

Learning to just....not.

Rachael Martin 10,19,2018

I have a friend who's going through a lot at work and she is not one to sit back and take a bunch of stuff and not say anything, however, she has learned over the years that biting the tongue and being nice has proven to be the best thing she can do to produce a healthier outcome than what COULD be.

Florida, we recently learned is an "at-will" state, which means that a business can hire, fire, demote, promote, discipline, etc. for any reason at all. There are ways around it at times with the right contract or a written agreement upon hiring, things like that... but for the most part you just never know when you may be looking for another job. It's not cool, but it does lend itself to providing boundaries and moving those of us who need a job, into a place where we become better at holding things in from 9-5 or whatever our work hours are.

Now we can learn to hold it in OR.... we can learn to become a person that operates in the gifts of the Holy Spirit and by walking in God's grace, even by being the opposite of what someone expects you to be, creating a different atmosphere than what is tolerated or become the norm.

My friend doesn't know tons of scripture but without realizing it, she has done exactly what the Bible says to do:

Romans 12:20 - On the contrary: "If your enemy is hungry, feed him; if he is thirsty, give him something to drink. In doing this, you will heap burning coals on his head."

Proverbs 15:1 - A gentle answer turns away wrath, but a harsh word stirs up anger.

Matthew 7:6 - "Do not give dogs what is sacred; do not throw your pearls to pigs. If you do, they may trample them under their feet, and turn and tear you to pieces."

This is learning to just Not. When we don't give the enemy something to work with, he can't manipulate. When we don't give the enemy our time, he has no foothold. When we return ugly with kindness, we don't give opportunity for strife to even have a second to breed.

Lord help us to just ... not – today and in our days to come. In Jesus name, amen.

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