



BalanceMD

Solutions for Dizziness and Hearing Loss

Indianapolis office

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Indianapolis, IN 46260
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Lafayette office

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Lafayette, IN 47905
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www.BalanceMD.net (888) 888-DIZZY (3499)

Welcome to **BalanceMD**! Dr. Scott Sanders is a board certified neurologist with specialty training in neuro-ophthalmology and vestibular (dizziness or imbalance) system disorders. Samantha Plitt, PA, in our Indianapolis office and Ashly Gray, NP, in our Lafayette office, are our advanced practice providers (APP). BalanceMD is a specialty medical clinic focusing on the diagnosis and treatment of those suffering from dizziness, vertigo and/or imbalance.

BalanceMD is the only true balance center in Indiana, where physician, audiologist and physical therapist all work together in the same medical practice to meet ALL needs of those suffering from dizziness, vertigo and/or imbalance. So, there is no need to travel to different facilities for any needed diagnostic evaluation or treatment. Our audiologists specialize in vestibular system testing and our physical therapist specializes in vestibular rehabilitation, a special type of physical therapy for reducing/resolving dizziness and improving balance.

Part of a thorough vestibular system evaluation includes a hearing test and we are pleased to have **Indiana Hearing Specialists** with us to provide any needed hearing healthcare services, including hearing aid evaluation and fitting.

Indiana
HEARING SPECIALISTS

We strive to keep your appointment on time, so the following information is important to review and follow:

- Arrive 20-30 minutes prior to your scheduled appointment time. This allows our staff to get you checked in and ready to be seen at your appointment time. **If you are late, your appointment may be rescheduled so as not to inconvenience other patients.**
- Complete paperwork **PRIOR** to your appointment. All needed paperwork may be found under the “Patient Information” tab “New Patient Forms” on our website - <http://www.balancemd.net/patient-information.html>. You may complete the forms online or print, fill out and fax or bring with you to your appointment.
- Bring your insurance card(s) and driver’s license.
- Be prepared to pay any co-pay, coinsurance and/or deductible amounts as required by your health insurance carrier on the day of your appointment.
- Please ask your referring doctor to mail/fax pertinent records, including any lab test or radiology test results, prior to your appointment.
- Provide a medication list that is current and includes dose and frequency.
- Most patients who are being seen for dizziness, vertigo or imbalance should expect a return appointment for vestibular function testing. Additional instructions will be given once the appointment is made. **If you live far away, please request that any needed vestibular diagnostic testing be performed the same day prior to your appointment to see Dr. Sanders**, so as to avoid making an extra trip.
- For some follow-up visits, especially those who live far away, our providers offer Telemedicine (aka “virtual visits”), which allows you to see one of our healthcare providers online from home or work or wherever you are. Medicare now covers this service. Some private insurance plans do not cover this service, so you will need to check with your own insurance company. For more information, go to <http://www.balancemd.net/patient-information.html> and look under “Virtual Visit Forms”.

Additional information about our practice, including maps to both of our offices, can be found on our website www.BalanceMD.net.

Dr. Sanders and his staff will go to great strides to make your visit with us as pleasant as possible. Feel free to contact our office Monday through Thursday 8-4:30 and Friday 8-3 with any questions. If after hours, please leave a message and our staff will return your call as soon as possible.

Sincerely, Dr. Scott Sanders and Staff