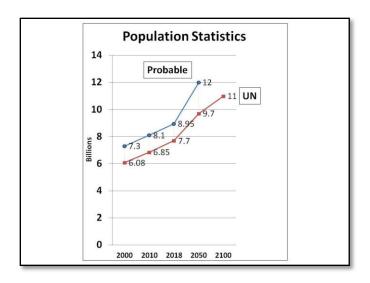
In Preparation For the Coming Times

Here are a few suggestions as to where the best and worst places are to live with regards to the coming times. This information is based on the contact notes of Billy Eduard Albert Meier. If you are unfamiliar with this case, you can research it by going to ca.figu.org. In Billy's writings he extensively covers the impact that humanity is having on the planet and as well, presents us with numerous prophesies and forecasts in this regard. Due to the fact that there are still many of us who have never heard of Billy Meier and his very pertinent warnings, we have included just a few of these so that we can best be prepared for the challenges that we, along with future generations, will face. With this in mind, we will focus on where not to live. A further goal is to make everyone aware of the possible upcoming catastrophic events in the near future.

Before we go into the specific prophecies and predictions we need to clarify the difference between the two. Here is an extract from the introduction to Billy Meier's book 'Prophecies and Predictions'.

"Predictions concern as a form of foretelling of the future, which is established as such, that extremely extensive kabbalistic calculations lead to very exact results, or that **via travels into the future** of different types, the future will be explored. A process which can occur **technically or via travels in consciousness**. Certain forms of **future visions** are also of this category. Through this is clearly discernible that predictions occur with **absolute certainty and are inevitable**, without the possibility that a change or avoidance would still be possible, because due to visioning the future, the event will be seen, which actually and inevitably will occur at a future point in time. Predictions are based on logical consequences of already firmly established facts, so that from their source and development, a very exact effect has to result. However, it is different in the case of **prophecies, which a rule only have a warning function** and only show the result of a matter, which would result of certain facts, if no change in time would be affected. But if a change is not affected, then the prophecy becomes a prediction, which unhesitatingly has to occur."

One other point to mention are probability calculations. If we look at the statistics which the Plejaren have provided us with, we can quickly extrapolate our possible growth projections into the not-so-distant future. For example, if we continue at our current growth rate of approximately 100 million more people per year, then by the year 2050 we will be over 12 billion people, whereas the UN states that by the **turn** of this century, we will be just over 11 billion, which is a gross miscalculation.



Of course, these ever increasing numbers will be accompanied by a multitude of problems which we will not be able to solve. For example: food shortages, access to clean water, housing, ever-increasing demands for energy and resources, etc.

As a result of our unbridled population growth the consequences to our environment are and will be nothing short of devastating. Not only will the lands get ever more polluted through the criminal use of toxic substances in agriculture leading to cancers, but also plastics will increasing work their way into the oceans and into the food chain. Also, due to the tremendous release of CO2 and other greenhouse gases, global temperatures will increase, along with droughts and storm intensification, wild fires, rising sea levels, etc.



For example as a result of the ever-increasing melting of the polar caps, sea levels are expected to rise by several meters in the next decades, which will affect coastal populations of major urban centres. According to calculations, the rise in the sea level shall amount to around 45% due to the melting of inland ice, while around 55% of it shall be caused through the increase of temperature and the connected expansion of the ocean water.

Due to the melting of ice, the sea level is rising approximately 4.5 millimetres per year, but by the year 2100 the rise in the sea level will already have to be measured in metres.

Worldwide, if the sea level climbs only around a half a meter, then on the coasts, about 140 cities with more than a million human beings will be threatened.

Here is a list of cities which will be severely affected by rising sea levels:



Another factor to consider is the intensification of coastal storm surges as a result of the ever increasing power of the tropical storms. With every degree increase, tropical hurricane intensity will increase by up to 35 %. According to Billy Meier's Contact Report 710 dated September 11, 2018, we had already increased our average global temperature by approx. 1.2° C . Therefore there is good reason to stay away from coastal regions and known paths of hurricane weather patterns.

