



October 2023 Newsletter

Dear Sunrise Community,

Autumn weather has arrived! The mornings are brisk and cool, and the afternoons are a bit warmer when the sun is out.

Please dress your child accordingly for the outdoor recess times. It is a good idea to have your child wear sneakers for the playground and have a warm jacket as well. It is best to label all your child's outdoor items as students are still learning about their personal belongings. Thank you!



Thank you for attending our October Curriculum Night

It was nice to see families at our annual Curriculum Night this past month. We hope that you found the evening both informative and educational. Brochures regarding the Montessori Philosophy and Curriculum, along with the Sunrise Kindergarten Program, are available in the front room if you would like to stop in and pick them up. These brochures were provided to the families who attended Curriculum Night. Congratulations to the winner of our raffle prize – the Springer family.

Sunrise Small Hands Fundraiser

We just completed the annual Small Hands fundraiser this past month. Thank you to both our parent representatives, Marissa May, and Susannah Barry for organizing this fundraiser. Good news, if you missed this fundraiser, you still may place an order any time throughout the school year and use the school code #573412 and Sunrise will receive a credit towards future material purchases through Montessori Services. For online orders, please visit forsmallhands.com or the eCatalog: forsmallhands.com/flip. You may also order via phone at (888) 513-3998.

Extended Day Program Fun – Daily from 2:30-5:30pm



Sunrise's afternoon extended day program takes place on school days from 2:30-5:30pm with Ms. Jessica and Ms. Amanda.

Ms. Jessica plans biweekly science projects, weekly arts and crafts, and various games and activities are provided daily for the students. Let us know if you are interested in having your child join the after-school program for any length of time! Participation is flexible and charges are based on actual usage.

Offering quality Montessori preschool, pre-k transitional and kindergarten programs since 2005.

31 Hayward St., Suite J2 PO Box 515 Franklin, MA 02038

www.MySunriseMontessori.com

Other Upcoming News & Events

Upcoming Professional Development Day on November 1st

A reminder that our next in-house staff workday is scheduled for Wednesday, November 1st. There is no school and no extended day program on that day.

Student Picture Day with Vicario Studios – November 7th for all students

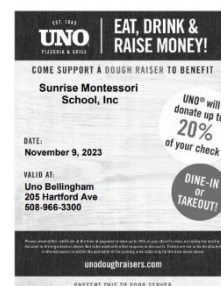
As mentioned in last month's newsletter, our classrooms will have picture day on Tuesday, November 7th in the morning. For the past several years, Sunrise has had both individual and classroom group portraits done by Mr. Paul Vicario. Paul's studio is located right next to our school in the Moseley Complex and the students often greet Mr. Vicario from the playground.

You may choose to have your child take an individual photo, and an order form envelope from the studio will be sent home ahead of time for you to place your order. Additionally, all students are part of the classroom group photo even if you are not ordering individual and/or a group photo. Please check your child's bag for the Picture Day envelope that will be sent home on November 2nd.

Sunrise Restaurant Night Fundraiser –Uno Pizzeria & Grill in Bellingham

At least twice a year, our parent representatives arrange restaurant nights for our school. Our first restaurant night is on Thursday, November 9th at Uno's in Bellingham at 205 Hartford Ave. (just off Rt 495). There are a couple of ways you can participate in this fundraising effort. You may choose to order take-out and enjoy your meal at home or dine-in at the restaurant. Better yet, arrange a time in advance to meet up and join another Sunrise family for lunch or dinner! This would be a great opportunity to connect with others (and there is no school the next day as the school observes the Veteran's Day holiday).

IMPORTANT - You must show your server or restaurant representative your Uno's Flyer for our school to receive 20% of your check. The flyer is attached to this newsletter and hardcopies will be sent home with your child. Please share the flyer with your family and friends! The fundraiser is open to anyone.



Upcoming Veteran's Day, Friday, November 10th

No school/no extended day program. Thank you to all who have served in the military for our country.

Franklin Fire Department Firefighter Visit to Sunrise on Tuesday, November 14th

Sunrise is excited to announce that we will have a special visit from a Franklin firefighter. The children will participate in a presentation on fire safety and observe a firefighter putting on all the gear! After the presentation the children will get a "walk-through" on a fire truck before they head onto the playground for morning recess.

Upcoming Thanksgiving Break

Please mark your calendars for the Thanksgiving Break. Sunrise will be closed from November 22nd-24th. School resumes on Monday November 27th.



Upcoming Parent Teacher Conferences are on Thursday, November 30th and Friday, December 1st

Parent Conferences will take place on November 30th in the afternoon and all day on December 1st. To hold the parent conferences, please be aware that there is an early dismissal on Thursday, November 30th at 11:30am for all students, and there is no school on Friday, December 1st.

