

**Rajiv Gandhi University of Health Sciences, Karnataka**  
II Year B.Sc. Nursing (PB) Degree Examination – September 2014

**Time: Three Hours**

**Max. Marks: 75 Marks**

**MENTAL HEALTH NURSING**  
**(RS-3 & RS-4)**

**Q.P. CODE: 1743**

Your answers should be specific to the questions asked  
Draw neat labeled diagrams wherever necessary

**LONG ESSAYS (Answer any Two)**

**2 x 10 = 20 Marks**

1. a) What are the etiological factors of mental disorders?  
b) Explain the ICD classification of mental disorders. (5+5)
2. a) Define Schizophrenia.  
b) List the etiological factors of schizophrenia.  
c) Explain the management of patient with paranoid schizophrenia. (2+3+5)
3. a) What is substance use disorder?  
b) Classify psychoactive substances.  
c) What is the nursing management for a client with Alcohol Dependence Syndrome? (2+3+5)

**SHORT ESSAYS (Answer any Seven)**

**7 x 5 = 35 Marks**

4. Briefly explain the role of a nurse in preventive psychiatry.
5. Mental health act
6. Define Process Recording and its importance in psychiatric nursing.
7. List the rights of a mentally ill Client
8. Management of a child with mental retardation
9. What are the characteristics of a mentally healthy person?
10. What are the therapeutic impasses of Nurse Patient relationship and how can this be prevented?
11. Define dementia. Explain the different stages of dementia.
12. What are the nursing interventions for a client with Mania?

**SHORT ANSWERS**

**10 x 2 = 20 Marks**

13. Name five neurotransmitters that causes mental illness
14. Define Crisis
15. List five behaviour therapy techniques
16. Differences between obsession and compulsion
17. Define stress
18. List four important side effects of Antipsychotics
19. Define Anhedonia
20. Differentiate illusion and hallucination
21. What is enuresis?
22. Define insight.

\*\*\*\*\*

