



THE ESSEX CORINTHIAN YACHT CLUB



Annual Essex Harbor 4th of July Boat Parade

ENTERTAINMENT & EVENTS:

- **4th of July Essex Harbor Boat Parade and Party & Cookout** at the club. Parade and party start at 1 pm. We need a headcount, please sign up in the dining room or contact Entertainment Chair Val Votto.
- **July 20th Three Mile Harbor Fireworks Cruise and Beach Party** <http://bonacfireworks.org/>. Join the ECYC flotilla for this wonderful on water event that kicks off our club cruise. Please contact Vice Commodore Tim Brewer for details.
- **July 27th Essex Rum Challenge**
- **July 28th Outer Light Classic**

Refer to our event calendar on our website at www.essexyc.org for event details!

VIEW FROM THE BRIDGE

Fellow Corinthians,

"High Season" at ECYC is well underway!

Kicking off a long July 4th weekend is our annual family picnic and Essex Harbor Boat Parade. Always a fun combination!

We are pleased to welcome Essex's own Tall Ship, the Mary E, to the procession. The Connecticut River Museum is extending discounted tickets to our members to ride on the Mary E in the parade along with an abbreviated river tour. Please contact Helen at the Museum to reserve a spot at 860-767-8269. We also hope to have some other surprise boats in the parade this year. Join us!

The picnic is another terrific gathering of the Corinthian family. Some of you may recall the band "Straight Ahead" from our Commodore's Gala last fall and we are happy to see their DJ return to ECYC for the 4th. Our thanks to the club entertainment committee lead by Val Votto for her planning and coordination.

Moving Off Shore: Corinthian boats are well underway to points near and far, ranging from our mooring in Hamburg Cove to Halifax and the Royal Nova Scotia Yacht Squadron, the host club for the Marblehead to Halifax Race.

Our spring raft up brought Corinthian boats of various shapes and sizes together for a very fun gathering at Hamburg Cove. What fun it is to share and visit different decks, bridges, and cockpits to make new friends and renew current ones.

We applaud the crew of *Tartuca* (Skipper: Peter Emblin, Helmsman: Jon Gibbs) for representing ECYC while campaigning *Tartuca* (an Islander 40) for the Long Sands Shoal Cup. *Tartuca* so impressed the Duck Island fleet during their spring regatta that several boats came by to ask, "Where are YOU from?"

The Cup combines the results from races throughout the summer to include the Essex Rum Challenge and the Outer Light Regatta. *Tartuca* will be soon joined by other ECYC racers in upcoming Eastern Connecticut Sailing Association regattas as we accumulate points for the Outer Light Trophy, given to the ECSA yacht club with the highest combined non spinnaker race results. ECYC was second to Duck Island last year among all some 40 sailing clubs belonging to the Eastern Connecticut Sailing Association (ECSA).



OFF SHORE NEWS & EVENTS:

PHRF Fun Racing with ECYC Update:

Our first ECYC/EYC PHRF "Round the Buoy Race" was held on Sunday, June 23rd. Eight boats started in a dying southerly, while the "super moon" ebb was beginning to build. Three boats managed to reach escape velocity and/or set anchors to wait for a sea breeze and eventually finished the race. EYC's Ron Levine and Frank Flores were first and second respectively, while ECYC's Peter Emblin (with Jon Gibbs and crew) were 3rd in *Tartuca*. Many thanks to Andy Roussel in *Annie B II* for handling finishing line responsibilities for the race. With thanks to Deb Wallis, Jean Brewer and Earl Fowler, crews enjoyed a great post-race BBQ on the Brewer Dauntless Dock.

The next race is set for Sunday, July 14th with first warning at 1200. Eric and Donna Altomare have volunteered to handle the finish line responsibilities, and ECYC will host the post-race BBQ. Contact Tim Brewer if you plan to race your boat or would like to crew on a boat.

