thursdays, 10-1130 am (November - April)

Facilitators: **Fee: \$20**
Leslie Kiefus lk907@yahoo.com
Marcia Langer marciala@msn.com 914-943-7804

Thursdays

57. NEIGHBORHOOD HAUNTS

Foodies ...are you ready to experience some new and interesting neighborhood haunts? Join us for lunch as we sample four different locales, each offering up a different flavor. Cash payment is preferred. This is a wonderful chance to meet new people in a fun setting! **Our first lunch will be October 27.** Minimum 10, maximum 35.



Fourth Thursdays, 12:30 pm (October - April)

Facilitators: **Fee: \$20**
 Sheila Landau buildor2@cox.net 602-809-5100
 Harriet Schwartz harriet0715@gmail.com 602-738-0801

58. CANASTA FOR BEGINNERS *NEW*

Come join the fun and meet new friends as we learn the rules and variations of Modern American canasta. You need to attend all four classes. We will meet at Congregation Beth Israel. A Facility Fee of \$10 to \$12 will be paid to the facilitators after registration. Details will be sent. **The first meeting will be November 3.** Maximum 16



Thursdays, 10:00 - 12:00 pm (November 3, 10, 17 and December 1)

Facilitators: **Fee: \$20 + facility fee**
 Jo Ellen Susman joellensus@gmail.com 480-236-2789
 Randy Grossman randey.grossman@gmail.com 847-977-5056

Thursdays

59. CONTINUING TAI CHI *NEW*



Tai Chi is an ancient Chinese art combining body & mind. Tai Chi's slow and relaxed movements are sometimes referred to as "meditation in motion." There are many benefits including, but not limited to, stress reduction, improving balance, endurance and agility. This group is primarily for those who have had some experience with Tai Chi or have taken the previous BNC Phoenix Study Group. There will be a review of previously learned skills. The

group will meet once a week for six weeks at a Scottsdale location. Participants will be emailed the location after registration. **The first meeting will be October 20.** Minimum 3, maximum 6.

Thursdays, 10:30-11:30 am (October - December, excluding Thanksgiving)

Facilitator: **Fee: \$20**
 David Burns bogieb4@aol.com 520-444-1255

60. BEGINNERS FUSED GLASS *NEW*

Enjoy three sessions learning different techniques for three different glass projects. You must be a beginner to enroll in this class. Each session will feature a small project with direction from the owner, Barbara Becker. Bring your creativity and learn a new skill. Participants are expected to attend all three sessions!! The cost of *each* session will be \$45, for studio time *plus* the cost of the materials. Materials for beginning projects will be approximately \$10-\$25 for each session. The location is: *Art for Fun* in Phoenix. **The first meeting will be November 17.** Maximum 6.



Thursdays, 1:00 – 3:30 (November 17, January 12, April 13)

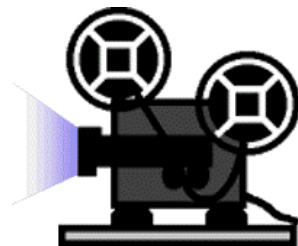
Fee:\$20 + materials and studio session time charge

Facilitators:
 Hannah Meyerson hannahm1016@gmail.com 520-403-1034
 Linda Ullman linda@lindaullman.com 520-405-7972

Fridays

61. SECOND FRIDAY FILMS & FEASTS

We view interesting movies (including mainstream, indies, foreign language films and documentaries), or limited series streaming on Netflix or Amazon Prime. We'll email the group in advance with the movie title, and will discuss the selection on Zoom, starting at 10 am and ending no later than noon. **Our first meeting will be October 14.** Minimum 5, maximum 60.



Second Fridays 10:00 am (October - April)

Facilitators: Fee: \$20
 Stephanie Klopper rednoz@aol.com 480-251-0815
 Joyce Grant jhgrant35@gmail.com 847-877-5793
 Roni Nassberg ronika1@aol.com 602-790-7603

NOTE: There are several movie groups offered this year, so they may occasionally select the same movie.

62. AGING IS NOT FOR SISSIES

Join us for a fun-filled casual discussion on how aging affects us all. We all have fun stories to share and it's nice to discuss with others. Each month we will have a 'theme' and when possible, a speaker. We will meet monthly at different restaurants. **The first meeting will be October 14.** Maximum 30.

