

**VP NEWSLETTER** 

Office Hours Tuesday & Wednesday 9am - 4pm 708-753-1975 (o)

10am Sundays live streamed and call in 515-606-5127 Access Code 981434

#### **Volunteers Needed**

Saturday, July 24th 9 AM - 12 PM We're moving chairs and tables back into the vestibule, classrooms, and Children's Church. \*Contact Pastor Bruce\*



Please note: Children's Church is on SUMMER HIATUS It will resume in the Fall. Thank you, Teachers!

# Week of July 15-21, 2021 MOTHER CARR'S FARM

Delicious pesticide-free produce. Eat Well! Live Well!

Sign up for the MCF Newsletter

Join our CSA Today!

Visit our Website

(Community Supported Agriculture)

See Page 3 - for the Monthly Health & Wellness Section



See Page 3 for information on...

Amazonsmile You shop. Amazon gives.



Wedding Anniversaries for the MONTH of JULY



**Emerson & Patricia White** 14 years...July 7th Kenneth & Pamela Jackson 54 years...July 7th Fred & Brenda Williams 24 years...July 11th **Gerald & Elizabeth Ford** 8 years...July 13th Scott & Nicole Hall 20 years...July 14th James & Rugena Turner 53 years...July 20th John & Dawn Hatchett 10 years...July 23rd Paul Alston & Denise Turner Alston 33 years...July 23rd Pray for the names on our prayer list. **Pray for our bereaved** 



Content Available On: Facebook YouTube Instagram Twitter and

> VPCOG.ORG TUESDAYS

<u>6pm</u> Tellin' it like it TiS (Tosha is Speaking) <u>8pm</u> T~Time Teen Talk with KT King Tucker

WEDNESDAYS

<u>12pm</u> "Lunch & Learn" Bible Study with Pastor Bruce

<u>6pm</u> Min. Kitty White "A Kiss from God"

**THURSDAYS** 

<u>6am</u> Prayer Call 515-606-5127 Access Code 981434

<u>6pm</u> Lady Maura OMG Oh Maura Gale <u>TUNE IN HERE</u>

<u>8pm</u> "Fall in Line"

"Man Up with Tuck"

<u>1st Thursdays</u>

"V-Formation with Coach V"

<u> 3rd Thursdays</u>

<u>FRIDAYS</u>

<u>6pm</u> Pastor Frank "Frankly Speaking"

<u>SATURDAYS</u>

### **Self-Care: A Time for You!**

What is self-care and why is it important? Self-care is everything you do to take care of you. It is ensuring your mental, physical, emotional and spiritual health are aligned in a matter that promotes health and wellness. Self-care involves focusing on yourself and taking time to rest, reflect, replenish and renew. Self-care includes taking stock of your own needs, goals, health and accomplishments. As the world begins to open up, we want to make sure we are fully prepared; mind, body and spirit for whatever comes our way!!! That is why taking care of YOU is SO Important!



Beloved, I wish above all things that thou mayest prosper and be in health, even as thy soul prospereth 3 John 2:1

Let's all strive to be healthy and safe!

Health & Wellness Ministry

#### All orders placed via Smile.Amazon.com

when the charity selection is: <u>Vernon Park Church of God</u> enables the ministry to be blessed, as you shop.



### Smile.Amazon.com

Amazon Smile donates to Vernon Park Church of God

every time you make a purchase. Visit <u>Smile.Amazon.com</u> Choose: PICK YOUR OWN CHARITY type in: Vernon Park Church of God

For Members and Non-Members Thank you for your support.

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Health & Wellness Ministry

Women of Vernon Park Church of God Join us for a "Self Care" ZOOM event July 10, 2021 from 1:00-2:30pm Speakers will be: Sis. Cassandra Ward and Evangelist Toneal Jackson Click this LINK to join on Saturday, at 1:00pm

Hebrews 10:24-25

Office Hours Tuesday & Wednesday 9am - 4pm 708-753-1975 (o)

10am Sundays live streamed and call in 515-606-5127 Access Code 981434

Ladies, Save The Date Saturday, July 10th

1:00 - 2:30pm via ZOOM Health & Wellness

Presents...



Please note: Children's Church is on SUMMER HIATUS It will resume in this

fall. Thank you, Teachers!

# Mother carr's FARM

**VP NEWSLETTER** 

Week of July 1-7, 2021

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**Click here for MCF Newsletter** 

WE'RE READY

# Join our CSA Today!

Visit our Website

See Page 3 Our Monthly Health & Wellness Section



See Page 3 for information on...