3 Mile Harbor Raft Up and Club Cruise:

Our ECYC Club Cruise this year will kick-off on Saturday morning, July 20th with an informal Club Race from Saybrook Point to 3 Mile Harbor (Sammy's Beach party in the afternoon, fireworks at 9 PM). We will coordinate beach party activities with our own Deborah Rie (johnrie@sbcglobal.net), who is coordinating the event for the Baldwin Yacht Club. Please contact Deb if you have a party idea. Look for a sign-up sheet in the clubhouse.

On Sunday July 21st the Cruise will head for Block Island and on from BI to Newport and Cuttyhunk, returning to

Moving REALLY off shore, I am excited to be joining ECYC members Jim Francis and George Van Drasek as part of the crew of Bluebird (ECYC Skipper Harry Bird) for this year's Marblehead to Halifax Race. Harry is a veteran blue water sailor and racer with multiple trips to the podium for the Bermuda and Halifax races under his belt. See the tracking link below to follow our progress in real time. The Race starts Sunday, July 7th.

Upcoming On-Water Events: July provides many opportunities for off shore cruising and racing including two club favorites: The 3 Mile Harbor Fireworks Cruise and the Essex Rum Challenge. Please see Vice Commodore Tim Brewer's update for details.

On Shore: Our galley hosted another spectacular Father's Day American BBQ Sunday night dinner. Sunday dinners are becoming an increasingly popular event at the club. Please see the note below on Galley Tips for recommendations on reducing service times.

We are AIR CONDITIONED! With thanks to House Chair, Chuck Grusse, our dining room is now air conditioned with the two window units approved in our 2013 budget. What a difference! Please leave it to Monique & Ed from the Galley, Rear Commodore Steve Rodstrom or Fleet Captain David Dorrance to make any adjustments. If the units are on, all doors and windows must be closed. We appreciate your help.

Let's Do Lunch! You may notice visitors from other Yacht Clubs joining us for lunch at the club this summer. To support the Corinthian Café's lunch business, in addition to our normal reciprocal club policy, we have extended to surrounding "galley-less" yacht clubs the opportunity to enjoy lunch at the club this summer. These include Pettipaug, Hamburg Cove, North Cove, Duck Island, Baldwin, the Essex Boat Club, Middlesex, and Pattaconk. In addition to supporting the galley's lunch operation, this program also provides the opportunity to introduce our club to other yacht club members who may be interested in a club like ours to complement the club they currently belong to. Let us know your feedback on this program.

The greatest reason we all enjoy our club is our friendships and fellowship as Corinthians. I know you will extend that spirit in making all visitors to ECYC feel welcome and at home.

Membership: Please see Membership Chair Sharon Craig's report below. We were excited to welcome our newest Corinthian Crew members at our new member reception on June 28th. We also specifically ask you to think of at least one friend you feel would be a great addition to the club and propose them this summer. We are very close to our new member goal for the year. Our success is through your careful recommendations, one new member at a time.

House: We are pleased to add two past commodore boat pictures to our collection: Jim Nash (1988) and Jim Hanson (1994-95). Our thanks to ECYC member Marilyn Jacobs for her great work framing and labeling them.

You may have noticed we have also started a half model collection by Elaine's office through the inspiration of ECYC member Duncan Syme. What self-respecting yacht club doesn't have a half model collection? Half models of past ECYC commodore and award winning ECYC yachts are sought.

Finally, a major Corinthian kudo to our "Fleet Gardener" Jean DeLia for her continued work beautifying the flower pots in front of the club. Thank you, Jean!

We are all custodians of our club and these are outstanding examples where members have stepped up to make our home on the water better for all.

Essex via Newport, Watch Hill (and/or Block). For those with more time to cruise, our ECYC Cruise can be linked with the Baldwin YC Cruise, which kicks-off on our return date of July 27th. Contact Tim Brewer if you are interested in joining the cruise.

