



ODE CNP CACFP Menu Form



Sponsor name/site name Gentog D – Spring 2019

Month and Year November 18-22, 2019

Meal Patterns	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast <ul style="list-style-type: none"> • Grains, or meat/meat alternate (no more than 3 times per week) • Vegetables or Fruits • Fluid Milk • Other Foods 	English Muffins (WG) with Sausage Patties Apples Whole or 1% Milk	Tasteos Toasted Whole Grain Oat Cereal Raisins Toast (WG) Whole or 1% Milk	Scrambled Egg (Meat Alt) Toast (WG) Small Oranges Whole or 1% Milk	Quaker Old Fashioned Oatmeal (WG) Raisins Whole or 1% Milk	Cooked Rice Bananas Toast (WG) Whole or 1% Milk
AM Snack (Select two of these five components) <ul style="list-style-type: none"> • Fluid Milk • Meat or meat alternate • Vegetables • Fruits • Grains 	Great Value Light Vanilla Low-fat Yogurt Pretzels	Graham Crackers Cheese Slices	Peaches English Muffins	Fruit Smoothies Graham Crackers	String Cheese Bananas
Lunch <ul style="list-style-type: none"> • Fluid Milk • Meat or meat alternate • Vegetables • Fruits/Veg • Grains • Other Foods 	Pork Tenderloin Scalloped Potatoes Carrots & Peas Bread Mandarin Oranges Whole or 1% Milk	Cheeseburgers (Meat, Cheese, Lettuce & Tomatoes) French Fries Peas Pear Slices Whole or 1% Milk	Bean w/Bacon Soup (CP) Ham Sandwiches (WG) Raw Veggies Applesauce Whole or 1% Milk	Chicken Pot Pie w/Mixed Vegetables (HM) Bread (WG) Apricots Whole or 1% Milk	Hamburger Tacos/Taco Salad Refried Beans Peaches Whole or 1% Milk
PM Snack (Select two of these five components) <ul style="list-style-type: none"> • Fluid Milk • Meat or meat alternate • Vegetables • Fruits • Grains 	Ritz Crackers Cheese	Rice Cakes Whole or 1% Milk	Cheese Its Whole or 1% Milk	Gold Fish Crackers Whole or 1% Milk	Choc Chip Cookies Whole or 1% Milk

Children 12-23 months of age must be served whole milk. Non-fat or 1% milk must be served to participants over age two. Record WG next to whole grain-rich items, WW next to whole wheat items.

This institution is an equal opportunity provider.