



Hey guys!

My name is Emily and I'm a coach at the North gym! I've been in the Jump! family for about a year and a half now and I've learned so much! I was born in a small town in Oklahoma called Newcastle, and we lived in the country so ever since I could walk I was flipping around and climbing on everything! Which led my parents to enroll me in this amazing sport,

GYMNASTICS! I've loved gymnastics since I was a child and it taught me many lessons along the way which I can't wait to pass on to the kids! One trick i learned from my coach was the best way to learn is in parts! I would break down big skills into smaller bits so that it is easier to understand and master! I can't wait to meet and coach all the kiddos this year!

FUN FACT: My favorite color is purple, I have a dog named Roscoe who loves to dance!

Coach Emily (: