

*Community Resources  
For Jackson County  
Gainesboro & Shiloh  
Head Start Centers  
2020-2021*



To locate additional information on Community  
Resources access,  
[www.tennhelp.com](http://www.tennhelp.com) or Call 211

*Developed and Distributed by L.B.J. & C. Head Start*

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## **Adult Education:**

### **Genesis Career College**

880-A East 10<sup>th</sup> Street  
Cookeville, TN. 38501  
(931) 526-8735

### **Nashville State Community College**

1000 Neal Street  
Cookeville, TN. 38501  
(931) 526-2211  
(931) 520-0551

### **Tennessee Technology Center**

Livingston, TN. 38570  
(931) 823-5525

### **Tennessee Technological University**

Cookeville, Tennessee 38505  
(800) 255-8881 or (931) 372-3888

### **UCHRA**

238 A North Grundy Quarles Hwy  
Gainesboro, TN 38562  
931-268-9840

### **Volunteer State Community College**

113 Windle Community RD.  
Livingston, TN 38570  
931-8235-7065

[www.UCReconnect.com](http://www.UCReconnect.com)

931-526-2211

### **Youth CAN**

5080 S Jefferson Ave  
Cookeville, TN 38501  
931-520-9538

## **Adult Job Training Services:**

### **Adult Learning Center**

1060-B Spring Street Cookeville, TN.  
38501  
(931) 528-8685 They offer: ESOL,  
GED, Adult High School,

### **American Job Center**

931-520-9502  
Anthony.scionti@tn.gov

### **Career Center**

580 S Jefferson Ave Cookeville, TN.  
38501  
(931) 520-8733

### **Genesis Career College**

880-A East 10<sup>th</sup> Street Cookeville, TN.  
38501  
(931) 526-8735

### **Fortis Institute**

Highway 111 Cookeville, TN.  
(931) 526-3660

### **Nashville State Community College**

1000 Neal Street Cookeville, TN. 38501  
(931) 520-0551

### **Social Security Administration - SSI Program**

665 S. Jefferson Avenue  
Cookeville, TN 38501  
931-528-9765 & **Hotline:** 800-347-4501

### **Tennessee Department of Human Services - Jackson County**

931-268-0235

### **Tennessee Technology Center**

Livingston, TN. 38570  
(931) 823-5525

### **Upper Cumberland Human Resource Agency**

238A North Grundy Quarles  
Gainesboro, TN 38562  
931-268-9840

### **Vocational Rehabilitation**

Cookeville, TN. 38501  
(931) 526-9783

**Vocational Training Center**  
1605 Brown Ave.  
Cookeville, TN. 38501  
(931) 526-4721

**Resources for Bereavement:**

**Compassionate Friends**  
Meets at the Putnam County Library  
Broad Street  
Cookeville, TN. 38501  
(931) 526-1565  
(A bereavement self-help group)

**Heart of the Cumberland**  
P.O. Box 2474  
Cookeville, TN 38503  
Phone: 931-525-2600  
[heartofthecumberland@gmail.com](mailto:heartofthecumberland@gmail.com)  
*Specifically for children and teens that are hurting because of losses suffered through death, divorce or family circumstances*

**Hospice Grief Recovery Group**  
Sponsored by: Gentiva Hospice  
851 South Willow Ave Ste 102  
Cookeville, TN.  
931-528-5133

**Childcare:**

**DODSON BRANCH EL.PRE-K (-E-)**  
16221 DODSON BRANCH HWY  
COOKEVILLE, TN 38562  
(931) 268-0119  
(Free Service)

**GAINESBORO EL EARLY CHILDHOOD (-E-)**  
611 SOUTH MAIN STREET  
GAINESBORO, TN 38562  
(931) 268-9775  
(Free Service)

**Gainesboro Head Start**  
745 S. Grundy Quarles Hwy  
Gainesboro, TN 38562  
(931) 268-3312  
(Free Service)

**JACKSON CO/FOXY FOURS - TITLE I (-E-)**  
170 BLUE DEVIL LANE  
GAINESBORO, TN 38562  
(931) 268-9779  
(Call for fees)

**OVER THE RAINBOW C.D.C.**  
3357 S. GRUNDY QUARLES HY  
GAINESBORO, TN 38562  
(931) 268-5437  
(Call for fees)

**SHILOH HEAD START**  
824 P. BREWINGTON ROAD  
COOKEVILLE, TN 38501  
(931) 268-2759  
(Free Service)

**Resources to help in Child Abuse Situations:**

**Gainesboro City Police Department**  
(931) 268-0416  
9-1-1 Emergencies

**Child Abuse Hotline**  
900 2nd Avenue North  
Nashville, TN 37201  
877-237-0004

**Court Appointed Special Advocates for Children (CASA)**  
580 South Jefferson Ave  
Cookeville, TN. 38506  
931-520-8733

