

# 2021 State Powerlifting Meet

*in El Reno, OK*

*March 11th, 12th & 13th, 2021*

I hope this letter finds everyone across our state doing well amid this COVID-19 pandemic. I know these times have been trying, but like most things, we always find a way to prevail. This year we are having the 2021 State Powerlifting Meet in El Reno, OK at Jenks Simmons Gym and Jenks Annex Gym again like we have over the last 3 years. We are having a Junior High State Meet this year for the first time ever in one location the day before the Large and Small School State Meets. Junior High State will be on Thursday March 11th. (Coaches will Judge this Meet if you qualify kids for the meet) The Large School State Meet will be on Friday March 12th, 2021 and the Small School State Meet will be held on Saturday March 13th, 2021. (We will have State Judges like always for the High School Meet) All meets will start at 9:00 a.m. All State qualifiers will be posted on the OFBCA Powerlifting website.

The entry fee for the state meet for all teams will be **\$150.00** for 1 to 4 lifters and **\$200.00** for 5 or more lifters who qualify. This is a change from past years due to the fact that we are not allowing as many spectators in the gyms. Each qualifying lifter will receive 3 tickets for family or friends to come and watch them lift. We are reducing the amount of spectators due to the COVID-19 protocols we have put in place. We are working with Skordle to try and have them live broadcast the meets so that those who cannot attend will be able to watch the competition.

We will still have concession stands and **NO FOOD, DRINKS or COOLERS** will be allowed into the facilities for any reason at all. We will have breakfast available for the lifters in the concession stand. This year we will be using basically 3 gyms to lift the lifters each day. We are spreading out across the facilities to allow for social distancing and for trace contacting purposes. Lifters will only be allowed in the gym they are lifting in. I am not going to go into all the protocols we have put in place so please make sure you as the Head Powerlifting Coach, your assistants and your administration go to the [ofbcapowerlifting.com](http://ofbcapowerlifting.com) website and look over the google slide document that we have posted that show all protocols we have put in place for the safety of everyone. Our protocols have been approved by the state department and the local CDC of Canadian County.

Coaches, we will have a room where you can grab something to eat on the go, but it will not be like previous years. You will not be allowed to sit and mingle like before. It will be a grab and go situation. Judges will stay at the lifting areas and drinks and food will be provided for them there.

Weight-in will be from 5:00 p.m. to 8:00 p.m. on Wednesday night for Junior High lifters, Thursday night for Large School lifters and Friday night for Small School lifters. We will also have weight-in from 6:00 a.m. to 8:00 a.m. each morning of the meet for lifters who want to weigh in the mornings. We will have a short coaches meeting at 8:45 a.m.

Last but not least , please feel free to contact myself, Coach Feddersen or Coach McGill with any questions or concerns that you might have with anything at all.

**PLEASE MAKE CHECKS PAYABLE TO: EL RENO QUARTERBACK CLUB**

- We can and will provide you or your school with a W-9 form if you need one!

Sincerely,

***Chuck Atchison***

Head Football Coach / State Meet Director

El Reno Indians

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The Regional and State Powerlifting Meets are Governed by the **OFBCA!**

- The OFBCA has also approved the protocols in place for these meets.

**2021 OFBCA Powerlifting Board Members**

President - Dusty Newberry (McAlester)

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