



Addiction Care of Excellence

An Outpatient Medical Recovery Program

Patient Agreement

Recovery requires commitment and, therefore, participants of Addiction Care of Excellence (ACE) are expected to fully participate in and fulfill the terms of their individualized plan or care. Your recovery is your responsibility and your rewards will equal the effort you invest. Taking part in medication-assisted treatment means you will stay engaged with services for an extended period of time and comply with measures of accountability. More specifically, you agree to participate in the following:

Phase One-

Detoxification and Management of Withdrawal

- Office visits with physician for medication management
- Urine drug screen, controlled substance agreement, prescription monitoring
- Referral to detoxification facilities or hospital for severe cases
- Participate in the continuum of care as clinically recommended, which may include up to eighteen months of treatment services
- take all medications as prescribed and approved by our medical staff

Phase Two-

Stabilization and Comprehensive Medical and Neurological Evaluation

- Mandatory neurocognitive testing for detecting cognitive defects, attention deficit disorder, depression, sleep disorders, post-traumatic stress disorder, and a comprehensive survey of neuropsychiatric symptoms.
- Blood tests: complete count, comprehensive metabolic panel, screening for HIV, Hepatitis C, and sexually transmitted diseases.
- Assess for lung damage from smokers
- Assess for organ and nerve damage from alcohol abuse
- Referral for behavioral neurology consultation as indicated for underlying brain disease, especially frontal lobe dysfunction and memory impairment
- Screening for sleep disorder: nocturnal oxygen saturation recording or sleep studies as indicated
- Referrals to specialty care as indicated: psychiatry, sleep medicine, infectious disease, and gastroenterology.
- Referral to nutritional services for recovery nutrition and brain support

Phase Three-

Recovery and Fostering of Healthy Living

- Mandatory complete psychosocial assessment and individualized treatment plan for recovery
- Participate in scheduled programming and comply with treatment expectations
- Attend all scheduled appointments
- Maintain ongoing willingness to include family and other third-party supports in the treatment program
- Actively participate in Twelve Step meetings and the recovery community

Fort Myers, Cape Coral and Naples

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- Individual and family counseling as indicated
- Living in Balance (LIB)- A curriculum based recovery program adopted from a nationally recognized evidence-based research model. Mandatory attendance and participation in the Living in Balance LIB education curriculum and designated support groups is required as long as you are a participant of ACE. The curriculum focuses on:
 - Core Program - Addressing issues faced by patients in early recovery to include components of addiction, anger, spirituality, negative emotions, triggers, relapse prevention and the relationship between sex and substances, etc.
 - Recovery Management - Offering in-depth education on focused topics to include nutrition, physical therapy and exercise, Twelve Step programs, physical issues, problems solving, money management, grief and loss, recovery for older adults, educational and vocational goals, chronic pain and opioids, chronic diseases, etc.
 - Co-Occurring Disorders Sessions - Available for patients with co-occurring disorders. Session will focus on effects of substance use on mental health, phases of dual recovery, relapse prevention and mutual self help groups, etc.
- Referrals to curriculum based intensive outpatient program are determined by the clinical provider on an individual basis.
- Continuous medical management, laboratory and prescription monitoring.

You also need to understand that any of the following can result in being asked to leave the Addiction Care of Excellence program:

- Noncompliance with the above conditions of participation
- Misuse, abuse, or diversion of medications
- Using, possessing, or supplying mood-altering substances
- Inappropriate sexual behavior, innuendo, or harassment of any kind
- Unlawful activity of any kind, including, but not limited to, violence or theft, whether in connection with our staff and/or property or otherwise

I have read the above and my questions are answered to my satisfaction. By signing this agreement, I have agree to full participation of Addiction Care of Excellence for my recovery and compliance to the treatment plan.

Patient:

Print Name: _____

Signature/Date: _____

Parent or guardian (if under the age of eighteen):

Print Name: _____



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Signature/Date: _____

Therapist:

Print Name: _____

Signature/Date: _____

Physician:

Print Name: _____

Signature/Date: _____



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