



**THE MENTAL HEALTH ASSOCIATION PARENTING EDUCATION/ANGER MANAGEMENT SERVICES.**

The PEPS program offers an evidenced based **parenting** curriculum with tracts for parent of infant/toddlers, school-aged children and parents of teens. PEPS also offers individual and in-home services. We conduct pre and post behavioral observations as part of our early childhood classes (for parents of 0-5 year olds) in our *state of the art* children's playroom/observation room. Additionally, PEPS is offering **Anger Management** classes, **CPP** and provides **Supervised Visitation**. Referrals for all services can be sent to Liz Meyers ([liz@mhasefl.org](mailto:liz@mhasefl.org)) or call for more information 954-746-2055 extension 105.

**MHA HIGHLIGHTS:**

- **SPANISH AND CREOLE SPEAKING INSTRUCTORS**
- **EXPERIENCED MASTERS LEVEL INSTRUCTORS**
- **MONTHLY REPORTS / COURT UPDATES**
- **CLASSES OFFERED IN SEVERAL AREAS OF THE COUNTY**

**8 SESSION PARENT EDUCATION CLASSES**



- **PRE/POST OBSERVATIONS FOR PARENTS OF CHILDREN UNDER 5 YEARS**
- **IN-HOME PARENTING (if children are in the home)**
- **INDIVIDUAL PARENTING SESSIONS**

• **9 SESSION ANGER MANAGEMENT CLASSES**

- (can be taken at the same time as parenting)
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- **CHILD-PARENT PSYCHOTHERAPY (CPP TRAINED THERAPISTS) (ECC COURT REFERRALS)**

- **SUPERVISED VISITATIONS (WEEKLY/BI-MONTHLY)**

**All of the above referrals can be sent directly to Jennifer Scoff ([jscoff@childnet.us](mailto:jscoff@childnet.us))**

***Non-contracted Services:***

**FREE IN-HOME FAMILY SUPPORT FOR PARENTS WITH CHILDREN WITH BEHAVIORAL CHALLENGES. Ask about our FAMILY VOICES PROGRAM.**

**CO-PARENTING AND DIVORCE CLASSES available. Fee based.**