**Department Of Children's Services**  
1300 Salem Road  
Cookeville, TN 38506

(931) 646-3002

**District Attorney General**  
1519-East Spring Street  
Cookeville, TN. 38501  
(931) 528-5015

**Genesis House**  
Street location is confidential  
Cookeville, TN N/A  
(931) 526-4730  
**Hotline:** 800-707-5197

**LifeCare Family Services**  
Cookeville, TN. 38501  
(931) 528-0051  
(615) 781-0688

**Jackson County Sheriff's Department**  
Gainesboro, TN. 38562  
(931) 268-0180  
9-1-1 Emergencies

**Tennessee Commission on  
Children/Youth**  
1000 Neal Street  
Cookeville, TN 38501  
(931) 520-4445

**Dental Providers who take  
TennCare:**

**Cookeville Regional Dental**  
350 S Lowe Ave.  
Cookeville, Tn. 38501  
Phone: 931.528.5105

**Crossville Dental Clinic**  
510 Livingston Rd Crossville, TN.  
38555  
(931) 484-3007

**Cumberland Pediatric Dental**  
510 S Jefferson Ave Cookeville, TN  
38501  
931-854-1200

**Dr. Steven Ellis**  
Livingston, TN. 38570  
(931) 823-5517

**Dr. Jerry Driver & Dr. Alexa Miller**  
103 E. Gore Ave Gainesboro, TN. 38562  
(931) 268-9323

**Dr. Buckie Parsons**  
Livingston, TN. 38570  
(931) 823-5517

**Hermitage Dental Clinic Dr. Charles  
Burdeshaw**  
107 Bonabrook Drive  
Hermitage, TN 37076  
1-800-373-3330

**Jackson County Health Department**  
Gainesboro, TN. 38562 (931) 268-0218

**Dental Providers, who may not  
take TennCare, but offer  
services to low income families:**

**Bread of Life Homeless Shelter and  
Clinic**  
281 4th Street  
Crossville, TN 38555  
931-707-0569

**Cookeville Rescue Mission**  
1331 S Jefferson Ave Cookeville, TN  
38501  
931-528-5819

**Resources for Persons with  
Disabilities:**

**Project Affirm**  
501 Spruce Street  
Dale Hollow Mental Health Center  
Livingston, TN 38570  
931-432-5590 & **Hotline:** 931-823-5678

*(Provides support services for families with children ages 2 - 17 diagnosed with serious emotional disturbance or dual diagnosis of developmental and behavioral disorder. They also provide respite alternatives ranging from indirect to direct care services. Services are not provided to children who are in the custody of the Department of Children's Services)*

**Bridges Support Group**

Friends Drop-In Center  
4801 Popular Grove Rd.  
Cookeville, TN 38501  
(931) 520-7410

*(Assists people recovering from mental illness)*

**Children's Special Services**

Gainesboro, TN  
931-268-0218

*(Assists with the medical needs of children and young adults from birth to age 21 with chronic health issues. They offer assistance with medical bills, hearing aids, speech/language pathology for children under age 3, transportation, and TennCare appeals. Referrals are made through the local county Health Department. Eligibility is determined at time of referral and is based on income and access to other medical resources.)*

**Friends of T.I.P.S.**

P.O. Box 5095  
Tennessee Tech University  
Cookeville, TN 38505  
931-372-6247

*(Assist with Children's Issues, Disability Services. This group serves the Upper Cumberland Region by providing educational, medical, social, respite, and/or support to families of special needs children from birth to 3 years of age. The service will coordinate with the*

*family's schedule and individual needs to provide home-based services. A parent advisor will initially visit with the family to develop a goal-directed program. Monthly visits are then conducted to help the family meet those goals. These services will also coordinate with other local resources such as daycares, medical providers, etc. This program is limited to special needs/developmentally delayed children ages birth to 3 years, and their family members. Referrals must go through Philomena Palmer with the Tennessee Early Intervention Program at 931-372-3561.)*

**Independent Opportunities Inc. (I.O.I.)**

25 West Broad Street  
Suite # 8  
Cookeville, TN. 38501  
(931) 528-7701

*(Non-profit organization providing high quality residential services to persons with developmental disabilities)*

**KIDS Putnam**

105 Cherry Street  
Cookeville, TN 38501  
931-526-5437

*(Assists with Children's Issues, Disability Services)*

**Pacesetters Inc.**

2511 HWY 111 North  
Algood, TN. 38506  
(931) 537-9100

*(Assist persons with disabilities and mental illness in various ways)*

**Social Security Administration - SSI Program**

Cookeville, TN 38501  
931-528-9765 & **Hotline:** 800-347-4501  
*(Assists with Disability Services, Money/Employment Assistance. The SSA*

*administer a program called SSI for persons with disabilities who are age 65 or older, a blind adult or child, or disabled adult or child - children under 18. If under 18, substantially reduced ability to function independently, appropriately and effectively in a manner expected of children of similar age due to a physical or mental impairment, which has lasted or is expected to last at least 12 months or end in death.)*

**Support Group for Families of Children w/Disabilities**

Sponsored by: Upper Cumberland Regional Health  
200 West 10<sup>th</sup> Street  
Cookeville, TN. 38501  
*(Provides support system for persons with disabilities and families of disabled individual)*

**Tennessee Department of Human Services - Jackson County**

Gainesboro, TN 38562  
931-268-0235  
*(Assists with Children's Issues, Disability Services, Food, Health. Responsible for a variety of functions including, but not limited to administering the Families First and Food Stamp programs, processing TennCare applications, regulating childcare centers, managing child support services and providing a wide-range of services to Tennesseans with disabilities)*

**TN Early Intervention System (TEIS)**

Education/training  
(931) 372-3561  
*Assist children/families birth - 3 yrs)*

**Upper Cumberland Human Resource Agency - Jackson County**

Gainesboro, TN 38562  
931-268-9840  
*(Assists with Children's Issues, Clothing, Disability Services, Drug/Alcohol Abuse, Food, Health, Housing, Unruly and Delinquent Youth, Legal/Governmental Assistance, Mental Care and Counseling, Money/Employment Assistance, Transportation/Utilities, Youth Activities. Provides the following services: Homemaker Aide and Elderly Chore Services; LIHEAP; WAP; Emergency Assistance; Information and Referral Services; Child and Adult Care Food; Child Care Certificate; WIA; Youth; Dislocated Worker; Adult; Families First Employment; Title V Senior; 502E Senior; Drivers' Education; Community Intervention for Juvenile Offenders; Adult Community Corrections; DUI/LIOP; CHANCE for Girls; CHANCE for Boys)*

**Vocational Rehabilitation**

Cookeville, TN. 38501  
(931) 526-9783  
*(Provides assistance with re-education of disabled individuals and job skills training)*

