



## GFWC Menominee Women's Club

General Federation of Women's Clubs

www.gfwcmenominee.org

April 2025

Editor: Martha Harding, 906-290-9244



### A Collect for Clubwoman

Keep us, O God, from pettiness; Let us be large in thought, in word, in deed. Let us be done with fault-finding, and leave off self-seeking. May we put away all pretense and meet each other face-to-face, without self pity and without prejudice.

May we never be hasty in judgment and always generous.

Let us take time for all things; make us grow calm, serene, gentle. Teach us to put into action our better impulses, straight-forward and unafraid.

Grant that we may realize it is the little things that create differences, that in the big things of life we are at one. And may we strive to touch and to know the great common human heart of us all and O Lord God, let us forget not to be kind!

Mary Stewart 1904

### GFWC Mission Statement

*"GFWC-an international women's organization dedicated to community improvement by enhancing the lives of others through volunteer service."*

### GFWC Menominee Dates

#### April 2, 2025

The April 2nd General Club Meeting will be held at Riverside Country Club, 3459 14<sup>th</sup> Avenue, in Menominee.

Check-in and social time begin at 11:30am, lunch will be served at noon. The program and business meeting will follow. The cost is \$17per person, checks preferred.

The Menu is Spring Salad, Pasta Primavera with Bread and Strawberry Shortcake for dessert.

The program will be on the Menominee County K9 Program presented by Detective Dave Ashby, K9 Unit Coordinator.

Please let your caller know if you have any dietary restrictions

associated with the menu. Also, please remember to RSVP your caller before noon March 28, 2025.

### A Look Ahead

**April 16, 2025**

**GFWC Menominee Board Meeting**

GFWC Board Meeting, Spies Library, 9:30 am

**May 7, 2025**

**GFWC Menominee General Meeting**

at Riverside Country Club, 3459 14<sup>th</sup> Avenue, in Menominee.

### GFWC MI and International Dates

**April 20-26, 2025**

Volunteers in Action Week

**April 24, 2025**

GFWC Federation Day

**April 24-27, 2025, GFWC MI State**

Convention in Traverse City MI

**June 7-9, 2025**

GFWC 2025 International Convention Atlanta, GA

**July 15, 2025**

GFWC MI Bay Cliff Health Camp Day Watch for UP District 5 Meeting information.

### Spreading 'Sunshine'



Janet Conklin

Is there a GFWC Menominee Club Woman who is having surgery, ill, or needs a little 'Sunshine'? Please let our Sunshine Gal, Janet Conklin, know about it so she can send a card. 715-923-3859.



### Club Presidents' Message

Co-Presidents

Eileen Beyer 906-792-8374

Martha Harding 906-290-9244

Our Club honors our Military Veterans in many ways. We create stars that they can carry in their wallets, send cards, purchased flags poles for the cemetery and place flags on graves prior to Memorial Day, etc.

This month, prior to our Club's Board Meeting, we presented a check for \$2,350 for the Honor Flight Program. These monies will be used to defray the cost of two people who will accompany veterans on the flight.



Co-President Eileen Beyer (left) and Martha Harding (right) present the donation check to (center) Judy Pier, Dan Pier, Dave Harold from the Twin City Veterans organization.

This check is the first of four donations that were suggested by the members and chosen by a donation committee that met last year. We will, again, ask for suggestions from members for organizations in need of assistance this year. Our monies that are available for donation are decided upon during the budgeting process which is in June and the committee meets after that.

## **Membership**

Judy Reid, Chairperson  
906-792-9186



**GFWC Federation Day is April 24<sup>th</sup>, so to celebrate our Federation Day let's wear our GFWC Pins and Apparel to our next general meeting on April 2 to help celebrate.**



**Judy Reid will be selling GFWC Membership Pins (\$10) at the meeting.**

Do you have a passion for membership of GFWC Menominee Women's Club? Would you like to be part of the Membership Committee? Contact me, Judy Reid, if you would like to learn more about this important committee and its responsibilities.

