



February 6, 2019



February is the month of love. We seem to be at each other's throats. Be aware that this is an illusion! We are all one! Every time we are less than loving to another, you are punishing yourself. We are all in this together. The path to happiness is by treating all that you meet the way that you would love to be treated. So as our attention is focusing on love (Valentine's Day), Let's remember that we are in this together. Try to do one kind thing for someone you do not know. Maybe even some who appears different than you. Please note that our schedule has changed. Mary will not be here on the week-end. She is helping her sister in New York. She will return to Star Woman Crystals on March 9<sup>th</sup>.

**This Saturday February 9th is National Bagel Day Open House 11am to 4pm. Call 480-423-9512 for the correct address.**

**This Sunday February 10th is National Umbrella Day Open House 11am to 4pm.**



## **Amethyst**

Purple Amethyst has been highly esteemed throughout the ages for its stunning beauty and legendary powers to stimulate, and soothe, the mind and emotions. It is a semi-precious stone in today's classifications, but to the ancients it was a "Gem of Fire," a Precious Stone worth, at times in history, as much as a Diamond. It has always been associated with February, it is the traditional birthstone of that month. It is the stone of St. Valentine and faithful love and signifies ecclesiastical dignity as the Bishop's Stone.

It carries the energy of fire and passion, creativity and spirituality, yet bears the logic of temperance and sobriety.

Amethyst is a variety of Quartz found in many locations around the world, including Arizona and forms as transparent, terminated crystals of all sizes in geodes, clusters and as long single terminations. The presence of manganese in clear Quartz produces Amethyst, while additional amounts of iron vary the purple coloration. Amethyst ranges in hue from pale red-violet to deep violet and may be transparent or opaque. It is sometimes layered with white Quartz as Chevron Amethyst, found in combination with Cacoxenite, mixed with Citrine as Ametrine, or in rare cases, “rutilated” with Goethite.

The name Amethyst derives from the Greek word *ametustos*, meaning “not intoxicated,” and comes from an ancient legend. The wine god Bacchus, angry over an insult and determined to avenge himself decreed the first person he should meet would be devoured by his tigers. The unfortunate mortal happened to be a beautiful maiden named Amethyst on her way to worship at the shrine of Diana. As the ferocious beasts sprang, she sought the protection of the goddess and was saved by being turned into a clear, white crystal. Bacchus, regretting his cruelty, poured the juice of his grapes over the stone as an offering, giving the gem its lovely purple hue.

Amethyst was also reputed to control evil thoughts, increase intelligence and render men shrewd in business matters. For travelers it was worn as a protection from treachery and surprise attacks, kept soldiers from harm and gave them victory over their enemies. It lent assistance to hunters in the capture of wild beasts and fowl and was considered to be a powerful psychic stone of protection against witchcraft and black magic. Like other royal stones it protected its wearer from disease and contagion.

In the spiritual world, Amethyst provided a connection to the Divine. To the Hebrews, it was *Ahlahmah*, the ninth stone in the breastplate of the High Priest, engraved with the tribe of Dan, as well as the twelfth foundation stone for the New Jerusalem. To the Egyptians, it was *Hemag*, listed in the Book of the Dead to be carved into heart-shaped amulets for burial.

## Quick Calendar

- Feb 9<sup>th</sup> Saturday [National Bagel Day Open House](#) 11am to 4pm
- Feb 10<sup>th</sup> Sunday [National Umbrella Day Open House](#) 11-4
- Feb 16<sup>th</sup> Saturday [National Do a Grouch a Favor Day Open House](#) 11-4
- Feb 17<sup>th</sup> Sunday [National Random Acts of Kindness Day Open House](#) 11-4
- Feb 23<sup>rd</sup> Saturday [National Dog Biscuit Day Open House](#) 11am to 4pm
- Feb 23<sup>rd</sup> Saturday [Crystal Grid Class](#) 1pm to 3pm Fee \$25.00 RSVP

- Feb 24<sup>th</sup> Sunday [Foot Reflexology Open House](#) 11am to 4pm with Harry Hover available
- March 2<sup>nd</sup> Saturday [National Dadgum That's Good Day Open House](#) 11-4
- March 2<sup>nd</sup> Saturday [Working with Wands Class](#) Fee \$25 RSVP
- March 3<sup>rd</sup> Sunday [National I want you to be Happy Day Open House](#) 11-4
- Mar 9<sup>th</sup> Saturday [How to Channel Energy Class](#) Fee \$25 RSVP
- Mar 9<sup>th</sup> Sunday [3-D Aura Camera Open House](#) 11-4 Mary Versosky available
- Mar 10<sup>th</sup> Sunday National Get over it Day Open House 11-4

We look forward to seeing you at our upcoming events.

It is a *great idea* to invite a friend to join you.

Call for directions or more info: 480-423-9512

How can we be of service to you?

Betty is available for Energy Work

We at Star Woman Crystals want to share with you that there are many ways to connect with Mother Earth... let us help you.

*Celebrate and Come Feel Our Rocks!*

## February 9, 2019 Saturday National Bagel Day Open House 11am to 4pm



National Bagel Day is observed annually on February 9th. Bagels are one of the few breads that are boiled then baked. This creates a soft inside while keeping a crisp outside. Bagels originated in Poland in the early 17th century and now sell over a billion dollars' worth each year in the United States. Over the years, many flavors and varieties of bagels have sprung up across the USA. Cream cheese is a favorite topping on bagels.