**Vocational Training Center**

1605 Brown Ave.  
Cookeville, TN. 38501  
(931) 526-4721  
*(Provides assistance with vocational education, work adjustments and job placement for people with disabilities)*

**Resources to help in Domestic Violence Situations:**

**Gainesboro City Police Department**  
Gainesboro, TN. 38562  
(931) 268-0180  
911 Emergencies

**District Attorney General**  
1519-East Spring Street  
Cookeville, TN. 38501  
(931) 528-5015

***Genesis House***  
Street location is confidential  
Cookeville, TN N/A  
(931) 526-4730  
**Hotline:** 800-707-5197

**LifeCare Family Services**  
Cookeville, TN. 38501  
(931) 528-0051  
1-800- 881-0359  
(615) 781-0688

**Jackson County Sheriff's Department**  
Gainesboro, TN. 38562  
(931) 268-0180  
911 Emergencies

**Trinity Outreach Center**  
205 West Wall Street  
Algood, TN 38506  
931-537-9814

**Resources available to help fight  
the Alcohol and Drug Abuse  
(Including METH) Problems in  
your area:**

*All Local Churches in Area (See listed  
under Pre-Marriage Counselors)*

**Bradford Health Center @ Cookeville  
Regional Office**  
1330 Neal Street, Suite D  
Cookeville, TN 38501  
931-528-6803

**Center Grove Church of Christ**  
Meetings on Meth Abuse  
Cookeville, TN. 38501

**Community Prevention Coalition of  
Jackson County**  
201 Hull Ave  
Gainesboro, TN 38562  
931-268-4191

**Drug Abuse Hotline**  
**1-800-888-9383**

**Gainesboro City Police Department**  
Gainesboro, TN. 38562  
(931) 268-0180  
911 Emergencies

**LifeCare Family Services**  
Cookeville, TN. 38501  
(931) 528-0051  
(615) 781-0688

**Meth Hotline**  
Spring Street  
Cookeville, TN. 38501  
(931) 525-6384

**Meth Hotline/Statewide**  
1-877-866-6384

**Plateau Mental Health Center**  
1200 South Willow Avenue  
Cookeville TN 38502  
Phone: (931) 432-4123  
Hotline: (877) 567-6051

**Jackson County Sheriff's Department**  
Gainesboro, TN. 38562  
(931) 268-0180  
911 Emergencies

**Thirteenth Judicial Task Force**  
Cookeville, TN. 38501  
(931) 528-5400



**Teen & Adult Challenge**

200 Freedom Ln  
Livingston, TN 38570  
1-888-688-0470

**Upper Cumberland-Community Services Agency**

417 East Broad Street  
Suite A.200  
Cookeville, TN 38501  
(931) 520-0200

**Upper Cumberland Human Resource Agency - Jackson County**

Gainesboro, TN 38562  
931-268-9840

**Assistance in the event of an Emergency Situation:**

**Air Evac Life Team**

106 Emergency Services Dive  
Albany, KY 42602  
(606) 387-9099  
Emergency = 911  
*(Assist with emergency needs)*

**Disaster Assistance**

*DisasterAssistance.gov*

**Gainesboro City Police Department**

Gainesboro, TN 38562  
(931) 268-0180  
911 Emergencies  
*(Assist with emergency needs)*

**Jackson County Fire Department**

Gainesboro, TN. 38562  
911 Emergencies  
*(Assist with emergency needs)*

**Jackson County Rescue Squad**

Gainesboro, TN. 38562  
931-268-3447  
911 Emergencies

*(Assist with emergency needs)*

**Jackson County Sheriff’s Department**

Gainesboro, TN. 38562  
931-268-0180  
911 Emergencies  
*(Assist with emergency needs)*

**Poison Control/National 1-800-222-1222**

**Shriners of Tennessee**

1354 Brick Church Pike  
Nashville, TN. 37207  
(615) 226-7676  
*(Helping children with orthopedic and burn conditions at no cost to the families or outside agencies)*

**TEMA**

[www.tn.gov/tema](http://www.tn.gov/tema)

**Thirteenth Judicial Task Force**

Cookeville, TN. 38501  
(931) 528-5400  
*(Drug Task Force)*

**Assistance with Food/Clothing/Utilities Needs:**

**Allons Church of Christ**

Allons, TN.  
(931) 823-4145  
Contact: AJ Cox  
*(Assist with various needs)*

**Catholic Church**

North Washington Ave.  
Cookeville, TN. 38501  
(931) 526-2575  
*(Assist with food needs)*

**Collegeside Church of Christ**

252 East 9<sup>th</sup> Street  
Cookeville, TN. 38501  
(931) 526-4605

*(Assist with food needs)*

**Community Education Office for the Food Stamp Program**

***Legal Aid Society of Middle Tennessee and the Cumberland***

9 South Jefferson Avenue  
Cookeville, Tennessee 38501  
Phone: 931.528.7436  
Toll Free: 800.262.6817

*(Provides Pre-screenings and information for the Food Stamp program. Serves all counties in the LBJ&C Head Start Service area.)*

**Department of Human Services**

931-268-0235

*(Assist with food needs/Food Stamps)*

**First Baptist Church**

18 South Walnut

Cookeville, TN. 38501

(931) 526-7108 *(Assist with food needs)*

**First United Methodist Church of Cookeville**

165 E broad St

Cookeville, TN 38501

931-526-2177

*(Assists with **Clothing**, Transportation and **Utilities**. Helps the needy to pay for utilities (except telephone), pay for rent, and pay for gasoline. There is also a clothing store that helps with providing clothes for the needy, located on 2nd Street and is open Tuesday - Thursday, 9:00 a.m. - 11:00 a.m.)*

**New Hope Baptist Church**

Gainesboro, TN.

