

2019 EMDR Therapy Regional Training

Lynnwood, Washington



Presented by

Barbara Parrett, MS, RN, CNS.

EMDR Institute Senior Trainer

In compliance with EMDRIA Standards

2019 Spring Schedule

BASIC TRAINING W1 and W2 Extended Format
7 Days Saturdays and Sundays 9:30 to 6:30pm

APR 27, 28

MAY 18, 19

JUN 8, 9, 22

20 hours didactic+20 hours supervised practica
10 hours required Consultation integrated
40 Continuing Education Credits

Training will proceed with a minimum of 5
participants and a limit of 10.

Learning Overview/participants will learn

- EMDR as a form of psychotherapy.
- the Adaptive Information Processing Model (AIP)
- the existing research and clinical implications.
- the issues, conditions, and goals for treatment.
- the strategies to facilitate safe and effective information processing.
- the application of EMDR to special populations and situations.
- the integration with other psychotherapy approaches.

EMDR Basic Training will not qualify the participants to train others in the EMDR approach.

WHO MAY ATTEND

Mental Health professionals, Masters degree or higher in Mental Health field, and licensed or certified by a state or national board.

Intern and unlicensed Mental Health professionals please note:

Qualifying students are enrolled in a Master's or Doctoral level program in the mental health field (Social Work, Counseling, Marriage and Family Therapy, Psychology, Psychiatry, Psychiatric Nursing) currently involved in the practicum and/or internship portion of the program they are enrolled in (first year students not eligible) and on a licensing track working under supervision of a fully licensed mental health professional.

*Please include a letter from your licensed supervisor with license # and documentation of supervision along with your registration form.

REQUIRED READING

- EYE MOVEMENT DESENSITIZATION AND REPROCESSING: Basic Principles, Protocols and Procedures. (Dec 29, 2017) Francine Shapiro PhD
- Getting Past Your Past (2012) Francine Shapiro, PhD

About the Instructor:

EMDR Institute, Inc. Senior Trainer/ Consultant

EMDRIA Approved Trainer/Consultant

Barbara Parrett, MS, RN, CNS, Lt Col. USAFR (Ret.)

Barbara learned EMDR in 1991. She was selected and personally trained by Francine Shapiro, PhD (originator and developer of EMDR) in 1993 to be a senior trainer for the EMDR Institute, Inc.

Barbara is in private practice in Lynnwood, Washington and specializes in the treatment of PTSD (civilian/military/veteran/Legal Abuse Syndrome) and peak performance.

She combines an extensive background in the medical profession and military, as a retired Air Force flight nurse, with her mental health clinical expertise.

Website: www.barbaraemdrtherapy.com

CONTINUING EDUCATION 40 CE credits

- APA EMDR Institute, Inc. is approved by the American Psychological Association to offer continuing education for Psychologists, Social Workers, and Counselors.
EMDR Institute, Inc. maintains responsibility for the program.
- NBCC EMDR Institute, Inc. is an approved provider through the National Board of Certified Counselors. NBCC Provider #5558
- RN EMDR Institute, Inc. is a provider approved by the California Board of Registered Nursing. Provider #9755

REGISTRATION

2019 EMDR Institute BASIC TRAINING, Extended Format
Lynnwood, Washington

9:30-6:30 APR 27, 28 MAY 18, 19 JUN 8, 9, 22

Name _____ Credential _____

Professional License/Registration# _____

Office Address _____

City _____ State _____ ZIP _____

Office Phone _____

Fax _____ Email _____

Fees: All fees in US dollars please. Credit cards incur \$35 processing fee.

- \$1799.00 Postmarked by Mar 2, 2019
- \$1899.00 Postmarked thereafter
- **REFRESHER TRAINING (EMDR Institute only) is half price**
Please send certificate of completion with registration.

Refunds: Tuition is refundable up to 14 days before the session begins less a \$100.00 processing fee. **No refunds will be made thereafter.** Requests for refunds must be made in writing

Confirmation: Please allow 10-14 days to process your registration. A confirmation letter with details about venue and agenda will be sent after receipt of payment.

**Send this form
and check, money order, or credit card with \$35 processing fee to:
Barbara Parrett**

**PO Box 2073 Lynnwood WA 98036
Phone: 425.210.6865 email: bparrett1119@gmail.com**