### **General Meeting DOOR Prizes**

A HUGE Thank You to all who donated our special items for this year's Door Prize drawings. It is because of YOU that we can offer this optional drawing to all who attend our general meetings. If you would like to donate towards next year's Door Prizes, just give Judy Reid your contributions (i.e., Candy, Wine, Holiday decorations, etc.)

### **Pictures! Pictures! Pictures!**

**The GFWC Menominee Scrapbook/Memory Book Team is asking for your help in capturing our "GFWC Moments."**

**While you are volunteering, please remember to take a photo of the event, with GFWC members included if possible.**

**The pictures can be emailed as a .jpg attachment to [ellen.wertepny@gmail.com](mailto:ellen.wertepny@gmail.com). or attached to a text message to Ellen @ 920-676-6223. The scrapbook is an "It Takes a Village" effort; your help is very much appreciated!**

### **Treasurer & Fundraising**

Pat Brukart, 906-792-8147

### **Donation Committee**

Ruth Wesoloski, Chair  
906-863-2232

It is that time of year again! At the board's direction, the donation committee is asking you, our membership at large, for your thoughts and suggestions as to how to best allocate those hard-earned dollars from our successful fundraisers. If you have a favorite community nonprofit or an idea where we could make a difference in our community, the Donation Committee is asking you to submit a request **in writing** to the committee between April 1<sup>st</sup> and May 31<sup>st</sup>. Members of the committee are Karen Sutek, Pat Brukart, Sue Gressel, Francy Mullen and myself, Ruth Wesoloski. Our email addresses and home addresses are listed in our yearbook.

### **Arts and Culture**

*Chairperson Needed*

If you are interested in chairing this CSP please contact Tina Porod 715-923-5991 or Donna Suchovsky 402-740-2271

### ***Just Because Cards***

Linda Berry 815-474-9266



On Tuesday, March 18th, 12 of our members got together and created "Just Because" cards for 3 local care facilities ... Roubel's in

Stephenson, Menominee Health Services in Menominee, and The Cottages in Marinette. Spring was in the air while everyone worked on these bright, cheery cards filled with flowers and warm sentiments! I was able to deliver over 100 cards to these facilities ... and I can assure you they were very much appreciated! Thank you ladies for a fun morning and delicious treats!!!

### **Friendship Brownies in a Jar**



Tina Porod and Renee Herrild are pictured layering dry ingredients into **their "Friendship Brownies"** in a jar on March 13, 2025. 16 members and 4 guests filled 36 jars. We certainly had an interesting time after enjoying our SSS Simple Sloppy Joe Supper. It was an evening of Fun, Food, and GFWC Fellowship!

### **Menominee High School Musical**

**CHICAGO-** GFWC Menominee Women's Club was a Platinum Sponsor for the show. Club members and at least one husband also passed out programs at the performances. Thank you to all the clubwomen who volunteered to help with this special musical.



**Ushers at Sunday's performance:** Len & Judy Reid, Bernie Beyer, and Barbara Gunderson.

## Civic Engagement and Outreach

If you are interested in chairing this CSP please contact Tina Porod 715-923-5991 or Donna Suchovsky 402-740-2271

## **STARS FOR VETERANS**

Linda Berry  
815-474-9266



**The Stars for Veteran's Project has been nominated by GFWC MI for a National Award!**

**Thank you Amy Vogltanz for creating these wonderful stars from old flags. I will be distributing our "Stars for Veterans" at the Vietnam Veterans Event to be held on Saturday, March 29th.**

## **Public Policy & Legislation**

Ruth Wesoloski, Chairperson  
906-863-2232

## **From the GFWC National Website:**

"In our illustrious history, GFWC's legislative strategy and our clubwomen's advocacy have yielded significant accomplishments.

