

## LAKE ONTARIO POST 313

Veterans of Foreign Wars of the United States



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VFW Newsletter May 2024

Dear Veterans, Auxiliary, and Friends:

Commander Comments:

As you may have noticed, the month of May is a very busy month for us; just look at the calendar. There is a small change in the actives for the month. That is, we have decided that with the upcoming closing of Rite Aid during the last week of the month, we will not be going there for Poppy donations. We are looking instead into other options during the year to have donations. We'll have more info at the next meeting.

In addition, the work on the flags and sign outside of the Post continues. It is looking better out there. And we'll be receiving a new order of flags soon if anyone is interested.

This week we will be meeting with Home Depot this week to finalize the grant from them. That will give us some idea of the timetable for the continuing work downstairs in the Post. We will update you more in the next newsletter. |

For the Memorial Day Service, we are looking for an old pair of boots that we can paint white. The white boots represent the serviceman or servicewoman who have died from suicide after service to their country. We are planning on having them as a regular part of our service. We keep upgrading this service, which I think enhances this observance.

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434 Third Street · Youngstown, NY 14174

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Kurt Mieth has done another excellent job at putting this service together, which will be held at the Oak Street cemetery. We will meet at the Post at 8:30 for the service at 9:00, after which we will go over to Fort Niagara for the service there. Thanks, Kurt, for all your work, we appreciate it!!

The Boy Scouts will be helping us out again with not only the Memorial Day Services, but with the placing of flags in the Youngstown cemeteries. They will also be helping us with the cutting up of the flags we have collected over the past year. And will assist us with the folding up of flags in preparation for the Flag Day ceremony at Lew-Port middle school. They are becoming a great asset to us in getting all these things done with the Post. A big thanks goes out to them.

In closing I hope to not only see you at the next meeting but also at the different events that are going on for this month. We still need help with Poppies for the two days that we will be at Rite Aid before they close. Let me know if you can come out for a couple of hours.

Before closing, there is one thing item that I came across with the VA. It is that if you are in the VA Medical system you can go to Urgent Care for non-life-threatening conditions. For more information go call 1-800-698-2411 to check your eligibility and additional information, check this out before having to go or using it.

See you at the meeting!!

**ED Jackson**  
**Post Commander**

### **MEMBER CONCERNS:**

Please contact the post if you have or know of any member in need.

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### HAPPENINGS AROUND THE POST:

- Looking for veterans for Honor Guard duty to assist with burial in the National Cemetery. Contact the post for more information.
- Wreaths Across America – Can be purchased early through the post or online for 2024. Contact Ed at the post.
- The Post Cleanup is coming along. The hall has been painted and is looking good. Home Depot is providing some help, and the downstairs will be the next part of the effort.

We are still looking for a volunteer to be Membership Officer to assist with Post recruiting efforts. If interested, please let Ed or Marie know.

### UPCOMING EVENTS:

May 5<sup>th</sup> Officers Meeting

May 8<sup>th</sup> Veteran's Outreach Day at the Village Center (Red Brick Schoolhouse 9 AM)

May 18<sup>th</sup> and 19<sup>th</sup> Poppy donations Signup sheets at the meeting or call me @716-531-6420.

May 22<sup>nd</sup> Flags out for Memorial Day meet at the Post at 5:00 to get the Flags.

May 25<sup>th</sup> and 26<sup>th</sup> Poppy donations Signup sheets at the meeting or call me @716-531-6420.

May 27<sup>th</sup> Memorial Day Service (additional information to be forward to the membership

Come out and support your Post in these activities!

**Will Hartley**

**Post Adjutant**

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### VFW Calendar for May 2024

- May 5<sup>th</sup> Officers Meeting
- May 8<sup>th</sup> Veteran's Outreach Day at the Village Center (Red Brick Schoolhouse)
- May 13<sup>th</sup> Regular Meeting 6PM
- May 18<sup>th</sup>/19<sup>th</sup> [Buddy Poppy](#) donations. Signup sheets at the meeting or call me@716-531-6420
- May 22<sup>nd</sup> Flags out for Memorial Day meet at the Post at 5:00 to pick up flags.
- May 25<sup>th</sup>/26<sup>th</sup> [Buddy Poppy](#) donations Signup sheets at the meeting or call me @716-531-6420
- May 27<sup>th</sup> Memorial Day Service (additional information to be forward to the membership)
- June 2<sup>nd</sup> Officers Meeting
- June 8<sup>th</sup> Cutting up of the flags for flag retirement on Flag Day. 9 AM at the Post.  
Scouts to help.
- June 10<sup>th</sup> Regular Post meeting 6:00 PM
- June 14<sup>th</sup> Flag Day at Lew-Port School
- June 20<sup>th</sup> [Youngstown Street Dance](#) Thursday 6 – 10 PM
- June 30<sup>th</sup> Officers meeting
- July 8<sup>th</sup> Regular Post meeting Hamburg and Hot Dog Picnic
- Aug. 4<sup>th</sup> Veterans Appreciation Outing

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# URGENT CARE RESOURCES



Veterans enrolled in VA health care can use over 4,000 urgent care locations.

Care is available to treat non-life threatening conditions.

When to choose VA urgent care:



- If you're a Veteran enrolled in VA health care, and
- You received care at a VA or in-network provider sometime in the past 24 months.
- VA and in-network urgent care providers can meet many of your health care needs. They may be able to provide some diagnostic tests, like certain blood and urine tests.
- You can often get care for minor illnesses or injuries much faster than in an emergency room.

When using urgent care at a community provider:

You can also show the card on your mobile device.



What do to when you arrive at a community urgent care provider:

- Confirm that the provider is in VA's network. If you go to an out-of-network urgent care provider, you may have to pay for the full cost of care.
- Show your VA Health Identification Card and fill out the provider's intake form.
- Tell the provider you want to use your VA urgent care benefit. Show the provider your urgent care assistance card if requested.

Do you need help using your VA urgent care benefits?

Call **888-901-6609** if the provider is in Puerto Rico, Washington, D.C., or any of these states:



- AL, AR, CT, DE, FL, GA, IA, IL, IN, KS, KY, LA, MA, MD, ME, MI, MN, MO, MS, NC, ND, NE, NH, NJ, NY, OH, OK, PA, RI, SC, SD, TN, VA, VI, VT, WI, or WV.

Call **866-620-2071** if the provider is in any of these states:

- AK, AS, AZ, CA, CO, GU, HI, ID, MP, MT, NM, NV, OR, TX, UT, WA, or WY.
- Your region listed on the card to check your eligibility.



**CHECK YOUR ELIGIBILITY!**

FIRST, CALL:  
**1-800-MyVA411**  
**(1-800-698-2411)**  
**(TTY: 711).**

**SELECT:**

**OPTION 1**

**THEN**

**OPTION 3**

**AND THEN**

**OPTION 1**

**Family members are not authorized to use urgent care benefits.**



**DOWNLOAD VA URGENT CARE BILLING INFORMATION CARD**

<https://www.va.gov/COMMUNITYCARE/docs/programs/OCC-Billing-Information-Card.pdf>



**FIND VA-APPROVED PROVIDERS AND PHARMACIES**

<https://www.va.gov/find-locations>

Choosing VA means getting everything you need in one spot. Learn more about VA urgent care, eligibility requirements and examples of urgent care services by visiting VA's dedicated urgent care benefit page at <https://www.va.gov/resources/getting-urgent-care-at-va-or-in-network-community-providers/>.

Have Questions? 1-800-MyVA411 (1-800-698-2411) is always the right number.

For more information, visit <https://www.VA.gov>.