(931) 268-0657 *(Assists families in need with food & cloths)*

**Salvation Army**

Cookeville, TN. 38501

(931) 520-1654 *(Assists with various needs)*

**Stevens Street Baptist Church**

327 West Stevens Street

Cookeville, TN. 38501

(931) 526-6398 *(Assist with food needs)*

**Tennessee Department of Human Services - Jackson County**

Gainesboro, TN 38562

931-268-0235

*(Assists with Children's Issues, Disability Services, **Food**, and Health. Responsible for a variety of functions including, but not limited to administering the Families First and Food Stamp programs, processing TennCare applications, regulating childcare centers, managing child support services and providing a wide-range of services to Tennesseans with disabilities)*

**The Exchange**

Located in the Old World Video Building

Gainesboro, TN *(Assists with clothing & household items)*

**Trinity Outreach Center**

205 West Wall Street

Algood, TN 38506

931-537-9814

*(Assists in paying **utilities**, rent, prescription drugs, and household items for Domestic Violence cases. Individuals can also receive food and clothing help.)*

**Upper Cumberland Human Resource Agency - Jackson County**

Gainesboro, TN 38562

931-268-9840

*(Assists with Children's Issues, Clothing, Disability Services, Drug/Alcohol Abuse, Food, Health, Housing, Unruly and Delinquent Youth, Legal/Governmental Assistance, Mental Care and*

*Counseling, Money/Employment Assistance, Transportation/Utilities, Youth Activities. Provides the following services: Homemaker Aide and Elderly Chore Services; LIHEAP; WAP; Emergency Assistance; Information and Referral Services; Child and Adult Care Food; Child Care Certificate; WIA; Youth; Dislocated Worker; Adult; Families First Employment; Title V Senior; 502E Senior; Drivers' Education; Community Intervention for Juvenile Offenders; Adult Community Corrections; DUI/LIOP; CHANCE for Girls; CHANCE for Boys)*

**Resources to assist with Housing/Homeless Needs:**

**Bread of Life Homeless Shelter and Clinic**

281 4th Street  
Crossville, TN 38555  
931-707-0569

*(Primary care medical clinic for uninsured no-income and low -income persons. Medication, clinic, dental services for extractions only. Long-term day shelter program for families, single men and women or single parents with children. Employment and emergency food assistance is available)*

**HART**

Homeless Advocacy for Rural Tennessee  
Grant based program, which allocates homeless assistance  
P.O. Box 3311  
Crossville, TN 38557  
931-484-3207

**Highland Residential Services  
Housing Authority**

235 W Jackson  
Cookeville, TN 38503

(931) 526-9793 Cookeville  
(931) 268-9680

*(This program offers low-income or no-income housing, after-school programs, TNT Partnership with the police, tutoring, computer centers, field trips, Character Counts, Teens Need Training, PALS - Police, and fundraisers. Older children get paid \$2 per day for attending school, and children ages 5 - 10 get paid \$1 per day. There is a waiting list for eligible persons depending on the type of housing being applied for.)*

**Cookeville Rescue Mission**

1331 S Jefferson Ave Cookeville,  
TN.38506  
(931) 528-5819 (*Homeless shelter*)

**First United Methodist Church of  
Cookeville**

Cookeville, TN 38501  
931-526-2177  
*(Assists with Clothing, Transportation and Utilities. Helps the needy to pay for utilities (except telephone), pay for rent, and pay for gasoline. There is also a clothing store that helps with providing clothes for the needy, located on 2nd Street and is open Tuesday - Thursday, 9:00 a.m. - 11:00 a.m.)*

**Habitat for Humanity**

Cookeville, TN. 38501  
(931) 528-1711  
*(Habitat builds and sells houses to "partner families" at cost with no-interest mortgages)*

**Trinity Outreach Center**

205 West Wall Street  
Algood, TN 38506  
931-537-9814  
*(Assists in paying **utilities**, rent, prescription drugs, and household items*

*for Domestic Violence cases. Individuals can also receive food and clothing help.)*

**United States Department of Agriculture**

Rural Development  
390 South Lowe Avenue Suite K  
Cookeville, TN 38501  
(931) 528-6539  
*(Provides affordable home loans. Assists low-income homeowners finance needed home repairs)*

**Upper Cumberland Homeless Shelter**

15 Division Street  
Crossville, TN. 38555  
(931) 456-8172  
*(Assists families who need a place to stay)*

**Upper Cumberland Human Resource Agency - Jackson County**

Gainesboro, TN 38562  
931-268-9840  
*(Assists with Children's Issues , Clothing , Disability Services , Drug/Alcohol Abuse, Food , Health , Housing , Unruly and Delinquent Youth , Legal/Governmental Assistance Mental Care and Counseling , Money/Employment Assistance , Transportation/Utilities , Youth Activities. Provides the following services: Homemaker Aide and Elderly Chore Services; LIHEAP; WAP; Emergency Assistance; Information and Referral Services; Child and Adult Care Food; Child Care Certificate; WIA; Youth; Dislocated Worker; Adult; Families First Employment; Title V Senior; 502E Senior; Drivers' Education; Community Intervention for Juvenile Offenders; Adult Community Corrections; DUI/LIOP; CHANCE for Girls; CHANCE for Boys)*

**Assistance with Insurance Needs:**

**Blue Cross Blue Shield**

1-800-548-2738  
*(Affordable Insurance for Families & Individuals)*

**Farm Bureau**

410 Veterans Drive  
Cookeville, TN 38501  
(931) 528-1571  
*(Affordable Insurance for Families & Individuals)*

**Farm Bureau**

604 Hospital Drive  
Gainesboro, TN 38562  
(931) 268-0305  
*(Affordable Insurance for Families & Individuals)*

**State Farm Insurance**

238 North Grundy Quarles Hwy.  
Gainesboro, TN 38562  
(931) 268-8790  
*(Affordable Insurance for Families & Individuals)*