With Age comes skills
 It's called MultiTasking

I CAN
 LAUGH, COUGH,
 SNEEZE, AND PEE ALL
 AT THE SAME TIME.



Second Fridays, 12:30 PM (October to April)

Facilitators: Fee: \$20
 Sheila Landau buildor2@cox.net 602-809-5100
 Joan Davis davis6j@gmail.com 602-499-8357

Fridays

63. RESTLESS MINDS FOR MEN DISCUSSION & LUNCH

FROM A GUY'S POINT OF VIEW - What keeps you awake at night? What kind of world will our grandchildren inherit? Did you have any GOOD experiences during the pandemic? Can we stop gun violence? Man-to-man, let's share our thoughts over brunch. The second Friday of the month, from October to May, 11am to whenever we finish eating. We will take turns choosing the restaurant and topic. **The first meeting will be on October 14.** Minimum 6, maximum 12.



Second Fridays, 11:00 am - 12:30 (October - May)

Facilitator: Fee: \$20
 Marvin Kestenbaum digsee@me.com 480-883-7639

64. EXPLORE THE WORLD OF INTERIOR DESIGN



Join professional designer Sheila Landau to explore the latest trends in interior design. You can email your photos for kitchens or bathrooms you would like to update or renovate. Sheila will answer your questions and show you some of the newest products and creative ideas. There will be tours of various design showrooms. **The first meeting will be October 21.**

Third Fridays, 11:00 am (October - April)

Facilitator: Fee: \$20
 Sheila Landau buildor2@cox.net 602-809-5100

Fridays

65. FIRST FRIDAY BOOK GROUP *NEW*

Join us for a fun and stimulating reading and discussion of a variety of both fiction and nonfiction books. Participants will be asked to lead book discussions. We will meet in person and participants will be asked to volunteer their homes for meetings and provide refreshments, as long as it is safe to do so. Everyone must be fully vaccinated. If you love to read, please join us! **The first meeting will be October 7.** Maximum 25.



First Fridays, 10:00 am (October - May)

Facilitators: **Fee: \$20**
Michelle Fischler: michellyules@gmail.com 602-380-1559
Terriann Kleiner: tkleiner@gmail.com 314-761-3132
Beth Messer: bethmae721@gmail.com 516-857-2551
Barbara Stern: sternbts@gmail.com 540-664-3106

66. ARTIST IN RESIDENCE



We will visit *Celebration of Fine Art* and *Arizona Fine Art Expo* to speak with several artists in residence about their work. Lunch will follow in the tent cafe. **The first meeting will be on January 20.** Subsequent meetings will be the third Friday. There will be a one-time group entry fee at each tent of approximately \$10, which will allow you to visit all season. Location: Near the 101/Hayden, Scottsdale.

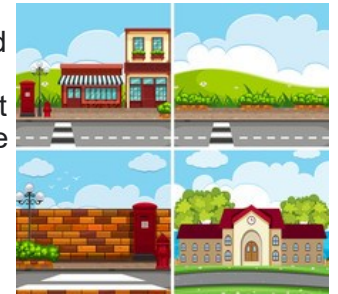
Third Fridays, 10:30 am (January - March)

Facilitators: **Fee: \$20**
Joellyn Pollock joellyn_pollock@yahoo.com 602-257-4327
Sharon Polan duchyof2@gmail.com 203-253-7276

Fridays

67. NEIGHBORHOOD WALKS - TWO *NEW*

Join with other Brandeis members on a Friday for a moderately paced walk in and around one of the Valley's many unique neighborhoods. In some cases, a resident of the selected neighborhood may be able to lead us and some months may include historical information. You will be notified of each location by email the week prior. **The first walk will be October 28.** Minimum 6, maximum 20.



Fourth Fridays, 9:30 – 11:30 am (October, January-April)

Facilitator: **Fee: \$20**
Marcy Strauss mss29@comcast.net 612-710-6291.

SAVE THE DATE

Book and Author 2023 - Diamond Jubilee!



**Celebrating the 75th Anniversary of Brandeis University
 and the Brandeis National Committee**

**Sunday, March 12, 2023
 Cocktail Reception with the Authors**

**Monday, March 13, 2023
 Luncheon * Authors * Boutiques**

**Hyatt Regency Scottsdale Resort & Spa
 at Gainey Ranch**

Fridays

68. TOURING THE VALLEY'S TREASURES *NEW*

This is a unique group which may include a combination of walking, tours, and/or lunch, including handouts. History, culture and fun is the objective. Three of the four ventures are in the Southeast Valley, which makes this group unique.