As GFWC continues its successful trajectory of grassroots advocacy, we proudly highlight its legislative actions aimed at prompting Congress to address crucial issues such as domestic violence, women's suffrage, veterans' rights, and vaccination initiatives, among others."

Just a reminder that **you** can sign up in the Legislative Action Center by going to our GFWC Menominee web site where there is a link to the national webpage.

## **The M&M Children's Museum**

Linda Berry 815-474-9266

The Museum is progressing nicely with plans (fingers crossed) for a "soft opening" in December. But until that time, work and planning of

exhibits are underway. But we still need your support.

The next Children's Museum Fundraiser is "Rad by the River" on Saturday, April 12, 2025, at Riverside Country Club. Come put your 80's on! Tickets are \$25 which includes food & beer. Doors open at 5pm. Adam Trask band will be playing and there will be a Costume Contest and Trivia. So, let's go back in time and support this great cause. I will have tickets at the April meeting.

## **DAR BOYS & GIRLS CLUB BLUE DOOR GALA**

**THURSDAY, APRIL 10, 2025, at 6:00 p.m., LITTLE RIVER COUNTRY CLUB, N2235 SHORE DRIVE, MARINETTE, WI 54143**  
Put it on your calendar! The price is \$40 per ticket. Tickets are available at Jack's Fresh Market in Menominee, the DAR Club, and you can also go to the website: <https://thedar.ejoinme.org/gala2025>

## **Menominee Historical Museum**

### **Volunteers Needed**

WHEN: SUMMER 2025  
WHAT: MUSEUM GUIDES  
WHERE: 904 11<sup>TH</sup> AVENUE, MENOMINEE, MI

If you have not been to the Menominee Historical Museum, now is your chance! It is a wonderful museum. If you have any interest in the history of the area, this may be the perfect volunteer opportunity for you! You can volunteer as much or as little as you like! You can be a substitute if you just want to try it out. If you have a friend who may be interested, you could do it together. It is a lot of fun!

If you would like to consider volunteering at the museum or would like more information, please email the curator (a GFWC Member) Abbey Hoijer at [abigail.hoijer@gmail.com](mailto:abigail.hoijer@gmail.com).

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## **Resurrection Food Pantry**

Ruth Wesoloski, Liaison  
906-863-2232

If anyone is considering almsgiving during this Lenten season, please keep our Menominee food pantry in mind. **Especially helpful at this time would be canned fruit and boxes potatoes.**

I would be happy to pick up any donations or you can drop them off at the pantry: 2607-18<sup>th</sup> Street in Menominee (the office area of the church Monday, Tuesday & Wednesday 9-3; Thursday 9-12) or during pantry hours Monday, Wednesday & Friday from 10-1 at the same location.

## **Education and Libraries**

Diane Shepard, Chairperson  
920-606-9384

## **Epsilon Sigma Omicron (ESO)**

Karen Sutek, Chairperson  
920-676-3119

"A book is a gift you can open again and again." — Garrison Keillor

## **The Education Committee is Collecting!**

Just a reminder that the Education Committee continues to collect:

- Pop Tabs for Ronald McDonald House
- Pennies for Spies Library



Please keep collecting these items and bring them to our next general meeting!

## **Environment**

If you are interested in chairing this CSP please contact Tina Porod 715-923-5991 or Donna Suchovsky 402-740-2271

## **Spring Garage Sale**

Tina Porod, Co-Vice President  
715-923-5991

## **We are going to participate in a spring Garage Sale!**

All you need to do is **collect items that you don't use anymore** and have wanted to get rid of and **drop them off at Judy Reid's Sunroom (1710 28<sup>th</sup> Avenue, Menominee, MI), between the hours of 8 a.m.-**

**5 p.m., from April 14 through April 17, 2025.** This is the easiest garage sale in which you can participate! Set aside items that you would like to donate (no furniture), **calculate the in-kind value, AND write the amount down on a piece of paper AND bring that along with your items.** This is a win-win proposition, ladies! You will declutter your home without the work of setting up a rummage sale and pricing items, and you are also helping our community! So, start sorting!