Another danger that looms on the horizon is the threat of a major tsunami which could cause widespread devastation to the east coast of North America and elsewhere. This is specifically due to the possible breaking off of a huge side of a mountain situated on the La Palma Island in the Canary Islands. The rock, which is very porous and contains moisture, could easily break apart if heated due to volcanic activity. According to Billy Meier's 31st contact on July 17, 1975 with the Plejaren, they explain that the western part of the Cumbre Vieja volcano, the west flank, is extremely unstable and can slip into the Atlantic in the coming time and cause an enormous catastrophe.

According to the Contact Report 481 October 14, 2009, should the west flank break off this would cause a giant tsunami, which could reach a height of up to 1,500 metres or even up to 2,500 metres or higher depending on the mass and speed of the falling material as it slips from the flank of the volcano. Several waves of various sizes would speed through the ocean at 1,000 kilometres an hour, to reach the coast of the North America in approximately 8 hours, where it would cause the water of the Atlantic to rise up to a height of 100 metres and more, depending on the shape of the coastline, and bury everything in its path.



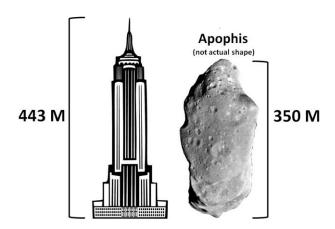
La Palma Island in the Canary Islands

Another concern is the San Andreas fault, which according to Billy, will inevitably cause much destruction. The quake will not only have a negative impact upon San Francisco, but also Los Angeles, San Diego and various other places.

On Wednesday, March 1, 1978, Contact 104, Billy took a journey into the future, to the time of the actual event; consequently this event has to happen. There he viewed smaller cars with smoothly rounded corners, no external projections, so therefore no side-view mirrors. Some of them had half-glass or full-glass cabin tops.



Image from 1977 GEO Magazine Nr. 9



The foremost threat that has the potential to change our planet the way we know it and bring forth a catastrophe like no other is the Apophis meteor. It is due to come very close to our planet and possibly strike us in 2029 and/or in 2036. The impact zone, if in fact it does strike the Earth, will be between the Black Sea and the North Sea. The following is how the Plejaren in Contact Report 150 dated Oct. 10, 1981 describe the event, should it transpire: "Those who will not listen will find death in exchange, when the meteor begins its work of death and creates a new continent, due to an enormous crack of the Earth...Red hot lava masses and Earth gas, etc. will, in addition, create from it a deadly sulfurous wall, which, drifting westward, will cover the land and with that, create an additional death-zone, if the prophecy should actually be fulfilled in its entirety, and if the Earth humanity does not undertake something in unison to stop it."

In Contact Report 475 dated Nov. 26, 2008, the Plejaren describe how our scientists must undertake every effort to knock this meteor into another trajectory. Here is what Billy Meier and his extraterrestrial friend Ptaah had to say on the matter:

Billy: Regarding the Red Meteor that endangers the Earth on the 13th of April, 2029 and of which we have already spoken on the 16th of September, I have been asked about certain things and, therefore, would like to know how big that bloke is. To my knowledge the terrestrial astronomers have already detected it for quite some time and are calling it Apophis or something. It shall either hit Earth in the year 2029, or only whizzing by very closely. Should it be the latter case, it (the meteor) would reappear in the year 2036 and its close approach to Earth could really lead to a catastrophe if the scientists undertake nothing against it.

Ptaah Its size is about 350 metres. What you are saying regarding the great danger that the Red Meteor represents to Earth: the scientists know about it. And if there will be no special influence by the outer SOL "trabants" [objects circling around and at great distance from our sun], a catastrophe really threatens the Earth. In order to avoid it the terrestrial scientists are also **urged to undertake every conceivable possibility to ultimately push the meteor from its orbit...** Whereby atomic explosions near the meteor should be considered, because they are very efficient and produce a strong drifting effect. However, the explosions may not occur too close to the meteor in order to avoid breaking it up, from which an even greater danger would

result. Such a project must be executed early and not at that time when the real danger is starting to threaten, because otherwise it would be too late for a success. Therefore working towards it must be started today.

Should Apophis actually hit the repercussions could be far-reaching. It would conceivably lead to other volcanic eruptions, not the least could be Vesuvius. Under the volcano, at a depth of approximately eight kilometers, there is a huge magma lake, which has a **total area of 523 square kilometers** which even extends beneath the city of Rome. From this volcano, several vents flow out of the flanks and out of the crater of the mountain, and occasional masses of magma rise just beneath the crater's surface. Should Vesuvius have a major eruption this will unleash a catastrophe of enormous proportions. (data from Contact Report 214 February 3rd, 1987) And from Contact Report 230 Oct. 11, 1989 it is explained that should larger masses of water or gas enter the magma sea residing underground, a tremendous explosion would immediately occur, the enormous pressure of which would partly melt the plug and eject the rest out of the vent, causing the volcano, which also has deep connections with the volcanoes Stromboli and Aetna, to erupt.



Apophis could also trigger La Palma volcano which could also release a tsunami of primeval force, as previously explained. Therefore the time presses for our scientists to undertake every effort to knock this meteor off its dangerous course.

Finally, when choosing where to live in preparation for the coming times, these are some other factors to consider:

Avoiding Urban Areas - fuel costs will inevitably increase as supply diminishes, therefore food prices, heating and gasoline will get ever more expensive. It is possible that we will even experience major energy shortages. Should extended blackouts occur, city residents would be particularly vulnerable which would lead to stress and panic, especially for those stuck in elevators or dependent on medical equipment for survival. Hospitals, subways, traffic lights, communication and other vital infrastructure would come to a halt. It is conceivable that this could trigger riots, looting and a state of general lawlessness.

Another reason to avoid the urban centers will be the ever-present EM pollution and the soon to be introduced 5G networks.



In this excerpt from Contact Report 704 dated March 1, 2018, Ptaah explains the following with regards to the effects of electromagnetic radiation:

Ptaah: "...By the switching on of more powerful transmission energies, these become always more health-endangering to the human beings, and indeed, not only for those who use mobile communication devices, but also for all those who do not use such devices.

At particular risk to health will be all human beings who have to live or work in the areas of such transmitters, because they will be harmed in various health respects especially by the radiation from such transmitters.

Cancer diseases are thereby in the foreground as well as miscarriages, consciousness and nerve complaints, headaches and concentration disorders, and so on and so forth.

But physical impairments of this kind also have an effect on the psyche, hence through these radiations psychical disturbances and in this manner even irreparable damage therefore also arise, which have to be treated by psychiatry for a long time, but rarely bring success and in some circumstances even leads to suicide.

But all this is not only related to the Earth human being, because also the mammals and all other animals, etc. are affected in the same or similar manner and have to suffer from it, whereby this is not yet everything, however, because not only the fauna, but also the flora is affected by it.

But in all these relationships no serious and relevant research is conducted, while the population is deceived with false representations and lies regarding to the alleged harmlessness of the radiations and is swayed into false security."

Should one choose to live in the country there are still other factors to consider: staying clear of possible flood zones and unstable grounds that are prone to mudslides and avalanches, and of course, staying clear of large industrial sites and nuclear power plants. If you plan to live near a forest, give yourself enough space away from the trees, in case of a forest fire. Make sure that

you have several months of non-perishable food on hand. Finally, it's clear that if you grow your own food free of pesticides, live as self-sustainably as possible, have access to clean drinking water and wood for heating, you will be better prepared to navigate through the coming times.



thank you for considering the following information.

Michael Uyttebroek June 18, 2019