



THE DANCE LOFT
STUDIO B SCHEDULE 2025-2026
AUGUST 18, 2025-JUNE 16, 2026

| DAY | CLASS | TIME | AGE | INSTRUCTOR |
|-----------|---|------------|---------------------|------------|
| Monday | Lyrical/Jazz | 4:15-5:00p | 7-9 Years | CVG |
| Monday | Beginning Hip Hop | 5:00-5:30p | 7-9 Years | BD |
| Monday | Hip Hop Companies - Follow DC Calendar | 5:30-6:00p | DC | BD |
| Monday | Conditioning, Theraband & Blocks | 6:00-6:45p | Open Age | HS |
| Monday | Adult Jazz & Conditioning | 6:45-7:30p | 18 & Up | HS |
| | | | | |
| Tuesday | Beginning Acro | 4:30-5:15p | 5-9 Years | HS |
| Tuesday | Jazz | 5:15-6:00p | 6-8 Years | JC |
| Tuesday | Mini Hip Hop | 6:00-6:30p | 5-7 Years | JC |
| Tuesday | Ballet/Jazz Combo | 6:30-7:15p | 7-9 Years | JC |
| Tuesday | Ballet I/II | 7:15-8:15p | 9-11 Years | JC |
| | | | | |
| Wednesday | Tiny Ballerina | 4:45-5:15p | 3-4 Years | JC |
| Wednesday | Ballet/Jazz Combo | 5:15-6:00p | 5-7 Years | JC |
| Wednesday | Pre Pointe/Ankle Strengthening | 6:00-6:30p | Teacher Approval | JC |
| Wednesday | Turning Balance & Leg Strengthening | 6:45-7:15p | 9 & Up | JC |
| Wednesday | Beg/Int Hip Hop/Jazz | 7:15-8:00p | 9 & Up | JC |
| | | | | |
| Thursday | Beginning Tap | 4:45-5:15p | 7-9 Years | MGM |
| Thursday | Intermediate Tap | 5:15-6:00p | Open Age | MGM |
| Thursday | Musical Theater | 6:00-6:30p | 7-9 Years | MGM |
| Thursday | Adult Hip Hop Cardio | 6:30-7:15p | 18 & Up | MGM |
| Thursday | Musical Theater | 7:15-8:00p | 10 & Up | MGM |

MUST HAVE 4 STUDENTS ENROLLED FOR A CLASS TO REMAIN OPEN

INSTRUCTORS:

Cate Van Gorp – CVG

Brielle DeSimone – BD

Haley Shike – HS

Jenn Conidi – JC

Mary Grace Martens - MGM