





**Del Norte Senior Center**  
**1765 Northcrest Drive**  
**Crescent City, CA 95531**  
**707-464-3069**  
**Hours 9:00am to 4:00pm**

**COME JOIN US!!!**  
**Lunch Served**  
**Monday Thru Friday**  
**11:00am TO 12:30Pm**



# May 2025

**Suggested meal contribution: \$3.00. No one over 60 will be denied a meal for inability to contribute. Those under 60 must pay a fee**

SUN	MON	TUE	WED	THU	FRI	SAT
<b>Saltshaker indicates a higher sodium meal.</b> <b>Low-fat milk served with every meal.</b> 				1 Tuna Sandwich on WW Bread, Vegetable Soup, WW cracker & Fresh Fruit	2 Chicken Tenders, Macaroni & Cheese, Steamed Broccoli & Applesauce	<b>3</b> <b>Menu is Subject To Change Without Notice</b>
4	5 Taco Casserole, Black Beans, Spanish Rice Tropical Fruit Cup & Fiesta Cake	6 Turkey /Cheese Sandwich, on WW Bread, Bean and Macaroni Soup WW Cracker & Peaches	7 Oven Fried Chicken, Roasted Red Potatoes, WW Roll & Pineapple Tidbits	8 Beef and Bean Chili, Corn Bread, Cole Slaw & Fresh Fruit	9 Teriyaki Chicken, Streamed Rice, Asian Vegetables, Mandarin Oranges	<b>10</b>  <small>shutterstock - 244078135</small>
11	12 Whole Grain Spaghetti W/ Meat Sauce, Green Salad W/dressing, Cheese Stick & Applesauce	13 Chili Relleno Casserole, Spanish Rice, Black Beans & Tropical Fruit Cup	14 Chinese Chicken Salad, WW Roll, Mandarin Oranges & Fortune Cookie	15 Roasted Chicken, Scalloped Potatoes, Steamed Broccoli, WW Bread & Fruit Cup	16 Chef Salad, WW Roll & Banana	17
 <b>18</b>	19 Pulled Pork Sandwich on WW Bun, Baked Beans, Cole Slaw & banana	20 Egg Salad Sandwich on WW Bread, Split Pea Soup, WW Crackers & Peaches	<b>21</b> Turkey Sausage, French Toast Sticks, Hash Brown Patty, V-8 Juice & Fresh Fruit	22 Chicken Caesar Salad, WW Roll & Banana	23 BBQ Chicken, Oven Fried Potatoes, WW Roll & Fresh Fruit	<b>24</b>  <small>shutterstock - 14927811</small>
<b>25</b>	<b>26</b> <b>SITE CLOSED</b> <b>MEMORIAL DAY</b>	27 Baked Ziti, Italian Vegetables, Cheese Stick & Applesauce	28 Herbed Chicken, Pasta Primavera, Italian Squash Mix & Apricots	29 Sweet and Sour Pork, Brown Rice, Stir Fry Vegetables, & Pineapple Tidbits	30 <b>Happy Birthday</b> Cheeseburgers on WW Bun, Baked Beans, Fiesta Corn, Fruit Juice & Birthday Cake	<b>31</b> <b>Senior Legal Service</b> <b>464-3069</b> <b>1-800-972-0002 X304</b> <b>1-707-445-0866 X304</b>