1st Inaugural Cross Sound Challenge PHRF Race

Our new racing event this year is scheduled for Saturday, September 21st. With Lew Davidson heading up sponsorship and promotion and the team of Toby Doyle and Chris Morano as overall event coordinators, we are looking forward to a great day of racing. We anticipate that the Mudheads will provide a PRO and assume management of the event on race day so that our members can participate in the racing. David Dorrance, our Fleet Captain has offered *Chelsea Morning* for Committee Boat duties. And - as long as there are no cannon or shot guns fired - we anticipate that Sarah will join him aboard ;-).

Tim Brewer

Vice Commodore



COMMITTEE UPDATES

House & Grounds Update:

Air conditioning now exists at the club. Think I'll say that again, AC is now operating at the club. Both very large window units have been installed. Early results during the most recent heat wave are very encouraging. Whereas the present configuration is short of a fully engineered, central climate controlled solution, it brings appreciable relief to the club space, for thousands less in cost. The operation of the AC will be reserved for the very hot and humid summer days, at determination of the galley. When in use, all need to be conscious to keeping windows and doors closed. Enjoy the relief these units will provide.

The heads continued to become fully appointed with electronic soap and towel dispensers now in both ladies and men's.

Please check out the club's new web site at www.essexcyc.org. Our Facebook page also provides current club updates and has an increasing audience. Become a "fan" to get club updates.

Make it a good month!

Terry Stewart

Commodore
Essex Corinthian Yacht Club



Galley & Lockers:

Did You Know?

You can set up your ECYC charges to be automatically billed to your VISA or MasterCard? A growing number of Corinthians do this and we encourage you to join them. You and the club benefit through a simplified billing and payment process. Plus you get the Reward points if your card offers them! Just let Elaine know you would like to charge your club bill to your credit card and she will take it from there.

Galley Tip: *We know some members have experienced long wait times with the galley, especially on Friday night. The delays are resulting from the galley team getting a large number of menu tickets at the same time. To reduce the bottleneck, we encourage you to submit your tickets as soon as possible when you arrive at the club.*

Lockers:

We have some occupied lockers that we are unable to offer to members as we have no record of the member who is using them. If you have not been billed recently for the locker you are using, please contact Elaine in the office. If we have not heard from you by July 15th, we will open the locker and remove the contents to make the locker available to other members.

Grenadines 2014:

A club cruise to the Grenadines is now forming for the week of February 22nd, 2014. ECYC member Jim Pfeffer is organizing charter boats and crews for an amazing sail to some of the most spectacular cruising grounds in the world.

Please contact Jim to express interest at jpfeffer@tannenbaumtreasures.com



Partitions are at last in place in the men's room. Next up will be to complete the shower space. Jane Pfeffer assisting with shower curtain selection, the current temporary hooks (thanks Steve) will be replaced with matching hardware, and a seat will complete the shower. Members are reminded to please make sure both doors to the shower space are unlocked when exiting.

Many thanks go out to George VanDrasek for his outstanding efforts toward getting the Viking grill back to operation. He took the lead to obtain replacement knobs, cleaning of the unit, and replacement of the individual control valves. His effort has resulted in a reconditioned and safe grill to the benefit of all. Thank you George!

I was able to provide a small AC unit which was not in use for the much needed relief to Elaine in the new office space. Summer dropped on us quickly with its first multiple days of heat and humidity. I was able to get the unit in the office window just in time.

Of course there are other projects to be pursued and improvements to be considered and completed. But for right now, let's all enjoy the brief prime summer months on the river and in the new ECYC building.

Chuck Grusse

House Chair

Membership Update:

WELCOME!

The Board is very pleased to announce that **Adrienne & Andrew Brennan, Teresa Patrick-Connell & Mark Connell, and Gail & Richard Hoxsey** have become the newest members of ECYC.