Amazonsmile You shop. Amazon gives. Choose Vernon Park Church of God as your charity



#### Wedding Anniversaries for the MONTH of JUNE



**Charles & Mary Sawyer** 48 years...June 9th Rodney & Tarsa Tucker 20 years...June 9th Fred & Flora M. Lott 66 years...June 17th Bruce & Barbara McKinney 38 years...June 18th **Eric & Andrea January** 22 years...June 19th **Robert & Annie Ruth Walker** 51 years...June 20th James & Ladeyiha Reed 18 years...June 21st Chitunda & Danielle Tillman 14 vears...June 23rd Pastor Jerald & Lady Maura January 4 years...June 24th **Tony & Carolyn Williamson** 13 years...June 27th Maurice & Christian Brown 7 years...June 28th **Tony & Vanessa Davis** 20 years...June 28th Dr. Edward & Joyce Eddy 59 years...June 30th Pray for the names on our prayer list. **Pray for our bereaved** 

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**TUESDAYS** 

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Health & Wellness Ministry

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**VP NEWSLETTER** Week of July 1-7, 2021

# Mother Carr's Farm

Delicious pesticide-free produce. Eat Well, Live Well ! Click here for MCF Newsletter

We are OPEN

Join our CSA Today!

Visit our Website

See Page 3 Our Monthly Health & Wellness Section



See Page 3 for information on...



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10am Sundays live streamed and call in 515-606-5127 Access Code 981434 Ladies, Save The Date

Saturday, July 10th

1:00 - 2:30pm via ZOOM Health & Wellness

Presents...



Reminder: You can give your tithes and offerings via <u>Paypal</u> or <u>tithe.ly</u> at <u>VPCOG</u> and also via our Church App!



**VP NEWSLETTER** Week of July 1-7, 2021

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A Community Supported Agriculture Project of Vernon Park Village

#### Welcome to Mother Carr's Farm!

Located in Lynwood Illinois, our Community Supported Agriculture (CSA) has been in operation for 8 years and offers over 20 varieties of fresh pesticide-free produce to our members. Our season typically starts in mid-July and runs through November. During the season, which runs from early July to late November, members receive a bi-weekly distribution of freshly picked produce. We offer delivery service for an additional \$100 per season.

Purchasing a CSA membership share is a great way to get the highest quality of locally grown produce at an affordable price. It is also a wonderful way to support an African American business focused on practices that have the health of our land and our community in mind.

#### Our Planned 2021 Harvest ...

Banana Peppers Basil Beets Bell Peppers Broccoli Butternut Squash Cabbage Collard Greens Corn Cucumbers Eggplant Green Beans Jalapeno Peppers Kale Mustard Greens Oregano Peppermint Purple Hull Peas Rosemary Swiss Chard Thyme Tomatoes Turnips Yellow Squash Watermelon

2021 CSA Membership Options: Half Share \$250.00 Full Share \$475.00 Sign-up online: <u>https://forms.gle/8u6HsLFvTHb2F5gAA</u>

> For more information: Call: 331-234-7417 Email: mothercarrfarm@gmail.com

#### GREETINGS WOMEN OF VERNON PARK CHURCH OF GOD

We have done so much, to come this far!!!

The Health and Wellness Ministry presents a time to tweak all aspects of who we are as we return to new and better NORMAL.... starting with our own 'SELF CARE' to positively impact our total wellbeing.

You are invited to join us for a zoom gathering for sisters as we address Self Care

#### "SELF CARE".

A time to Refresh, Restore, Reorganize and be excited about You!!!!

#### Self-Care is not a luxury, it is a necessity

#### Please join us on Saturday, July 10th, 2021 from 1:00-2:30pm.

It will be a time of nourishment in a way that will help you to blossom!!!

Guest Speakers: Sis Cassandra Ward and Evangelist Toneal Jackson

#### CLICK THIS ZOOM LINK TO JOIN ON JULY 10TH @1:00pm

"And let us consider one another to provoke unto love and good works. Not forsaking the assembling of ourselves together as the manner of some is, but exhorting one another...."

Hebrews 10:24-25



# **VP NEWSLETTER**

Week of May 6-12, 2021

Office Hours Tuesday & Wednesday 9am - 4pm 708-753-1975 (o)

10am Sundays live and call in 515-606-5127 Access Code 981434

Mother Carr's Farm SHARES are now available. SEE PAGE 5

For information and to complete online form

#### SAVE THE DATE

Saturday, MAY 22, 2021 12pm - 2pm Calling All Women for a ZOOM check in "CareApy Session" Let's Exhale Together Details Coming Soon.

