

**FALL PROGRAMS
TREASURE COAST TENNIS AND PICKLEBALL**

**Beginning Sept 2017
772-405-7505**



TENNIS

LITTLE ACES Lessons 4-6 yrs (6 week session)

Using specialized equipment, shorter court dimensions and modified scoring your kids pick up tennis in no time. A perfect introduction for the young beginning player.

Thursdays 5:00 – 5:45pm (4-6 yrs) Halpatiokee Park

Wednesdays 5:00 - 5:45pm (4-6 yrs) Justin Wilson Park

Tuesdays 5:00 - 5:45pm (4-6 yrs) Langford Park

Mondays 4:00 – 4:45pm (4-6 yrs) JV Reed Park

JUNIOR Beginner Lessons 6-8 yrs (6 week session)

An introduction to the basic tennis strokes. Players are introduced to the rules and etiquette of the game while promoting match play among students.

Wednesdays 5 -6:00pm BEG I (6 -10 yrs) Halpatiokee Park

Wednesdays 6 - 7:00pm BEG II (6- 10 yrs) Halpatiokee Park

Thursdays 4 - 5:00pm BEG I (6-10 yrs) Justin Wilson Park

Thursdays 5 - 6:00pm BEG II (6 -10 yrs) Justin Wilson Park

Tuesdays 6 - 7:00pm (6-10 yrs) Langford Park

Mondays 5 - 6:00pm (7-10 yrs) JV Reed Park

JUNIOR Teen Lessons 11 & up (6 week session)

An introduction to the basic strokes. Players are introduced to the rules and etiquette of the game while promoting match play among students.

Tuesdays 6:00 - 7:00 (11-16 yrs) Halpatiokee Park

Wednesdays 6:00 – 7:00 pm (11-16 yrs) Justin Wilson Park

Tuesdays 7:00 - 8:00 (11-16 yrs) Langford Park

Mondays 6:00 – 7:00pm (11-16) JV Reed Park

ADULT Beginner Lessons (6 week session)

An introduction to the basic tennis strokes. Players are introduced to the rules and etiquette of the game while promoting match play among students.

Thursdays 6:00-7:00pm Halpatiokee Park

Wednesdays 9:00 – 10:00 am Justin Wilson Park

Thursdays 9:00-10:00am Langford Park

ADULT Advanced - Intermediate Lessons

Advanced and Intermediate players will continue to improve strokes, learn advanced strategies, improve placement, control and power through fast-paced drills and point play. \$25/per class

Mondays 7:00 – 8:30 pm - Halpatiokee Park

Thursdays 10:00- 11:30am - Langford Park

ADULT Fun Round Robin (Pro Directed \$10)

Players of all levels will compete in round robin format together with the pro. Balls included. Players must sign up online

Wednesdays 10- 11:30 round robin Play Justin Wilson Park

ADULT Cardio Tennis (Sign up weekly) \$20 per class

Wake Up!... your body and mind! Join us for an exciting workout while playing tennis and grooving your strokes. ONE HOUR OF FAST TENNIS DRILLS FOR A FUN, HEART PUMPIN' CARDIO WORKOUT!

Monday 9:00- 10:00 am Justin Wilson Park

Friday 9:00- 10:00 am Justin Wilson Park

Tuesday 8-9:00pm Langford Park

SINGLES LADDER \$25 8 weeks

Sign up for 8 week session of Singles Match play

Complete play within your level at site suitable to you and your opponent.

Stay tuned for details.

****PLEASE NOTE:*** *Make ups for missed classes/weather cancellations may only be completed in the same session, and will not transfer over to the following session for credit, nor can it be applied to any other program. Should you wish to "drop in" different rates apply.*

Session Dates

SESSION 1 - Tuesday, September 5th thru October 10th

SESSION 2 - October 23rd thru December 8th (no classes thanksgiving week)

SESSION 3 - January 8th thru February 16th

SESSION 4 - February 19 thru April 6th

SESSION 5 - April 9th thru May 18th

PICKLEBALL - classes to begin Sept 5th

Learn to Play - *Intro Class 101 for First Time Players Covers rules, terminology, primary skills, coordination and more!*

Tuesdays 6pm at Langford Park

Thursdays 6pm at Halpatiokee Park

\$15 each with limited enrollment.

Skills & Drills - *Take your game to the next level. Work on weak spots, improve dinking, volleying, serving & groundstroke technique & player strategy.*

Tuesdays 5-6 Langford Park

Thursdays 5-6 Halpatiokee Park

\$15 each with limited enrollment.