

Rajiv Gandhi University of Health Sciences, Karnataka

I Year B.Sc. Nursing Degree Examination – April 2014

Max. Marks: 60 Marks

Time: 3 Hours

Nutrition

Q.P. Code : 1748

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Your answers should be specific to the questions asked. Draw neat labeled diagrams wherever necessary
(Note : Both OP Codes 1748 and 1749 are to be answered within total duration of 3 hours)

LONG ESSAYS (Any Two)

2 x 10 = 20 Marks

1. Define nutrition. Explain the methods of nutrition education and the role of a nurse in it
2. Define vitamins. Explain the functions, sources and deficiencies of water soluble vitamins
3. Describe the steps in meal planning. Explain the diet plan for a lactating woman

SHORT ESSAYS (Any Five)

5 x 5 = 25 Marks

4. Nutritional assessment
5. Food preservation
6. Sources functions and deficiency of Iodine
7. Vit A prophylaxis programme
8. Over consumption of fat
9. Weaning
10. Protein energy malnutrition

SHORT ANSWERS

5 x 3 = 15 Marks

11. Poaching
12. Phrynoderma
13. Food adulteration
14. Obesity
15. Diabetic diet