#### VP Phone App available for free



Featuring: Sermons Tithe.ly Giving All digital content News Feed Newsletter The Bible and so much more! <u>CLICK HERE</u> to download.

#### **Mental Health Awareness Month**



Page 3 contains our Health & Wellness Monthly Section

See Page 3 for information on...

amazonsmile

You shop. Amazon gives. Choose Vernon Park Church of God as your charity

# **Dollars For Scholars**



Campaign

PHGE 4 to find out how YOU can support!



# **VP NEWSLETTER** Week of April 22-28, 2021

Office Hours Tuesday & Wednesday 9am - 4pm 708-753-1975 (o)

10am Sundays live and call in 515-606-5127 Access Code 981434

Mother Carr's Farm SHARES are now available.

SEE PAGE 5

For information and to complete online form

### SAVE THE DATE

Saturday, MAY 22, 2021 12pm - 2pm Calling Women for Zoom check in "CareApy Session" Let's Exhale Together Details coming What's Next?
• CareApy Session
 (for Women)
• Returning safely

#### **Mental Health Awareness Month**

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Page 3 contains our Health & Wellness Monthly Section

See Page 3 for information on...

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**Dollars For Scholars** 



to find out how

**YOU can support!** 

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# **VP NEWSLETTER** Week of April 15-21, 2021

Office Hours Tuesday & Wednesday 9am - 4pm 708-753-1975 (o)

The VP family wishes a very Happy 93rd Birthday to Sister Mary Byrdlong

10am Sundays live and call in 515-606-5127 Access Code 981434









Don't forget to download the VP APP Android or iOS

#### **CLICK HERE**

Mother Carr's Farm SHARES AVAILABLE SEE PAGE 5 For information and to complete online form See Page 2 for information or



See Page 3 for information on...

Amazon Smile You shop. Amazon gives.

**Choose Vernon Park Church of God as your charity** 



**YOU can support!** 



### VERNON PARK CHURCH OF GOD



If you are an <u>ACTIVE</u> member of VPCOG and a *graduate* or *moving-on student*, please contact:

vpcog.scholarshipandedministry@gmail.com

DOLLARS FOR SCHOLARS

### **3 WAYS TO SUPPORT - PAYPAL/TITHE.LY/CHECK**

ACKNOWLEDGEMENT CELEBRATION ACADEMIC CIVIC

PAYPAL & TITHE.LY HAVE A DROP DOWN MENU DESIGNATE "SCHOLARSHIP" AND THE AMOUNT

FOR CHECK DONATIONS INDICATE AMOUNT AND SCHOLARSHIP IN THE MEMO SECTION



A Community Supported Agriculture Project of Vernon Park Church of God

2021 CSA Membership Options: Half Share \$250.00 Full Share \$475.00 Sign-up online: <u>https://forms.gle/8u6HsLFvTHb2F5gAA</u>

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#### **NATIONAL STRESS AWARENESS MONTH**

The past year has brought more than its share of challenges, along with the stresses many experience from facing those challenges. Although many people don't consider stress to be an actual disease process, its presence and manifestation has been linked to the six leading causes of death: *Heart Disease, Cancer, Lung Ailments, Accidents, Cirrhosis and Suicide.* 

#### Please visit <u>www.nationaltoday.com/stress-awareness-month/</u> for more information on Stress

There is always HOPE!!! Stress can be managed several ways. Exercise, finding a hobby, talking to someone; personal or professional can all assist in how we manage our stress. The bible encourages us to meditate on GOD and his word, not emptying our minds to focus on nothingness, but to fill them with intentional thoughts of Him and His Word.

Beloved, I wish above all things that thou mayest prosper and be in health, even as thy soul prospereth

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Health & Wellness Ministry

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#### **Multiple Sclerosis and Kidney AWARENESS MONTH** How to Navigate the COVID-19 Pandemic as a Person of Color Living with

Multiple Sclerosis Youtube Video link from MSAA

#### Live Webinars throughout the month view the schedule.

March is Multiple Sclerosis Awareness Month, and MSAA is proud to support this national campaign with several online educational activities. MSAA has focused the 2021 awareness initiative on Improving Mental Health and Wellness with specific programs addressing Purpose in Life, depression and anxiety in MS, care partnering, and wellness strategies to improve symptom management and overall quality of life.

#### **Multiple Sclerosis Association of America**

#### https://mymsaa.org/

People with kidney disease and transplant recipients are at higher risk for developing serious complications from COVID-19. The best way to protect yourself is to avoid being exposed to this virus.

#### **National Kidney Foundation**

https://www.kidney.org/covid-19

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#### **Multiple Sclerosis Association of America**

#### WEBSITE

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#### **National Kidney Foundation**

https://www.kidney.org/covid-19



# **VP NEWSLETTER** Week of February 25-March 3, 2021

Office Hours Tuesday & Wednesday 9am - 4pm 708-753-1975 (o)

10am Sundays live and call in 515-606-5127 Access Code 981434

> UPDATE CONTACT INFO HERE



The VP church FAST is from March 3 - April 1. The detailed schedule of the FAST and PRAYER is on the website

Page 3 contains a New Monthly Section from Health & Wellness

American Heart Awareness Month



WOMEN'S HISTORY MONTH

elebrating

Wedding Anniversaries for the MONTH of February Darren Rushing & Qutester Mapp-Rushing 9 years...February 18th

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Pastor Frank & Monica Miller 9 years...February 25th

John & Shirley Hill 52 years...February 28th Pray for the names on our prayer list. Sis Annie Ruth Walker

> **Sis Arnell Johnson** wife of Maurice Johnson

**Pray for our Bereaved** 

The family of Mrs. Enid Byer

Content on <u>Facebook</u> <u>YouTube</u> & <u>IG</u> Active links are underlined and <u>blue</u>

**GIVING** Reminder: You can GIVE your tithes and offerings via <u>Paypal</u> or <u>tithe.ly</u> at <u>VPCOG</u>

For your convenience you can give via text. <u>TEXT</u> the word <u>GIVE</u> to 844-985-1891, follow the link and complete a one-time set up for giving to Vernon Park Church of God. Content Available On: Facebook YouTube Instagram Twitter and <u>VPCOG.ORG</u>

<u>TUESDAYS</u> <u>6pm</u> Tellin' it like it TiS (Tosha is Speaking) <u>8pm</u> T~Time Teen Talk with KT King Tucker

**WEDNESDAYS** 

<u>12pm</u> "Lunch & Learn" Bible Study with Pastor Bruce

<u>6pm</u> Min. Kitty White "A Kiss from God"

**THURSDAYS** 

<u>6am</u> Prayer Call 515-606-5127 Access Code 981434

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<u>8pm</u> "Fall in Line"

"Man Up with Tuck" <u>1st Thursdays</u>

"V-Formation with Coach V"

**<u>3rd Thursdays</u>** 

<u>FRIDAYS</u>

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<u> 3rd Thursdays</u>

FRIDAYS

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**SATURDAYS** 

# **VP NEWSLETTER**

Week of February 11-17, 2021

Office Hours Tuesday & Wednesday 9am - 4pm 708-753-1975 (o)

10am Sundays live and call in 515-606-5127 Access Code 981434

The offices of Chitwood & Chitwood will be mailing your giving statements directly to you this year. Hope doesn't disappoint. Romans 5:5



Page 3 contains a New Monthly Section from Health & Wellness

American Heart Awareness Month



# **VP NEWSLETTER**

#### Week of February 11-17, 2021

**VP** Phone App now available for free

Office Hours Tuesday & Wednesday 9am - 4pm 708-753-1975 (o)

10am Sundays live and call in 515-606-5127 Access Code 981434

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Featuring: Sermons Tithe.ly Giving All digital content News Feed Newsletter The Bible and so much more! CLICK HERE to download.

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American Heart Awareness Month



### **HEALTH & WELLNESS ~ HEART HEALTH**

Heart disease remains the leading cause of death for both men and women in the United States. Unfortunately, some women may not realize this fact. Heart disease used to be a man's disease. Yet, every 90 seconds a woman suffers a heart attack in this Country.

Research shows that women are more likely to die from the first episode of a heart attack because they do not experience the "crushing weight or chest pain" that men do. Women tend to experience subtler symptoms over a three to four-week period before the onset of the heart attack. As a result, women tend to delay going to the ER or calling 911. Unfortunately, this lack of urgency on the part of women results in more fatal outcomes than men.

Things you can do to help prevent a heart attack includes:

- Exercise
- Healthy diet
- Proper rest
- Managing stress
- Routine doctor visits
- Manage weight
- Manage cholesterol/triglycerides level
- No smoking/ alcohol
- Managing blood pressure



These factors can be scored by your Physician to evaluate the risk for heart disease, utilizing clinical and laboratory data. For more information related to heart disease please visit <a href="http://www.cdc.gov/heartdisease/index.htm">www.cdc.gov/heartdisease/index.htm</a>

#### Let's All Strive for a Healthy Heart!!!!!

Health & Wellness Ministry

*3 John 2:1 Beloved, I wish above all things that thou mayest prosper and be in health, even as thy soul prospereth* 



Be the light

# Matthew 5:14-16

14 You are the light of the world. A town built on a hill cannot be hidden. 15 Neither do people light a lamp and put it under a bowl. Instead they put it on its stand, and it gives light to everyone in the house. 16 In the same way, let your light shine before others, that they may see your good deeds and glorify your Father in heaven.

To register for Kids, Fun, **ZOOM** link Word click <u>HERE</u> or visit VPCOG.ORG Edu-Tainment **Park Children's Ministry** ernon visit vpcog.org to register for Zoom link Virtual Child Church zoom Every Sunday @ 11am on ZOOM After VP 10am service Word Worship Fun

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Wedding Anniversaries for the MONTH of January	Content Available On: Facebook YouTube Instagram Twitter and <u>VPCOG.ORG</u>
Ardie & Mira Davis 40 yearsJanuary 19th	<u>TUESDAYS</u> <u>6pm</u> Tellin' it like it TiS (Tosha is Speaking) <u>8pm</u> T~Time Teen Talk with KT King Tucker
Pray for the names on our prayer list ??????	<u>WEDNESDAYS</u> <u>12pm</u> "Lunch & Learn" Bible Study ∵with Pastor Bruce <u>6pm</u> Min. Kitty White "A Kiss from God"
Pray for our Bereaved Ardie Davis Sr.	<u>THURSDAYS</u> <u>6am</u> Prayer Call 515-606-5127 Access Code 981434
Bro. David Fulgham (Ernestine) in the passing of his sister ????????? Bro. James Hicks passed away	<u>6pm</u> Lady Maura OMG Oh Maura Gale <u>TUNE IN HERE</u> <u>8pm</u> "Fall in Line" "Man Up with Tuck"
at the age of 95. Content on Facebook YouTube & IG Active links are underlined and blue	<u>1st Thursdays</u> "V-Formation with Coach V" <u>3rd Thursdays</u>
<b>GIVING</b> Reminder: You can GIVE your tithes and offerings via <u>Paypal</u> or <u>tithe.ly</u> at <u>VPCOG</u> For your convenience you can give via text. <u>TEXT</u> the word <u>GIVE</u> to 844-985-1891,	FRIDAYS 6pm Pastor Frank "Frankly Speaking" SATURDAYS

follow the link and complete a one-time set up for giving to Vernon Park Church of God.



10am Sunday Online and Call in 515-606-5127 Access Code 981434

Office Hours Tuesday & Wednesday 9am - 4pm 708-753-1975 (o)

### "Fall in Line"

A New Series for <u>MEN</u> <u>1st and 3rd Thursdays</u>

We celebrate the life of breast cancer survivors. We praise God for



Stay safe, watchful and prayerful.



Give Away: Week of November 15-21, 2020 FOR DONATION INFORMATION AT VPCOG.ORG

# No Anniversary Announcements

Pray for those on our sick list Sis. Theadora "Dora" Bolden

MEMORIAL Sister Maxine Walker Brother ~ Eli Harrington October 24, 2020 @ 11:00am Cathy Williams and Sons Funeral Home 1695 Oakwood Ave. Alton, IL 62002



Content on <u>Facebook</u> <u>YouTube</u> & <u>IG</u> Active links are underlined and <u>blue</u>

GIVING Reminder: You can GIVE your tithes and offerings via <u>Paypal</u> or <u>tithe.ly</u> at <u>VPCOG</u>

For your convenience you can now give via text. Simply text the word <u>GIVE</u> to 844-985-1891, follow the link and complete a one-time set up for giving to Vernon Park Church of God. Content Available On: Facebook YouTube Instagram Twitter and <u>VPCOG.ORG</u> <u>TUESDAYS</u> <u>6pm</u> Tellin' it like it S (Tosha is Speaking)

<u>pm</u> T~Time Teen Talk

KT Titus Tucker WEDNESDAYS

<u>12pm</u> "Lunch & Learn" Bible Study with Pastor Bruce

<u>pm</u> Min. Kitty White "A Kiss from God"

THURSDAYS

<u>6am</u> Prayer Call 515-606-5127 Access Code 981434

<u>opm</u> Lady Maura (Radio) OMG Oh Maura Gale TUNE IN HERE

<u>8pm</u> "Fall in Line"

"Man Up with Tuck" Thursday, Oct. 1st

"V-Formation with Coach V" Thursday, Oct. 15th

FRIDAYS

<u>6pm</u> Pastor Frank "Frankly Speaking"

SATURDAYS

# **Anniversaries** Corey & Priscilla Guthrie

4 years...October 14th

### PRAY FOR OUR BEREAVED

First Lady Libby Lee (Pastor Erwin) and family Father ~ Rev. Dr. Carl Flewellen Sis Maxine Walker Brother ~ Eli Harrington

> PRAY FOR OUR SICK LIST Dr. Eddie Eddy

OMG Oh Maura Gale Radio Show Thur. Oct. 8 @6pm Up2meRadio.com or Facebook live

> "How LIMITS, increased HIS REACH"

> > Special Guest Pastor J

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> KT Titus Tucker WEDNESDAYS

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**SATURDAYS** 



10am Sunday Online and Call in 515-606-5127 Access Code 981434 Office Hours Tuesday & Wednesday 9am - 4pm 708-753-1975 (o)



Celebrate Eatwell Besafe



# **VP NEWSLETTER** week of september 3-9, 2020

Sundays 10am Service Online Sundays 11am Virtual Children's Church Tuesdays 6pm "Tellin' it like it T.i.S. Tuesdays 8pm "T~Time" Teen Talk Wednesdays 12pm "Lunch & Learn" Wednesdays 6pm "A Kiss from God" Thursdays 6am "Intercessory PRAYER" Thursdays 6pm "OMG Oh Maura Gale" Fridays 6pm "Frankly Speaking" Saturdays 6pm "S.A.L.T. Bible Study"

Family, please visit <u>VPCOG.ORG</u> weekly for information and updates. Watch sermons, creative content, and social media feeds. There's a <u>YouTube</u> link in the menu bar for your convenience. Please SUBSCRIBE to our channel.

We are aware some members are not on Facebook, so please note we have added a **"Facebook Feed"** with content at vpcog.org (you do not need a FB account or login information).



# Anniversaries



Content Available On: Facebook YouTube Instagram Twitter and VPCOG.ORG

### TUESDAYS <u>6pm</u> Tellin' it like it

TiS (Tosha is Speaking)

#### **TUESDAYS**

<u>8pm</u> T~Time Teen Talk with KT Titus Tucker

#### WEDNESDAYS

12pm "Lunch & Learn" Bible Study with Pastor Bruce WEDNESDAYS

<u>6pm</u> Min. Kitty Walking out the Word "A Kiss from God" THURSDAYS

<u>6am</u> Prayer Team Intercessory Prayer 515-606-5127 Access Code 981434 THURSDAYS

<u>6pm</u> Lady Maura's OMG Oh Maura Gale Radio Show/Podcast

#### <u>TUNE IN HERE</u>

FRIDAYS <u>6pm</u> Pastor Frank "Frankly Speaking"

SATURDAYS

<u>6pm</u> S.A.L.T. Bible Study Sunday School Teachers

### **Pray for our Bereaved**

The Turner Family...Cousin Paul Pray for the names on our Sick List

Homegoing Service ~ Lady Joyce Foggs Saturday, August 29, 2020 Anderson, Indiana

IT'S DISTRIBUTION TIME If you have any questions, please contact Tony Williamson or a member of the farm team.



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# No Anniversaries

#### **Pray for our Bereaved**

Homegoing Service ~ Jimmie Dawson Friday, August 28, 2020 Chicago, Illinois

Homegoing Service ~ Lady Joyce Foggs Saturday, August 29, 2020 Anderson, Indiana For resolutions contact Rev. Scott

IT'S DISTRIBUTION TIME If you have any questions, please contact Tony Williamson or a member of the farm team.



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#### <u>TUNE IN HERE</u>

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<u>6pm</u>Pastor Frank "Frankly Speaking"

#### SATURDAYS

<u>6pm</u> S.A.L.T. Bible Study Sunday School Teachers

# JUDAH'S VIRTUE of the month



With Judah Asamoa Children's Church

August 2 ~ Love September 6 ~ Courage

> A talk about VIRTUE

To register for **ZOOM** link click HERE or visit VPCOG.ORG

# Kids, Fun, Word **Edu-Tainment**

VPCOG.ORG



First Sundays in

via ZOOM

register online