- *Mesa MIX Center*: Opening fall 2022 - tour the new film facility, multiple high technology & screening options; and the *Herberger Institute* <https://cfo.asu.edu/MesaCityCenter>
- *Queen Creek Olive Mill*: Learn the history and process of making olive oil & vinegars - free tastings followed by optional purchase of lunch
- *Chandler Walking Tour* - City Hall, Vision Gallery Museum and Historical Hotel
- *The Foundation for Blind Children* - serves the blind and visually impaired of all ages, from birth to currently 102 years old

The first meeting will be November 18 at 10:00 am. Minimum 6, maximum 20.

Third Fridays, times will vary (November 18, January 20, February 17 and April 21)

Facilitators: **Fee: \$20**
 Helen Abrams hsbbcd@aol.com 312-593-4456
 Felice Goff Lcswaz@hotmail.com 602-315-4248

Saturdays

69. JEWISH FILMS WATCH PARTY

Watch Jewish-themed movies and documentaries as a group and then discuss. Food provided! Once a month, come for pizza and socializing, view the movie in a home movie theater followed by discussion. Bring your beverage of choice. Location is in the far North Valley, north of Cave Creek Rd. Carpools can be arranged. Exact address to be provided after registration. **The first meeting will be October 8.** Minimum 6, maximum 12.



Second Saturdays, 5:00 - 8:00 pm (October - May) [no meeting in November]

Facilitator: **Fee: \$20**
 Louis Lantz louis85331@gmail.com 480-381-5647

Note: There are several film groups offered this year; so they may occasionally select the same film.

70. INTERNATIONAL WINE CONNOISSEURS *NEW*



Each get together will be themed to explore various wine regions around the world. Various red and white wine types will be tasted. Members are asked to sign up in pairs. Each pair will be asked to bring a bottle of the wine type/area of the month at a price point of approximately \$25-\$30, plus an appetizer large enough to share with the group. The hosts will provide water and dessert. The group will meet at the facilitators' homes. **The first meeting will be November 12.** Maximum 22

Saturday evenings, 6:00- 9:00 pm, (November 12, January 14, February 11 and April 1, 2023)

Facilitators: **Fee: \$20 + bottle cost**
 Jan Lebovitz janice.lebovitz@gmail.com 847-772-2922
 Linda Ullman linda@lindaullman.com 520-405-7972
 Sharon Nova sharonjill1@yahoo.com 704-996-9185

Sundays

71. GALS WHO DO BRUNCH



Rise and Shine! Please join us for a brunch around town in honor of gals who brunch! Do you value good food, great friends, and everything in between? Brunch is the best meal of the week and we've made it our mission to find the best brunches around Scottsdale and Phoenix at well-reviewed

and interesting restaurants, many with great views and outdoor dining. Seating will be in small groupings. RSVP's to the facilitator are required and confirmed attendees will be notified of the location. Actual times are subject to restaurant availability. **The first brunch will be November 6.** Minimum 8, maximum 20; a waiting list will be maintained.

Sundays, 10:00 or 11:00 am (November 6, January 15, February 19 and April 16)

Facilitators: **Fee: \$20**
 Marcia Langer marciala@msn.com 914-943-7804
 Wendy Cohen wencohen@cox.net 602-316-2993

72. RESTLESS MINDS DISCUSSION GROUP *

Join this coed EVENING group and participate in stimulating conversations. Do you have an opinion on "What makes an educated person?," "Is there a war on Science?," "Can Socialism and Capitalism Coexist?" or other mind-expanding topics? The members of the group will suggest topics, research them and share in leading the discourse. Meetings will be held in participants' homes or community rooms and the host will provide refreshments. **The first meeting will be October 10.** Minimum 9, maximum 24.