**State Farm Insurance**

595 E. 10<sup>th</sup> Street  
Cookeville, TN 38501  
(931) 526-8795  
*(Affordable Insurance for Families & Individuals)*

**Tennessee Department of Human Services - Jackson County**

**Coverkids**

Gainesboro, TN 38562  
931-268-0235  
*(Assists with Children's Issues, Disability Services, Food, and Health. Responsible for a variety of functions including, but not limited to administering the Families First and*

*Food Stamp programs, processing TennCare applications, regulating childcare centers, managing child support services and providing a wide-range of services to Tennesseans with disabilities)*

**Tennessee Justice Center**

Nashville, TN  
615-255-0331

*(Assists with strategies for obtaining TennCare and appeals process, etc.)*

**Legal/Governmental Assistance:**

**Child Support Services of Tennessee -  
Cookeville**

1525 East Spring Street  
Suite G  
Cookeville, TN 38506  
931-528-8598

*(Helps locate parents who are not paying child support. They will provide legal representation in child support hearings. They also provide paternity testing)*

**Highlands Residential Services  
(Housing Authority)**

235 W Jackson  
Cookeville, TN 38503  
(931) 526-9793 Cookeville

*(This program offers low-income or no-income housing, after-school programs, TNT Partnership with the police, tutoring, computer centers, field trips, Character Counts, Teens Need Training, PALS - Police, and fundraisers. Older children get paid \$2 per day for attending school, and children ages 5 - 10 get paid \$1 per day. There is a waiting list for eligible persons depending on the type of housing being applied for.)*

**Legal Aid Society of Middle Tennessee  
and the Cumberland**

9 South Jefferson Avenue  
Cookeville, Tennessee 38501

Phone: 931.528.7436

Toll Free: 800.262.6817

*(Serves all counties in the LBJ&C Head Start Service area. Provides free legal assistance to low-income persons on such issues as TennCare, Medicare, Domestic Violence, Housing Problems, Special Education Issues, and Consumer Issues.)*

**Rape and Sexual Assault Response  
Center**

1519 East Spring, Suite F  
Cookeville, TN 38506

Hours of operation = 24 hrs/day, 7 days  
a week

Phone: = 931-526-5197

Hotline: 800-707-5197

Translation services offered: Yes  
*(Serves all eight counties in L.B.J. & C. Head Start Service area. Provides free legal & governmental assistance, Rape and sexual assault forensic exams, legal advocacy, court advocacy, counseling (individual and support group). Also qualifies for all Genesis House service).*

**Tennessee 211**

1-800-318-9335

*(Helps direct non-profit agencies within each local service area of the state. Services are networked to find suicide prevention hotlines, help caring for an elderly relative, help learning to read, emergency help with a utility bill, support groups, & transportation, etc.)*

**Upper Cumberland-Community  
Services Agency**

Gainesboro, TN 38562  
(931) 520-0200

*(Assists with Children's Issues, Drug/Alcohol Abuse, Unruly and Delinquent Youth, Mental Care and Counseling, Transportation/Utilities, Youth Activities. Prevention case management services to children at risk of being placed in state custody, home studies requested through the Court system and crisis intervention. Family Crisis Intervention for unruly youth, TennCare transportation, Family Services Counseling, AmeriCorps Tutoring and Mentoring, and Juvenile Mental Health and Drug Court Counseling are also available)*

**Upper Cumberland Human Resource Agency - Jackson County**

Gainesboro, TN 38562  
931-268-9840

*(Assists with Children's Issues , Clothing , Disability Services , Drug/Alcohol Abuse , Food , Health , Housing , Unruly and Delinquent Youth , Legal/Governmental Assistance , Mental Care and Counseling , Money/Employment Assistance , Transportation/Utilities , Youth Activities. Provides the following services: Homemaker Aide and Elderly Chore Services; LIHEAP; WAP; Emergency Assistance; Information and Referral Services; Child and Adult Care Food; Child Care Certificate; WIA; Youth; Dislocated Worker; Adult; Families First Employment; Title V Senior; 502E Senior; Drivers' Education; Community Intervention for Juvenile Offenders; Adult Community Corrections; DUI/LIOP; CHANCE for Girls; CHANCE for Boys; Lakeside Resort and Educational Complex; UCARTS; Van Pool; Job Access; Commodities; Van Buren County Head Start; Cumberland Mountain School.)*

**Resources to Strengthen Marriages:**

**Assessment/Counseling/training Services (ACTS)**

Cookeville, TN. 38501  
(931) 528-9399

**LifeCare Family Services**

Cookeville, TN. 38501  
(931) 528-0051  
1-800- 881-0359  
(615) 781-0688

**The Exchange Club/Stephens Center for the Prevention of Child Abuse**

616-B North Church Street Livingston, TN 38570  
Contact: Carolyn Isbell, Executive Director  
931-823-6432 & 800-635-5199

**Trinity Church**

205 West Wall Street Algood, TN. 38506  
(931) 537-9830

**Upper Cumberland Development District**

1225 South Willow Avenue Cookeville, TN 38501  
(931) 432-4111

**Westview Baptist Church**

427 Laurel Ave.  
Cookeville, TN. 38501  
(931) 526-7220

**Pre- Marriage Counselors:**

**Assessment/Counseling/training Services (ACTS)**

Cookeville, TN. 38501  
(931) 528-9399

**Trinity Church**

205 West Wall Street Algood, TN.  
38506  
(931) 537-9830

**Westview Baptist Church**

427 Laurel Ave.  
Cookeville, TN. 38501  
(931) 526-7220

**Medical Providers who take  
TennCare:**

**Children's Special Services**

Gainesboro, TN  
931-268-0218

*(Assists with the medical needs of children and young adults from birth to age 21 with chronic health issues. They offer assistance with medical bills, hearing aids, speech/language pathology for children under age 3, transportation, and TennCare appeals. Referrals are made through the local county Health Department. Eligibility is determined at time of referral and is based on income and access to other medical resources.)*

