

# CONFIDENCE & *Artistry*

## Overcoming Performance Anxiety with Madison Booth

Hosted by the Flute Studio of Amanda Barro

"When people are watching me, I instantly forget everything I've practiced."

"Maybe I'm just not good enough..."

"When I'm performing, I get so nervous that my hands shake and I can't take deep breaths!"

## *Sound familiar?*

What if I told you that there's a way to overcome feelings of performance anxiety and nervousness so that you can play with confidence and artistry??

Discover your inner creative artist in performance without fear or anxiety! In this 3-day workshop, students will be guided through successful performance techniques using strategies that explore sensations, emotions, and thoughts.

**Date & Time: March 27 @ 2-3 PM**

**April 10 @ 2-3 PM**

**& April 18 @ 7-8 PM**

**Location: Online via Zoom**

**Email Amanda to sign up: [barro.flute@gmail.com](mailto:barro.flute@gmail.com)**

***REGISTER TODAY!***

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Enraptured with a passion for flute performance and pedagogy, Madison Booth is an engaging and versatile performer and pedagogue. She is a sought-after musician and has played with a several orchestras and wind ensembles. She has been featured as a concerto soloist in Antonio Vivaldi's Concerto, RV 443 with the Treasure Valley Symphony in Oregon.

Madison has found success and national recognition in several competitive events. She won First Prize in the 2017 Montana Flute Association Young Artist Competition. That same year, she was selected to be an alternate performer for the National Flute Association's Masterclass Performers Competition. Additionally, Madison performed as Principal Flute in the 2019 National Flute Association's Collegiate Flute Choir.

Currently based in Champaign-Urbana, she has cultivated a vibrant flute studio. Madison holds undergraduate degrees in Music Education and Flute Performance from Boise State University. She will graduate from the University of Illinois with a Master of Music in Flute Performance in 2022. She has studied with Jonathan Keeble and Nicole Molumby. As a performer and music educator, Madison Booth strives and inspire audiences and young musicians through her passion and artistry.



Follow me on social media for flute inspiration!

 @madisonboothflute

 @madisonboothflute1