



La Luz Early Childhood Center Travel Policy

UPDATED AS OF 2-16-2021

While we understand that everyone is experiencing COVID fatigue, please understand that we are still in the middle of the COVID-19 pandemic and until herd immunity through vaccination is achieved, we need to continue to curb our travel and day to day activities. At the current rate of vaccination, this could last until the end of **NEXT** year. **With new strains mutating quickly, even if you have had COVID-19, you can still catch a variant.** This is why vaccination is **SO important**. Without spread, COVID cannot replicate nor mutate. **Even though the governor of the State of New Mexico and the NM Department of Health (NMDOH) lifted quarantine restrictions, it is still their recommendation that you do not travel unless it is necessary in the course of your business.**

Due to further national and state guidance, vaccinations and decreasing positive numbers, we are hereby amending our policy. If you have been fully vaccinated, there are **NO** quarantine restrictions! Fully vaccinated is defined as receiving both doses of the vaccination with 14 days passing from your 2nd dose. There is a chance that there may be vaccinations coming out that only require 1 dose. In that instance, 14 days from that dose. In order to verify this, we will need to have an official copy of the full COVID-19 vaccination history of each family member traveling showing the date given and the manufacturer. **We do ask, in an abundance of caution, that you continue wearing masks and using social distancing, even if fully vaccinated, while traveling.**

For all others, (including those who are not yet fully vaccinated, i.e., one dose or not yet 14 days out from their second), if you do travel or stay with others who do not normally live in your household, our policy is as set forth below. **Please note that this is subject to change based upon ever-changing guidelines from the CDC, the governor of the State of New Mexico, the NMDOH and the NM Early Childhood Education and Care Department (ECECD).**

Instances requiring a minimum 6-day exclusion (child may return with traveler's or patient's verified, negative COVID-19 test results whereby the test was taken on or after the 5th day of return/discharge):

1. Travel, for anyone in the household.
2. Household member receives a medical procedure requiring a stay in a hospital setting.
3. Visitors are staying in the household.

NOTE: COVID results are currently taking about 24 hours to return but can take as long as 3 to 5 days to come back, making return likely to happen 6 to 9 days after the traveler's return.

The above exclusions do not consider those in the household experiencing any symptoms of COVID-19 illness. **Should anyone in the household have symptoms, then the child enrolled at La Luz ECC would need to be excluded until the last person with symptoms is cleared by the NMDOH or 14 days AFTER the last symptoms of anyone in the household have been resolved.**

Common Symptoms of COVID-19 include:

- Fever
- Body Chills and/or Night Sweats
- Body/Muscle Aches
- Dry Cough
- Pain and/or Difficulty with Breathing
- Vomiting and/or Diarrhea
- Extreme Level of Fatigue
- Headache
- Sore Throat
- Loss of Taste/loss of sense of smell
- Changes in Vision and/or Eye Discharge

Should the NMDOH update guidelines on travel, we reserve the right to change or modify our policies immediately based upon this future guidance. Please note that La Luz ECC's policies may not be the same as the NMDOH's policies. Again, the Governor, the CDC and NMDOH are still trying to **discourage travel when at all possible**. Further, La Luz ECC is trying to minimize exposure to our staff and the children enrolled, as well as their families. Should cases start rising, and we find ourselves experiencing COVID-19 infections inside of the school, class quarantines and a complete school quarantine/closure are very much a possibility. Please do not be the reason that we must close! Tighter restrictions would once again become a reality. Please note, we ask that these same policies are followed by our employees to protect you and your families.

La Luz ECC Travel Policies are subject to change as directed by the Governor's office of the State of New Mexico, the NMDOH, the CDC and the Early Childhood Education and Care Department (ECCED).