The **Brennans** live in Lyme and are former members of the Stamford Yacht Club, Stamford, CT. Their enjoyment of the CT River and the river towns has led them to ECYC where they are looking forward to meeting others and sharing their experiences living in the CT River area. Adrienne and Andrew were sponsored by Hollis Barry.

Teresa Patrick-Connell and Mark Connell moved to Essex approximately

ECYC Wins 12-Meter Challenge!

The 12-Meter Columbia, winner of the 1958 America's Cup and current North American 12-Meter Class champion was ably crewed by Corinthians to win this year's 12 Meter Challenge vs. crews from the Essex, Baldwin, Pettipaug, North Cove, and Frostbite Yacht Clubs. In contrast with last year's 30 knot gusts, this year's conditions were near perfect with the 12's speeding through Narraganset Bay at 8.5 knots in 12-15 knots of wind.

Three exhilarating races were held into a northerly wind with the start line south of Gould Island. The windward mark was just north of the center of the Newport Bridge. Each race had a photo finish with Heritage nosing out Columbia in the first race. Columbia came back to win races 2 and 3 with Weatherly (EYC) and American Eagle (North Cove and Frostbite) close behind.

To celebrate the ECYC victory, Corinthian's met at the bar of the Canfield House in Newport followed by a fun group dinner. The wonderful hospitality of the Canfield House has earned it's designation as the "Newport Station of the Essex Corinthian Yacht Club"!

The clear consensus from all crews, no matter their place in the results, was "let's do this again next year!"



L: Columbia in the lead; R: Award Trophy Presentation at ECYC: left to right: ECYC Commodore Terry Stewart presents the 2nd place trophy to Wes Bray, EYC Rear Commodore (Weatherly); 1st to Steve Rodstrom, ECYC Rear Commodore (Columbia): and 3rd to Myron Stacks, BYC Past Commodore (Heritage)

Marblehead to Halifax Race:

You can follow Bluebird, our proud ECYC entry in the Marblehead to Halifax Race in real time during the race at the link below. I know a few ECYC wives who will be!

<http://www.marbleheadtohalifax.com/page/therace/tracking>

The Start will be at 2pm on Sunday, July 7th.

We expect to be in Halifax by July 9th.

a year ago and are interested in meeting new friends who are also interested in boating. They keep their Grady White, "Poppy Cock", at the Chester Point Marina and look forward to becoming involved in the regattas. Teresa and Mark were sponsored by Steve Rodstrom.

Gail and Richard Hoxsey live in Deep River, have attended several ECYC activities and are members of the Pettipaug Yacht Club. They were avid sailors in their days in San Francisco, Baja California and Turkey! They currently are kayak enthusiasts and are excited to become a part of the Corinthian fabric. Gail and Richard were sponsored by Ellie and Bob Edgeworth.

Welcome back to **Audrey and Jim Simon, Ellie and Bob Edgeworth** and **Mitchell and Cheryl Heffernan**. Glad to have you back at the club!

Please make returning and new members feel welcome and introduce them to your fellow Corinthians!

Sharon Craig
Membership Chair

In Memoriam:

We are sad to report the passing of two long time Corinthians:

Eileen "Sammy" Pery of Essex was a charter ECYC with continuous membership since 1984.



Dan Bloch of Chester joined ECYC in 1994.

Our thoughts are with their families during this time of loss. They will be greatly missed on our decks.

ART on the River:

We are pleased to announce a new collaboration with the **Essex Art Association (EAA)** to display local artists' paintings on open wall space at the club.

Paintings



Bluebird

Corinthian Kayakers:

Calling all Corinthian Kayakers:

The Kayakers had an exceptional day in June on the Black Hall River. The put-in started at Smith's Neck in Old Lyme and we pushed off headed down river. The weather was perfect and along the way we enjoyed a number of bird sightings; osprey, egrets, ducks, and a variety of songbirds. Once beyond the railroad bridge the wind began to turn and so did we. While the tide was falling the wind was increasing, but the group stayed together in perfect rhythm. Our point person, Frank Hall, found a new cut through the marsh which saved a longer haul, and we back to the ramp in good shape. It's always fun to watch getting in the boats and even better to see the exiting...fortunately no pictures!

