

NEWSLETTER

SEPTEMBER 2021

New Dawn Cnc

NEWDAWNCNC.COM

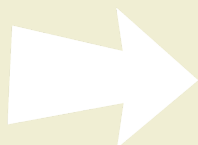


CURRENT OPERATIONAL ACTIVITIES

Our staff of professional therapists are here for you, please feel free to contact us at (+1) 805-604-5437, we are ready to give you the best quality service through Telehealth or in person.

DO YOU WANT
TO KNOW MORE
ABOUT
NEW DAWN?

Monthly Email Newsletter





ABOUT US

Telehealth & in person appointments [here](#)

Our services
EPSDT
- Psychoterapy
-Case Management
[here](#)

Meet our professionals
Meet our team [here](#)

Our blog
Getting back-to-normality after Covid-19

WELCOME TO NEW DAWN'S TEAM

NEW HIRES



CRISTIAN



CELIA



RICHARD



MARIELA

We are glad to have you as part of our team!

MEET OUR TEAM



Virginia Bauer

"My experience as the newest addition to the New Dawn family has been enjoyable. New Dawn is a place for learning and growing, not only in the professional field but in many other areas that allow me to grow as a person. My biggest motivation at work is most definitely the desire to accompany clients in their life and journey, towards finding stability in their mental health. The one thing that I like the most about my profession is seeing the impact that a mental health professional can have in a person's life. My hobbies include spending time with my family, dancing Zumba, exercising, watching movies and traveling"

VALUE OF THE MONTH TEAMWORK

At New Dawn we believe $1 + 1 = 3$. We do better together. Our team mentality is to offer and delivery high quality services to our clients, understanding the importance of working together without forgetting mutual support. We are fully aware that our best work is not deliver by individual as we are partners and collaborators, supporting each other every day. Fighting for the collective well-being and your mental health is what characterizes us.

QUICK REMINDER FOR YOUR MENTAL WELLNESS

OUR BLOG



- ✓ Schedule by main tasks.
- ✓ Flexibility.
- ✓ Focus on the objective.
- ✓ Check, set & get done.
- ✓ Teamwork is gold.

GETTING BACK-TO-NORMALITY AFTER COVID-19

To succeed in getting back-to-normality it is important to bear in mind three key aspects: gradual adaptation, discipline, and flexibility. We are beings of habits, some people affirm that within 21 days it is possible to incorporate a routine of adaptation. Therefore, we have five tips so you can work on your adaptation.

[READ MORE](#)

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