Second Sundays, 7:00 - 9:00 pm (October - May)

Facilitators: **Fee: \$20**
 Irene Kestenbaum irenek0426@gmail.com 480-734-7306
 Marvin Kestenbaum digsee@me.com 480-883-7639

Sundays

73. SIZZLING SUNDAYS: EVENING MOVIE DISCUSSION & DINNER



Join this COED group for a lively discussion of quality new movies that stimulate discussion. Participants will view the movies on their own. Movies will usually be in movie theaters but we try to select films that are streaming on Netflix or Amazon Prime. A monthly email will be sent in advance with the movie title and RSVP deadline. We will meet for dinner and discuss the films in a variety of restaurants that can accommodate our

group. If necessary due to health concerns, we will meet on Zoom. Please note that the restaurants hosting us require a \$15 minimum purchase, plus tax and gratuity, for every participant. **The first meeting will be January 1.** Maximum 22.

First Sundays, 5:30 – 8:00 pm (January – May)

Facilitators: **Fee: \$20 + meal**
 Barbara Stern sternbts@gmail.com 540-664-3106
 Mark Stern mstern@shepherd.edu 540-664-0480

74. WEEKENDS ARE FOR BRUNCH

Good friends, light fare, and fabulous conversations. Come meet the Guys and Gals of BNC Phoenix. Couples, singles, all are welcome, but please leave pets at home. Brunch is the best meal of the week and we've made it our mission to find the best brunches at well-reviewed and interesting restaurants in and around Scottsdale and Phoenix, many with great views and outdoor patios. Seating will be in small groupings. An RSVP to the facilitator is required.



Confirmed attendees will be notified of the location. **The first meeting will be October 9.** Maximum 16 (a wait list will be maintained).

Sundays, times vary but will be around 10:00 -11:00 am (October 9, December 4, March 19, April 2)

Facilitators: **Fee: \$20**
 Marcia Langer marciala@msn.com 914-943-7804
 Gail Tenn gdtenn@hotmail.com 480-513-8462
 Dan Tenn 818-203-7910

Various Days

75. BOOMERS

Boomers is a state of mind – it has nothing to do with age. We will offer at least 4 activities, in-person or virtual. We will observe the Chapter Vaccination Protocols. Our activities range from museums to lectures, field trips and more. We will meet, often in the morning, and our meeting day is based on the activity, with Friday preferred. Facilitators will notify members of specific dates and activities by email. Maximum 80.



Meeting day and times vary, (October – May)

Facilitators: **Fee: \$20**
 Michelle Fischler michellevules@gmail.com 602-380-1559
 Ellen Kirschenbaum ellenk102@gmail.com 602-214-5212
 Susan Rollins serollins52@gmail.com 480-563-0411
 Ronee Siegel brandeisboomers@gmail.com 917-273-0393

76. MITZVAH MAVENS



The women and men in this group have made an impact over the last few years by volunteering at a variety of Valley non-profit organizations. We meet at the locations of the organizations on various dates based on what the particular organization needs. In the past we have partnered with various local food banks, JFCS, the Assistance League, and Go With the

Flow, to name a few. Maximum participation may vary with the activity. Join us and feel good while doing good. **Meeting day and times vary (October - May)**

Facilitators: **Fee: \$20**
 Ellen Kirschenbaum ellenk102@gmail.com 602-214-5212
 Nan Waldman nanlarry46@gmail.com 602-410-5639
 Ileen Herberg ihherberg@aol.com 602-460-0047
 Patti Grossman psgrossman717@gmail.com 602-885-0158

Various Days

77. LADIES ON THE TOWN *NEW*

Are you looking to expand your circle of friends by going out for brunch, lunch, Happy Hour, or dinner? Join this group to meet other BNC Phoenix women who have a positive outlook, love to laugh, and have a great time. This group will meet at local restaurants. All members who enjoy going out "On the Town," are welcome. The conversation is just as important as the food! Meeting times will vary and will be determined by restaurant availability. **The first meeting will be October 26.** Minimum 8, maximum 16; a waiting list will be maintained.



Brunch: March 5
Lunch: Saturday, November 19; Saturday, January 28
Happy Hour: Thursday, February 16; Wednesday, May 31
Dinner: Wednesday, October 26; Tuesday, December 13; Wednesday, April 26 and Thursday, May18

Facilitators: **Fee: \$20**
 Marcia Langer marciala@msn.com 914-943-7804
 Kathleen Witkin witkinbnc@gmail.com 480-473-4825

78. MOVERS & SHAKERS



Join us as we explore new and unusual venues in the Valley of the Sun. These may include historical tours, museums, exhibits, and participatory experiences, followed by lunch, if possible. We will meet four times: October, December, February, and April. Days and times could vary depending on the scheduled event. Participants will be notified by email for each event with details of the specific activity. Activity fees may apply for individual events and the number of participants could be limited. Minimum 10, maximum 50.

