

April 2025

The Girls School Austin

LUNCH & SNACK MENU

GF – Gluten Free		DF – Dairy Free		V – Vegetarian		EF– Egg free	
	1 Tacos DF EF Rice GF DF V EF Beans GF DF V EF Fruit *Bean *Mozzarella, Tomato, Pesto Bento *Taco Salad	2 Roast Pork Broccoli DF GF V EF Mac N Cheese V EF Fruit *Field Roast *Ham & Cheese Bento *Greek Salad	3 Tomato Soup Hot Turkey Sandwich Fruit *Tofurkey *Italian Misto Salad	4 Cheese Pizza Day!!! Fresh Veggie Salad GF DF V EF Fruit *Sunbutter Bento *Caesar Salad			
7 Chicken DF EF Broccoli GF DF V EF Quinoa GF DF V EF Fruit *Mushroom *Turkey & Cheese *Green Goddess	8 Cheese Enchiladas V EF Rice & Beans GF DF V EF Fruit *Chicken salad Sandwich *Taco Salad	9 Waffles V DF Sausage GF DF EF Hashbrowns fruit *Ham & Cheese Bento *Greek Salad	10 Turkey Meatloaf Mashed Potatoes GF V EF Green Beans GF DF V EF Fruit *Tofurkey Loaf *Meatball Sub *Italian Misto Salad	11 BBQ Brisket Sandwich EF Tater Tots GF DF V EF Coleslaw GF DF V EF Fruit *Jackfruit *Caesar Salad			
14 Swedish Meatballs Mashed Potatoes V GF EF Peas GF DF V EF Fruit *Tofu Stew *Turkey & Cheese *Green Garden	15 Chicken Quesadillas EF Guacamole Salad GF DF V EF Fruit *Cheese *Mozzarella, Tomato, Pesto Bento *Taco Salad	16 Falafel GF DF V Hummus GF DF V EF Tomatoes & Cucumbers Fruit *Ham & Cheese Bento *Greek Salad	17 Veggie Soup GF EF Grilled Cheese EF V Fruit *Italian Misto Salad	18 No School Good Friday			
21 Pasta with Meat sauce DF Broccoli GF DF V EF Fruit *Marinara *Turkey & Cheese *Green Goddess	22 Bean & Cheese Taco V EF Guacamole Salad GF DF V EF Fruit *Chicken salad Sandwich *Taco Salad	23 Baked Chicken GF DF EF Buttered Noodles V EF Zucchini GF DF V EF Fruit *Baked Mushroom *Ham & Cheese Bento *Greek Salad	24 Pork Stir Fry GF DF EF Rice GF DF V EF Egg Roll DF V Fruit *Veggie *Roast Beef Bento *Chinese Mandarin Salad	25 Fish Sticks DF Mac N Cheese V Peas GF DF V EF Fruit *Veggie Sticks *Sunbutter Bento *Caesar Salad			
28 King Ranch Chicken GF EF Cornbread V Fruit *Tofu *Turkey & Cheese *Green Garden	29 Soft Beef Tacos DF EF Rice GF DF V EF Beans GF DF V EF Fruit *Bean *Mozzarella, Tomato, Pesto Bento *Taco Salad	30 Cheese Ravioli V Broccoli GF DF V EF Fruit *Ham & Cheese Bento *Greek Salad					