# **Gifts from the Gray Whales Retreat 2020 Itinerary**

Anne is so excited to be able to share the friendly Gray whales of San Ignacio lagoon in Baja Mexico with you. With an optional Blue whale tour.

#### Sunday, March 8 **Arrival day in Loreto, Mexico**

3:00 pm Arrive by air in Loreto, Mexico.

3:15 pm Transfer to Hotel Oasis and check into your room with a waterfront and beach access room.

The rest of the day is free to settle in and explore the cute little town of Loreto. 6: 00 pm Dinner as a group.

7:30 pm Evening gathering to get to know each other and Meditation and Connect with the whales led by Anne.

#### Monday, March 9 **Optional Blue Whale tour or Arrival day**

6:45 am We will meet for an early breakfast and then walk to the marina for a 7:30 am departure. We will spend from 7:30 am to 2:30 pm on the boat observing the giant Blue whales. We can stop at a nearby island for a picnic lunch. 2:30 pm return to marina. Afternoon free. Dinner is on your own.

### Tuesday, March 10 **Travel from Loreto to San Ignacio Town**

7:00 am Breakfast at the hotel

9:00 am Drive (4-5 hour drive) from Loreto to San Ignacio town.

2:00 pm Arrive in San Ignacio town and check into hotel 2:30 pm Free time to explore the town

Dinner is on your own.

### Wednesday, March 11 First day with the Gray whales

7:00 am Breakfast at the hotel

8:00 am Drive out to our Eco-camp on San Ignacio lagoon.

9:00 am arrive at our Whale camp! Orientation and settle in your cabaña.

10:30 am We will head out to meet the Gray whales.

12:30 pm return to camp and Lunch

2:00 pm Go out to see the Gray whales again!

4:00 pm return to camp. Free time until dinner

6:00 pm Dinner as a group

7:30 pm Anne will lead a guided meditation or teaching to help you connect on a deep spiritual level with the Gray whales.

### Thursday, March 12 Second day with the Gray whales

7:30 am Breakfast at the camp

9:00 am Board the pangas to see the Gray whales.

11:00 am Return to camp. Free time until lunch.

12:00 pm Lunch at camp.

1:30 pm Go back out to spend more time with the Gray whales.

3:30 pm Return to camp. Free time until dinner.

6:00 pm Dinner at camp.

7:30 pm Anne will share spiritual insights into Gray whale wisdom with a focus on forgiveness.













## Friday, March 13

### Third day with the Gray whales

- 7:30 am Breakfast at the camp
- 8:30 am Board the pangas to see the Gray whales.
- 10:30 am Visit a nearby beach for a rest, bathroom break and snack.
- 11:30 am Back out for a bonus mid-day visit with the Gray whales.
- 1:30 pm Return to camp and go right to Lunch.
- 2:30 pm Go back out for our last visit with the Gray whales.
- 4:30 pm Return to camp. Free time until dinner.
- 6:00 pm Dinner at camp.
- 7:30 pm Anne will hold a sharing circle and close our time with the Gray whales.



### **Travel to Loreto**

- 7:00 am Breakfast at camp
- 8:00 am Say our goodbyes to our new friends, the staff and guides at camp and
- pack up the vans to drive to San Ignacio town.
- 9:00 am Arrive in San Ignacio town. We will make a brief stop to visit our camp office and gift shop, use the bathroom.
- 10:00 am Drive back to Loreto
- 3:00 pm Arrive in Loreto and check back into the Hotel Oasis
- 3:30 pm Closing ceremony
- 6:30 pm Dinner as a group on the patio at Hotel Oasis

# Sunday, March 15 Departure day home

- 8:00 am Breakfast at hotel.
- 9:00 am Free time
- 11:00 am check out of hotel.
- 1:45 pm depart for airport.
- 4:00 pm Flight home.













Contact Anne with any questions about this trip:

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