



TERM 4 2020 PROGRAMS
Warragul Clinic

Program Key Details



**GET SET FOR
SCHOOL**

WARRAGUL
THURSDAYS 11:15AM
WITH MOYA & SUZANNAH
TERM 4
22ND OCTOBER-3RD DECEMBER

CHILDREN ATTENDING
PREP 2021
2 X PARENT/CARER SESSIONS
5 X SCHOOL READINESS
SESSIONS

FIND OUT MORE OR START YOUR
ENROLMENT ONLINE AT
WWW.STRONGMINDSPSYCHOLOGY.COM.AU



Get Set for School – children in Prep 2021

- Moya Matthews (Psychologist) & Suzannah Willis (Provisional Psychologist)
- Sessions (Thursdays):
 - 22/10 – Parent/Carer – 11:15-12:15
 - 29/10 – Children – 11:15-12:45
 - 5/11 – Children – 11:15-12:45
 - 12/11 – Children – 11:15-12:45
 - 19/11 – Children – 11:15-12:45
 - 26/11 – Children – 11:15-12:45
 - 3/12 – Parent/Carer – 11:15-12:15
- Maximum 6 children
- Program Cost: \$890
- 9.5 session hours
- 4 hours indirect client support



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TAKE ACTION PROGRAM

Take Action Against Anxiety
Children aged 9-12 & a parent/carer

Warragul Fridays 4-5pm
with Richard & Stephanie
6 weeks in Term 4
16th October to 27th November 2020

CALL 59671438 OR EMAIL
STRONGMINDSPSYCHTEAM@GMAIL.COM



Take Action – 9-12 year old children

- Richard Dagher (Psychologist) & Stephanie Terlato (Psychologist)
- Sessions (Fridays):
- Child & parent sessions both run in clinic
 - 16/10 – 4-5
 - 30/10 – 4-5
 - 6/11 – 4-5
 - 13/11 – 4-5
 - 20/11 – 4-5
 - 27/11 – 4-5
- Maximum 6 families
- Program Cost: \$950
 - 12 session hours
 - 5 hours indirect client support
 - Work books



STRONG MINDS PSYCHOLOGY

ONLINE PROGRAM WITH LISA
WEDNESDAYS TERM 4 4-5PM
6 SESSIONS STARTING WED NOV 4TH

HELLO HIGH SCHOOL!

FOR STUDENTS ATTENDING YEAR 7 IN
2021

FIND OUT MORE OR START YOUR ENROLMENT
ONLINE AT
WWW.STRONGMINDSPSYCHOLOGY.COM.AU

Hello High School! – Year 7 2021

- Lisa Archer (Educational & Developmental Psychologist)
- Sessions (Wednesdays) ONLINE
 - 4/11 – 4-5
 - 11/11 – 4-5
 - 18/11 – 4-5
 - 25/11 – 4-5
 - 2/1 – 4-5
 - 9/12 – 4-5
- Maximum 8 students
- Program Cost: \$690
 - 6 session hours
 - 4 hours indirect client support

Frequently Asked Questions

- Attendance of all sessions is recommended:
 - Group dynamics & social interactions will be easier if you/your child attends each session
 - Therapeutic outcomes are likely to be better if all sessions are attended
 - Fees will be paid in advance to secure a position in the program
- Can I leave while my child is in the program?
 - Parents/carers will need to leave the building due to distancing requirements
 - For safety we require all parents/carers to remain in the same suburb during sessions
 - Please ensure your phone is on & the team have your current contact details
- How can I communicate regarding the group?
 - Email the team around sessions to provide updates or ask questions. You can also ask brief questions in person so that children (& siblings) can transition calmly in and out of each session
 - A program summary & personalised report will be provided for each group member at the completion of the program
- Programs include:
 - Session Facilitation
 - Clinician preparation of content & materials for every session
 - Clinician file notes for each participant's personal file with specific areas of strengths & weaknesses that are being developed
 - Program summary report for each participant
 - For participants not known to the SMP team, a 30-minute intake appointment will need to be scheduled prior to ensure we are addressing your child's specific needs and goals
- Funding queries:
 - Fee payable on or before the first session, or agreement from plan manager that program will be funded
 - Funding subsidies available:
 - **NDIS:**
 - Self-Managed: Program invoice will be provided when enrolment forms received
 - Plan-Managed: Details of your plan manager are required with your enrolment form. Invoices will be provided on the day of the first session to your plan manager
 - NDIA Managed: Details of your plan are required with your enrolment form. A service agreement and funding package need to be allocated from your funds on the portal for processing
 - **Medicare:**
 - Obtain a Mental Health Care Plan referral for GROUP sessions. If a plan is already in place, ask for a letter indicating that group sessions are requested
 - Your child is entitled to up to 10 Individual sessions AND 10 Group sessions in a calendar year
 - Medicare rebate for group sessions is currently \$22 per session
 - **Private Health Insurance:**
 - Contact your insurance provider to determine if psychology group sessions are able to be claimed under your plan