**Cookeville Pediatrics Associates**

345 West Broad Street  
Cookeville, TN. 38501  
(931) 528-1485  
*(Takes TennCare)*

**Cookeville Regional Medical Center**

142 West 5<sup>th</sup> Street  
Cookeville, TN. 38501  
(931) 528-2541  
*(Takes TennCare)*

**Dr. Chakrabarty**

225 North Willow Ave.  
Cookeville, TN. 38501  
(931) 526-6100  
*(Takes TennCare)*

**Dr. P.K. Jain**

225 North Willow Ave.  
Cookeville, TN. 38501  
(931) 528-8899  
*(Takes TennCare)*

**Dr. Krusa**

Highland Square Shopping Center  
Crossville, TN. 38556  
(931) 484-4364  
*(Takes TennCare)*

**Dr. David Snodgrass & King**

4761 Andrew Jackson Parkway  
Hermitage, TN. 37076  
(615) 885-3525  
*(Takes TennCare)*

**Gainesboro Medical Center**

402 E Gore Ave  
Gainesboro, TN 38562  
931-268-6899

**Kids Kare**

Dr. Climico  
758 South Willow Ave.  
Cookeville, TN. 38501  
(931) 526-6173  
*(Takes TennCare)*

**Jackson County Health Department**

Gainesboro, TN. 38562  
(931) 268-0218  
*(Takes TennCare and has affordable rates for those who do not have TennCare)*

**Tennessee Pediatrics**

435 North Cedar Street  
Cookeville, TN. 38501  
(931) 526-6100  
*(Takes TennCare)*

**Wheeler Eye Care**

Dr. Jane Wheeler  
46 West Broad Street

Cookeville, TN. 38501  
(931) 528-7765  
*(Takes TennCare)*

**Medical Providers, who may not take TennCare, but offer services to low-income families:**

**Baxter Medical Clinic**  
319 West Broad Street  
Baxter, TN.38544  
(931) 858-2116  
*(Takes TennCare and has affordable rates for those who do not have TennCare)*

**Bread of Life Homeless Shelter and Clinic**  
281 4th Street  
Crossville, TN 38555  
931-707-0569  
*(Primary care medical clinic for uninsured no-income and low -income persons. Medication, clinic, dental services for extractions only. Long-term day shelter program for families, single men and women or single parents with children. Employment and emergency food assistance is available)*

**Children's Special Services**  
Gainesboro, TN  
931-268-0218  
*(Assists with the medical needs of children and young adults from birth to age 21 with chronic health issues. They offer assistance with medical bills, hearing aids, speech/language pathology for children under age 3, transportation, and TennCare appeals. Referrals are made through the local county Health Department. Eligibility is determined at time of referral and is based on income and access to other medical resources.)*

**Cookeville Regional Medical Center**  
142 West 5<sup>th</sup> Street  
Cookeville, TN. 38501  
(931) 528-2541  
*(Takes TennCare)*

**Jackson County Health Department**  
Gainesboro, TN. 38562  
(931) 268-0218  
*(Takes TennCare and has affordable rates for those who do not have TennCare)*

**Partnership for Prescription Assistance**  
Phone: 1-888-477-2669  
[www.pparx.org](http://www.pparx.org)  
*If you do not have prescription coverage and/or can not afford your medicines, this organization may be able to help*

**Mental Health Providers who take TennCare:**

**Cumberland Plateau Recovery**  
550 North Church Street  
Livingston, TN. 38570  
(931) 403-3577  
(931) 265-5382  
*(Assists those recovering from substance abuse with counseling and support services)*

**Dale Hollow Mental Health Center**  
501 Spruce Street  
Livingston, TN. 38570  
(931) 823-5678  
*(Assist with family or individual counseling for drugs/alcohol/etc.)*

**Personal Growth and Learning Center**  
509 North Cedar Avenue  
Cookeville, TN 38501  
931-520-8435



*(Provides out-patient psychiatric and psychotherapy services (individual - adult and child, family, couples, groups) with specialties in trauma and abuse recovery, eating disorders, child/play therapy, EMDR, employee assistance programs, expert witness, and other generalized mental health services)*

**Plateau Mental Health Center**

Substance Abuse Services  
1200 South Willow Avenue  
Cookeville TN 38502  
Phone: (931) 432-4123  
Hotline: (877) 567-6051

*(Assist persons with disabilities and mental illness in various ways)*

**Rape and Sexual Assault Response Center**

1519 East Spring, Suite F  
Cookeville, TN 38506  
Hours of operation = 24 hrs/day, 7 days a week  
Phone: = 931-526-5197  
**Hotline:** 800-707-5197

*(Serves all eight counties in L.B.J. & C. Head Start Service area. Provides free legal & governmental assistance, Rape and sexual assault forensic exams, legal advocacy, court advocacy, counseling (individual and support group). Also qualifies for all Genesis House service).*

**Team Evaluation Center**

600 North Holtzclaw Avenue  
Chattanooga, TN 37404-1220  
(423)-622-0500  
*(Team Evaluation Center provides diagnoses for social, emotional, educational, or physical problems. After a diagnosis is made, Team will then help develop an intervention plan that includes referrals for treatment. Provides services to pre-school children)*

**Volunteer Behavioral Health Care System - Plateau Mental Health Center**

1200 South Willow  
PO Box 3165  
Cookeville, TN 38502  
931-432-4123 **Hotline:** 1-800-281-4943

*(Volunteer Behavioral Health Care provide a broad array of services and treatment strategies which include: psychiatric evaluations; individual, family, and group counseling; psychological assessments; chemotherapy; case management; residential facilities; crisis response; rehabilitative and supportive services – thus providing opportunity for people to help themselves)*

