

PELOT



TRAINED

MARCH 2023

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

01

1-on1's 4:45pm
XFE Folkstyle
K-12:6:00-8:00pm

02

1-on1's 4:45pm
LIVE
6:00-7:00pm
Technique
7:00-8:00pm

03

2023 USA
WRESTLING GIRLS
FOLKSTYLE
NATIONALS
Omaha, NE
Weigh-ins

04

2023 USA
WRESTLING GIRLS
FOLKSTYLE
NATIONALS
Omaha, NE
8U, 10U, 12U, 14U,
16U, Juniors
De Pere Youth

05

2023 USA
WRESTLING GIRLS
FOLKSTYLE
NATIONALS
Omaha, NE
Juniors + Duals
Pelot Trained Pre-
State Hammer
Camp
XFE, De Pere \$30.00

06

1-on1's 4:45pm
XFE Folkstyle
K-12:6:00-8:00pm

07

1-on1's
4:30pm
5:30pm
6:30pm
7:30pm

08

1-on1's 4:45pm
XFE Folkstyle
K-12:6:00-8:00pm

09

USAW TOA:
Dominate in the
Dells
Wisconsin Dells,
WI

10

USAW TOA:
Dominate in the
Dells
Wisconsin Dells,
WI
8U, 10U, 12U, 14U
& All Girls

11

12

USAW TOA:
Dominate in the
Dells
Wisconsin Dells,
WI
16U & Juniors

13

1-on1's 4:45pm
XFE Folkstyle
6:00-8:00pm

14

1-on1's
4:30pm
5:30pm
6:30pm
7:30pm

15

1-on1's 4:45pm
XFE Folkstyle
6:00-8:00pm

16

1-on1's 4:45pm
LIVE
6:00-7:00pm
Technique
7:00-8:00pm

17

XFE Open
Workouts
1:30-4:00pm
WWF Kids Folkstyle
State Qualifiers
Weigh-ins 5:30pm

18

WWF Kids
Folkstyle State
Qualifiers

19

1-on1's 4:45pm
XFE Folkstyle
6:00-8:00pm

20

1-on1's
4:30pm
5:30pm
6:30pm
7:30pm

21

1-on1's 4:45pm
XFE Folkstyle
6:00-8:00pm

22

WWF Kids Folkstyle
State
Championships
Madison, WI
Weigh-in Boys 2010-
11 & 2012-13

23

WWF Kids Folkstyle
State
Championships
Madison, WI
Weigh-in Boys 2008-
09 & 2014-15 and All
Girls

24

WWF Kids Folkstyle
State
Championships
Madison, WI

25

26

1-on1's 4:45pm
XFE Folkstyle
6:00-8:00pm

27

1-on1's
4:30pm
5:30pm
6:30pm
7:30pm

28

1-on1's 4:45pm
XFE Folkstyle
6:00-8:00pm

29

2023 USAW
FOLKSTYLE
NATIONALS
Cedar Falls, IA
Weigh-in 16U & Junior

30

2023 USAW
FOLKSTYLE
NATIONALS
Cedar Falls, IA
16U & Junior

31

2023 USAW
FOLKSTYLE
NATIONALS
Cedar Falls, IA
16U & Junior
8U, 10U, 12U, 14U

APR 1

X-FACTOR
X-ELITE
WRESTLING

EST.
2005