We are looking at several dates in July: 14th and 28th, and several possible destinations. Let me know if you would like to be added to our roster and receive the information about up coming plans.

Don Shannehan
donsannehan@sbcglobal.net



Burgee of the Month:

Our burgee of the month is from the Boston Yacht Club (www.bostonyc.org) located in Marblehead, MA. The Boston Yacht Club was founded in 1866 by three Dartmouth alumni who sought a venue for yacht racing that would provide "that spirit of comradeship, of courtesy and chivalry, of sympathetic joy in a common sport". BYC and the Royal Nova Scotia Yacht Squadron are the host clubs for the Marblehead to Halifax Race and will be our home while preparing for the start on July 7th. BYC is a beautiful facility with overnight rooms, bar, and galley that welcomes ECYC as a reciprocal club.

will be for sale and can be purchased through the ECYC Ship's Store.

The first show, called "Art on the River" starts July 3 and will extend through September. We thank ECYC and EAA member Susan Malan for initiating our partnership. We also happy to designate Fleet Captain David Dorrance with the additional title of "Fleet Curator" to coordinate the art display at ECYC, ably assisted by his wife Sarah.

Green Tip of The Month:

There is no doubt, we all love our "playgrounds", the Connecticut River, and Long Island Sound and beyond.

As summer progresses, there will be plenty of cruises, raft ups and other enjoyable activities on and around the water. It always upsets me when this enjoyment is marred by trash floating in the water, caught in the salt marshes, or swept onto our local beaches. There are plastic bags, soda and bear cans, plastic water bottles, bits of paper and plastic, and assorted nasty trash varieties... While it is ugly to look at, this trash also has a very negative effect on sealife and our beautiful shore- and seabirds. I recently attended an environmental workshop discussing the devastating effects of plastic particles on various species of birds, and I left the venue vowing that I would do my best to help reduce the trash that ends up in our waterways. ***Single-use plastics are the major culprits.***

If you insist on using individual plastic water bottles on your boat, refill them from the tap and reuse them. You can buy a water filter for your tap if you do not like the taste. Or better yet, purchase a reusable water bottle for every one of your crew members. There are plenty of nice designs to choose from, and you will save money in the long run.

Every year, close to 1.5 million tons of plastic waste is produced by



Women's Sailing:

We are very pleased to report the ECYC women's sailing group is off and running (OK....sailing) again on Monday nights combining fun, fellowship, and sailing the club's Ideal 18's.

Racing Workshops for Women: We are pleased to announce Cindy Gibbs will be holding three racing workshops on Wednesday nights starting on July 10th with follow on sessions on the 17th and 24th.

These will be combined sessions with women Ideal 18 sailors from EYC. Course cost is \$75 to be charged to your club account.

To register, please contact Cindy directly at cindygibbs@gmail.com.

Cindy leads by example! In the first Tuesday night series ideal 18 race, Cindy took first place with Laurel Stewart as her rookie crew in Nautilus vs. 4 boats from EYC.



Ideal 18s:

Our thanks to Rear Commodore Steve Rodstrom and Fleet Captain David Dorrance for their tremendous efforts cleaning and re launching our Ideal 18's for the summer season.

Please know the Ideals are available for all ECYC qualified sailors to sail. See the sign out sheet by the River Room door. Late afternoon/early evening sails after work are especially nice!

A note from David:

"It looks like the Ideal 18 Sailing Program is off to a great start for the 2013 season under the capable instructorship of Ed Birch and Cindy Gibbs! Just a couple of reminders to all Ideal 18 sailors: Please let David Dorrance (203-722-5334 or dwdorrance@gmail.com) know right away if anything needs repair or replacement on Nautilus or Dragonfly. We want the boats in proper working order at all times for everyone's enjoyment. A minor thing, but please loosen the outhaul on the main sail when putting the boat to bed. No need to stress out the sail when not in use. Thank you all for taking care of ECYC's Ideal Fleet as if they were your own!"