Meeting day and times vary (October, December, February and April)

Facilitators: **Fee: \$20**
 Harriet Schwartz harriet0715@gmail.com 602-738-0801
 Sheila Landau buildor2@cox.net 602-809-5100
 Sue Lawler suelawler9@gmail.com 480-502-9036

Various Days

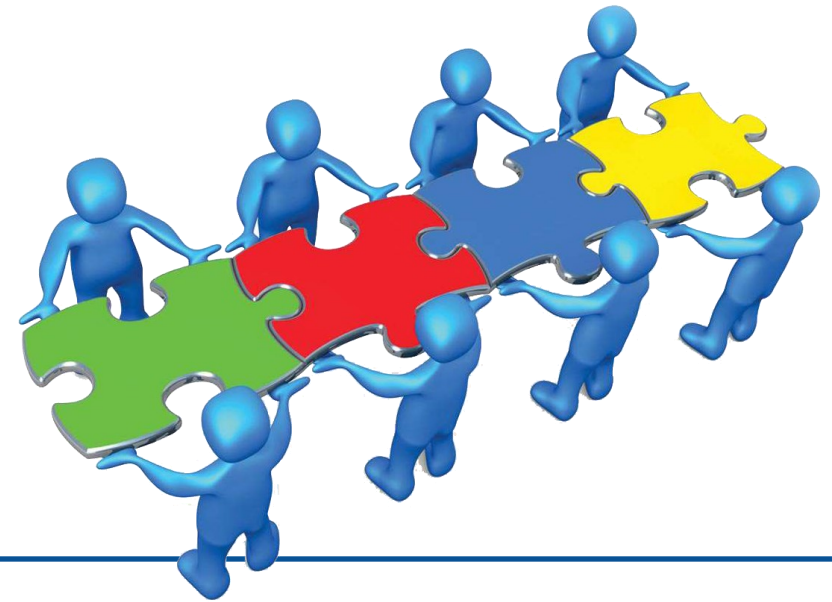
79. SINGLES SUPPER CLUB *NEW*



Spend fun evenings with unattached BNC members dining at four gourmet restaurants across Phoenix and Scottsdale. Expect to spend a minimum of \$35 per meal. Locations and times will be provided after RSVP. **The first dinner will be on November 25.** Maximum 20.

Times vary (November 25, January 17, February 21 and March 21)

Facilitators:**Fee: \$20**
Nancy Sacks nhshobo@aol.com 480-299-1792
Iris Wigal wiggley@cox.net 602-980-5436



BNC PHOENIX UPCOMING EVENTS

Fall Event

Brandeis Alumni Making a Difference in Arizona
 Sunday, October 30, 2022
 The New Shul, Scottsdale



Winter Event

An Evening of Music and Conversation with Allan Naplan,
 Composer, Cantorial Soloist and Executive Director
 of Arizona Musicfest
 Sunday, December 11, 2022
 Assumption Greek Orthodox Church, Scottsdale

University on Wheels

January 9, 2023

Book & Author 2023 - Diamond Jubilee

Celebrating the 75th Anniversary of Brandeis University
 and the Brandeis National Committee (BNC)
 Sunday, March 12, 2023 - Cocktail Reception with the Authors
 Monday, March 13, 2023 - Luncheon/Authors/Boutiques
 Hyatt Regency Scottsdale Resort & Spa at Gainey Ranch

2022-2023 BNC PHOENIX STUDY GROUP GUIDE TEAM

Study Guide Coordinator/Layout & Graphics: Joyce Steinberg

Study Guide Editors: Sara Leopold, and Kathleen Witkin

Study Group Committee Members:

Helen Abrams, Joan Davis, Hindie Dershowitz,
 Bonnie Furst, Nyles Gradus, Jan Lebovitz, Myral Robbins,
 Nancy Sacks, Karen Stein, Linda Ullman, Iris Wigal and
 Kathleen Witkin

Study Group Co-VP's:

Stephanie Klopper, Joyce Steinberg and Barbara Stern
phxstudygroups@gmail.com