**Mental Health Providers, who may not take TennCare, but offer services to low-income families:**

**Assessment/Counseling/training Services (ACTS)**

Cookeville, TN. 38501  
(931) 528-9399

**LifeCare Family Services**

Cookeville, TN. 38501  
(931) 528-0051  
(615) 781-0688

**Plateau Mental Health Center**

Substance Abuse Services  
1200 South Willow Avenue  
Cookeville TN 38502  
Phone: (931) 432-4123  
Hotline: (877) 567-6051

**Pacesetters Inc.**

2511 HWY 111 North  
Algood, TN. 38506

(931) 537-9100

**Upper Cumberland-Community Services Agency**

417 East Broad Street  
Suite A.200  
Cookeville, TN 38501  
(931) 520-0200

**Upper Cumberland Human Resource Agency - Jackson County**

Gainesboro, TN 38562  
931-268-9840

**Quit Tobacco Resources**

**Cumberland County Health Department**

Smoking Cessation  
Ruth Lucas  
131 South Webb  
Crossville, TN  
931-484-6196

**Tennessee Department of Health, WIC Program**

S.M.A.R.T. – Smart Mothers are Resisting Tobacco  
1-800-342-5942

**Nicotine Anonymous**

800-642-0666

**American Lung Association**

Freedom from Smoking  
800-586-4872  
info@lung.org

**American Lung Association of Tennessee**

212 S. Peters Rd. Suite 106  
Knoxville, TN 37923  
865-691-7228  
[www.lungusa.org](http://www.lungusa.org)

**Former Smokers**

The No Smoke Café  
<http://clever.net/chrisco/nosmoke/stop.html>

**Resources to assist persons raising children possibly other than their own:**

**Agricultural Extension Service - Putnam County**

900 South Walnut Avenue Cookeville, TN 38501  
931-526-4561

**Department Of Children's Services**

1300 Salem Road Cookeville, TN 38506  
(931) 646-3000

**Help Us Grow Up Successful (HUGS) Regional Office**

200 West 10th Street  
Cookeville, TN 38501  
931-528-7531

**Parent's Encouraging Parents Support Group**

200 West 10<sup>th</sup> Street Cookeville, TN 38501  
(931) 646-7510

**Relatives as Caregivers**

1225 South Willow Ave. Cookeville, TN. 38501  
(931) 432-4111

**Single Mother's Support Group**

Sponsored by: Friendship United Methodist Church  
Cookeville, TN 38501  
931-525-3555

**The Exchange Club/Stephens Center for the Prevention of Child Abuse**

Livingston, TN 38570  
Contact: Carolyn Isbell, Executive Director

931-823-6432 & 800-635-5199

**Upper Cumberland-Community Services Agency**

417 East Broad Street Suite A.200  
Cookeville, TN 38501  
(931) 520-0200

**Upper Cumberland Human Resource Agency - Jackson County**

Gainesboro, TN 38562  
931-268-9840

**Youth Villages**

1420 Neal Street Cookeville, TN 38501  
(931) 525-6900

**Resources to assist with Transportation Needs:**

**First United Methodist Church of Cookeville**

204 East Springs Street  
Cookeville, TN 38501  
931-526-2177

*(Assists with Clothing, Transportation and Utilities. Helps the needy to pay for utilities (except telephone), pay for rent, and pay for gasoline. There is also a clothing store that helps with providing clothes for the needy, located on 2nd Street and is open Tuesday - Thursday, 9:00 a.m. - 11:00 a.m.)*

**Upper Cumberland-Community Services Agency**

417 East Broad Street  
Suite A.200  
Cookeville, TN 38501  
(931) 520-0200

*(Assists with Children's Issues, Drug/Alcohol Abuse, Unruly and Delinquent Youth, Mental Care and Counseling, Transportation/Utilities, Youth Activities. Prevention case management services to children at risk*

*of being placed in state custody, home studies requested through the Court system and crisis intervention. Family Crisis Intervention for unruly youth, TennCare transportation, Family Services Counseling, AmeriCorps Tutoring and Mentoring, and Juvenile Mental Health and Drug Court Counseling are also available)*

**Upper Cumberland Human Resource Agency - Jackson County**

Gainesboro, TN 38562  
931-268-9840

*(Assists with Children's Issues , Clothing , Disability Services , Drug/Alcohol Abuse , Food , Health , Housing , Unruly and Delinquent Youth , Legal/Governmental Assistance , Mental Care and Counseling , Money/Employment Assistance , Transportation/Utilities , Youth Activities. Provides the following services: Homemaker Aide and Elderly Chore Services; LIHEAP; WAP; Emergency Assistance; Information and Referral Services; Child and Adult Care Food; Child Care Certificate; WIA; Youth; Dislocated Worker; Adult; Families First Employment; Title V Senior; 502E Senior; Drivers' Education; Community Intervention for Juvenile Offenders; Adult Community Corrections; DUI/LIOP; CHANCE for Girls; CHANCE for Boys; Lakeside Resort and Educational Complex; UCARTS; Van Pool; Job Access; Commodities; Van Buren County Head Start; Cumberland Mountain School.)*

**Upper Cumberland Development District**

1225 South Willow Avenue  
Cookeville, TN 38501  
(931) 432-4111

*(Provide assistance with Disability Services, Housing, Legal/Governmental Assistance, Money/Employment Assistance, Parenting and Marriage Issues, Transportation/Utilities)*

**Promoting Youth Involvement:**

**Community Prevention Coalition**

201 W Hull Ave  
Gainesboro, TN.  
(931) 268-4191

**Baxter Branch Library**

200 Main Street  
Baxter, TN.  
(931) 858-1888  
*(Assists with library cards, tax forms, research and Internet access)*

**Charles Ralph Holland**

Memorial Library  
305 W. Hull Ave.  
Gainesboro, TN 38562  
931-268-9190

**Collegeside Church of Christ**

252 East 9<sup>th</sup> Street  
Cookeville, TN. 38501  
(931) 528-2872  
*(Has Teenside & UCSC Programs for youth involvement)*