**Environment Committee**  
*Ellen Wertepny, 920-676-6223*

Earth Day, celebrated annually on April 22, is a global event that raises awareness about environmental issues and encourages action to protect the planet, with its roots in the 1970s environmental movement.

**The Environment Committee is planning a GFWC Earth Day event in the form of trash pick-up in downtown Menominee along 1<sup>st</sup> Street.** We are asking for volunteers to join us to help our city shine.

We will gather on **Friday, April 25<sup>th</sup>, at 10:00 am at Veterans Park and work our way along 1<sup>st</sup> Street to The Landing.** We are hoping to be done around Noonish. Please consider helping us spruce up Menominee by joining us for whatever time you have available. **We would like to know how many volunteers to expect; please contact Ellen Wertepny @ 920-676-6223 to confirm your participation.** As the saying goes, "Many hands make short work", so we are hoping for "many hands". Bring a friend! **There will also be a sign-up sheet at our April luncheon.**

The Environment Committee will also be looking for volunteers to help plant flowers for the City of Menominee sometime in the beginning of June. More information to come once a date has been confirmed.



**St Vincent DePaul Store, Marinette**  
 Joy Peterich, Liaison  
 715-587-3321

The annual Shop, Show, and Tell party is set for Monday, May 19, 2025, from 10 AM to 12 noon.

All you need to do is go thrifting on your own and bring your finds as is or repurposed to share with the group. The finds shared last year were a tribute to the savings and fun of thrifting!

The event will be held at Joy's home located at N2151 Shore Drive, Marinette (four houses south of Little River golf course, non-bay side, light gray house, woods in front).

Please RSVP by text if you plan to attend to Joy at 715-587-3321. Members can invite a guest. If you attend, please consider bringing a treat to share.

**Health and Wellness**

*Barbara Jones, Chairperson*  
 312-858-0102

**American Red Cross Blood Drive**

*Judy Bramschreiber, Coordinator*  
 906-863-2052

The next Blood Drive will be in September. No further information at this time.

**The Health and Wellness CSP**

continues to host *Walk and Talk* gatherings at Marinette's REC Center on the third Friday of the month at 9am. Come and enjoy walking (at your own pace) and chatting with members. If you've never joined in the fun, perhaps you will consider coming in April and giving it a try. We think that you will enjoy the time spent and leave feeling energized.

**DID YOU KNOW:** the benefits of walking? The Mayo Clinic's website lists the following:

- improve cardiovascular fitness
- strengthen bones and muscles
- improve muscle endurance
- increase energy levels

- improve mood, cognition, memory, and sleep
- improve balance and coordination
- strengthen immune system
- reduce stress and tension

With all these wonderful benefits, we would like to encourage everyone to go for a 10-minute walk, three times a week. After a few walks, it is quite likely that you will want to keep this on your schedule. It has been found that by intentionally scheduling activities, we are more likely to accomplish them. (Naturally, if you have health concerns, please follow your doctor's recommendations.) For those of you who have walking and exercising routine, we encourage you to find new ways of challenging yourselves on your health journey. Please let us know how you are doing: the activities that you have been able to do, the benefits that you have discovered, and what would be helpful for you to continue on this path.



Our Healthy Recipes project continues at each general meeting. Healthy recipes are on display for those interested in trying something new. In addition, samples are offered each month. March's theme was Healthy Salads and April's theme will be Health desserts. We hope that you enjoyed these tastings!



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Lucy Hermanson, Liaison  
510-847-4401

Mark your calendar! Bay Cliff Day is scheduled for July 15, 2025. More information about donation items and carpooling will be available later in the spring or early summer.



**Guiding Harbor**  
Ellen Wertepny,  
Liaison,  
920-676-6223

If you would like to learn more about Guiding Harbor and this exciting project, please visit its website at <https://guidingharbor.org>

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