## February 10, 2019 Sunday National Umbrella Day Open House 11am to 4pm.



This is something that is very rare in Arizona. We have many more sunny days than days that need an umbrella! Just come by and tell us the last time that you needed an umbrella.



## February 16, 2019 Saturday Do a Grouch a Favor Day Open House 11am to 4pm



Everyone knows a grouch, and some of us may even be guilty of being one. February 16th is a call to kindness in the name of a grouch. On National Do a Grouch a Favor Day, you can do something to make their day much better.

For some, it's in their nature to be grouches all the time; while others may just be having a rough day or two. On National Do a Grouch a Favor Day, we have an opportunity to turn the grouches frown upside down!



## February 17, 2019 Sunday National Random Acts of Kindness Day Open House 11am to 4pm



Observed on February 17th, National Random Acts of Kindness Day has grown in popularity each year. It is celebrated by individuals, groups and organizations nationwide to encourage acts of kindness.

It is a favorite day for many, as people everywhere are enjoying doing these acts of kindness. Not only is it positive for the receiver, but for the giver, too!

In New Zealand, where this day originated, celebrates Random Acts of Kindness Day on September 1st. It is also recognized by some on other days throughout the year;

however, doing random acts of kindness is something that can be done every day of the year. **Let's make this National Day last all year.**



## **February 23, 2019 Saturday Make a Crystal Grid Class 1pm to 3pm Fee \$25 RSVP is required.**



Crystal grids have been used for many purposes. Learn how to set the intention for your grid and how to pick the crystals to be used. And How to check the energy of the grid. RSVP by Feb 7<sup>th</sup> by calling 480-423-9512 to reserve your spot.



## **February 23, 2019 Saturday National Dog Biscuit Day Open House 11am to 4pm**



Every dog that I have ever known loves to get biscuits. They just love to eat. Also, they think when the alpha gives them something special, that means they have a special place in the pack. So treat your fuzzy friend to a cookie today!



## **February 24, 2019 Sunday Foot Reflexology Open House 11am to 4pm**



Reflexology is gentle manipulation or pressing on certain parts of the foot to produce an effect elsewhere in the body. Reflexologists propose that the blockage of an energy field, invisible life force can prevent healing. Another tenet of reflexology is the belief that practitioners can relieve stress and pain in other parts of the body through the manipulation of the feet. **Harry will offer 20 minutes sessions for \$20.00.** He is great and this is not to be missed!

Harry Hover is a Healing Arts Practitioner trained in Reflexology by the International Institute of Reflexology. He has been promoting relaxation and stress relief since 1986.



## **March 2, 2019 Saturday National Dadgum that's good Open House 11am to 4pm**



"Dadgum, That's Good!"™ is much more than just a Southern phrase and the title of John McLemore's best-selling cookbook series. It's the summation of a life's work in creating delicious food with his world-class Masterbuilt cooking products.

John's signature dishes and cooking style leave a lasting impression wherever he goes – especially in the South, where people love to proclaim, "DADGUM That's Good!" The McLemores show their love for others by sharing great meals – and stories – around the table. He's appeared on national television and dedicates his life to making the cooking process accessible and simple for everyone. Whether it's a delicious meal, time with your loved ones, or the perfect combination of both, today is a day to celebrate all things "DADGUM good!"



## **March 3, 2019 Sunday National I want you to be happy Day Open House 11am to 4pm**



National I Want You to be Happy Day is observed annually on March 3. This day was created as a day encouraging us to do something to make others happy. Putting a smile on someone's face tends to put one on ours, too.

### HOW TO OBSERVE

It's quite limitless. A flower here, a silly knock-knock joke there. Buy the person's coffee standing in line behind you. Remind your kids how much you love them. Leave a sticky note for a co-worker telling them to have a spectacular day, a happy day. Draw a happy face in the snow for a stranger to come across later. Give someone a hug.



## March 9, 2019 Saturday Channeling Energy Class 1pm to 3pm Fee \$25 RSVP



Are you being drawn to help people heal with touch. This class will be a very basic class on how to use energy to help people feel better. We will offer a Reiki 1 and 2 class at a later time. This class will discuss various modalities that people use to support friends and family until their body can heal itself.

**RSVP by February 21 by calling 480-423-9512. Class fee \$25.00.**



## March 9, 2019 Sunday 3-D Aura Camera Open House 11am to 4pm Mary Versosky returns



Join us for the fun 3-D Aura photos! **\$30 gets you two great aura images, one is a photo of your head & shoulders with your aura colors around you, and the other is a snapshot of your chakra images! Way cool! A full printout explaining each detail is now only \$50, which includes your photos!** Try holding your favorite crystal while getting your aura photo. It is truly amazing! Mary Versosky includes a fantastic aura reading that is right from the heart and speaks to you, here and now.



## March 16, 2019 Saturday Energy Work with Wands Class 1pm to 3pm Fee \$25 RSVP required



Learn how to use wands in energy work. What wands work best for the type of energy that you channel. Learn about Marcel Vogel and how he came to facet the crystals into wands.



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We are easy to find in Tempe, near Scottsdale Rd and McKellips, in our cozy showroom, in our home. Call for directions 480.423.9512

We are Available for appointments! Please call and schedule today.

***We are very grateful for your support.***

***It means the world to us.***

*Love and Light, Shari and Betty*  
*Star Woman Crystals, PO Box 3855, Scottsdale AZ 85271*



*Success is liking yourself, liking what you do and liking how you do it. Maya Angelou*