To help accommodate the families during their parent conference time block (20 minutes), childcare will be available in the front room area in Classroom C at no charge if you choose to bring your child during your scheduled conference. At the end of the first week of November, I will provide a separate email with conference details along with the Parent Conference Signup Links for both classrooms. Sunrise highly suggests all families sign up for a parent conference as this is an important time to meet at the school with your child's teachers.

Sunrise Food Drive to benefit the Franklin Food Pantry begins at the end of November

I am happy to announce that Sunrise will participate in our long-standing food drive tradition beginning on November 27th. The food drive will run until December 18th. During this time period, the school will collect non-perishable food items and other needed items for our local pantry.

Feel free to send along any donations with your child during the morning drop off. Your child may add these items to the baskets in the front room area. I will then deliver everything directly to the Franklin Food Pantry on Tuesday, December 19th. Monetary donations (payable to the Franklin Food Pantry) are also accepted.

The Franklin Food Pantry is now located at 341 West Central St., Franklin. A list of the Food Pantry's current needs and their Amazon wish list may be viewed at:

<https://www.franklinfoodpantry.org/get-involved/pantry-needs/>

Sunrise Family Donations – THANK YOU

This past month the following donations were from Sunrise's Amazon Wish List. Thank you to Elle Hix's family for selecting these items for our classrooms:

- Wooden Reading Blocks
- Books - *What is a Vertebrate* and *Things That Float and Things that Don't*
- *Montessori Seed Work* – Board Book
- Easy to Read and Learn to Tell Time – Child Wall Clock

Thinking Ahead Regarding Inclement Weather Delays and School Cancellation Policy

Sunrise typically follows the Franklin Public School's inclement weather policy. In the event of a delay, closing, or an early dismissal, I will email the parent body directly. This policy is also outlined in the Parent Handbook.

Check the school's website <http://www.MySunriseMontessori.com> and Sunrise's Facebook page at <http://www.facebook.com/sunrisemontessori> for any weather announcements as well.

Congratulations to the Barry family on the birth of their daughter this month!



Special Request

Our program uses a tremendous amount of reusable, small plastic grocery bags for wet and soiled clothing. Bag availability is being phased out at many stores. If anyone has extra bags they aren't planning to recycle, please send them in during drop off or pick up. Thank you in advance!

Keeping in touch

If you have any questions or comments, please know that you can reach us via email.



As the teachers are working with the children during the day, please note that a reply to your question may come after the afternoon dismissal or later.

If your message is urgent and you need to reach someone right away, please call the school at 508-541-8010.

Head of School

Andrea Rossick:
Headofschool@MySunriseMontessori.com

Head Teacher

Laura Holland:
Laura@MySunriseMontessori.com

Head Teacher

Lynne Anselmo:
MsAnselmo@MySunriseMontessori.com

Sunrise Parent Representatives:

Susannah Barry & Marissa May
ParentRep@MySunriseMontessori.com

Website and Facebook

Throughout the year the school uses its website and Facebook page to inform parents of current events and to post pictures from recent events. Please take a look at www.MySunriseMontessori.com

Be sure to check out our “**Parent Corner**”. This page can be found on the menu tab of our website. Click on any of the hyperlinks to view the selected form or information page as a PDF.

CALENDAR OF EVENTS

November 1: Professional Development Day - no classes and no extended day program.

November 7: Picture Day

November 10: Veteran's Day (observed) - no classes and no extended day program.

November 14: Presentation by the Franklin Fire Department

November 22 - 24: Thanksgiving Break

November 30: Early release for all students; conferences in afternoon

December 1: Conferences all day

December 19: Last day of classes

December 20 - January 1: Winter Break

Open House events: January 20th and February 3rd from 11AM to 1PM.

Pizza Days for full day students: November 3 & 17 (no pizza on Nov 10 & 23 due to the holidays)
December 8 & 15 (no pizza Dec 1 due to conferences)

Sensation Station Dates to remember

November 9, 16 and 30; December 7 and 14 **Classroom A**

November 8, 15 and 29; December 6 and 13 **Classroom B**



Passive Fundraisers are just one of the many ways you can support Sunrise Montessori School!

Tools For Schools

Shop at Price Chopper Market 32 with your enrolled AdvantEdge Card to help Sunrise earn new supplies and equipment. You may even donate your AdvantEdge Rewards points directly to the school! Follow the share links within the Tools for Schools page on <https://rewards.pricechopper.com/>



Box Tops for Education

For over 20 years, Box Tops for Education has given families an easy way to earn cash for their school, with products they already buy. You have seen and clipped those rectangular box tops. Now you can simply scan your store receipt with the Box Tops mobile app to identify participating products and instantly add cash to the school's earnings online. Go to www.boxtops4education.com to learn more.