**Cookeville Children Theatre**

460 E. Stevens Street  
Cookeville, TN. 38501  
*(Assists young people to get involved with drama/theatre. Puts on plays for the community)*

**Highland Residential Services  
(Housing Authority)**

325 Jackson  
Cookeville, TN 38503  
(931) 526-9793 Cookeville  
(931) 268-9680

*(This program offers low-income or no-income housing, after-school programs, TNT Partnership with the police, tutoring, computer centers, field trips, Character Counts, Teens Need Training, PALS - Police, and fundraisers. Older children get paid \$2 per day for attending school, and children ages 5 - 10 get paid \$1 per day. There is a waiting list for eligible persons depending on the type of housing being applied for.)*

**Cumberland Soccer Complex**

Board of Directors  
(931) 528-6516  
*(Assists young people to get involved with soccer)*

**First United Methodist Church Youth Group**

204 East Spring Street  
Cookeville, TN. 38501  
(931) 526-2177  
*(Provide opportunities for youth to meet and participate in activities)*

**Grace Presbyterian Church**

3 North Jefferson  
Cookeville, TN. 38501  
(931) 520-0893

**Newman Catholic Group**

421 North Washington Ave.  
Cookeville, TN. 38501  
(931) 526-2575  
*(Youth involvement Program)*

**Putnam County Library**

50 E. Broad Street  
Cookeville, TN. 38501  
(931) 526-2416  
*(Assists with library cards, tax forms, research and Internet access)*

**Putnam County Children's Library**

50 E. Broad Street  
Cookeville, TN. 38501  
(931) 526-2416  
*(Assists with library cards, has story time and special projects for youth)*

**River Community Church**  
108 North Washington Ave.  
Cookeville, TN. 38501  
(931) 528-3660  
*(Youth Program)*

**Upper Cumberland-Community Services Agency**  
417 East Broad Street  
Suite A.200  
Cookeville, TN 38501  
(931) 520-0200  
*(Assists with Children's Issues, Drug/Alcohol Abuse, Unruly and Delinquent Youth, Mental Care and Counseling, Transportation/Utilities, Youth Activities. Prevention case management services to children at risk of being placed in state custody, home studies requested through the Court system and crisis intervention. Family Crisis Intervention for unruly youth, TennCare transportation, Family Services Counseling, AmeriCorps Tutoring and Mentoring, and Juvenile Mental Health and Drug Court Counseling are also available)*

**Upper Cumberland Human Resource Agency - Jackson County**  
Gainesboro, TN 38562  
931-268-9840  
*(Assists with Children's Issues , Clothing , Disability Services , Drug/Alcohol Abuse , Food , Health , Housing , Unruly and Delinquent Youth , Legal/Governmental Assistance , Mental Care and Counseling , Money/Employment Assistance , Transportation/Utilities , Youth*

*Activities. Provides the following services: Homemaker Aide and Elderly Chore Services; LIHEAP; WAP; Emergency Assistance; Information and Referral Services; Child and Adult Care Food; Child Care Certificate; WIA; Youth; Dislocated Worker; Adult; Families First Employment; Title V Senior; 502E Senior; Drivers' Education; Community Intervention for Juvenile Offenders; Adult Community Corrections; DUI/LIOP; CHANCE for Girls; CHANCE for Boys; Lakeside Resort and Educational Complex; UCARTS; Van Pool; Job Access; Commodities; Van Buren County Head Start; Cumberland Mountain School.)*

**YMCA**  
Cavalier Drive  
Cookeville, TN. 38501  
(931) 528-1133  
*(Assists young people to become involved in exercise activities and community events)*

**WCTE American Graduate & Ready to Learn**  
[LWray@wcte.org](mailto:LWray@wcte.org)  
[CPutman@wcte.org](mailto:CPutman@wcte.org)  
931-528-2222

**Language Assistance**  
**(All Counties)**

**Brent Simpson**  
931-212-8097

**County Health Depts. - Primary Health Care Services**  
*County operated outpatient health care facilities that provide a broad range of diagnostic and treatment services including primary adult and pediatric care, prenatal care, dental care and specialty medicine as well as laboratory*

*and radiological services and allied support services like nutrition and health education. Some public clinics may also offer public health services such as immunizations and communicable disease screening and treatment. Services are available on an ability-to-pay basis and target low-income and indigent residents of the community. (Spanish Language Services)*

*issues, juvenile delinquency, marriage and family, separation and divorce, depression, alcohol and drug dependency & twelve step recovery, grief and loss, job and life transitions, parenting, and conflict resolution/communication training. (Spanish Language Services)*

**Department of Human Services, Counties**

*A state government agency that provides the following financial assistance and health insurance programs to those who qualify: Families First - temporary cash assistance program; Food Stamp Program/Electronic Benefit Transfer (EBT) - nutritional assistance program, EBT Helpline (1-888-997-9444); Medicaid/TennCare - processes applications for health insurance coverage; Child Care Resource & Referral; & Adult Protective Services - investigates reports of abuse, neglect, or financial exploitation of adults (1-888-277-8366). Interpreter Services available upon request*

**Hispanic Family Resource Center**  
(615) 227-7500  
(800) 280-8682

**Hispanic Association**  
732 Lafayette Rd  
Red Boiling Springs, TN 37150  
(615) 699-6279

**LifeCare Family Services - Cookeville - Counseling and Therapeutic Services**  
665 South Jefferson Avenue  
Cookeville, TN 38501  
(931) 528-0051  
*Provides a variety of counseling services such as academic and behavioral school*