Sailing Classes:

The first round of our co-ed ECYC sailing class is wrapping up. Another class is forming. See the note below from **Ed Birch**, dean of our sailing school.

ECYC SAILING LESSONS:

Each spring the club provides sailing lessons for our members. We now have a separate Ideal 18 bulletin board where you can find information about sailing lessons and also sign out to use an Ideal 18 provided that you have been qualified by one of our instructors. There is also a list of those members who have been qualified and perhaps would be willing to take you for a sail. We have many members who have gone through the sailing program. This past spring there were only six members who qualified to sail an Ideal 18. Alex Bell, Julie Burdelski, Dennis Paugh and Adam Calkins all passed the sailing class.

bottled water. This plastic requires up to 47 million gallons of oil per year in production, according to Food and Water Watch. While the bottles are made of a high quality plastic recyclers welcome, over 80 percent of the bottles are not recycled, but simply thrown away. That is, assuming that they make it into a garbage can, of course. There is now so much plastic waste that vast eddies of plastic trash are caught by the world's currents, spinning endlessly in the world's major oceans. Just think of the immense risk this represents to marine life, killing birds and fish which mistake our garbage for food.

If you are interested in finding out more, check out the GYRE Project, by National Geographic and the Blue Ocean Institute from Long Island, trying to evaluate the amount of trash collecting in Alaskan waters. Video at http://www.youtube.com/watch?feature=player_embedded&v=EJuY0uy8Lbo Please be aware that there are a couple of graphic images in the video of birds who ingested plastic particles. Carl Safina's latest article about the GYRE Expedition & Project at <http://tinyurl.com/kzdjbs3> is very insightful. Carl's Blog can be found at: <http://newswatch.nationalgeographic.com/author/csafina/>

Ruth Emblin

Fleet Communicator

Matt Winkler and Brian Lachapelle were experienced sailors who qualified to sail the Ideal 18.

If you have missed the spring sailing instruction or you are an experienced sailor who would like to sail one of our Ideal 18s, check the bulletin board for information, or contact Ed Birch.

Promote ECYC!

The perfect way to promote ECYC and show your club spirit throughout the season on and off shore is by flying or wearing the club burgee! Fly it right! Consult Eldridge or Chapman for guidelines.

The Ship's Store not only sells burgees, there are vests, scarves, ties, polos, tees, sweaters, windshirts, etc., etc., etc., all waiting for you to show your Corinthian Spirit!

And if you want to add some Corinthian Spirit to your evenings at the club, check out the etched wine and drinks glasses. Toast your friends in style!

See Jean Brewer at the Ship's Store for all the new items she has added to the store's selection!



The Essex Corinthian Yacht Club's Bell 8 Newsletter is a monthly publication issued by the Essex Corinthian Yacht Club of Essex, CT.

For general questions on ECYC please refer to our website at www.essexcyc.org, email us at ecyc@essexcyc.org, or snail-mail to Essex Corinthian Yacht Club
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Find us on Facebook at: www.facebook.com/EssexCorinthianYachtClub

Please note that schedules may change at any time without prior notice. ECYC and the editor are not responsible for any errors or inaccuracies derived from information provided by third parties.



Save!

SHOW YOUR CORINTHIAN SPIRIT BY SHOPPING THE SHIP'S STORE!

Stop by and see what's new at the SHIP'S STORE!

Save!

Save \$10 off Men's and Women's vests ALL MONTH LONG!

Toast your friends with the new etched wine glasses on Friday nights!

We once again carry beautiful etched rocks glasses.

Save!

Offer expires on July 31st, 2013.

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