Recycle your printer ink cartridges

Do you have used printer ink cartridges hanging around at home? Don't throw those out – Sunrise has a collection box for printer cartridges. Each month we turn them in at Staples for credit towards office supplies.



Restaurant Dine-In Events

Throughout the year our fundraising coordinators will set up local restaurant dine-in events. Enjoy a great meal and the company of family and friends all while supporting local businesses and Sunrise Montessori School.



Grocery Shopping / Giving Bags

Purchase a \$2.50 reusable community bag at any Big Y, Shaw's or Stop & Shop store, follow the directions on the attached Giving Tag and direct a \$1 donation to Sunrise Montessori School (must be completed within 7 days of purchase).



Mabels Labels

This on-going fundraiser provides great ideas for labeling your child's items. Check out: <http://campaigns.mabelslabels.com/> and click on the school's name.

For Small Hands

Montessori items and activities for your child. Use the school code #573412 and Sunrise will receive a credit towards future material purchases through Montessori Services. For online orders, please visit forsmallhands.com or the eCatalog: forsmallhands.com/flip. You may also order via phone at (888) 513-3998.

Scholastic Books

Each month parents will receive flyers from Scholastic Books which offer titles for children of all ages. Points from your purchases accumulate for the school which are then redeemed for new books and materials for the classrooms.

The Giving Tree

Check out the listed items on the tree, just inside the school's front door.

Amazon Wish List for Sunrise

Did you know? Sunrise has a Wish List on Amazon. Be sure to check out the following link: [Sunrise-Amazon-Wishlist](#) New items are added each month.



EAT, DRINK & RAISE MONEY!

COME SUPPORT A DOUGH RAISER TO BENEFIT

Sunrise Montessori School, Inc

UNO® will donate up to **20%** of your check

DATE:
November 9, 2023

VALID AT:
Uno Bellingham
205 Hartford Ave
508-966-3300

DINE-IN
or
TAKEOUT!

Please present this certificate at the time of payment to have up to 20% of your check's value, excluding tax and tip, donated to the organization above. Not to be used with other coupons or discounts. Tickets are not to be distributed in the restaurant or within the perimeter of the parking area. Valid only for the date listed above.

unodoughraisers.com

PRESENT THIS TO YOUR SERVER

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Classroom A Newsletter October 2023

Dear Classroom A families,

We have been in school for two months together and it has been wonderful to see everyone getting to know each other more and forming positive relationships and friendships within our classroom. Our class continues to build on the **Grace and Courtesy** lessons and discuss what we want our classroom to look like, sound like, how we want to feel, and how we would like others to feel.



In **Art**, we worked on pumpkin dot painting and pumpkin drawing! We discussed what faces we would like to draw on our classroom Jack-O-Lantern. The children drew faces, shapes and designs on the pumpkin and wiped it away to create new designs!

Our classroom has been very busy in the **Practical Life** area working with new materials to help develop concentration, coordination, independence, and order. Some of the new works in the classroom included pumpkin pounding, kernel picking with harvest corn, and pumpkin scrubbing!



In the **Language area**, the children have been working hard on pin punching a bat and matching Jack-O-Lanterns! Pin punching aims to develop the children's pincer grip and hand strength in preparation for writing. Matching Jack-O-Lanterns helps with visual discretion and training the eye in preparation for reading. The children have also been busy working numbers 1-10 in **Math** using the bead stair materials and the missing number pumpkins strips, developing number and symbol recognition.





This month in **Science**, we learned about the life cycle of a pumpkin and the parts of a pumpkin!

The class read the book *The Pumpkin Circle* by George Levenson and learned how the pumpkin decomposes, going back into the earth, to then grow into new pumpkins the next year!

We have been very busy in **Kindergarten Class** this month learning about the human body. We read books about our 5 senses, the heart, and even learned how to find our heartbeat, which is called our pulse. Finally, we completed our own human body booklet to take home!



Thank you!

Sincerely your teachers,
Ms. Laura, Ms. Samantha and Ms. Karen



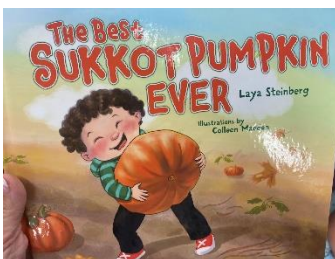
Classroom B Newsletter October 2023

Hello Classroom B Parents,

Hello October! It has been a busy month. The children continue to make a smooth transition into their Montessori environment. This month we are learning about the new “Fall Season” and the many different changes we see in our outside environment. As our class went on a “Nature Walk” we collected many things. We learned how to classify items like sticks, many different types of leaves, pinecones, and acorns. This was a fantastic lesson which the children truly enjoyed.



