



RecoveryWerks!

Changing the world through recovery one **underserved** community at a time

Our Mission:

RecoveryWerks! provides proven recovery support services in a safe and nurturing environment for teens and families in rural communities affected by substance use. We educate, partner with local agencies, and advocate for strong community support systems to reduce the stigma of addiction and increase recovery success.



Our Beliefs:

Recovery works when there is a belief in a Higher Power.

Recovery works when physical, mental and spiritual issues are addressed as a whole.

Recovery works when clients are empowered to break the cycle of addiction and dependency through the 12 steps.

Recovery works in fellowship when clients feel safe and have access to education, counseling, sponsorship, and support groups.

All donations to RecoveryWerks! are tax deductible and have a huge impact in bringing recovery to teens and families in our community.

Visit our website for online giving or for more info.

www.recoverywerks.org

Thank you!



Intervention: Not As Seen on TV

By Joanne Daxon, LCDC

Most people who consume alcohol or drugs do not develop alcoholism or chemical dependency. However, 10-20% of the

population is at high risk of progressing to the harmful phase of Substance Use Disorder (SUD). Notably, 90% of SUD cases begin during the teenage years. This statistic underscores the importance of intervening with teenagers who experiment with drugs or alcohol.

Early Intervention is not as dramatic as portrayed on TV. Teenagers often lack the understanding that drug or alcohol use can significantly alter their life trajectory. They typically live at home, attend school, and socialize with friends. When they get caught using substances, they may face consequences like being grounded at home, probation and drug tests by the law, or in-school suspension or transfer to an Alternative School.

These deterrents are effective for most teenagers, but not for those with the Disease of Substance Use Disorder. An estimated 10-20% of teenagers are in at least the early stages of this disease. Would you wait to see if a skin cancer continues to grow, or would you seek a professional opinion at an early stage? Naturally, the best deterrent is professional help.

RecoveryWerks! uses the APG (Alternative Peer Group) model to support teenagers using substances and their families. If a young person has the disease of addiction, trying to control their behavior is futile. Their behavior results from their drug use, not the other way around. You cannot "outparent" a disease. Seeking help through an APG or RecoveryWerks! is the path to long-term recovery.

To learn more about how APGs help overcome Substance Use Disorder, please RSVP to the Lunch and Learn event mentioned in this newsletter.

LUNCH AND LEARN AT RECOVERYWERKS!

790 Landa St.

New Braunfels, TX 78130

AUGUST 6, 2024

11:30 – 1:00 PM

Presented by Joanne Daxon, LCDC and Zach Saunders, LCDC

1.5 Continuing Education Units

NAADAC approved. Appropriate for addiction counselors, LCDC's, RSPS's, school counselors, probation officers, law enforcement, social workers, and LPC's.

Meeting Schedule

Teens (up to 18):

Monday & Wednesday
7-8pm
790 Landa Street, New Braunfels

Young Adults (18+):

Wednesday
12:30-1:30pm
790 Landa Street, New Braunfels

Thursday

7-8pm
790 Landa Street, New Braunfels

Family Members (18+):

Monday & Wednesday
7-8pm *
790 Landa Street, New Braunfels
*Call for Zoom option

Thursday Education

7-8pm in person only
790 Landa Street, New Braunfels

New Gens (Family members between 9-17) *Must have a family member participating in the program

Monday
7-8pm
790 Landa Street, New Braunfels

These services are available at no cost to clients because of generous donors and support from community partners.



We're Better Because of You!

The San Antonio Area Foundation and Harvey Najim Charitable Fund of the San Antonio Area Foundation came through in a BIG way for Comal County! Through an Emergency Funding Request, we were able to secure the funds necessary to repair our building. The fascia boards began to fall off, causing a safety hazard for clients and staff. This funding made it possible to replace and repair the entire building! Thank you for making this repair possible!



Sweat...Sales...Success!

Our Youth Services Rummage sale at the end of June was a BIG success! Our donors made it possible by cleaning out their closets and bringing us some fantastic stuff to sell...and the community showed up in full force to scavenge for hidden treasures.

With your help, our youth services team and volunteers raised over \$700 to help support recovery for teens & families in Comal County.

Thank you so much for your time and treasure!

Operational Funding is critical to ensuring recovery programming is available in Comal County for everyone who desires it. UWCC's support of RecoveryWerks! since 2017, has created a partnership that brings hope & healing to those affected by substance use disorder. If your employer participates in the UWCC campaign, you can designate RecoveryWerks! as a recipient.



Thank you so much!

Stay Connected



Follow RecoveryWerks! on Facebook & Instagram.

For more resources visit www.recoverywerks.org

790 Landa Street, New Braunfels, TX 78130 - (830) 310-2456 or (830) 310-2585