In the **Cultural Studies** of our environment, we learned about the Jewish holiday called “Sukkot”. We had a special visitor (Jacob’s mom) Lindsay who came in and shared her traditions with us. Our class enjoyed pumpkin seeds and dried lemon pieces. Sukkot is known as “the Time of our Happiness.” During this time Jews are hard at work building little huts in their backyards, terraces, and balconies. Those huts are called “Sukkot,” and during the Jewish holiday of Sukkot, it is traditional to eat and to sleep (for some) in a Sukkah for seven days. Sukkot is one of the three major festivals in Judaism and is both an agricultural festival of thanksgiving and a commemoration of the forty-year period during which the people of Israel wandered in the desert after leaving slavery in Egypt, living in temporary shelters as they traveled.



Fun Fact - Jacob’s Aunt is the author of the book that Lindsay read to our class. Thank you, Lindsay, for coming in and sharing your lovely tradition with us. We enjoyed your visit and learned a lot.

Our Peaceful Environment

Each day in our environment we talk about our many different emotions. The children learn how to understand their feelings and how to resolve conflicts in a peaceful way. The "Peace Place" is an area in the environment where the children can go to take a moment, calm themselves and work out a problem in a peaceful way by expressing love and peace to one another. One strategy we often use is a peace rose.



The children learn to take turns holding the peace rose while speaking about how they feel. They stay at the Peace Place until they have heard each other and resolved their conflict. Other times this area is used to simply decompress and gain a sense of peace and clarity before they start their day.



In the **Everyday Living Area** of our environment, we are learning about food preparation. We recently had a lesson on "orange squeezing". The children loved this activity and enjoyed drinking the fruits of their labor. This activity not only promotes the amazing skill of learning how to handle kitchen tools, practice cooperation and experience community within their environment, but it also gives children a sense of pride and builds their confidence.

The Importance of the Montessori Three - Year Cycle

The three-year cycle in the Montessori prepared mixed-age environment provides each child with the ability to work in collaboration with a skilled teacher and more knowledgeable peers (older classmates).

The environment supports learning which helps the child make connections that they wouldn't necessarily be able to make on their own. It is through observing and working together that the child becomes normalized – a term that Dr. Maria Montessori used when describing children who learn to focus and concentrate for sustained periods of time, while deriving self-satisfaction from their work. Normalization occurs when development is proceeding normally. The pictures below beautifully illustrate this magical moment.



Lunch and Rest Time

Ms. Emily and Ms. Jessica continue to work with the children during lunch time, helping them to gain a sense of independence by role modeling how to take out their lunches and prepare them on their table and napkins. The children are also learning how to clean up and find their rest cots for quiet

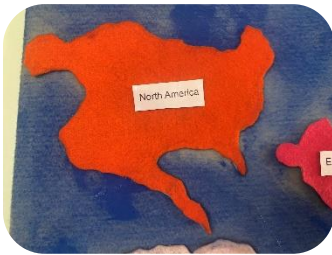


time. Just a friendly reminder - when packing your child's lunch be sure to include healthy foods such as fresh fruits, veggies, protein, etc... that will provide energy to get children through the busy day. Also don't be afraid to try new foods with your child. Start with very small portions and then add to the portion accordingly. Bento boxes are a great way to expand your child's palate with new foods.

NOTE : NO PEANUTS PLEASE; OUR CLASSROOM HAS A PEANUT ALLERGY

Kindergarten Class

In the Kindergarten program we are continuing to learn about the human body. We completed the booklet called "All about Me". We are focusing on developing our skills in the **Language Area** and are currently reading Primary Phonetic Books. Activities are being implemented to strengthen pincer grip as we continue to practice writing. "Free Fridays" is also a hit. This is a concept for the child to explore the environment independently without the guidance of the teacher. We are always so intrigued to observe the child moving freely with confidence and such concentration while choosing work.



In the **Geography Area** of our environment the children are learning about this great big world, many animals and each continent. Our class is currently learning about North America. Each day we sing a song about the continents. The children contemplate that the world is a very big place to live in and we make up a part of it. They are learning which State they live in as well as the town or city. Activities are being reviewed to further develop their knowledge of world studies. Just this week a child went over to the model of a globe and made the connection to the continents on the wall. A very precious teacher moment indeed!

Happiest of October birthdays to our friends - Nick, Olive, Amber, Jacob
We wish you all a year full of special wishes!

"The greatest gifts we can give our children are the roots of responsibility and the wings of independence." Maria Montessori

Love, learn & grow! Ms. Anselmo, Ms. Emily and Ms. Jessica

